

CHATS WITH YOUNG MEN

MOTHER

She'll never forsake you, whatever you do; Were you down in the gutter, she'd kneel beside you; Were you covered with shame, she'd stand by your side...

cases, but the individuals afflicted with the insidious "worry disease" would rather be shown a way out of the gloomy della into which their indulgence in worry has cast them.

Some girls will have nothing to do with the young man who carries his own lunch and wears working clothes, but they will rave over the fellow who wears his one "Sunday suit" every day and eats at a "one-armed" lunch room.

"In many instances the attitude of parents is due to their failure to appreciate the needs of their children. We find parents who feed their young children on coffee rather than milk.

GET "JOINT EASE" FREE!

A Regular 60c Tube. For Rheumatic Pains, Lumbago, Sciatica, stiff, swollen, aching joints and muscles.

SO EASY TO BE WELL AND STRONG

Take "Fruit-a-lives" The Wonderful Fruit Medicine

805 CARTER ST., MONTREAL. "I suffered terribly from Constipation and Dyspepsia for many years. I felt pains after eating and had gas, constant headaches and was unable to sleep at night.

Capital Trust Corporation

Authorized Capital - \$2,000,000.00. Board of Directors: President: HON. M. J. O'BRIEN, Montreal. Vice-Presidents: J. J. LYONS, Ottawa; R. P. GOUGE, Toronto; A. E. FROVOST, Ottawa.

The National Way TO WESTERN CANADA

WINNIPEG BRANDON REGINA SASKATOON CALGARY EDMONTON PRINCE RUPERT VANCOUVER VICTORIA

Leave Toronto 8.45 p. m. daily, Standard Sleeping Car Toronto to Winnipeg via North Bay and Cochrane. Through Tourist Sleeping Car Toronto to Winnipeg on Tuesdays, Thursdays, Saturdays and Sundays.

Flour Milling Shares Are Advancing

If you read the papers you will have seen that the Shares of Milling Companies have recently shown a steady advance. The reason for this is the fact that the Flour Milling Industry has come through the greatest period of business depression without affecting its earning powers or reducing its dividend rates.

For Your Dainty Silk Blouses



For your daintiest blouses, the pretty things you do not wish to trust to a washing with ordinary soap, use Lux. The thin, white, silky Lux flakes, specially manufactured by our own exclusive process instantly dissolve into a bubbling lather as harmless to fine fabrics as pure water itself.

Just the Thing for Your Lake Cottage!

You'll find the Coleman Quick-Lite Lamp the brightest, cleanest, most dependable light for your summer cottage or mountain cabin. Its 300 candle power brilliance assures plenty of pure white light anywhere, anytime—at a cost of less than 2 cents a night.

Coleman Quick-Lite "The Sunshine of the Night"

No greasy wicks to trim, no dirty chimneys to wash. No smoke, no soot, no dripping oil; no odor. No daily filling. Can't spill fuel or explode, even if tipped over. Lights with matches. Makes and burns own gas from common motor gasoline.

OUR BOYS AND GIRLS

MOTHER OF MINE (By Young Priest on Morning of First Mass) When the light of this world first shone on my head, 'Twas you who caressed me, mother of mine.

THE HOME AND THE SCHOOL

In an article on "The School and the Home" in the April number of the Catholic Charities Review, John O'Grady, Ph. D., describes a certain kind of home that is familiar to every parish priest in the country.

A FORGOTTEN PRINCIPLE

A report on conditions in the coal-fields issued some weeks ago by the Russell Sage Foundation, rightly emphasizes a truth fundamental to all labor controversies. The truth in question is not new. The moral is as always admitted. It was taught with clarity and power in the famous Encyclicals of Leo XIII.

POSING AND MAKING-BELIEVE

Why do so many girls ignore level-headed, and well-paid skilled workmen who go to work in their "second-best" clothes, and why do they so eagerly accept the attentions of some white-collar posers who dress well but earn little and are not over-intelligent?

BANISH WORRY

It is said that worry is a great shortener of life. We have all seen sufficient evidence among our friends and relatives to know that this statement is true. One great writer has said that "worry is rust on the blade." Now, if this disease is so fatal, it is time that we found a cure for it.

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