

# PURITY FLOUR

"More Bread and Better Bread,"

Perfect -  
From  
Sheaf to  
Sack



19

and truest advertisement there is, that I ever read.

We tried a box, and then another. It was used for some time before it began to prove its good name. But in three months time baby and I both had better health than we were born with. We both have good health now, and never take purgatives unless baby eats something I am afraid won't agree with him, then I give Castoria.

Boiled water is a help to children, too. I don't believe in giving too much strong medicines. Mothers should find the food that agrees with her baby best, as the food is also the body builder. Now my baby eats a little of every thing, except hard fried foods, which I don't think is even good for grown-ups.

Shredded wheat has saved me so much trouble and doctoring for both baby and myself. Will send a picture of baby later. Respectfully, Mrs. T. M. Sargent, Girvin, Sask, Canada.

starting another baby contest. I am sending photo of my twins. My twins were 8 months old when photo was taken. At birth Bert weighed 7 pounds, Vesper, 5 pounds. At 8 months he weighed 20 pounds. He was sick for a while I had him on malted milk, then I put him on cow's milk. I think it the best; he is very good. I give him Castoria every day; castor oil for a cold. He has no teeth yet. Vesper has two teeth. I put her on the bottle at two months. She never minded it a bit; she is 16 pounds. Both sit alone; will soon be creeping around. I have 5 children besides the twins, older; so I know what caring for babies is. I find when they are cross there's trouble some place. I think, as a rule, boys are worse than girls. As I am not well I like baby on the bottle best. I am not in a rush taking the bottle from them, for they get so much comfort out of it. Yours truly, Mrs. Pem. T. Cawell.

I would not give Castoria often.—P. R. H.

Hallakirk, Alta.

Dear Mrs. Hamilton:—Here's another young mother that wants to join your Baby Contest. We have been getting The Canadian Thresherman a little while ago, and I thought I would try my luck in sending my little girl.

She is my only daughter. At birth she weighed 8 pounds, and now at 4 months she weighs 11 pounds. I cannot give you her height or her chest measurement because I haven't measured her yet. She is a very healthy baby; also big and strong. Most of the time I put her in her little baby cart and put her outside. She never cries and she is never bothered with her teeth or anything like that like some other babies.

I cannot write very much about her as I have to learn much more yet. I nurse my baby now, and sometimes I give her some when she wants any. I feed her with milk three times a day; also bread and butter.

I must close my letter now. Hope to see my letter in print in the Thresherman. Wishing Mrs. Hamilton and all mothers

every success. Yours sincerely, Mrs. M. Cordel, Halkirk, Alta.

## "INASMUCH"

THERE is a little Khaki Club in Winnipeg that needs assistance in farm produce, such as vegetables, butter and eggs, as well as money. This is a little home for children whose fathers gave their lives for us overseas. Can we do too much—can we do enough for these little ones? Any contribution of vegetables, fruit, jams, eggs, butter or clothing will be gratefully received.

The chapter of the L.O.D.E. that has undertaken this work deserves the sincere assistance of every citizen. Let us not forget this big issue that is very small and helpless. Send all contributions to Khaki Club, 65 Furby Street, City.

"The offspring of noble men and women will be superior to themselves, as their aspirations are. By their ruins ye shall know them."—Women's Century.

Lensford, Sask.  
Dear Mrs. Hamilton:—I see you are