

It is not
what you
eat—

but what you
assimilate
that does you
good.

Bovril has the wonderful power of making other foods more nourishing. This was proved by Professor Thompson, of Dublin, in independent experiments carried out at the request of a Government Department.

BOVRIL STANDS ALONE.

Canada Food Board, Licence No. 12-442

Telephone Men In Conference

The opening sessions of the fifth conference of the district superintendents of the New Brunswick Telephone Company, Limited, were held in the head office of the company here yesterday. Ten superintendents from various towns throughout the province were present and exceptionally good meetings were held. At both the morning and afternoon sessions addresses were delivered by several of the officials of the company.

At the morning session the opening address was given by O. J. Fraser, the general superintendent, who welcomed all the visiting district superintendents and outlined the work before them at the conference. H. P. Robinson, the managing director, then gave a very interesting address on "Our Organization—Its Aims and Purposes." A. W. MacKinn, the secretary-treasurer, next gave a very instructive talk on "An Employee's Duty to His Employer, and dealt in a very thorough manner with many of the present day problems along that line. The next address was on "The Policy Regarding Development," and was given by O. J. Fraser, the general superintendent, who in a very pleasing and interesting manner pointed out the many necessary things that must be accomplished to ensure the proper development of the company. The last address for the morning was on plant construction and was given by J. E. Marshall, superintendent of construction.

The afternoon session was opened by an address on the "Necessity of Plant Maintenance," which was given by L. B. Mitchell, district superintendent. Another very instructive talk on Maintenance was given by J. E. Marshall, superintendent of construction. The importance of systematic effort on collections was very thoroughly dealt with by N. E. Moore, the accountant, who pointed out all the benefits to be derived from systematic discussion of the subject in hand, showing the keen interest of all present in the proceedings.

At the close of the morning session the conference met in Bond's banquet hall for lunch, after which Lieutenant F. J. Nisbet, district superintendent for the St. John section, gave a very interesting talk on his experiences in army signalling and telephoning. Lieutenant Nisbet has just returned to his duties as district superintendent after several years' service in the war. His talk was especially interesting as he was able to draw vivid com-

parisons between the military equipments and methods and ordinary telephone plan and practice.

After the afternoon session the men enjoyed a bowling contest in which the visiting team, under Captain Lutz, won from the home team, under Captain Skinner, by a score of 1068 to 1019, while another visiting team under Captain Harris won from the home team under Captain Moore, by the score of 1068 to 1046.

In the evening all the members of the conference attended the entertainment at the Opera House. The visiting superintendents are as follows: F. T. Atkinson, Moncton; Frank Harris, Fredericton; Willard Lewis, Newcastle; R. Boss, Bathurst; B. W. Moore, Andover; W. Stone, Woodstock; L. B. Mitchell, St. Stephen; Joseph Morris, Sussex; J. L. Hutchinson, Richibucto, and John Lutz, Sackville.

TO MAKE GERMANY REALIZE POSITION

Paris, Feb. 12.—Although no official communiqué of the meeting of the supreme war council was issued this morning, the Havas Agency understands that the council decided to place Germany in a military situation where it would be impossible to recommence hostilities. It is pointed out that the enemy countries are preserving war material, permitting them to equip very rapidly an army of at least three million men.

The council decided secondly, according to Havas, "to make Germany realize that we are the conquerors and that it is not a 'white peace' that we are seeking to impose on her."

In case Germany submits with good grace, continues Havas, it is possible that the Entente would facilitate the resumption of the Entente's work of peace for the benefit of Germany. The council also had to examine the demand by the Poles that a clause be introduced into the armistice that the agricultural machinery stolen by the enemy should be restored.

The council's programme also contained questions of effects and the raising of the blockade concerning Turkey and Bulgaria.

Miss Nellie McKee, of 47 Rock street, received word from Ottawa recently that her nephew, Harry J. MacDonald, of the 4th Siege Battery was dangerously ill with pneumonia. When last heard of he was in Belgium and the telegram gave no information as to his present whereabouts.

Mrs. Lawlor Is First President Of Institute

There was a large gathering of St. John housewives in the Knights of Columbus Hall last evening when a Women's Institute was formed. Mrs. J. W. Lawlor presided. Misses Lynch, Brennan and Hogan furnished delightful music. Miss Helen Leer Ried spoke of work in the United States and Mrs. Ordway on Maplin.

In a stirring address Mrs. Lawlor said that the Housewives' League had decided in favor of becoming a Women's Institute in order to gain that unity which is strength and had banded itself with the other institutes throughout the province, that all together might have the power to demand what women needed. She spoke of the need for a meeting place for the women's organizations, thanking the Knights of Columbus for their never failing generosity in this respect, and went on to say that the women of St. John were almost organized to death and that the institute did mean to further split up women's work but rather meant to include every line of work. Its motto, "For Home and Country" indicated its aim, the teaching of the art of homemaking, the highest calling on earth and the foundation of all reforms.

The election of officers resulted in the following appointments: President, Mrs. J. W. V. Lawlor; 1st vice, Mrs. Edmund Flewelling; 2nd vice, Mrs. Coughlan; 3rd vice, Mrs. Walter H. Golding; 4th vice, Mrs. W. E. Raymond; 5th vice Mrs. A. S. Hart; recording secretary, Mrs. Marcus; corresponding secretary, Miss Josephine Lynch; treasurer, Miss Marion Hogan; members of the directorate, Mrs. Arthur Burditt, Miss Josephine Durick, Mrs. John Slack, Mrs. Matthew Adams, Mrs. James McCarthy, Mrs. Arthur Melrose, Mrs. L. Isaacs, Mrs. Hall and Miss Harrington.

In her address to the new institute its president asked for support and co-operation in order that the St. John institute might be the premier one in the province not only in numbers but in efficiency. Very many joined at last night's meeting. Mrs. Lawlor also spoke of the institute as taking on the indebtedness of the league and making the announcement that The King's Daughters had contributed \$5 for this purpose. She said that the monthly meetings of the institute were to be held in The King's Daughters' Guild and that it was proposed to hold short courses of instruction in domestic science, nursing, etc., and at the next meeting the deputy minister of agriculture for the province would be present to give full details of the opportunities available to members of women's institutes. He was unavoidably absent last night.

TRAINING FOR GIRLS

The St. John Co-operative Committee for the promotion of girl work held its first session yesterday afternoon in the Y. M. C. A. building with Mrs. F. H. Wentworth in the chair and Miss H. Clark officiating as secretary. The formation of this committee is the direct result of the recent conference in girls' work held at the Centennial school church and aroused so much enthusiasm in the girls, their friends, and teachers.

The committee is composed of two members of the Y. M. C. A., Miss H. Clark, superintendent from each of the Protestant churches and representatives from the Y. W. C. A. The first action of the meeting, yesterday, was to fix upon the name of the body and the one chosen is an excellent one.

A permanent executive committee was then appointed having one member from each of the denominations and one from the Y. W. C. A. The committee is as follows: Methodist, Mrs. John Howe, chairman; Presbyterian, Mrs. William Angus; Baptist, Miss Rae G. Flegwell; Anglican, Mrs. H. Hunter; Congregational, Mrs. C. G. Flewelling; Christian, Mrs. Appleman and Y. W. C. A., Mrs. J. A. McAvity.

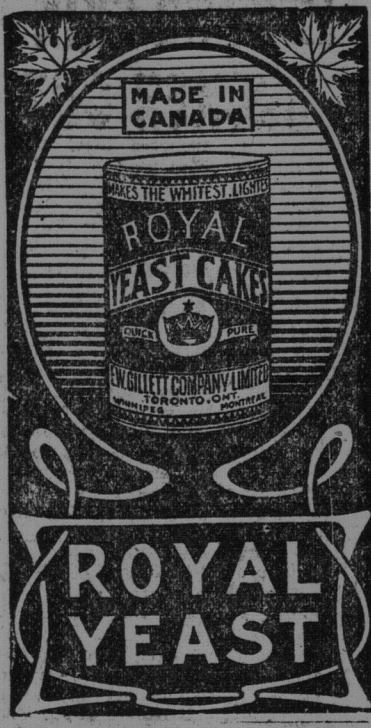
Three suggestions of a practical nature for girls' work were discussed. The first referred to establishing a course of training for leaders in work among girls of teen age. It was decided by the meeting that such a course should be established this spring and the following committee was appointed to take charge of the development of the scheme: Miss M. McKim, Miss Murdoch and Mrs. Hunter. The second suggestion was to the effect that a summer camp for girls should be arranged for the coming summer. The girls' cabinet, which consists of two girl representatives from each of the Sunday schools will meet today and at this meeting the question of the advisability of forming such a camp will be gone into thoroughly. No action was taken in the matter at yesterday's meeting as both this and the last suggestion, that statistics of the conditions affecting teen age girls in the Sunday schools should be compiled, were left over for further consideration at the next meeting.

RECENT WEDDINGS

Baker-Scott.
On Wednesday evening, Feb. 12, Wm. Alfred Baker, eldest son of Mr. and Mrs. Wm. H. Baker of Plaster Rock, was united in marriage to Isabella Scott, eldest daughter of Mr. and Mrs. E. H. Scott of 40 Main street, by Rev. J. A. MacKeigan at the manse, 72 Leinster street. After the ceremony Mr. and Mrs. Baker returned to the bride's residence, Main street, where a reception was given in their honor. They were the recipients of many beautiful gifts, including silverware, china, cut glass and a purse of gold. Mr. and Mrs. Baker will reside at 40 Main street.

A cablegram received by Mrs. R. T. Mawhinney of Mac's Bay, announces the marriage of her son, Gunner Harris H. Mawhinney and Margaret B. Mayes on February 1 in Glasgow, Scotland. The ceremony was quietly performed in the home of the bride's mother, 774 Rutherglen Road. The happy pair left on a trip through Scotland and Ireland. Gunner Mawhinney is a member of the original 7th C. S. B., and a host of friends will tender best wishes.

Dry Navigation.
Senator Penrose, discussing the Cape May thoroughfares, once told of a conversation he had with a Cape May skipper. Amazed at the way they were skimming through the creeks but an inch or two deep, he said:
"I suppose, Captain, that you think nothing of sailing across the meadows when there has been a heavy fall of dew?"
"Right you are," said the captain, "though occasionally we have to send the men ahead with a watering can."—Boston Transcript.



Your hands are in your pockets most of the time these days. Wear Ballantyne's Scotch Kait Gloves this winter and if your hands are still there it won't be because of the cold. And they'll enable you to beat out "rising prices" in regard to gloves.

Ask for Ballantyne's. R. M. Ballantyne, Limited, St. John, N. B.

ANGELICAN SYNOD

Montreal, Feb. 12.—Religious work and social work on behalf of boys and girls was the chief topic discussed at today's session of the Anglican synod, which Rev. Bishop Farthing presided. It appeared from the discussion which ensued upon the Sunday schools report presented by Rev. J. E. Fee that the difficulty of getting good teachers was just as great as in primary and day schools. Further it was complained that this work was falling entirely into the hands of women teachers, and one speaker pointed out that growing boys wanted something of the virile element in their instructions.

The report of the treasurer, Mr. Edward C. Pratt, showed that the total sum administered by the synod was \$127,216.50, an increase of \$16,702 on the previous year.

SMOKE MACDONALD'S INDEX

The following have been appointed retail licensees under the intoxicating liquor act, 1918: C. A. Burchill, A. J. Ryan, C. F. Chestnut, Alonzo Staples, Hunt and McDonald, Fredericton; Geo. O. Spencer, Walton Kierstead, J. McD. Cook, A. E. Holstead, Moncton; W. C. Wilson, West St. John, Robert W. Hawker, St. John.

Tilman A. Cormier, paravet of Sackville, merchant, has made an assignment to Newton Killam, high sheriff of Westmorland county, for the benefit of his creditors.

The Carleton Curling Club, West St. John, Ltd., has been incorporated for the purpose of conducting the association heretofore known as the Carleton Curling Club, a social body. The company will have no capital stock, but will have transferred to it the rink and grounds now used by the club. Forty-seven members of the club are incorporated.

Albert T. Hinton, Mrs. Emily Mary Hinton, Harold A. Hinton, Edith E. Hinton and Ella H. Hinton, all of the town of Bathurst, have been incorporated as Hinton's Limited, to purchase and take over the retail business heretofore carried on in Bathurst by Albert T. Hinton. The company is empowered to carry on a general business. Capital stock is \$20,000, and head office is at Gloucester.

Dr. Clifford: "The electorate recognized the prime minister's greatness. They admired his surprising genius, and rejoiced in the splendid achievements of his career; but many were afraid of the company he kept."



Ask your grocer what the coffee drinker turns to when he makes a change.

INSTANT POSTUM
so completely takes coffee's place in flavor, satisfaction & appearance as to cause no loss of pleasure.

No Caffeine in INSTANT POSTUM
"There's a Reason"

WRIGLEY'S

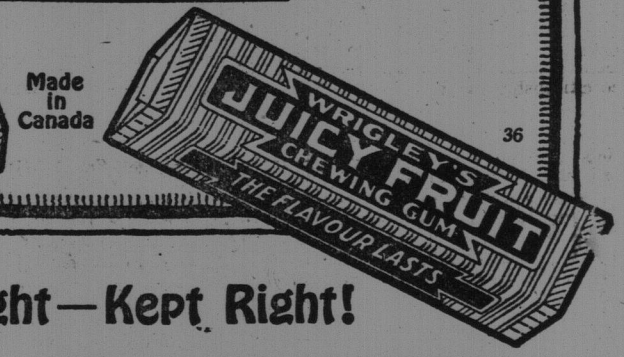
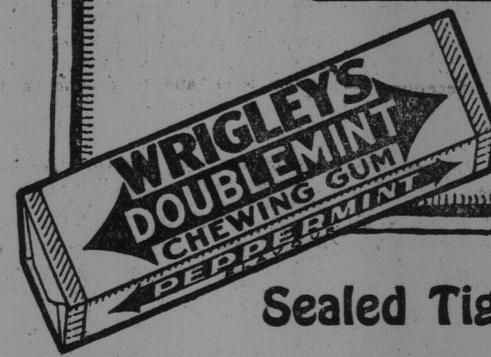
In the
sealed
package



All of its goodness
sealed in—
Protected, preserved.
The flavour lasts!



ASK for, and be SURE
to get WRIGLEY'S. It's
in a sealed package, but
look for the name—the
Greatest Name in Goody-Land



Sealed Tight—Kept Right!

A VICTORY TEA

A Victory tea was held last evening in the rectory of the Church of the Good Shepherd, Fairville, by the Girls' Branch of the Women's Auxiliary. It is estimated that more than 250 people enjoyed the hospitality of the girls. The dining table looked charming, trimmed with

red and white and carnations were used to very good effect in a most pleasing decorative scheme. The reception committee consisted of Mrs. J. J. Dunlop, Mrs. W. P. Dunham and Mrs. Bender. Mrs. William Meynell attended the door and Mrs. Harry Baird and Mrs. R. Dole poured the tea. The waitresses were Mrs. Percy Manchester and the Misses Smith, Olga McGuire, Edith Warren and Mary

McLeod, assisted by Mrs. McGuire. The home cooking was in charge of Mrs. H. Arbo and William Baxter, and the fancy tab presided over by Miss Grace Ann and Mrs. Sherman Keithing. The tea was a pronounced success in every way and as the result of the tea and very substantial amount will be for the W. A. funds.



The biggest thing in the way of laundry soap is Gold Soap. It is as good as laundry soap can be. It is bigger, weighs more, and lasts longer than any other cake at the price. When you buy it compare the size. When you use it compare the quality.

Gold Soap is made in the Procter & Gamble Factories at Hamilton, Canada

Gold Soap
The Big, Good Laundry Soap



HAVE BEAUTIFUL FLOORS

THE O-Cedar Polish Mop treated with O-Cedar Polish assures you of these results:
A hard, dry clean surface—that will not get gummy or collect dust—all the beauties of the wood are brought out, leaving a lasting lustre. Preserves varnished and painted surfaces and linoleums.

O-Cedar Mop
Polish

Eliminates bending and reaching; also saves time. You can easily keep floors clean and sparkling by frequently using an O-Cedar Polish Mop—obtainable in either round or triangle shape—price \$1.50. O-Cedar Polish is sold in various sized packages from 25c to \$3.00. You will find both polish and mop at any Grocery or Hardware Shop.

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