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Paula Peters in the 600m and the strength of Tracey Hoskin and Rayleen Hill at 1500m and 3000m.

The 4x400m relay team won easily also.

The AUAA's was even more convincing as Dal won every event but the shot put and placed second there. One-two results were realized in most track events and the jumps.

Ten athletes qualified for CIAU's. Real glory came at the CIAU's with Paula controlling the strong field in the 600m against three former gold and silver winners, finishing at 1:31.30, a personal best (PB) by 1.64 seconds. Tracey Hoskin PB'd in the 1000m and Ann Sinclair had her best jump ever at 1.68m, which equalled the second best at the championship but she placed fourth on a countback of misses. The young 4x200 team of Terri Baker, Andrea Blois, Marsha Moore and Tara MacLellan placed seventh with a N.S. record.

This race characterized the whole team — talent, depth, team spirit and the ability to rise to a challenge.

Men's Track and Field

This team dominated the AUAA like none other. The exciting meet showed the team's depth, balance and youth. Troy Bezanson, Peter Bienkowski, George Inglis, Ian Blenkhorn, Trevor Boudreau, Nick Soh, Derek Crocker and Scott Oliver are a group of first year performers that can dominate AUAA's but can rise to the level of CIAU medal winners if they make the decisions to do so. Gary Newell and Leigh (Rat) Winchester were other performers of note.

We won the AUAA's without our traditional middle distance strength. With the development of the youth in the sprints and jumps, this team could make a splash at the CIAU's. Watch for it.

Men's Swimming

The 1994-95 Men's Varsity Tigers rode the previous season's legacy of momentum with a combination of experienced veterans and talented rookies to claim their twentieth consecutive winning AUAA dual meet season.

At the Dalhousie-hosted 1995 AUAA Swimming Championships, the Tigers

captured the team title that had eluded them for four years. Despite winning just five of the meets 19 events, the Black and Gold claimed a true team victory with 196 points, four ahead of UNB's 192.



Nigel Kemp

Ian Jackson earned recognition as AUAA Male Swimmer of the Year and freshman Steve MacDonald claimed Rookie of the Year honours.

Five swimmers qualified to compete at the 1995 CIAU Championships at Laval University in Quebec City and all contributed to the teams 11th place finish. They were led by the performances of fifth year vet-

eran Sean Andrews and Ian Jackson.

Of further note are the thirty-eight swims by Sean Andrews, P.J. Cowan, Mark DeJong, Jarrett Doucette, Shawn Dupuis, Steve Indig, Ian Jackson, Andrew Kirby, Dave LeBlanc, Steve MacDonald, Curt Punched, Greg Rasmussen, and Ed Stewart, which made the Dal All-Time Top-Ten performance ranking list.

Men's Volleyball

The 1994-95 Tiger Volleyball Team should be remembered for their steady progress throughout the season, capped by a second consecutive bronze medal performance at the CIAU's.

In AUAA league play, the Tigers posted a perfect 10-0 record before capturing their fifteenth AUAA Championship in the last sixteen years.

An exceptional season was climaxed with outstanding play at the '95 CIAU Nationals. In the quarter finals, the fourth ranked Tigers squeaked by Saskatchewan in five sets before putting up their best match in three years against eventual champions Manitoba in the semifinals. For the third year in a row, Alberta was Dal's final opponent at the CIAU's and as they did last year, the

Tigers once again claimed the bronze in a long, closely contested match.

Overall, the determination of the veteran players combined with steady progress from an equally resolute group of younger players made for a very satisfying and rewarding season.



Al Scott

Women's Volleyball

The Dalhousie Women's Volleyball Team experienced the most successful year of recruiting in Leslie Irie's 4 years as head coach. The 1994-95 Tigers were filled with optimism as they placed 2nd in the sea-

son's first exhibition tournament, the UNB Invitational.

AUAA women's volleyball has become more competitive, especially in the last two years. This year was undoubtedly the most competitive as the last playoff spot was not decided until the final league match.

Unfortunately, the Tigers' 8-8 record left them out of the playoffs.

Individual highlights went to co-captain Kim Sheppard, as she was an AUAA 2nd team all-star and a tournament all-star at the Université d'Ottawa Invitational. Dalhousie's Cherie Campbell was honoured as AUAA Rookie of the Year.

Women's Swimming

The 1994-95 Women's Swim Team, a blend of six returning athletes and ten rookies, achieved its sixteenth consecutive winning AUAA dual meet season to bring the Tigers cumulative record to 105-8 for the same period.

Tiger rookie Kirsten Taberner was the first in the AUAA to qualify for the '95 CIAU's in a dual meet with McGill University in Montreal. The annual pre-Christmas double session dual meet with the strong Halifax Trojan Aquatic Club saw worthwhile competition and a CIAU

qualifying performance by Sarah Woodworth in the 800 Freestyle.

The Tigers entered the Dalhousie-hosted AUAA Invitational and topped UNB.

At the Dalhousie-hosted 1995 AUAA Swimming Championships, the Tigers relinquished their four year hold on the team title after an extremely hard-fought struggle with eventual victors UNB.

The performances of Kirsten Matthews, Gail Seipp and Erin Malone, who set a new team record in the 50 Butterfly, earned tickets to CIAU's.

At the CIAU Championships at Laval University, the Tigers were again led by the performance of co-captain Woodworth. All five swimmers contributed to the team's 11th place finish, matching the men's team in position and points.

Taberner claimed AUAA Rookie of the Year honours.

Of further significance are the thirty-five swims by Stacey Connick, Fiona Ellis, Lisa Hughes, Malone, Matthews, Corey Minter, Sarah Nelson, Amanda Ross, Seipp, Taberner, Tara Weber, and Woodworth, which made the Dalhousie All-Time Top-Ten performance ranking list.



The cuffs
are frayed and
the blue has
faded and when
it's not on
your back it's
on the back of
a chair. But
when you're
heading out
for the
evening it's
the one you
always put
on. You know
it. It's the
most
comfortable
shirt you
own.



Go in' South Tonight?