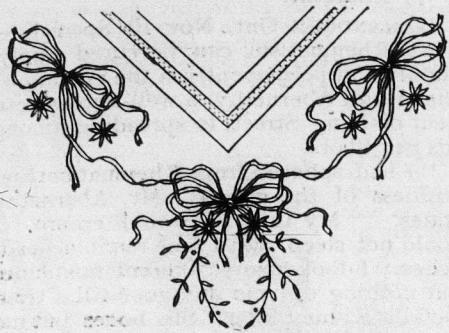


Transferable Embroidery Designs.

This cut is a small reproduction of an embroidery pattern 10x15 inches. On receipt of 15 cents we will send the large design by mail to any address. The pattern may be transferred to any material for embroidering by simply following the directions given below.



Pattern 54.—Shirtwaist.

This is effective, with little work. The ribbon may be worked solid, or outlined and filled with French knots. Flowers are solid. The space between the lines is for lace insertion continued to the seams. Lots for French knots.

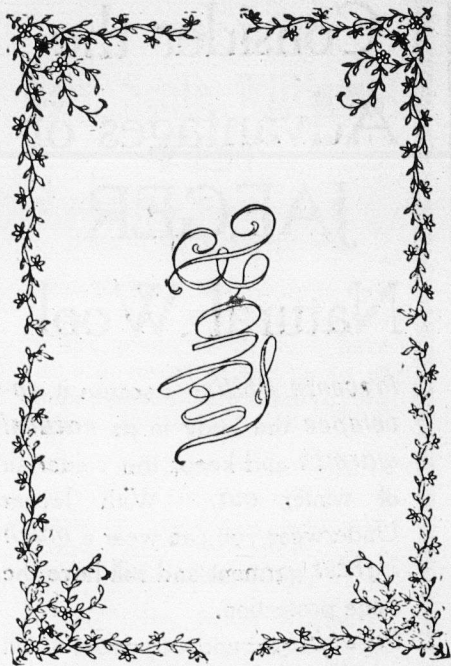
Everything shown on the miniature cut will appear on the large sheet.

When you have sent to this office 15 cents and have received the full size working pattern noted above, follow these directions:

Lay material on which transfer is to be made on hard smooth surface. Sponge material uniformly with damp cloth. Material should be damp, not too wet. Lay pattern face down on material and press firmly, rubbing from you with crumpled handkerchief in hand.

Transfer will be sufficiently plain very soon, as you will notice if you raise the paper by one corner occasionally. Address Western Home Monthly, Embroidery Department, Winnipeg, Canada.

This cut is a small reproduction of an embroidery pattern 10x15 inches. On receipt of 15 cents we will send the large design by mail to any address. The pattern may be transferred to any material for embroidering by simply following the directions given below.



Pattern 8.—Baby Pillow.

This pillow may be worked in the French embroidery stitch. If desired, the size of the pillow may be altered by cutting and spreading the design.

Everything shown on the miniature cut will appear on the large sheet.

When you have sent to this office 15 cents and have received the full size working pattern noted above, follow these directions:

Lay material on which transfer is to be made on hard smooth surface. Sponge material uniformly with damp cloth. Material should be damp, not too wet. Lay pattern face down on material and press firmly, rubbing from you with crumpled handkerchief in hand.

Transfer will be sufficiently plain very soon, as you will notice if you raise the paper by one corner occasionally. Address Western Home Monthly, Embroidery Department, Winnipeg, Canada.

Linseed oil and lime water make a grand remedy for burns.

When the feet are tired and swollen from long standing or from a long tramp a bath in a foot tub of hot water, in which is dissolved two ounces each of rock salt and borax, will rest and refresh.

By Royal Warrant
To His Majesty
The King.

There is as much
pleasure in eating
ye fish, as in catching
them, when ye

**Worcestershire
Sauce**

made by ye olde firm of

**LEA &
PERRINS'**

is used.

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RHEUMATISM

A TIME-TRIED REMEDY FREE UNTIL CURED



Of all sufferers none is more helpless or deserving of pity than the Rheumatic. It is simply a waste of time to talk about symptoms. Every sufferer who experiences its agonizing thrusts and twitches knows all he wants to about it, and all he thinks of and prays for is a remedy. Rheumatism is found in various forms and is due to a variety of causes which are all fully explained in my free book. What I wish particularly to impress upon you here, is that I have a remedy for this distressing complaint, as I have clearly demonstrated during my many years of successful practice in Electricity. As yet, there has not been a drug, or a combination of drugs found, that will cure Rheumatism. Some partially relieve it for a time, but they do so at the expense of the stomach. From my vast experience with electricity I honestly believe it to be the true and natural remedy, and so confident am I of what my invention will do, that any responsible sufferer, no matter how bad his case may be, can make arrangements to get my Appliance, the world-famed

Dr. Sanden Electric Belt Free Until Cured

It is not necessary to make any advance payment or deposit. I will send you the Belt, and if at the end of, say two months, you are well or satisfied, pay me the usual price of the Belt—in some cases only \$5.00. If not satisfied with the results, return the Belt to me and the deal is closed. Liberal discount for cash if you prefer to deal that way. This is a straightforward business proposition, and one which I could not afford to make if I did not have great confidence in my treatment, born of years of successful conflict with this dread disease. My Appliance is simply worn about the waist, like an ordinary belt, at night while you sleep. Ease from your pains will follow almost immediately, and a complete and permanent cure later on.

FREE BOOK: I want every sufferer from Rheumatism and Kidney trouble to read my book. It is beautifully illustrated, and is sent free, sealed, upon request. Write or call for it to-day. It will place you under no obligation whatever to buy a belt. I simply want you to read of the wonders of electrical treatment. Address:

DR. W. A. SANDEN, 140 YONGE ST., TORONTO, ONT.

Dineen Building, entrance No. 6 Temperance Street

Office Hours 9 to 6
Saturdays until 9 p.m.