

Your Food Is Safe When Old Dutch Cleans the Refrigerator



He had only a lumber wagon, but if Miss Sutherland's guests were agreeable he would be pleased to take them and their luggage as far as Christie's Lake.

Before long Mr. Harper, a brown-faced, genial farmer, rattled up in his heavy wagon. He lifted the trunk as easily as if it had been a box of matches.

"I like you, Mister," said Brownie, with an approving pat on the rough, dusty sleeve.

The "all-over" smile widened into a laugh. "You'll be just as strong before you know where you are if you exercise them soft, little muscles o' yours and eat lots o' bread and butter.

June laughed gaily. "No, I never did, Mr. Harper; but I'll just love to. It will be the greatest fun, won't it, Brownie?"

(To be continued.)

Boys and Girls

Dear Cousins,—You never saw anything like the number of answers I had sent in for the last Competition—mostly girls again, I feel bound to tell you.

Well, now I have to tell you about this competition and what's going to happen in the summer. The prize-winners this time richly deserve their success, for Eveline Oram and Eric Goodchild both did excellent answers, only one mistake on each paper.

I have had one or two nice letters this time, and I don't feel quite so lonesome as I did before. I'm printing Vera Salmon's letter. She seems to live where there are any amount of birds and wild flowers.

Now, good-bye. I hope everybody will have a beautiful summer. I shall, I know, and I shall often be thinking about you all.

Your Affectionate Cousin, Mike.

Vera Salmon's Letter.

Box 115, Qu'Appelle, Sask., June 10th, 1917.

Dear Cousin Mike,—I hope I shall get my answer in time this time, as I think I must have got the paper sooner. There are lots of robins around here, and I have found three nests.

There are a lovely lot of wild flowers around here—cowslips, wild beans, and the crocuses were lovely this year.

Hoping you and Mrs. Cousin Mike are well. I am, Your Loving Cousin, Vera Salmon.

The Joke that Eric Sent.

Pat was working on a farm and he didn't get any letters, so one day he wrote a card to himself and posted it

and the next day he received a card and he was delighted to receive it. It read thus:—

Dear Pat, Here's a friend that will never fail you.

Yours truly, Pat.

Results of Competition X. Prize-Winners.

- 1. Eveline Oram, age 7, Markham, Ont. 2. Eric Goodchild, age 12, 297 Joint St., Woodstock, Ont.

Highly Commended in Order of Merit.

- 1. Joyce Plumtre, age 12, Havergal-on-the-Hill, Toronto. 2. Henry White, age 9, The Church House, High Prairie, Alta. 3. Freda MacGachen, age 8, c/o Merchants Bank, Collingwood, Ont. 4. Mary Barton, age 13, 552 St. John St., Quebec. 5. Phyllis Goodchild, age 13, 297 Joint St., Woodstock, Ont. 6. Frieda Laidlaw, age 12, Havergal College. 7. Louise Westren, age 13, 12 Lynwood Avenue, Toronto. 8. Margaret Jones, age 14, Havergal-on-the-Hill, Toronto. 9. Grace James, age 14, Havergal-on-the-Hill, Toronto. 10. Marian Castellain, age 15, Havergal-on-the-Hill, Toronto.

Competition XI.

Where in Samuel II. are the following texts found:—

- 1. Saul and Jonathan his son be dead. 2. How are the mighty fallen. 3. Wherefore should I smite thee to the ground. 4. The Lord shew kindness and truth unto you. 5. The Lord shall reward the doer of evil according to his wickedness. 6. The Lord hath avenged my lord the king. 7. The city of David. 8. Thou shalt feed my people Israel. 9. And there he died by the ark of God. 10. Shalt thou build me a house? 11. And thou, Lord, art become their God. 12. The Lord preserved David whithersoever he went. 13. That I may shew him kindness. 14. Then thou shalt help me. 15. One little ewe lamb. 16. Thou art the man. 17. Can I bring him back again? 18. And we will destroy the heir also. 19. Let me see the King's face. 20. Art thou not a seer? 21. Thy father is a man of war. 22. The people is hungry. 23. And he was taken up between the heaven and the earth. 24. O my son Absalom. 25. My Lord the King is as an angel of God. 26. Every man to his tents, O Israel. 27. And he blew a trumpet. 28. Thou shalt go no more out with us to battle. 29. He delivered me. 30. The Lord wrought a great victory that day.

SYNOD OF TORONTO.

(Continued from page 396.)

of the Prayer Book be not completed until opportunity is given for reconsideration because of the war. Both were voted down. Chancellor Worrall explained that a contract had been entered into with the publishers for the printing of the book, and the General Synod is under obligation to finally revise the edition as soon as possible.

Armenian and Assyrian Relief.

On Wednesday the Synod was favoured with an address by Mr. Paul

Shimmon, who described most graphically the awful deprivation and hardships which his people are suffering. He told of how many of his people had been murdered in cold blood by the Kurds and how many more had died from exposure.

Disfranchisement.

Several members of the Synod were disfranchised because their parishes had not paid their dues and no suitable explanation was given for their delinquency.

After serving five years as Honorary Lay Secretary, Mr. J. D. Falconbridge retired, and his place was taken by Mr. James Nicholson.

The Executive Committee for the coming year is as follows: Elected members—Clerical, Ven. Archdeacon Cody, Canon Plumtre, Canon Dixon, Rev. L. E. Skey, Rev. Provost Macklem, Rev. Rural Dean Cayley; lay members, R. W. Allin, J. D. Falconbridge, L. A. Hamilton, T. Mortimer, A. H. Campbell, Mr. Justice Hodgins. Appointed members—Clerical, Ven. Archdeacon Warren, Ven. Archdeacon Ingles, Rev. Canon O'Meara, Rev. Canon Morley, Rev. Canon Marsh; lay members, A. R. Boswell, Dr. T. Millman, N. F. Davidson, Clarence Bell, H. T. Beck.

Black as Dirt About the Eyes

Liver Was All Upset and There Was Pain Under the Shoulder-blade—Two Interesting Letters.

Toronto, Ont., June 21st.—So many people suffer from derangement of the liver that we feel sure these two reports, just recently received, will prove interesting reading and valuable information to many readers of this paper.

Mrs. F. L. Harris, Keatley P.O., Sask., writes: "I was suffering from liver trouble—had a heavy pain under one shoulder blade all the time, and was nearly as black as dirt around the eyes, so I concluded to try some of Dr. Chase's Kidney-Liver Pills. I did so, and before I had taken one 25c. box the pain had left me and I commenced to gain in flesh, and by the time I had taken two boxes I was completely cured and felt like a new person. My trouble was caused by heavy work out-of-doors, and, of course, heavy eating and constipation. I would advise anyone suffering from kidney or liver trouble to give Dr. Chase's Pills a trial."

Mrs. Charles Terry, Tweed, Ont., writes: "Before I was married I was troubled with enlargement of the liver. My liver became so enlarged that you could detect the swellings on either side, and it was only with difficulty that I could get my clothes on. A friend advised me to get Dr. Chase's Kidney-Liver Pills and take them. I commenced this treatment, and used nine boxes, which cured me at that time. Then, about two or three years afterward I was troubled again with the swelling, but only on my right side. I secured some more Kidney-Liver Pills, and took them, which finally cured me. I have not been troubled in this way since. I can cheerfully recommend Dr. Chase's Kidney-Liver Pills to anyone having kidney or liver trouble.

"We have also found Dr. Chase's Linseed and Turpentine excellent for coughs and colds. In fact, any of Dr. Chase's medicines which we have used have been good."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25c. a box, 5 for \$1.00, at all dealers, or Edmanson, Bates & Co., Limited, Toronto.

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