

# TOTEM OF HEALTH

This remarkable product is the precipitate obtained by evaporating the water of the

WONDERFUL

MEDICAL LAKE MINERAL SPRING

Spokane County, Washington Ter.

It is not a quack nostrum, or patent humbug of unknown ingredients and doubtful virtue, but is

## NATURE'S REMEDY

pure, potent and peerless, and has cured more people, and of more varied forms of human ailments, than anything ever offered the public.

THE CURES OF

**RHEUMATISM,  
DYSPEPSIA,  
INDIGESTION,  
PARALYSIS,  
KIDNEY AND LIVER  
DERANGEMENTS,**

and all forms of diseases of the blood and skin, that have resulted from its use are most miraculous.

IT IS AN

## Indispensable Family Remedy

good for almost every purpose, the cheapest and the best. It has full directions for use and we will return any FORESTER his money, who buys a box, uses it in accordance with directions, and does not find it EVERYTHING WE CLAIM FOR IT.

**ONE DOLLAR BY MAIL,**

sufficient to Medicate 20 gallons of water. Ask your Druggist for TOTEM OF HEALTH, or address

**E. S. McGomas & Co.,**

PROPRIETORS

208 Dundas St. LONDON, ONT.

34 York St., Toronto.

AGENTS WANTED.

**A POSITIVE CURE  
FOR ALL DISEASES  
OF THE LIVER.**



## SICK HEADACHE

Positively Cured by These Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, and TORPID LIVER. They regulate the Bowels and prevent Constipation and Piles. The smallest and easiest to take. SUGAR COATED. PURELY VEGETABLE. Do not gripe or purge. Their gentle action pleases all who use them.

**SMALL PILL, SMALL DOSE, SMALL PRICE.**

## TO ADVERTISERS!

For a check for \$20 we will print a ten-line advertisement in One Million issues of leading American Newspapers and complete the work within ten days. This is at the rate of only one-fifth of a cent a line, for 1,000 Circulation! The advertisement will appear in but a single issue of any paper, and consequently will be placed before One Million different newspaper purchasers; or FIVE MILLION READERS, if it is true, as is sometimes stated, that every newspaper is looked at by five persons on an average. Ten lines will accommodate about 75 words. Address with copy of Ad. and check, or send 50 cents for Book of 256 pages.  
GEO. P. ROWELL & CO., 108 SAUCE ST., NEW YORK.

We have just issued a new edition of our Book called "Newspaper Advertising." It has 256 pages, and among its contents may be named the following Lists and Catalogues of Newspapers:—

**DAILY NEWSPAPERS IN NEW YORK CITY** with their Advertising Rates.

**DAILY NEWSPAPERS IN CITIES HAVING** more than 100,000 population, omitting all but the best.

**DAILY NEWSPAPERS IN CITIES HAVING** more than 20,000 population, omitting all but the best.

**A SMALL LIST OF NEWSPAPERS** in which to advertise every section of the country; being a choice selection made up with great care, guided by long experience.

**ONE NEWSPAPER IN A STATE.** The best one for an advertiser to use if he will use but one.

**BARGAINS IN ADVERTISING IN DAILY NEWS-** papers in many principal cities and towns, a List which offers peculiar inducements to some advertisers.

**LARGEST CIRCULATION.** A complete list of all American papers issuing regularly more than 2,000 copies.

**THE BEST LIST OF LOCAL NEWSPAPERS,** covering every town of over 5,000 population and every important county seat.

**SELECT LIST OF LOCAL NEWSPAPERS,** in which advertisements are inserted at half price.

**5,472 VILLAGE NEWS-** PAPERS, in which advertisements are inserted for \$2.15 a line and appear in the whole lot—one-half of all the American Weeklies took sent to any address for **THIRTY CENTS.**

