

We are endeavouring to increase the productiveness of the soil; birds will assist in doing this by destroying those agencies, namely, insect pests which decrease the amount produced.

The quantity of insect food consumed by birds is almost incomprehensible, but the facts set forth by various investigators on this continent and in Europe give us some idea of the extent to which insects go to make up the diets of birds. Insects constitute 65 per cent. of the total yearly food of woodpeckers, 96 per cent. of that of fly-catchers, and 95 per cent. of the yearly food of wrens. Upwards of 5000 insects have been found in a single bird's stomach. The value of the birds is increased by the fact that at the time when insects are most abundant birds are most active and require most food, especially animal food, to feed their young. A bird normally requires a large amount of food owing to its active habits and high temperature, all of which bodily functions demand a constant and plentiful supply of fuel in the shape of food. A young crow will eat twice its weight in food; a robin weighing three ounces was found by Nash to consume five and one-half ounces of cutworms in a day. It is calculated that a pair of tits and the young they rear will consume about 170 pounds of insect food during a year. These facts and others to be given later will indicate the enormous destruction of insect life that is accomplished by the presence of birds. They constitute one of the fortunate balances of nature. But man is constantly upsetting the balance. Woodlands are cut down and give place to open fields; snake fences give way to wire; subdivisions and town lots obliterate the waste places and often the swamps. All these circumstances tend to drive away the birds formerly resident and breeding in such localities. Then outbreaks of injurious insects occur and their depredations are increased and prolonged by reason of the absence of such important enemies. Therefore, our aim should be to restore the balance by attracting the birds back to our parks and natural reservations.

Not only do birds destroy insect pests, but they contribute to the destruction of weeds. Certain species of our native sparrows are large consumers of such weed seeds as bindweed, lamb's quarters, ragweed, amaranth, pigeon grass, etc. Judd records the result of the examination of over 4000 stomachs of twenty species of sparrows. It was found that for the entire year weed seeds form more than half their food, and during the colder months of the year these seeds constitute about four-fifths of the food of many species. A single bird will often be found to have eaten 300 seeds of pigeon grass or 500 seeds of lamb's quarters or pigweed. Beal estimated that the tree sparrow may consume one-quarter ounce of weed seed per day, and on that basis, in a state