

- pays for a medical escort (doctor or nurse) to accompany you during evacuation;
- covers premature births and related neonatal care, as needed;
- clearly explains deductible costs (plans with 100 percent coverage are more expensive but may save money in the long run);
- covers preparation and return of your remains to Canada if you die abroad (in most cases, costs will exceed plan coverage);
- covers emergency dental care;
- covers emergency transportation, such as ambulance services; and
- doesn't exclude or significantly limit coverage for certain regions or countries you may visit.

Immunization and malaria prevention

When travelling, you may be at risk for a number of illnesses that can be prevented by immunization. As you age, your vaccine-acquired protection against many illnesses may decrease or your risk for getting certain diseases may increase. Your pre-travel health assessment provides an opportunity to review your immunization history, get you up-to-date according to your provincial/territorial vaccination program and assess your needs based on where you plan to travel, what you plan to do and your own individual health concerns. Additional shots may be recommended depending on your age, anticipated travel activities and local conditions. Remember that prevention of infection through immunization is a life-long process.

