

Worth its Weight in Gold



BABY'S OWN SOAP

Keeps the most tender skin, soft, smooth, and free from chaps. No other is just as good.

ALBERT TOILET SOAP CO., Mfrs. Montreal, Can.

CUSTOM TAILORING

Mr. J. R. McDonald has moved to his rooms, over J. Deane's grocery store where he will be pleased to see a customers and friends.

PRESSING, CLEANING, REPAIRING

executed with neatness and dispatch.

J. R. McDONALD.

M. S. N. CO.'S CHEAP

EXCURSION RATES TO THE SEASHORE.

on --

Str. Alexandra.

Commencing

JUNE 21st 1904.

making the usual calls as per time table and in addition will call at Burnt Church every week day, giving passengers for Burnt Church from 4 to 5 hours on the beach on Mondays, Wednesdays and Fridays, and from 1 to 2 hours on the beach on Tuesdays, Thursdays and Saturdays; and passengers for Bay du Vin 3 to 4 hours on Tuesdays, Thursdays and Saturdays.

Excursion tickets good for day of issue only.

Fare for Round Trip 35c.

excepting on Saturdays, when the fare will be 25c. from Newcastle, Douglastown, Chatham or Loggieville.

The Alexandra is an excellent excursion boat, licensed to carry 397 passengers. Room for promenading and dancing. It is the intention of the management to furnish an orchestra on Tuesdays and Thursdays.

Refreshments and meals served on board at reasonable rates. Good hotel accommodation. Sea bathing. Deep sea and trout fishing.

STR. MIRAMICHI has been remodelled and is especially adapted for the up river service.

Until Further Notice: On Monday, Wednesday and Friday evenings, on the 5.15 trip from Chatham, Excursion rate for the round trip will be 15 cts.

On Wednesdays, commencing with the trip leaving Nelson at 11.50 a. m., Excursion rates to all points, for Children or Adults, 15 cts. Excursion rate to Bushville any afternoon during holidays 15 cts; children under 10, 10 cts.

J. P. BULLICK, MANAGER.

BUILDERS NOTICE

JUST RECEIVED.

1 car Snowflake Lime in casks and barrels.

Plastering hair, nails of all kinds.

ALSO

Land Plaster, Phosphate and Fertilizers.

Headquarters for Boots and Shoes.

M. BANNON.

Wholesale and Retail.

March 25th 1904.

TROUT Mezzo Work.

The undersigned have received from Mr. Nash of Maine the agency for New Brunswick for his famous trout mezzo work. A trout mezzo is one half the fish so mounted upon a convex elliptical panel as to stand the fish out in bold relief, giving the effect of an oil painting or whole mounted fish, with the real thing to show for your prowess. The process of preserving fish in this artistic way was discovered by Mr. Nash in 1900, and patented by him.

EMACK BROS.,

Leading Taxidermists,

Fredericton, N. B.

Teacher Wanted.

A second class female teacher for Dist. No. 3 (Nowlan Settlement) Parish of Nelson. Apply to

JOHN N. DOLAN,

Secy. to Trustees.

3m pd

THE FARMER'S REALM.

Practical Suggestions For The Improvement of The Farm.

THE VALUE OF AGRICULTURAL FAIRS

It is a self-evident proposition that agricultural fairs which receive grants of public money should give the public something of value therefor. It is not the province of governments in these days to assist in providing amusement for the people. A good many agricultural societies are now making an earnest effort to improve their fairs by the introduction of educational features, and their example is being followed by the large exhibitions which do not ordinarily receive legislative grants. There are still some fairs controlled largely by the business men of the towns, which seem to be held for the purpose of attracting visitors who will prove good customers, but the number is fortunately becoming few. It is now generally recognized that shows exist primarily for the purpose of improving agricultural conditions.

TEACHING MARKET REQUIREMENTS.

The up-to-date fair secures the services of expert judges, who explain the reason for their decisions in the ring and give addresses on the best types of horses, cattle, sheep and swine. In this way the judging may be made an educational feature instead of merely an allotment of premiums by men who are often incompetent or biased in their judgment. The awarding of prizes at a fair is a comparatively unimportant matter as compared with other considerations. What is really desirable is that fairs should be the means of disseminating information and of fixing correct ideals in the minds of those who are producing food-stuffs and on whom the prosperity of Canada depends. Desirable and undesirable types of fowls may be shown, with lectures on the fattening of chickens for the British and domestic markets and exhibitions of killing, plucking and packing for export. A model poultry house, with incubators, brooders, fattening crates and other appliances, interested thousands of visitors at the Toronto fair this year. Practical demonstrations of the proper packing of fruit for export should be given in fruit districts by expert packers, and the most approved styles of fruits packages exhibited.

TO IMPROVE FARM CROP.

Another feature worthy of adoption by all agricultural societies, but which only a few have yet taken up, is the growing of illustration plots on the fair grounds. At a small expense a very interesting and instructive exhibit of the best varieties of grasses, clovers, millets, sorghums, corn, fodder and pasture plants, turnips, mangels and sugar beets can be provided. By studying these plots farmers may learn just what crops and what varieties are best adapted to their farms, thus bringing home to particular conditions of soil and climate the general conclusions arrived at by the experimental farms. In all kinds of farm crops the yield per acre may be materially increased, and the quality substantially improved by the use of seed which has been graded up by careful growing and systematic, intelligent selection, continued without interruption from year to year. This fact cannot be too soon brought home to the farmers of Canada, and one of the best ways of doing so would be to have on view at the fairs representative exhibits of

the great work being done by members of the Canadian Seed Growers' Association.

INTERESTING THE WOMEN AND CHILDREN.

Demonstrations of agricultural processes are interesting to everyone, but the operation of a model kitchen and dining room, with exhibitions of cooking simple dishes and addresses on domestic science, will appeal especially to the farmers' wives and daughters. That the children may be led to take an intelligent interest in the fair, prizes might well be offered for exhibits by school children of cut flowers, grains, clovers and grasses, roots and vegetables, fruits, pressed and mounted wild flowers, weeds and weed seed, beneficial and injurious insects and native woods. These exhibits could be supplemented by essays for which prizes might be offered. Wherever tried this plan has proved effective in inducing children to begin the fascinating study of Nature. Every precaution should be taken to have a good clean fair, where all the toys and girls may go to spend a pleasant and instructive day without coming in contact with any injurious influence.

KEEPING GOOD SIRES.

Many agricultural societies, particularly in Quebec and the Maritime Provinces, do not hold fairs, but in lieu thereof buy and maintain pure bred sires for the use of their members. This is a practice which might well be imitated more largely in Ontario, where the number of fairs seems excessive. By adhering to one breed of cattle, horses, sheep or swine, as the case may be, the stock belonging to the members of a society may be graded up wonderfully at a small cost, but the habit of changing continually from one breed to another must prove fatal to all plans for building up a good, uniform herd or flock of grades, which is just what the average farmer needs.



Miss Agnes Miller, of Chicago, speaks to young women about dangers of the Menstrual Period — how they can avoid pain, suffering and remove the cause.

"I suffered for six years with dysmenorrhea (painful periods), so much so that I dreaded every month, as I knew it meant three or four days of intense pain. The doctor said this was due to an inflamed condition of the uterine appendages caused by repeated and neglected colds and feet wetting."

"If young girls only realized how dangerous it is to take cold at this critical time, much suffering would be spared them. Thank God for Lydia E. Pinkham's Vegetable Compound, that was the only medicine which helped me any. Within three weeks after I started to take it, I noticed a marked improvement in my general health, and at the time of my next monthly period the pain had diminished considerably. I kept up the treatment and was cured a month later. I am like another person since I am in perfect health." — Miss A. Y. Miller, 35 Potomac Ave., Chicago, Ill.

— \$5000 forfeit if original of above letter proving genuineness cannot be produced.

The monthly sickness reflects the condition of woman's health. Fifty thousand letters from women prove that Lydia E. Pinkham's Vegetable Compound regulates menstruation, and makes those periods painless.

"A Royal Household"

Story from the ANNAPOLIS VALLEY

Mr. Arthur Cochran, of De Long, Somers, Boston, tells of an incident which he observed not long since on his way through the Annapolis Valley.

Some five or six miles from Middleton, Mr. Cochran called at the store of a friend and customer of his and while discussing general business questions with him, a carriage drove up to the door and a prosperous looking fruit grower pulled up his horse and got out.

"I came over for a barrel of that 'ROYAL HOUSEHOLD' Flour," said he. "Suppose you have lots of it left. My wife told me not to get any other kind, so I hope you have it here."

The merchant said he was very sorry but he had sold his last barrel of 'ROYAL HOUSEHOLD' the day before, and didn't expect a new supply till the first of the following week. He said:

"Won't you take a barrel of — or —. They are both flours of good reputation."

But the buyer said: —

"No, we have used both those flours and we have used 'ROYAL HOUSEHOLD' and my wife thinks 'ROYAL HOUSEHOLD' so superior to any flour she has ever tried that she must always have it in future."

The merchant talked for a while and put up a pretty good argument, but finally the farmer said: —

"It's only five or six miles to Middleton and, as I am hitched up, I might just as well drive over there and get what I want."

He thereupon drove to Middleton and got the flour he wanted; at least Mr. Cochran presumes that he did, as he started for Middleton where 'ROYAL HOUSEHOLD' is now sold in large quantities. Mr. Cochran thinks that there can be no doubt about 'ROYAL HOUSEHOLD' being the very best flour in this market when people will take such pains to be sure that they get it.

Fagged Out, Depressed

ENERGY, SNAP AND AMBITION
GONE YOU NEED A BRACING
Tonic to IRONIZE THE
BLOOD. TRY

FERROZONE

Ferrozone will make you strong and capable of doing a heavy day's work without fatigue. It is a marvelous remedy, and does unworldly things as the following testimonial proves:

"After my baby was born, I was left in a week, sickly condition, totally unfit for a mother's household duties. I somehow did not gain strength, although I took malt extracts and tonics all the time. A lady friend recommended Ferrozone, which I used with splendid results. The first box helped quite a bit, and when I had taken six boxes my former health, rosy cheeks, and good spirits, were fully restored." — Mrs. Newlands, Swansea.

You can't spend 50c. to a better advantage than on a box of Ferrozone, and the sooner you will get Ferrozone, the sooner you will get well. Don't accept a substitute, but insist on your druggist supplying the genuine Ferrozone, which sells for 20c. a box, or six boxes for \$2.50. By mail from The Ferrozone Company, Kingston, Ont.

You told me that moonstone pin would bring me good luck, said the indignant heiress, and now Count Sumpshire has proposed to another girl and this morning my pin was found cold in death.

My dear young lady, calmly rejoined the optimistic jeweler with the bald pate, what better luck could you ask for?

Always the same always the best — Kendrick's Liniment will cure every body's guaranteed.

My ideas, said the self-styled humorist, have all gone up the flue.

What are you going to do about it? asked the snake editor.

Smoke em out, replied the funny party as he proceeded to light his trusty pipe.

Radium is not only sold by the shoe-fall, nor can you buy for 25 cents a good Liniment by the bucketful, but there is value in every drop of Kendrick's Liniment.

What do you think of Joblot's engagement to Miss Pinkleight?

Oh I don't know. He might do a good deal worse.

Yes, and I'm sure he will — if he marries her.

MECHANICS, FARMERS, SPORTSMEN.

To heal and soften the skin and remove grease, oil and rust stains, paint and rth, etc. use The "Master Mechanic" at Soap. Albert Toilet Soap Co., Mfrs.

McLean's Vegetable Worm Syrup — is the genuine — is the original — is the best.

You seem to be a great lover of the weed, Mr. Puffington. Does your father smoke as much as you do?

I should hope not. What do you mean? He has been dead ten years.

IS YOUR BREATH BAD?

Bad breath is one of the early symptoms of Catarrh which should be checked at once and not allowed to run into consumption. The surest cure is fragrant healing Catarrhizone which cures catarrh by removing its cause. No case is too chronic, even the most balsamic vapors of Catarrhizone. It makes cures that last, for once cured by Catarrhizone you stay cured. Catarrhizone is pleasant, convenient and safe to use, relieves almost instantly and is guaranteed to cure every type of catarrh — bronchitis and asthma. Use only Catarrhizone, complete outfit \$1.00; sample size 25c.

George, dear, said the bride of three weeks, I wish you would telephone to the liverman before it is too late.

All right, my darling, answered George. What am I to say to him?

Tell him, said her bridelets, to send up a pound of liver in time for breakfast to go with our bacon.

DELICATE BOYS AND GIRLS.

Are altogether too numerous. Our schools are full of them. Chances are your own children are weaklings. It's a shame many children grow up without health when they could be made strong by Ferrozone the best tonic growing. Boys and girls can take Ferrozone invigorates the whole body helps digestion makes the blood pure and rich. It supplies more nourishment than children can get in any other way and soon establishes a reserve of force and energy. Give your children Ferrozone and watch them grow strong. Price 50c. per box.

The Hindoos, remarked Soften believe there is a sign on each man's forehead that the angels may read.

I may not be an angel, rejoined Miss Caustique, but I can read the signs.

Indeed! explained Soften in surprise.

What is the sign, on my forehead?

Unfurnished flat to let, she answered.

THE JOY OF LIVING

It is the healthy who find a real joy in life. Weak, nervous, languid and discouraged people find new hope and energy in the use of Dr. Chase's Nerve Food. With new rich blood coursing through the veins and the thrill of new nerve force sent tingling along the nerve fibres, the joy of living returns and disease and weakness disappear.

Wiggins sold his clothing store and bought a millinery establishment.

Why did he do that?

He got married a few weeks ago.

PROFESSIONALS.

F. L. Peddler, M. D.

Physician, Surgeon,
NEWCASTLE

O. J. McCully, M. A., M. D.

Physician, Surgeon,
NEWCASTLE

Specialist in
Diseases of Eye, Ear and Throat.
Office of the late J. H. Morrison
St. John, N. B.

Davidson & Aitken
Attorneys,
NEWCASTLE.

Dr. H. & C. J. Sprunt.



Teeth extracted without pain by the use of Nitrous Oxide Gas or other Anesthetics. Attention paid to all dental, rubber and orthodontic. Teeth filed, etc.
Newcastle, office, quiet, Block.
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Thos. W. Butler.
Attorney and Barrister, at law, Solicitor in Equity, Notary Public, etc.
Fire, Life and Accident Insurance Office in Block Bank opposite public square
Newcastle, N. B.
Office Hours — 9 a. m. to 4 p. m.

W. H. Irvine, M. D.,
PHYSICIAN AND SURGEON.
Special attention given to the Eye, Ear, Nose and Throat.

153 King Street, adjacent to the Methodist Parsonage. Long Distance Telephone No. 350. P. O. Box 157, Fredericton, N. B.

HOTELS.

HOTEL BRUNSWICK.
George McSweeney, Prop.
Moncton, N. B.

NEW STATIONERY.

Just opened, a supply of choice Stationery in all grades.

Real Irish Linen note and letter pads.

Children's Stationery in different tints. Boxes 20c.

Liquid Paste in tubes, with brush, 25c.

Paperettes of various kinds and qualities 25c.

Lead Pencils, Note Paper, Envelopes, Etc., Etc.

ANSLOW BROS.,
Newcastle.

What Holds the Novel.

Frank Norris, author of "The Octopus" and "The Pit," was a most virile writer and a man of decided opinions. He was wont to say of the great factors in molding public opinion that "the pulpit speaks but once a week, the press is read with lightning haste and the morning news is waste paper by noon; but the novel goes in the home to stay."

This opinion was aired by Mr. Norris in the lobby of a hotel in a small town in Illinois. Among those present was a country editor, who was prompted to remark that the novelist's views reminded him of his dog Wolf. Wolf persisted in running away from home, killing chickens and annoying children in the community. At last a method was adopted by which the dog was confined to his own homestead.

"Chained him, eh?" was the thought voiced by several of the company.

"Yes, sir," declared the editor. "And if your modern novel goes into the home to stay let Wolf remind you that it's on account of the binding."

Helping Him Along.

"Then there is such a thing as heart failure, is there, doctor?" said the handsome young widow.

"Certainly, madam," responded the bashful young physician. "The records of the profession are full of it."

"It's a perfectly unnecessary disease, isn't it, doctor?"

On this hint he spoke.

Zever's V-Z (Wise Head) Disinfectant Soap Powder. Used in the bath, softens the water and disinfects.