

BLACK OFFICE GOWN

BY MME. GEBILE DILLON



In many offices and stores to dress in black is obligatory. This gown can be made of black satin—the kind with a wool back and which wears splendidly.

SHIPPING

Almanac for St. John, October 30. A.M. High Tide... 11.30 Low Tide... 6.16 Sun Rises... 7.06 Sun Sets... 5.10 Time used is Atlantic standard.

PORT OF ST. JOHN. Arrived Yesterday. Str. Oceano, 1238, Coffin, West Indies, Wm. Thomson Co. pass and general cargo.

SAILED YESTERDAY. Str. Governor Dingley, Clark, Boston via Maine ports.

CANADIAN PORTS. Sydney, Oct. 29—Ard, strms O. A. Knudson, Portland, Maine; Labrador, from fishing; Margaret Marie, from fishing.

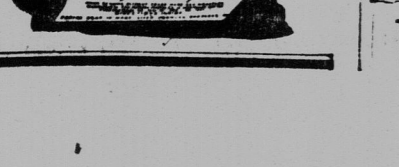
BRITISH PORTS. London—Ard Oct 28, str Shenandoah, St. John. Swanes—Ard Oct 28, str Leutra, Butler, from Sharpness.

A campaign for eugenic instruction for the young people of Montreal has been initiated by Dr. Louis Laberge, City Medical Officer, who will not, however, ask for civic co-operation.

Are you ashamed of your hands? How to make them soft and smooth. The reason your hands do not look like you want them to look is because you have neglected them.

Woodbury's Facial Soap. For sale by Canadian druggists from coast to coast.

Woodbury's Facial Soap. For 4c we will send you a sample cake. Write to the Ladies' Press Co., Ltd., 914 St. George St., Paris, Ontario.



RHEUMATISM KEPT HIM IN BED

Suffered Tortures Until 'Fruit-a-tives' Cured Him

McMillan's Corner, Ont., Sept. 20th, 1910. Your remedy, 'Fruit-a-tives' is a perfect panacea for Rheumatism. For years, I suffered distressing pain from Sciatic or Sciatic Rheumatism, being laid up several times a year for days at a time.

A wedding performed in Lee recently was peculiar in that both bride and groom were seventy-five years old, and both had been married twice before.

TIZ Makes Happy Feet

Four Feet Glow With Joy and Delight in a Glorious Foot-Bath of TIZ.



TIZ Made Us the Jolly-foot Boys. TIZ Made Us the Jolly-foot Boys. Make your tired feet happy in a quick TIZ foot-bath. It draws out the ache and agony from every waste-clogged pore.

PLAYGROUNDS

A Lesson in Report of Secretary of Parks and Playgrounds Association of America

(Toronto Globe). There is a lesson for Toronto as well as for Montreal in the report of Miss Julia Schoenfeld, secretary of the Parks and Playgrounds Association of America, on the recreation facilities of Montreal. The Canadian Municipal Journal contains a synopsis of the report which should be read by everyone interested in child welfare.

Table with columns: City, Percent of Park Area, People age of Park to Acre to Total of Park Area.

While in Rochester over ten per cent of the total area is devoted to park purposes, less than four per cent is so set apart in Toronto. Our only consolation is that we are not as our big sister on the St. Lawrence. There, as Miss Schoenfeld points out, in the crowded portions where the poor live, most of the houses have little spaces in the rear, just enough, generally speaking, for clothes-lines, and here at all for play.

The lesson to be learned from Miss Schoenfeld's survey is obvious. We must have playgrounds so plentifully distributed throughout the city that there will no longer be excuse for street play or for the haunting of lanes and dark corners by boys and girls.

WOMEN TEACHERS' PAY. Archbishop Bouchard, addressing a meeting of school commissioners in the Christian Brothers' College at Longueuil yesterday on Monday said that the minimum salary of women teachers should not be less than \$200, and in this His Grace was supported by Boucher de la Bruere, superintendent of education, and Inspector-General C. J. Magan. Mr. de la Bruere said that the government was willing to give financial assistance to commissioners that paid their teachers \$200 or more.

Daily Hints For the Cook

Grape Lemonade. To one quart of lemonade, made rather sweet, add a tumbler of pure grape juice. Delicious. Cookie Filling. One cup cooked prunes, chopped, half cup prune syrup, one heaping tablespoon currants, one teaspoon flour. Cook until it thickens (use brown sugar when cooking prunes).

HOW TO DO IT

A 'Man Doctor' uncharitably declares that women do everything rather less perfect than men. They don't cook so well, they don't make dresses quite so well, they don't (so we have heard, though the medical accuser is dumb on this point), trim hats quite so well as a man who sets himself to millinery.

DEFINITE STATEMENT THAT EMPRESSES WILL NOT COME TO ST. JOHN

'So far as the Empress steamers are concerned, it is settled that they will not come to St. John this year,' said H. McD. Duff, assistant manager of C. P. R. steamships, who, with a party of other C. P. R. officials, arrived in the city yesterday morning from Halifax and left last evening for Montreal.

When asked last evening how the facilities at this port compared with those of Halifax, Mr. Duff replied: 'I will not say that the facilities at Halifax are any better than those at this port,' and he emphasized the word 'port,' but I will say this, that the accommodations in this port is not sufficient for the volume of traffic which is bound to come here this winter. I am sorry to see that the grain conveyors have not been completed to berth 6 and 8, but can assure you that the C. P. R. is not to blame for that.'

Mr. Duff then said that it had been practically decided that the Empress

GILLETT'S LYE

The Standard Lye of Canada. Has many imitations but no equal. CLEANS AND DISINFECTS 100% PURE.

boats would not come here this winter. 'So far as next winter is concerned,' I said, 'I can say nothing, as no arrangements have yet been made.'

Advertisement for DY-O-LA dye, featuring an illustration of a woman and the text 'THIS IS A HOME DYE THAT ANYONE CAN USE. USE THE WANT AD. WAY.'

FURNITURE For Library or Den

We carry a large and varied stock in Golden Oak, Fumed and Mission. Library Table in Mission Finish, has 4 large 4 in. posts, double drawers and magazine racks. A very massive table. Price \$16.50.

J. Marcus, 30 Dock St.

GET RID of the Dirt from BASEMENT to ATTIC with Old Dutch Cleanser

Old Dutch Cleanser. MANY USES AND FULL DIRECTIONS ON THE BOTTLE. 10¢.

NERVOUS PROSTRATION

Severe Case of a Philadelphia Woman—Her Symptoms.

Philadelphia, Pa.—'I had a severe case of nervous prostration, with palpitation of the heart, constipation, headaches, dizziness, noise in my ears, timid, nervous, restless feelings and sleeplessness.'

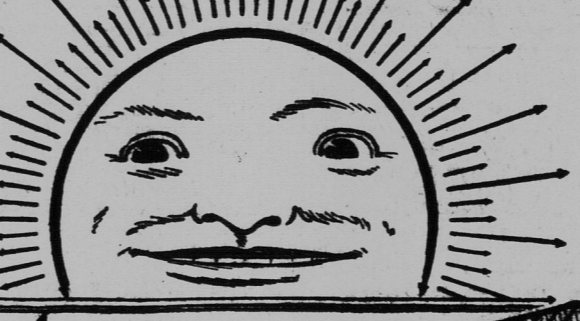
'I read in the paper per week a young woman had been cured of the same troubles by taking Lydia E. Pinkham's Vegetable Compound so I threw away the medicine the doctor left me and began taking the Compound. Before I had taken half a bottle I was able to sit up and in a short time I was able to do all my work. My medicine has proved itself able to do all you say it will and I have recommended it in every household I have visited.'—Mrs. MARY JOHNSTON, 210 Sigel Street, Philadelphia, Pa.

Another Bad Case. Ephrata, Pa.—'About a year ago I was down with nervous prostration, was pale and weak and would have hysterical spells, sick headaches and a bad pain under my shoulder-blade. I was under the care of different doctors but did not improve. I was so weak I could hardly stand long enough to do my dishes.'

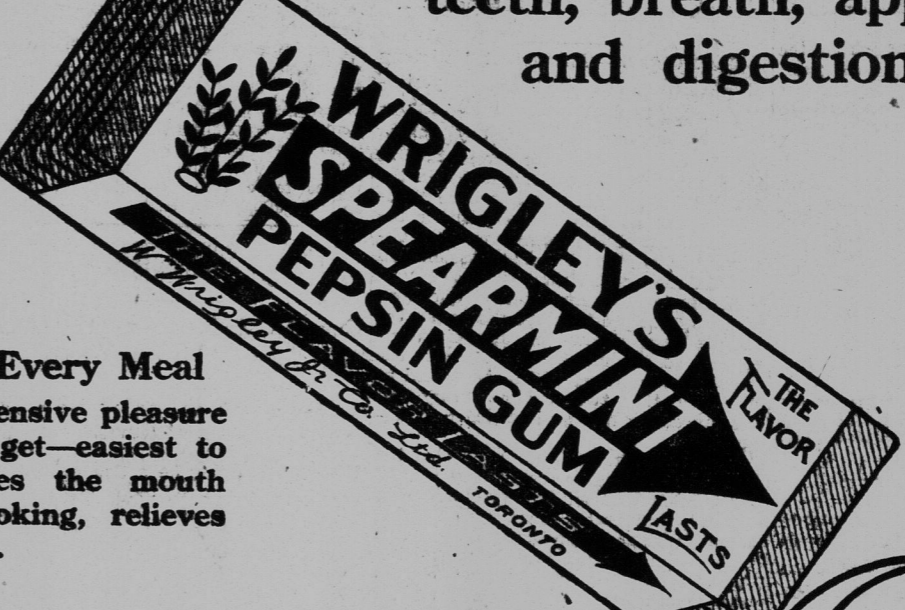
'Lydia E. Pinkham's Vegetable Compound has made me well and happy and I have begun to gain in weight and my face looks healthy now.'—Mrs. J. W. HORNBERGER, R. No. 3, Ephrata, Pa.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

From Sunrise to Moonrise The Flavor Lasts



The fragrant, lasting mint leaf flavor refreshes your mouth, soothes your throat and improves teeth, breath, appetite and digestion.



Chew It After Every Meal. It's the most inexpensive pleasure known—easiest to get—easiest to carry. It refreshes the mouth before or after smoking, relieves heartburn instantly.

BUY IT BY THE BOX. Look for the spear. Avoid imitations.

Made in Canada. Wm. Wrigley Jr. Co., Ltd. 7 Scott St., Toronto.

