

PERIODS OF PAIN.

Miss Gertrude Williams, Chaplain of Woman's Christian Association of Detroit, and Two Other Women.

Tell How Lydia E. Pinkham's Vegetable Compound Cures Periodic Suffering.

While no woman is entirely free from periodical suffering, it does not seem to have been the plan of nature that woman should suffer so severely. Lydia E. Pinkham's Vegetable Compound is the most thorough female regulator known to medical science. It relieves the condition which produces so much discomfort and robs menstruation of its terrors.



MISS GERTRUDE WILLIAMS.

"DEAR MRS. PINKHAM:—and dear friend, for such your medicine has proved to me, 'a friend in need is a friend indeed.' For several years I suffered from Menorrhagia, or profuse and painful menstruation, until my vitality was well nigh gone, and as a last resort I took six bottles of Lydia E. Pinkham's Vegetable Compound and was restored to health, to the surprise of my friends, and I now sing its praises. Gratefully yours, MISS GERTRUDE WILLIAMS, 75 Columbia St., West Detroit, Mich."

Two More Sufferers Relieved.

"DEAR MRS. PINKHAM:—I had been a sufferer of suppression of the menses from girlhood, always appearing after time and causing great pain compelling me to keep my bed. I tried a number of doctors but without relief. Having read so many testimonials about the good Lydia E. Pinkham's Vegetable Compound, I decided to try it. After using only one bottle I felt much better. I continued its use and the health and strength that I have to-day I feel I owe to you."—Mrs. CHAS. B. GILL, 1012 Winter St., Philadelphia, Pa.

"DEAR MRS. PINKHAM:—I write to tell you how thankful I feel toward you and your medicine. I have received from Lydia E. Pinkham's Vegetable Compound, I had been troubled with my periods being very irregular and painful, also suffered with my back and kidneys, but now I feel like a new woman. I cheerfully recommend your remedies to any one suffering as I was."—Mrs. JAMES COX, 528 Washington St., Camden, N.J.

Women who are troubled with painful or irregular menstruation, headache, bloating (or flatulence), nervousness, falling, inflammation or ulceration of the uterus, ovarian troubles, that "bearing-down" feeling, dizziness, faintness, indigestion, nervous prostration or the blues, should take immediate action to ward off the serious consequences, and be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound, and then write to Mrs. Pinkham, Lynn, Mass., for further free advice. Thousands have been cured by so doing.

\$5000 REWARD.—We have deposited with the National City Bank of Lynn, \$5000, which will be paid to any person who can find the above testimonial holder, or who will be paid to any person who can find the above testimonial holder, or who will be paid to any person who can find the above testimonial holder.

Spring Cleaning And Disinfecting

Carbolic Acid, Chloride of Lime, Coppers, Cautic Soda, Creolin, Camphor, Borax, Ammonia, Moth Balls, Sponges and Chamols.

Radley's Drug Store

King St., Chatham

Lime, Cement

Cut Stone

We keep the best in stock at right prices.

JOHN H. OLDSERHAW
Thames Street, Next Police Station

Principles are Eternal

A Fundamental Business Principle

"Not what you spend"

"What you get for what you spend"

—THAT COUNTS

The Best is cheapest in the end.

Gibson's Photos are the Best.

GIBSON'S 850, King St. Chatham

BEAMS OF SUNSHINE

Chatham Branch of the International Sunshine Society.

Motto—Good cheer.

Have you had a kindness shown?

'Twas not given for you alone—

Pass it on.

Let it travel down the years.

Let it wipe another's tears.

Till in heaven the deed appears—

Pass it on.

For the next two weeks every Sun-

shiner will be working for Sunshine.

On May 29th International Day will

be observed at headquarters in New

York. Delegates from branches all

over America will attend this annual

meeting. The sessions will be held in

the Waldorf-Astoria, beginning at 9

o'clock in the morning and lasting

until six. The evening will be devoted

to a Sunshine Carnival in the Carn-

egie Lyceum. Several hundred chil-

dren will take part in the play called

"Effie's Visit to Cloudland," profes-

sionals having offered their services

for the leading roles. Numbers of the

branches throughout the country ob-

serve the same day, giving some little

entertainment, the proceeds of which

go to headquarters to help defray

expenses.

Instead of setting apart one day to

raise money for this purpose, each

member of the Chatham Branch has

promised to provide fifty cents in

some way, as his or her share to this

fund. You will notice I say "his or

her share," for the gentleman are

beginning to realize that it is a work

in which they should interest them-

selves, and new members from their

ranks are reported at every meeting.

They have expressed their readiness

to be called upon at any time for aid

in the cause of Sunshine, and no doubt

will not shrink their duty in the mat-

ter of International fees. As we can

now boast of between twenty and

thirty members, all the amount that

will go from Chatham Branch to

headquarters should be considerable.

It should be a pleasure to know that

our mite will be the means of carrying

good cheer maybe to several homes.

About the first week in June, the

Chatham Sunshiners intend giving a

Lawn Tennis Tea, which promises to

be a very enjoyable affair.

That is also about the time we

should begin to think of our Flower

Mission. In fact it is hardly too

early now. Mrs. Ayres says a work

Mrs. Ayres says a work

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WORLDS OF HOPE

TO ALL WHO SUFFER FROM A RUN DOWN SYSTEM.

Mrs. Harriet A. Farr, Fenwick, Ont., Tells How She Obtained a Cure After Suffering for Two Years.

Thousands throughout this country

suffer seriously from general debility—the result of impoverished blood

and shattered nerves. To all such the

story of Mrs. Harriet Farr, Fenwick,

Ont., a lady who has been a sufferer

from the "run down" system for two

years, will point the means of re-

newed health. Mrs. Farr says: "For

a couple of years prior to 1899 I

was a great sufferer from a run down

system. My digestion was bad; I

had little or no appetite and was in

a very poor state; I suffered from

heart palpitation and a feeling of

continual exhaustion. The doctor's

treatment failed to benefit me and

I gradually grew worse until I was

finally unable to do the least work.

I then began using Dr. Williams' Pink Pills, and from the very first I

noted an improvement in my condi-

tion. The severity of my trouble

gradually lessened, and by the time

I had taken eight boxes, I was again

able to do my usual work. I believe that Dr. Williams' Pink Pills saved my life

and would strongly urge all sufferers

to give them a trial, believing they

will be of great benefit."

When your blood is poor and watery; when your nerves are un-

strung; when you suffer from head-

aches and dizziness; when you are

languid and completely run

down, Dr. Williams' Pink Pills will

promptly restore your health by re-

newing and enriching the blood.

They are a prompt and certain cure

for all troubles having their origin

in a poor or watery condition of the

blood. But only the genuine cure

Dr. Williams' Pink Pills for Pale Peo-

ple. Sold by all dealers in medi-

cine or sent post paid at 50 cents a

box or six boxes for \$2.50 by ad-

dressing, the Dr. Williams' Medicine Co., Brockville, Ont.

White as a Color.

Speaking scientifically, white is a

combination of all colors—that is, the

pure light of the sun when decomposed

by a very simple analysis shows that

it is made up of all the colors. Speaking

popularly, white is a color, as a paint,

and is not a color, as when we say that

a person is "perfectly colorless."

Not Conclusive.

He—I suppose you know I'm singing

at my church.

She—Oh, yes; he did tell me that.

He—But surely your brother Jack

told you I had joined the choir there.

She—Oh, yes; he did tell me that.

He—But surely your brother Jack

told you I had joined the choir there.

She—Oh, yes; he did tell me that.

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told you I had joined the choir there.

She—Oh, yes; he did tell me that.

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District Dashes

Dresden has a population of 1595,

and an assessment of \$714,650.

Sherman Handy, an old Howard boy,

is mentioned as a candidate for the

Lieut. Governorship of Michigan.

Miss Irene Langford, Kent Bridge,

is the guest of Mrs. (Dr.) Langford,

during the doctor's absence on post-

graduate work.—Blenheim News.

T. H. Morris announces that he in-

tends getting up a grand celebration

for the 1st of August, calculated to

eliminate everything of former years.

Harvey McKay, of Dresden and Miss

Ida Hutchison were united in mar-

riage at the home of the bride, con-

ducted by Rev. Mr. Langford, May 7, by

Rev. Mr. Blatchford, of Thamesville.

Two young sons of Mr. Harris, Mar-

tham, were recently sent out to kill

a chicken for Sunday dinner. One held

the chicken's head on the block, while

the other wielded the axe. When the

axe descended it missed the chicken's

head but completely severed a broth-

er's finger from the hand.—Dresden

Times.

Wallaceburg people while enjoying

the boom this year will pay a tax rate

of 30 mills on the dollar and the town

needs money so badly that a discount

of five per cent will be allowed on all

paid within a given time.

The North Essex license board has

done an unusual thing in recalling the

license granted to Victor Chauvin,

of St. Joseph, for a liquor li-

cence. He has now but three months' permit and his hotel must be repaired

or no further license will be granted.

James Ross, of Tilbury was in Chatham

Monday. He purchased a car of

twelve cattle, which were purchased

from Mr. McFadden, of the 7th con-

cession of Raleigh. Mr. McFadden re-

ceived a check for over \$1,000.—Til-

bury Times.

The outlook for a plentiful crop of

peaches in Essex county is very bright.

The buds have not been injured by the

frost, and the express companies are

already getting ready to handle the

expected large crop.

Application has been made to the

commissioners to grant a license to the

Erie House, Wheatley. A petition

has been circulated in that vicinity

and a sufficient number of names se-

lected. A counter petition was pre-

sented to the commissioners asking

them not to grant a license.

A man in Essex County took 18 fat

cattle to Toronto and sold them, bring-

ing back over \$1,500 in cash. With

pork at the high price it is and, cattle

at \$5.50 live weight it is surprising

that our farmers do not go more ex-

tensively into stock and leave wheat

alone.—Comber Herald.

Mr. John Lee, the Reform candi-

diate for East Kent, was in town this

week and visited many political friends

in Blenheim and Harwich. Mr. George

Johns, of Bothwell, was also in town

and saw he will enter the contest in

the riding as an independent candidate.

—Blenheim News.

H. J. Cartier, in town yesterday

and announced a grand race, in about

two weeks, between the four gasolene