THE BEST ANTISEPTIC FOR Both Internal and External Use. ISTERINE

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Urinary Calculus, Gout, Rheumatism, Bright's Disease, Diabetes, Cystitis, Hæmaturia, Albuminuria and Vesical Irritations generally.

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St. Louis, Mo., U. S. A.

GOUT_

DIETETIC NOTE .--- A mixed diet should be adopted, the nitrogenous and saccharine articles being used in limited amounts.

Allowed .-- Cooked fruits without much Allowed.—Cooked rules without much sugar, tea and coffee in moderation. Alcoholic stimulants, if used at all, should be in the form of light wines, or spirits well diluted. The free ingestion of pure water is important. Avoid.—Pastry; malt liquors and sweet wines are veritable poisons to these patients

patients.

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