CANADA

MEDICAL · RECORD

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Original Communications.

ARTIFICIAL LIGHTING OF PUBLIC BUILDINGS AND PRIVATE HOUSES, AND ITS EFFECTS UPON THE HUMAN EYE.

In three parts, with Illustrations.

(Continued.)

II. VISUAL DIFFICULTIES.

By CASEY A. WOOD, M.D.,

Professor of Ophthalmology in the Chicago Post Graduate Medical School; Oculist to the Passavant Memorial Hospital, Chicago.

Those who did me the honor of reading the first of these articles will understand that the use of the eyes for near work involves uninterrupted efforts at accommodation, and means the expenditure of a considerable amount of muscular and nervous force. Efforts of this sort, tiring as they are for the eyes and the nervous system, should be seconded by every appliance known to science, unless weak eyes and the near work are always to go hand in hand. From investigations of the subject I find that about one-third (rather more than less) of all bookkeepers, stenographers, clerks,