

What we call evil we see to be only incompleteness, an ignorant use of that which is in itself good. The non-recognition of evil should take away all fear. If universal goodness is the law, and if love is the infinite and eternal energy that controls all, what is there that the spirit of man can fear? The non-recognition of evil should also take away selfishness. If Infinite Love is doing for us everything that Infinite wisdom and power can do, why need our self-love mar the plan and exclude us from harmony? When fear and selfishness are gone, there is no place left for anxiety. Then indeed we may begin to live harmoniously, and harmony is not only happiness, but health and that wholeness of being which includes the full and free use of all our powers.

Some may doubt that in such a way as I have indicated we may attain physical health, and full, rounded, happy lives. I can only say, however, that such a position is strengthened and proved by the experience of thousands who have come to that turning point in their lives, from which time they begin to look within for the source of all their troubles, and begin to recognize that the kingdom of God in a very practical and every-day way, must be established in their thought world before the "all things" that are promised may be added. Surely disease, discord, poverty and incompleteness of every sort have no place in the kingdom of God; the kingdom of God is the ideal of all that is good. Imperfection is good in its place, but the soul that rests in it has no true conception of the nature and destiny of man. The scientific world, too, is coming to a recognition of the interior forces at a wonderfully rapid rate. Experimental psychology is proving the power of thought in the laboratory and dissecting room. Therapeutics is recognizing more and more the dynamic force of the feelings, the emotions, upon the body for good or ill. The ideas we

have in mind are ever expressing themselves upon the body. Almost all our vital activities are controlled by the subconscious mind, which is the great store-house of ideals and memories. To the tendencies and beliefs which we inherit, we add pictures of disease and of various evils by dwelling upon them and believing in them and accepting them. Thus, we bring into our lives fear and anxiety, and the expectation of weakness and disease, by which means all healthful and normal nutrition is interfered with. What we call the vital forces (which are really an expression of confidence, faith and love) lose their control and are displaced in some organ by fear. The tissues of that organ are not nourished, and decay is the result. Waste products are formed and we have inflammation, and what is called illness of some sort will follow. We might multiply examples, many of which are recorded in the annals of medicine, showing the origin of disease from the inharmonies of mind and soul, but I shall not attempt this; I do not like to encourage the seeking for signs.

The recognition of the true nature of the Inner Light as a witness of the Divine nature in man, brings with it a faith and belief which will be all sufficient to the healthful and happy ordering of our lives if we build our thought world from such a basis and abide therein. This knowledge takes away the eagerness of desire and makes us calmly confident. It will bring that recognition in ourselves and others of all that is good and beautiful, and recognition brings expression.

I cannot but think that this was the basis of the wonderful work that Jesus did while in the flesh. He recognized his conscious union with the Father. With an optimism that was ever unshaken he recognized the inherent goodness and wholeness of the sinful and sick about him, and with his word of command he brought these qualities forth. He said: "Greater things than