

Boys and Girls

ST. GEORGE'S FLAG

By Rhoda Ann Page.

Tho' many a flag of gaudier hue
The fanning breeze may wave,
There's none that bears a nobler name,
More stainless or more brave;
None that have led more dauntless hearts
To battle for the right,
None that hath flown more proudly
O'er the crimson field of fight.

Up with the brave old banner then,
The peerless and the bold;
True hearts will rally round it yet
As in the days of old.
Up with the Red Cross banner,
'Tis a glorious sight to see
The noblest flag that ever flew
Stream out so fair and free.

WONDERFUL CRICKETING FAMILY

The cricketing genius of the four brothers Grace recalls how curiously cricket seems to run in families. The Walkers, of Southgate, could boast seven brothers, all in the front rank of the players of their time, six of them playing in one match for the Gentlemen versus the Players. The Cæsars, of Godalming, also could at one time put a complete team in the field, all first-class players.

MOTHER GOOSE TO DATE

With proper apologies to Madame Thebes and Mother Goose, these few feeble remarks are typed.—E. F. F.

There was an old kaiser, and what do you think—
Adulation and praise were to him
meat and drink;
Without them he'd languish and with them he'd stuff,
And yet the poor kaiser could not get enough.

There was a wicked man, and he had a wicked plan,
And he thought he'd try it first on the Bel-gi-un;
When he found it wouldn't work, then the Austrian and the Turk
Came to see what they could do to help the Hun.

Kaiser, kaiser, don't be shy, sire;
How shall your kingdom grow,
Mit Belgium, France and Italy,
Und England, in a row?

Kaiser, kaiser, don't be a miser!
Who else will your kingdom have?
"Austrian, American, Swiss, Turk,
Greek,
Schandinavian, Dutch, Dane, Shlave."

Kaiser, kaiser! Whom else do you desire, sire,
To make your kingdom greater?
"Islands, lands und seas dot lie
Nort and sout of der eekvator."

Kaiser, kaiser, make reply, sire,
Where has your kingdom gone?
"Dey've taken it all away mit me,
Und left me all alone."

Rub-a-dub-dub, four men in a sub,
And who do you think they'll be?—
The kaiser, no wiser, his foolish advisers,
Von H—, von M— and von T—.

Baa'd baa'd kaiser,
Wherefore all this din?
"Strafe England," he howled,
And fiercely he scowled,
"Dey've caught me in Berlin."
"Hey diddle-diddle, Ife solved dot hard riddle,
My Zeppelins shall sail ofer der moon;
My dachshund will laugh ven he sees dot shtrange craft
Bring victory to me at Verdun."
Sing a song of Victory, the allies sure did meet

For four and twenty hours, their plans are all complete;
They'll very soon be marching with banners all unfurled;
Isn't this a fine plan to bring before the world?

The kaiser's with his generals, scheming how to win;
Franz Joseph's in his palace, tired of all the din;
The Bulgar and the Turk lie uneasy in their beds,

For Fate doth wait within the gate to snip off all their heads!

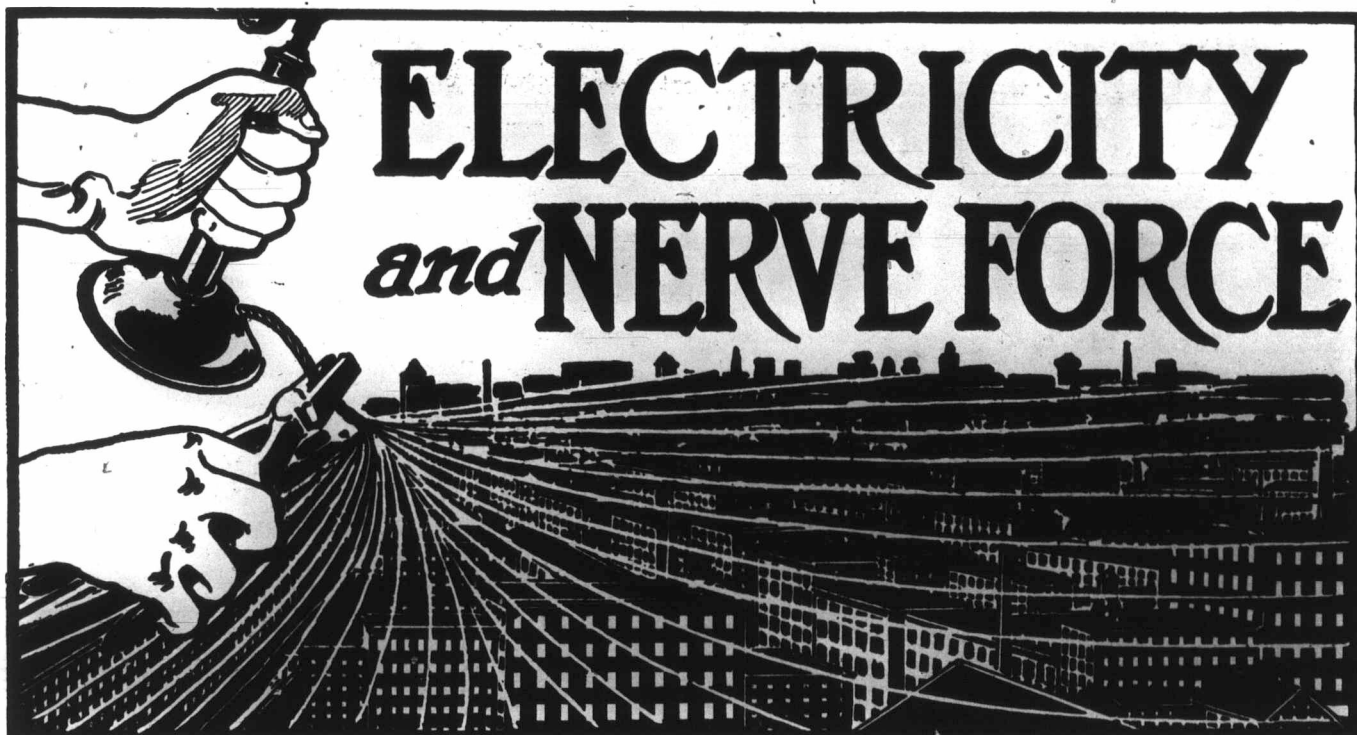
One, two, three—where is Germanee? Not on the map. And that is what did happen.

Wilhelm was a Prussian, Wilhelm was a thief;

He broke his word to Belgium and brought a world of grief;

Then France marched on Essen, Russia the Kiel did win;

Belgium has Potsdam, Italy the Rhine, And England took Berlin.—Ex.



Nerve Force is so much like Electricity, and the latter is so much better understood, that we have used this vivid telephone picture to illustrate what takes place in the human system when the connecting nerve fibres are deranged or something goes wrong at Central.

In the nervous system the brain is the Central where the Nerve Force is created, and whence are issued the orders which control the whole human body. Here is consumed one-fifth of the blood in the human body, and when the blood supply is deficient in quality or quantity, the brain and the nervous system are first to feel the effects.

Neuralgic pains and headaches, inability to rest or sleep or concentrate the mind, dizziness and noises in

the ears, are some of the symptoms of a starved nervous system.

Just as machinery lags when the current of electricity fails, so the bodily organs weaken when the supply of nerve force runs low. Digestion is impaired and you lose appetite, the liver, kidneys and bowels are slow in performing their functions, the heart's action weakens, circulation is slow, hands and feet are cold, you are easily tired, lose ambition and grow downhearted and discouraged.

This describes the condition under which Dr. Chase's Nerve Food can prove of greatest assistance to you. Forming new, rich blood it feeds the starved, exhausted nerve and brain cells back to health and vigor. The new vital, nerve force flows out through the intricate system of nerve fibres to every member and every organ of the body, carrying new vigor, energy and strength and driving out pain, weakness and disease.

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ill impulsively affectionate brother. And long after-wards, scourged into exile by the will of God, tricked and deceived in and again by his own wiles; yet withal a great strength at the end of his long life back through it all to the guiding hand of God, bequeath to his sons the which had been his most possession.

you understand why the with the Eastern love of synthesis, said that God while He 'loved' Jacob? congregation surged out Gilbert sat waiting for the e the organist played soft-darkened building. That been "an hour of insight" would he be disobedient to y vision?

top of New Westminster, present stationed with the Shorncliffe, preached on ning last at St. Margaret's, t, to a large congregation. rse of his sermon, Dr. de d a warm tribute to the late ener.



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