

THE CARLETON-PLACE HERALD.

Vol. VI.

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No. 28.



For the C. P. Herald.

Let those who will repine at fate,
And droop their heads in sorrow;
I laugh when cares upon me wait,
I know they'll be gone to-morrow.

My purse is light, but what of that?
My heart is light to match it;
And when I tear my only coat,
I laugh the while I patch it.

I've seen some elfs, who call themselves
My friends, in summer weather;
Blow far away in sorrow's day,
As wind would blow a feather.

I never grieve to see them go,
(The rascals, who would heed 'em!)

For what's the use of having friends,
If false when most you need 'em.

I've seen some rich in worldly gear,
Eternally repining;
Their hearts a prey to every fear,
With gladness never shining.

I would not change my lightsome heart,
For all their gold and sorrow;
For that's a thing that all their wealth
Can neither buy nor borrow.

And still as sorrows come to me,
(As sorrows sometimes will come.)
I find the way to make them flee,
In bidding them right welcome.

They cannot brook a cheerful look—
They're used to sobs and sighing,
And that meets them with a smile,
Is sure to set them flying!

E. B.
Smith's Falls, March 10, 1856.

For the C. P. Herald.

DE CHENE BAY.

Perchance upon this very spot,
Where now I stand to gaze,
The sons of Braves whom fame forgot,
Have stood in other days.

And like me, gaze with eager rest,
Upon yon stream's majestic breast,
And shout with proud tone,
Rush on, thy rocky, rapid course!

And roll the broad St. Lawrence back,
Thou river all our own!

But they have faded from this bank,
Which seems no more the same,
Their homes and hopes in darkness sank,
The stream knows not the name.

They gave it in the days of yore,
Ere palefaced parties paddled o'er,
This water-worn zone,
Which clasps not now a single strand.

On which a lordly tribe can stand,
To hail it as their own!

And of their memory little left,
Save in the Autumn's time,
When mourning o'er hopes bereft,
By aversion and crime,

The lordly maple rears on high,
Before the great all-seeing eye,
Its leaves bestrewn with gore,
Which seems as if beseeching God.

To raise his avenging rod,
O'er those that spilt his shore!

HENRY KEMPTVILLE.
Ottawa Lodge.
Napier.

THE LITTLE BOY THAT DIED.

[Dr. Chalmers is said to be the author of this beautiful poem, written on the occasion of the death of a young son whom he greatly loved.]

I am alone in my chamber now,
And the midnight hour is near;
And the fagot's crack, and the clock's dull tick,
Are the only sounds I hear!

And over my soul its solitude,
Sweet feelings of sadness glide,
For my heart and eyes are full when I think
Of the little boy that died!

I went one night to my father's house—
Went home to the dear ones all—
And softly I opened the garden gate,
And softly the door of the hall.

My mother came out to meet her son,
She kissed me, and then she sighed,
And her head fell upon my neck, and she wept
For the little boy that died.

I shall miss him when the flowers come,
In the garden where he played;
I shall miss him more by the fireside,
When the flowers have all decayed.

I shall see his steps and empty chair,
And the horse he used to ride;
And they will speak with a silent speech
Of the little boy that died.

HOARDED WEALTH.

"I wish, James, that you could do for your sister," said Mrs. Ashton to her husband; "she has a hard lot in life. My aches for her."

"Very true. I know her lot is a hard one, but I cannot do more than I can. I am a poor fellow, and I am a poor fellow."

"I know you can't do much. You are a poor fellow, and I am a poor fellow. I am a poor fellow, and I am a poor fellow."

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THE CAUSE OF CHOLERA.

When the cholera first visited our country in 1832, it created universal fear, because the destroyer who struck down the old and young, the bold and strong, dealt his terrible blows suddenly and unseen, and could not be resisted. And at that time many persons also feared that, like some modern diseases, cholera would never leave the country after having found a foothold in it. These fears have been confirmed by repeated outbreaks of this scourge since. It was believed by many, however, that even if this plague became a permanent disease among us, physicians would either discover a preventative for it, or else find such remedies as would, in a great measure, nullify its fatal effects. But until the cause of this fatal disease is known, neither a sure remedy nor a certain preventative by any possibility can be discovered. To ascertain its cause, then, is the grand desideratum. Cholera has been attributed to various causes, and two theories have been put forth regarding it. One called the "geological theory," which assumes that it is connected with the geological character of a country, and the other called the "insect theory," which assumes that it is caused by small poisonous insects, inhaled during respiration, taken with food, or drunk in water. J. Franklin Reigart, Esq., has just published some views in a neat pamphlet, in which he claims to be the discoverer of the cholera insect, three microscopic views of which are given. This insect is of a dull yellow color, and quite small, being only one fortieth of an inch long, and the one eighth of an inch across the spread wings. Mr. R. believes it to be not only the cause of cholera, but also yellow fever; and says "the cause of these diseases being discovered, scientific men may be enabled to stay its ravages." (the insect's.)

We would like to see these insects tested upon some animals, in the same manner chemists test poisons, in order to witness their effects upon the animal economy. Until this is done, their poisonous nature, to which the cholera is attributed, may be disputed. The views of Mr. R., however, find support in an able article on the subject by Dr. Hartshorn, a contributor to the "Medical Examiner," Philadelphia, who asserts that "cholera is generated only in the presence of a certain unknown contingent, whose capriciousness of migration, and partial subjection to temperature and other habits, suggest the probability of the animalcular hypothesis."

A short time after we first published the views of Mr. Reigart, we received a communication from John Lea, of Cincinnati, the author of the "Geological Theory of Cholera," his discovery dated as far back as 1832. He attributed the cause of cholera to lime-water, which Mr. Reigart believes is an antidote. Their views are therefore antagonistic. He asserts that it has always been most virulent in the limestone districts, while it passes over the primitive formation of New England. He believes that rain-water as a drink is a preventative, and that the inhabitants of every city supplied with rain water will never suffer from its ravages. Dr. Hartshorn and Mr. Reigart believe that cholera is connected with the decomposition of organic matter, in which a poisonous gas is generated, and that by preventing such decomposition taking place in ex-

posed places, the cause of this disease will be removed.

As the cholera in past years has visited a number of places in the south-west and west early in the spring season, the foregoing views should now claim the attention of persons living in those parts of our country. They should be ever careful to bury organic matter left on the earth's surface during cold weather, which is liable to undergo a rapid change when the warm season opens. They should also be very careful to use no impure water, for the purposes of cooking and drinking. Great good may result, and no harm can arise from following these precautionary measures.

The cholera has not been strictly confined to the limestone formations, nor have districts on the primitive formations been exempt from it; at least this was the case in New York State during the year 1854. The experience of that year was not favorable to the "geological theory." The experiments of Dr. Thomson, of London, in St. Thomas' Hospital, in 1854, when the cholera was raging, and its gravity was 525-5 grains; the same quantity of air in August, 1855,—a healthy month—weighed 523-5 grains. Thus the air was heavier in London when the cholera prevailed, and this was also the case in other places; it also confirmed the experiments made in the cholera season of 1832 by Dr. Prout. Dr. Thomson then took a blower and forced a great quantity of air from a large room in the hospital, filled with cholera patients, through Woolf's bottles, containing distilled water, so that he was able to retain matter suspended in the atmosphere, and then examine it. It was examined with a microscope, and found to contain fibres from the clothes of the cholera patients, hair, fungi, spores of fungi, and all abundance of vibrios, or lower forms of animal life. When the same room was but partially filled with cholera patients, the atmosphere was treated in the same manner; and the vibrios were very few; and when the room was empty no vibrios could be detected in the air. By applying the same means to force air from a neighboring sewer through distilled water, it was found to swarm with vibrios, in various stages of advancement. The following are Dr. Thomson's conclusions on the subject:

"These experiments render it obvious that organic living bodies constantly surround us in close apartments. They fail to point out any matter capable of communicating cholera from one person to another through the medium of the air, (not infectious by the air,) and so far, are important to the public; but they show that foreign animal matter, injurious to health, may speedily be concentrated in certain localities, which will undoubtedly assist in the production and propagation of the disease in conjunction with meteorological conditions."

VENTILATION OF CHAMBERS.

In one minute forty persons consume at least as much oxygen as would be contained in eighteen gallons of pure atmosphere, while they emit, in the act of breathing, an amount of carbonic acid equal in volume to the oxygen consumed. Now whether forty persons breathe in a confined atmosphere for one minute, or one person for forty minutes, the effect produced must be the same. One person, then, respiring a confined atmosphere for twenty minutes, or it you like two persons respiring a confined atmosphere twenty minutes, convert, as it were, the vital principle of no less than eighteen gallons of this atmosphere into a deadly poison. Eighteen gallons of air rendered injurious instead of life-giving by two persons in twenty minutes; fifty-four gallons so changed in an hour; eighty-four gallons so changed in an hour; and so on, and so on, and so on.

It is necessary to state that the sickening odors, so perceptible at the first, in the morning, in any unventilated sleeping apartment, arise from the vital principle contact with all the countless myriads of dead and sixty-six square yards respiratory surface. And so it is that this wonderful surface, which God in his goodness has fashioned so delicately for the purification of the blood, and in his ignorance is constantly converting into a means of poisoning all the system organs.

Perhaps there is no more startling proof of utter ignorance that exists the laws of health than is manifested in the construction of our houses. Halls, ante-rooms, dining-rooms, and drawing-rooms, which during a portion of the day are generally left empty,—which may at any time be aired by the opening of windows, and which are constantly being ventilated by opening and shutting of doors, or by draughts towards the chimney,—these apartments are always the most spacious and airy white buildings.

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A short time after we first published the views of Mr. Reigart, we received a communication from John Lea, of Cincinnati, the author of the "Geological Theory of Cholera," his discovery dated as far back as 1832. He attributed the cause of cholera to lime-water, which Mr. Reigart believes is an antidote. Their views are therefore antagonistic. He asserts that it has always been most virulent in the limestone districts, while it passes over the primitive formation of New England. He believes that rain-water as a drink is a preventative, and that the inhabitants of every city supplied with rain water will never suffer from its ravages. Dr. Hartshorn and Mr. Reigart believe that cholera is connected with the decomposition of organic matter, in which a poisonous gas is generated, and that by preventing such decomposition taking place in ex-

posed places, the cause of this disease will be removed.

As the cholera in past years has visited a number of places in the south-west and west early in the spring season, the foregoing views should now claim the attention of persons living in those parts of our country. They should be ever careful to bury organic matter left on the earth's surface during cold weather, which is liable to undergo a rapid change when the warm season opens. They should also be very careful to use no impure water, for the purposes of cooking and drinking. Great good may result, and no harm can arise from following these precautionary measures.

The cholera has not been strictly confined to the limestone formations, nor have districts on the primitive formations been exempt from it; at least this was the case in New York State during the year 1854. The experience of that year was not favorable to the "geological theory." The experiments of Dr. Thomson, of London, in St. Thomas' Hospital, in 1854, when the cholera was raging, and its gravity was 525-5 grains; the same quantity of air in August, 1855,—a healthy month—weighed 523-5 grains. Thus the air was heavier in London when the cholera prevailed, and this was also the case in other places; it also confirmed the experiments made in the cholera season of 1832 by Dr. Prout. Dr. Thomson then took a blower and forced a great quantity of air from a large room in the hospital, filled with cholera patients, through Woolf's bottles, containing distilled water, so that he was able to retain matter suspended in the atmosphere, and then examine it. It was examined with a microscope, and found to contain fibres from the clothes of the cholera patients, hair, fungi, spores of fungi, and all abundance of vibrios, or lower forms of animal life. When the same room was but partially filled with cholera patients, the atmosphere was treated in the same manner; and the vibrios were very few; and when the room was empty no vibrios could be detected in the air. By applying the same means to force air from a neighboring sewer through distilled water, it was found to swarm with vibrios, in various stages of advancement. The following are Dr. Thomson's conclusions on the subject:

"These experiments render it obvious that organic living bodies constantly surround us in close apartments. They fail to point out any matter capable of communicating cholera from one person to another through the medium of the air, (not infectious by the air,) and so far, are important to the public; but they show that foreign animal matter, injurious to health, may speedily be concentrated in certain localities, which will undoubtedly assist in the production and propagation of the disease in conjunction with meteorological conditions."

VENTILATION OF CHAMBERS.

In one minute forty persons consume at least as much oxygen as would be contained in eighteen gallons of pure atmosphere, while they emit, in the act of breathing, an amount of carbonic acid equal in volume to the oxygen consumed. Now whether forty persons breathe in a confined atmosphere for one minute, or one person for forty minutes, the effect produced must be the same. One person, then, respiring a confined atmosphere for twenty minutes, or it you like two persons respiring a confined atmosphere twenty minutes, convert, as it were, the vital principle of no less than eighteen gallons of this atmosphere into a deadly poison. Eighteen gallons of air rendered injurious instead of life-giving by two persons in twenty minutes; fifty-four gallons so changed in an hour; eighty-four gallons so changed in an hour; and so on, and so on, and so on.

It is necessary to state that the sickening odors, so perceptible at the first, in the morning, in any unventilated sleeping apartment, arise from the vital principle contact with all the countless myriads of dead and sixty-six square yards respiratory surface. And so it is that this wonderful surface, which God in his goodness has fashioned so delicately for the purification of the blood, and in his ignorance is constantly converting into a means of poisoning all the system organs.

Perhaps there is no more startling proof of utter ignorance that exists the laws of health than is manifested in the construction of our houses. Halls, ante-rooms, dining-rooms