The Scrap Bag

Girls who wish to equip themselves for the journey of life, as all with any Bense surely do, will do well if they start with a practical knowledge of physiology, nursing, and hygiene; the time is certain to come when they will be thankful for the knowledge so gained, for untold suffering can be prevented by good water, wholesome food, proper drainage, suitable clothing, right temperature. Such knowlledge does not come naturally—like anything worth knowing, it must be acquired; it is always worth its weight in gold, but more especially in those years after marriage, when it becomes the duty of the woman to rear and train ther children and care for the health of her husband and household. The pastimes and pleasures of her girlhood are merged now in a deeper and more lasting happiness-a life in which definite duties come for every day; among them, if she is not rich, comes that of feeding the breadwinner, giving him strengthening, tempting food, puncdual and clean meals; his well-being, in fact his life itself, is in her hands, and on his life depends not only the livelihood of herself and her children, but all the difference between the sunshine of existence and the dreary days of widowhood.

"Well," said a philosophic friend to an invalid, "had you a good night

"No; I never suffered so in my life." "Hum! That's bad. But," brightening up, "you know a bad night is better than no night at all."

writer of 60 years ago, had the unfortunate habit of talking to herself. tA story illustrative of this habit of hers is given by Josiah Quincy. A diwinity student, who was going from hats which are trimmed with modest Andover to Boston, thought himself in ruches of chameleon ribbon standing great luck in securing a seat in the stage next to that to be occupied by Miss Adams.

: A tete-a-tete journey with the great authoress was a delightful prospect, and the young gentleman was determined to turn his opportunity to the best advantage and get fresh instalments of the wisdom which had instructed him in her books.

The fates were against him. It chanced that the woman was traveling with an unwonted amount of baggage, and the fear of forgetting any of it con-Minually haunted her mind. In vain the divinity student tempted conversation with well framed questions. The answers were short and mechanical, and tas soon as they were given were heard the words "Great box, little box, band-

This refrain was uttered in a of the deepest interest, and was repeated at short intervals throughout the tourney.

Whether the embryo minister extracted any moral from his experience the story does not mention; but is it not possible that in some future sermon he said that, if we all had Miss Adams' habit of speaking out her thoughts too many of them would be found fixed upon the mere boxes and bundles we carry along the journey of life, only to drop at the end of it.

"I-I suppose," said the fair customer, hesitatingly, "you can warrant this hammock?"

"Yes, ma'am," briskly replied the salesman; "it's built for two."

It is said that poor Tennyson, although he was himself a scientific thinker, often complained of modern thought and teaching because it tends to take the romance and poetry from children's lives. Perhaps he did not always remember that science, in destroying a pretty belief, usually puts some other in its place; it seemed to him that the loss was irreparable.

An Illustration of the prosaic bent given the mind of the modern child skirt there in place of at the back. once came out in the course of the poet's conversation.

"It was only yesterday," said he, "that I was walking in the fields with one of my nephews, a little chap of 8 or 10, when we came to a fairy ring. 'Look,' I said, 'look here, my boy, here is a fairy ring.'

"A what, uncle?" he asked. "Why, a fairy ring. The old folks would tell you that these rings are so called because the fairies were dancing here last night."

'Oh, uncle," he replied, quite gravely, 'it is well known that these fairy rings, as you call them, are caused by a species of fungus.""

Yes. She Had a Beau-"Is any one waiting on you?" asked a polite floor-Chester, in a Harlem drygoods em-

porium, recently. 'Yes, sir," replied the awkward damsel, pointing to the door and indicating a still more bashful youth. "That's He's keeping company with me, but he's afraid to come in."-New York Herald.

DAILY HINTS TO HOUSE-

KEEPERS.

What is light supplied To us but that we flash its glory wide? : Why beauty given but that our souls

be fair? BREAKFAST-Bananas, Graham Mush. Milk Toast. Baked Omelet. Meat Patties. Graham Bread.

DINNER-Braised Beef. Steamed Potatoes. Spinach. Sliced Tomatoes. Peach Sweet Pickle. White Bread. Apple Pie. Cheese. SUPPER-Cold Meat. Potatoes in Cream. Baked Apple Sauce. Gra-

ham Bread. Cookies. Tea. BAKED APPLE SAUCE. Pare nice, juicy apples, cut in quarters, place in covered dish, set in pan of water in oven, sugar to season.

: Add a little water. Bake slowly. This keeps the flavor fine. MILK TOAST. *

A common and excellent dish. Lay stale bread in oven to heat, then toast in broiler; have the milk ready, : plenty of it, and well seasoned with : butter, salt, and a dash of pepper truly maryellous.

On top of a high studio building in New York a certain artist finds joys and sorrows. In a big sunny room he has collected his treasures which glow and shimmer with bright colors, and occasionaly deepen into black shadows. But not a spot of white enters this sanctum. Even a newspaper thrown by some careless visitor, on a couch rich in Eastern coloring, will strike our friend with a chill as from the North Pole.

The millinery shops, filled with autumnal and early winter hats, remind one of this studio. Everywhere glows



WITH CHAMELEON RIBBONS.

the rich coloring of Oriental climes, and not a speck of white is to be seen. Marie Antoinette hats have wide brims caught up straight in front, but they are becoming only to picturesque girls, and, therefore, will have but a short stay. A Miss Hannah Adams, a well-known number of felt novelties, braided to resemble straw, are shown. They seem, however, to be a demi-season device of the manufacturer, and one turns from them to the narrow brimmed, modest above a rather high crown. Until these hats are adopted by the shop girl, they will be very popular. A chou of ribbon or a stiff rosette with wings makes a chie finish for the hats, while softer and more feminine effects are acquired by ostrich tips and sprays of late flowersasters, golden rod, and hydrangeas.

Fashionable Buttons.

As the season advances, buttons cannot be ignored; they are appearing on plain and elaborate costumes from foreign and domestic dressmakers.

What is another sure sign of their revival is the fact of customers once more gathering around the button counter that has been of late seasons a deserted

To be sure, the sales are limited to three, four, six, etc. but that is an encouraging beginning, and the amount is the same as though two dozen cheap buttons were taken.

An improvement is noticeable in buttons in so far as how much better buttons are demanded. The cheaper celluloid and horn buttons are almost solely used for the cheaper ready-made garments.

Hard-nut buttons above "54" are scarce. Four-hole buttons of this material are in good demand. A tasty fourholed design is much used. It has in the middle a narrow polished border; then follows a dull pressed ground and the outside border, which is polished in two

Mother-of-pearl buttons in natural black are much seen, but various mother-of-pearl fancies also find buyers. Quite new are oval buttons, four-hole, in mother-of-pearl or in buffalo horn.

As the revival began here in the spring, it follows that pearl buttons are most in evidence. The outing suits of woolen fabrics, pique, duck and such cotton white suits as well, all accord with the large white and shaded pearls that may be found to harmonize with any of the fashionable mixtures.

These buttons are beautifully carved, set with steel, etc., and are worn on the jacket suits as three on either side of the front and two at the back of the waist-The tailors often set three on each line. side of the front of a skirt, opening the

The single and double-breasted pique vests worn with jacket suits have a single row of small buttons or a double row of large or small to the linen chem-

On silk or woolen waists buttons are placed as fancy dictates. Three on a center box-plait is, perhaps, the best known style. Norfolk basques often have two rows of ball buttons down the center plait; then straps over the shoulders are studded with buttons, and a new trimming shows a silk waist with vest of Valenciennes lace and insertion bordered on either side by a strip of velvet studded with small buttons.

Shirt waists are worn with stud buttons in enamel, the latest being set with a tiny Rhinestone. Two large Rhinestones or miniature

buttons serve as a belt buckle; two others may hold shoulder bows or the corners walker of a timid maiden from Port of revers. The brooch patterns in Rhinestones are veritable works of art, and are seen on the most elegant fabrics.

Jet and Rhinestones are combined to give the fashionable black note. A single pearl set in the strass reminds one of jewels, and steel forms a happy contrast as well. The beauty of these designs makes only a few necessary for any toilette.

Marie Antoinette Hood.

If there is no new dress under the sun, Aaron's linen coat being worn to-day by women and pantaloons having been found from the stone epoch, there are at least designs that re-appear like comets at such long intervals that they are new to some consecutive generations. Thus at is with a certain Marie Antoinette hood, part of a Marie Antoinette cloak, that has appeared and seems destined to a career. Not so very old in its design, it is so extremely odd and its career was so short in its day that it comes with all the effect of surprise. This hood is extremely wide and is hooped round the opening, and when on the head stands out like an Inflated half balloon somewhat flattened on the top and leaving a wide space on each side of the face, that may be filled with hair or shadows. The width of this hood reaches out to that of the widest sleeve ever made. Attached to a long cloak it is bound to figure in evening wraps next winter, but forestalling the time they are occasionally seen on hotel piazzas at night, and made of taffeta beruched or of satin lined with cloth; one or two travellers have worn them coming from Paris to the beach. The effect is

WHITE FOR SEPTEMBER.

Charming Material-Ribbons Fashionable For Trimming. So much cool weather kept the pretty lawns and cool crisp muslins shut up in trunks and closets until now, when the

sun shines again, they are brought out of their seclusion. It is only on a warm dry day that the airy gown can be worn with any safety; a damp foggy day means total destruction to their prettiness. All kinds of muslins are worn, plain, clear. book and spotted, and fresh and dainty gowns they make, with no end or lace. both white and butter-colored, and ribbon by the piece. In some of the muslin the pots are white, in others black or tinted, and they are made up over silk of a contrasting color. The skirts are flounced with one or more flowers, and lace generally edges the flowers. A band of insertion is used in heading. The bodices are full, ending at the waist with a sash of fancy ribbon, and a fancy collar of varied shape forms the trimming. Black grenadines made up over a collar form a dressy costume, and light and attractive looking as well. Perhaps the most fashionable material used this summer is grass lawn. Made up over green. cerise or blue, it is paricularly effective. Mousseline desoie and chine ribbons are the favorite trimming. Sometimes the material is embroidered, which makes it even prettier. A dainty gown designed for wear at the seashore is of cream-tinted batiste, made up over pink, the skirt covered with perpendicular lace insertion, as is also the full bedice. A pink ribbon is carried from the neck to the waist in a double line and ends in rosettes. There are two long sash ends at the back.

Another most charming gown is of

white spotted muslin, having a couple of tucked ruffles or plain muslin edged with butter lace at the hem. The large sleeves and square collar are of plain muslin, tucked and trimmed with the lace. Different collars and waistbands are to be worn with this dress so as to give variety. One of the new materials for country gowns is crash. This is made up into skirt and jacket, with broad collar and lapels of white linen. The glace striped silks are used to a great extent in summer gowns. They are very pretty, most of them having chine flowers divided by lines of color. The skirts are nearly always plain and the bodice covered with chiffon, spangled lace or with ecru embroidery. Black and white striped silks are all popular, and are trimmed with embroidered grass cloth or white satin covered with lace. Light colored alpacas are effective for evening wear, and are inexpensive as well. White alpaca makes up into a handsome gown with very little trimming. All the Paris skirts are made flat at the side and front, and with three, five or seven godets at the back, but without any stiffening. The women of Paris will not wear haircloth crinoline or any other stiffening material in their gowns. After the experience most of us have had during the damp weather with haircloth shrinking and making the most handsome gown look shabby and old, this news cannot fail to be welcome. Some of the new fancy waists are cut rather low around the throat, either round or square, having a This style will be fully appreciated during the warm weather. With this neck arrangement and also with a high collar, large bows, without ends, are placed at the back of the neck. No costume is complete without ribbons, but there is a wonderful variety of them. They are wider than formerly, about four inches being the correct width. Quite a novelty is the striped glace, kilt pleated at the side, in the weaving, so that when a bow is made and allowed to open, it shows in the pleats a contrasting shade, and often a floral stripe in chine. Some of the new wide ribbons have an additional ribbon woven with it an inch wide, though perfectly distinct, except the connecting edge, while some of the shadowy flowers are often veiled with black grenadine attached in the same way. There are satin ribbons with black edges, and there are glace ribbons, which are double, so you can pull them apart with the exception of the edges. The colorings are vivid and marked in contrast. Bright cerse blends with gold in some of the ribbons. Many of the glace ribbons and satin ribbons have gauze stripes, and some of the short satins are divided by black stripes. Some of the short centres

ribbon has a lace edge attached. A Beautiful and Brilliant Girl.

Beauty, robust health, social prominence and all that makes life bright rapidly fading from the possession of the charming Miss K., of Beac en street. Her nearest friends could imagine what caused the tokens of anguish that furrowed o'er the once smooth and roseate countenance When almost in despair she happened to see one of those "horrid newspaper advertisements" of Dr. Pierce's Favorite Prescription, which said it was a remedy suitable to her case. Without consulting her physician or anybody else she got the medicine of a druggist, took it, and in three months' time she was well of all her troubles. All pains had ceased, she was herself again, and shortly resumed her place as leader of her chosen circle. experience is that of thousands. Why may it not be yours?

A Japanese war song was recently ent to Le Monde Moderne from Tokio, the tune of which turns out to be Tramp, tramp, tramp, the boys are

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Berlin's oldest inhabitant is a shoemaker named Prenzel, who is now 101. Till four years ago he worked at his trade. He smokes and drinks coffee.

Piles! Piles! Itching Piles! SYMPTOMS-Moisture; intense itching and stinging; mostly at night; worse by scratching. If allowed to continue tumors form, which often bleed and ulcerate, becoming very sore. Swayne's Cintment stops the itching and bleeding, heals ulceration, and in most cases removes the tumors. At druggists, or by mail, 50 cents. Dr. Swayne & Son, Philadelphia, Lyman, Sons & Co., Montreal, wholesale agents.

Of 70 deaths from lightning in France last year, 60 occurred in the mountains of the department of Puy de Dome. No one need fear cholera or any summer complaint if they have a bottle of Dr. J. D. Kellogg's Dysentery Cordial ready for use. It corrects all looseness of the bowels promptly, and causes a healthy and natural action. This is a medicine adapted for the young and old, rich and poor, and is rapidly becoming the most popular medicine for cholera, dysentery, etc., in the market.

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We are quite within the bounds of truth when we assert, that in times of danger-when nervousness, insomnia, lyspepsia, rheumatism, neuralgia, debility, liver and kidney troubles or blood diseases threaten health and life -people think more of Paine's Celery Compound that shows its honor roll of marvelous cures, than they do of all the doctors around them.

A gentleman, who travels constantly in every part of the Dominion, says: "Everywhere I go, I hear people talk about Paine's Celery Compound and singing its merits. Very rarely have I heard any other medicine spoken of." This statement means that Paine's Celery Compound has been weighed, tested and tried by our Canadian people, and has accomplished more than

was promised for it. Paine's' Celery Compound truly and honestly "makes sick people well." It is therefore to the life interests of all sick people that they insist upon getband of embroidery about the opening. It ing the only medicine that cures when this style will be fully appreciated during they ask for it. Some dealers are inclined to recommend something else for the sake of profit to themselves. This reprehensible practice of recommending comething else will not save your life your are only certain of health and new life when you use Paine's Cel-No straighforward, ery Compound. honest dealer will offer you a substi-

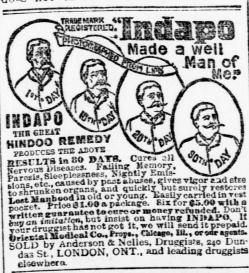
TALE OF A SLEEVELESS BODICE.

(New York Commercial Advertiser.) There is at least one woman in the city who will never again put trust in these charming delusions, sleeveless bodices. She entered a Broadway car the other morning wearing the customary skirt and jacket suit over a frilled front of lace and muslin. She had a book in the perusal of which she promptly became absorbed. By and by a lurch of the car called her attention from literature, and once becoming aware of surrounding circumstances she realized that it was very warm. The woman opposite her had removed her jacket, and was enjoying comparative coolness in her linen shirt waist. It occurred to the reader that it would be sensible to remove her own jacket, and she did so behave velvet edges, and some brocaded fore she recalled the fact that her shirt waist was a sleeveless sham. She realized her mistake in two seconds, those two seconds had revealed to her fellow passengers the cotton back of her lace front and a pair of well-developed arms. By one of those fortunate coincidences which usually save women from the effect of their follies, she discovered that she had reached her destination the same instant that she succeeded in struggling into her coat

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God gives every bird its food, but he does not throw it into the nest.



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