

The dawn of "More Bread and Better Bread" arrived the day the sun first shone on

10 years of better home-made bread.

"MORE BREAD AND BETTER BREAD"

## COUNTY AND WARD OFFICERS FOR 1917 MUNICIPALITY OF ANNAPOLIS

Elliott, James Fritz, J. L. Baker, J. O. Neily, G. A. Watten, J. L. Bent, B

Road Surveyors No. 2

Road Surveyors No. 17

3—Géo. Burbidge. 4—Clifford Wright. 5—L. R. Parish.

-Charlie Dodge

10-William Clark.

14—Guy Craig. 15—Albert Balsor.

25—John MacAndrews 26—C. W. Barteaux

Officers for Polling Districts Nos.

and 18.

Burke. Barrel Inspectors—Charles Balcom Edward Marshail, Joshua Sabean.

Inspector of Hides and Leather

1—Chas. Peters 2—Rupert Balcom 3—Aubrey C. Freeman 4—Frank Balcom

-Frank Ward.

-Joel Whitman

-Joseph Elliott.

-Frank Mosher

24-Allister Banks

Road Surveyors No. 18

and No. 19

Presiding Officer-Clarence No. 4-

COUNTY OFFICERS Warden-W. G. Clarke. Municipal Auditors-Fred Shaffner, standent of County Hospital

Superintendent of County Home-John Myers.

Jailor—Miles McMillan.

Board of Revision and Appeal—

Archiba

A. Rice, F. H. Willett, L. R. Archibald Committee Ferry Slips— Ansel Casey, Samuel C. Shaffner, C. C. King. Standing Committees

Finance—Elias Rawding, A. D homas, Isaac Coulstan and Treas Bishop, J. C. Grimm, Edgar C. Shaft ner, Clerk.

Assessment-Eri Neily, W. A Mar shall, C. L. Piggott. Road Returns-Myers Gibson, S. C. Insane—J. I. Foster, Ansel Casey, LeBarron Troop. Arbitration—Warden, Treasurer, F. W. Bishop, A. D. Thomas.

Lists of Officers for Polling Districts No. 1 and No. 26

Presiding Officer— A. P. Bowlby. Deputy Presiding Officer—J. A. Ba.

Sanitary Officers Charles Wiswell Board of Health-Charles Moody, H Harris, Parker Bent, Shippy Spur, S. A Patterson.

in MacLean, N. P. Wood, Dimock Spidle, H. T. Clem, Lemuel Mapplebeck. Fence Viewers—S. A. Patterson Morris, Lewis Merry. Constables-Charles Roache, Arthu Downie, Burbridge Harris. Inspector of Fruit Trees—James Iartin, S. A. Patterson, C. C. Chute, Asa B. Fales, D. H. MacLean.

Inspector of Lumber—George Carey, A. M. Wiswell, William Nixon.

Inspector of Bark—A. M. Wiswell, William Nixon.

Inspector of Bark—A. M. Wiswell, Bark—A. M. Wiswell,

Inspector of Bark-A. M. Wiswell. Wood Surveyors-Claude Balcom, E James Martin. Assessors-Reis Baker, George E.

District Clerks-Frank Atchison, George Brown,

Road Surveyors No. 1.

-Albert Gordon. -D. M. Outhit.

-Avery Patterson -Aubrey Morris -Amos Fales -William Spurr. 21—George Brown. 22—George Clark.

Charles Baker Road Surveyors No. 26 5 Charles Harris

-John Hudgins Adelbert Weaver 11-Owen Little 13—William Nixon.
13—William Nixon.
14—Clifford Downie,
15—William Weaver.

Officers for Polling Districts No. 2 and 17.

Presiding Officer—J. H. Neily. Reputy President Officer—R. Overseers of the Poor—C. H. Wright, Overseers of the Poor—C. H. Wright, Frank Fales, Melbourne Donelly.
Nursery Stock Inspectors—C. W. Daniels, Harry Parish, Frank Crawford, W. G. Craig, Edward Bent.
Inspectors of Lumber—W. K. Beals, John Anderson, M. Whitman, J. ors of Barrels-A. C. Ches

Inspectors of Barrels—A. C. Ches-ley, Joseph Mosher, J. S. Marshall Jacob Slocomb, J. L. Neily, Edward Wood Surveyors-G. A Weaver, J Wood Surveyors—G. A Weaver, J. G. Reagh, E. T. Hawksworth, Fred May, W. W. Banks, Charlie Harris, Frank Crawford.
Inspector of Hides and Leather—Leslie Bruco, P. F. Young, Geo. O'Neal,

Harry Bruce, G. B. Reed. Constables—Oscar Bruce, John E. Glocomb, James Woodbury, Geo. Foser, Jr., W. Bowlby, E. S. Dodge, A. Palmeter, Harry Parish, Charles Vard. Sanitary Inspector-John I. Phin

ney. License Inspector—Edward Mac

Kenzie.

Inspector of Bark—L. P. Bruce.

Ward Clerk No. 2—J. A. Dodge.

Ward Clerk No. 17—Geo. Foster Sr.

Apple Inspectors—E. L. Simms, W.
Mosher, Sr. P. C. Burke, N. Burbidge,

Byron Fritz, Henry Bent.

Cattle Reves—B. S. Wentzell, Assessors-E. V. Goldsmith, Edward Overseer of Poor-W. N. Stronach. Inspector of Nursery Stock—John Bath, A. Wheelock, C. Lawrence. Fence Viewers—James Gilliatt. Ewart Lantz, J. F. Titus. Board of Health-A. O. Price, Pound Keepers-Geo. Green, Elmer

homas Kelley, Stanley Marshall, Charles Merritt, E. M. Berry, Harry Corris Mitchell, Major S.ocomb.

Sanitary Officer—L. Fash.
Pound Keepers— Bradford Poole eslie Strong, W. O'Neil, L. Hail, Judon Chute, J. Gilliatt, George Munroe.
Cattle Reeves—Lamont Saunders, D. dessenger, Chas. Feindell, L. Kelley, Cattle Reeves—C. E. Eisenhauer, Frank Sproule, Jeffrey Veinott, Manning Nichol, W. H. McFadden, Jacob Cress George Berry George Walker.

Constantes—J. R. Bewitt, C. H. Poole, C. Young, E. A. Craig, J. Myers, George Snow, Joseph Marshall.

Apple Inspector—B. Eisnor.

License Inspector—L. D. Brooks. Snow, Bradford Poole.

Road Surveyors No. 4 1-B. Gillis -M. Kelléy -Eugene Saunders A. Wheelock

Judson Chute -Wm. Jones Road Surveyors No. 19 9-Chas. Milbury.

10 Melbourn Sanford 12 David Hall 13 Clinton Collins 14 Curtis Foster 15 Ruben Chute 16-Anson Mader

Officers for Polling District No. : Sanitary Officers-Andrew Walker

Fence Viewers A. D. Craig, John Balsor, A. T. Moore, A. U. Western E. Balsor, A. T. Moore, A. H. Wentzell, John Bent, Isaiah Bruce, T. Slack, Board of Health—Dr. F. S. Messen-ger, J. S. Marshall, David - Weaver, Edward Mosher, Lochard Hinds, L. J. Cattle Reeves—William Gregory Leonard Bent, John Harris, Edward Health Officers-John Wade, Simco fillett, Herbert Bent. Constables Norman Willett, Charl. Parker Alfred Gesner, Vernon Bent.

Howard Guest.

Surveyors of Logs and Lumber.

Arthur Troop, Charles Goldsmith.

Archie Bent, Edgar Bent.

Fence Viewers — Charles Hogan,

Sylvester Bent, Charles Kearns, Outhit White, W. D. Bent. White, W. D. Bent.
License Inspectors—Charles Withers, Arthur Bustin, Allen Steadman.
Overseers of the Poor—Watson
Bent, Horatio Gesner.
District Clerk —Arthur Troop.

Road Surveyors . 1-Walter Milbury

2-John Fraser 3-Archie Troop 4-Clifford Bent -William Woodward -Norman Dargie 17—W. B. Mosner. 18—Albert Woodworth 19—David Fritz 20—Audbury Lee. 21—John E. Slocomb 22—Benj, Barteaux -George Foster 9—Joseph Chute 0—Otis White

14—Edward Guest 15-Geo. Gesner

Officers for Polling District No. 6

Presiding Officer-Ralph J. Shaff-Presiding Officer-E. Wade. Deputy Presiding Officer No. 20-avid Milner. Deputy Presiding Officer-Young Assessors-Norman Berry, J. W Anthony.

District Clerk, Lawrencetown—

Iarence Bishop.

District Clerk, Port Lorne—Wildam Clarke,

License Inspector—H. H. Whitman. Overseers of Poor-James R. Hall. Fence. Viewers-Clarence Eaton, Chas. Longmire, Stephen Robinson, Ira Gilliatt, John VanBlarcom. Surveyors of Lumber— Clarence Croscup, Ernest Bohaker. Overseers of the Poor—D. Morse Balcom, Avard Wilson, Norman Healy. Hay Weighers—W. C. Parker, E. E.

Hay and Coal Weigher—James H. Apple Inspector—Arnold Eaton, B B tenhen Balcom, C. S. Covert, Perry

Ballas, Richard Sabean.

Fence Viewers—S. B. Hall, Fred Banks, Everett Sprowl, Minard Brinton, James Banks, Geo. Clarke, Harry Hills, Harry Mills, Ralph Chisholm, A. C. Hayes, John Armstrong, Gilbert Wagstaff, Jack Wagstaff, Paul Crostup, Chester Chisholm.

William Johnson Road Surveyors George Clarke, John Hayes, Howard Sabean, Everett Sprowl Horace Reed, William Morse, William Hall, Howard Corbitt, Clarence During, Geo. Corbitt-1-Samuel Longmire 2-William Hardy Firewards-(Lawrencetown) Charl -Ephraim Sarty -Ansley Hudson -Percy Robinson -William Halliday 9-Judson Longmire

Firewards—(Lawrencetown) chaires Lowell, S. E. Bancroft.
Firemen—J. B. Jegerson, Victor Whitman, L. H. Stoddart, Fred L. Bishop, Clyde Bishop, F. B. Bishop, E. Hall, Arthur Balcom, Paul Durling, Jahr, Stoddart ing, John Stoddart. Commissioner of Streets—Joseph Officers for Polling District No. 7 ssors-Amon Rumsey, Webb Presiding Officer-Joseph Anthon Road Surveyors No. 3

Haynes.
District Clerk—Daniel Cronin. Overseers of Poor-Elward Keans Board of Health—J. E. Rice, W. H Anthony, Geo. Gaetz.

Barrel Inspector—Ralph R. Bohaker
Cattle Reeves—Earnest McGrath
James W. Snow, Geo. Chisholm, James Reily, Edward Shafiner.

Pound Keepers— Chas. Budreau
Howard Burke, Arthur Chisholm
James H. Thorne, Elias Bent.

Pence Viewers—Chas. Budreau
Frank Mussels, Chas. McWhinnie
James Nelson, Horace Johnson, John
Liftlewood. Kelly, Edward Shaffner.

Log Surveyors - Fred R. Parker ames H. Thorne.
Lumber Surveyors—Albert Parker.
eo. Morrison.
Assessors—Samuel Melanson. Gil-

pert Shaffner. Road Surveyors. 1-Frank L. Hayden. —Spencer Merry —Fred R. Parker -Elias Bent 8-Chas. Talbert

Max Newcomb.

Deputy Presiding Officer—Sub Division No. 19, Hampton, Herbert Fos
Officers for Polling Districts No. and No. 27 Presiding Officers—C. F. Tuppe (District No. 27) Edward Barteaux.

Pound Keepers- Isaac Dukeshire,

Thomas Kelley, Stanley Marshall, Charles Merritt, E. M. Berry, Harry

lessenger, Chas. Feindell, L. Ketely, lessenger, Chas. Feindell, L. Ketely, length of the property of the prop Lumber Surveyors—C. F. Tupper Ozias Potter, G. W. Potter, M. C. Mc

Barrel Inspectors-Wm. V. Vroom lwin Pinkney, Board of Health—Herbert Hicks, M. McCormick, F. S. Jones, H. W. Dwe, G. W. Potter, (District No. 27) H. Henshaw, John D. Spurr, Frank nggles, Geo. E. Ditmars, C. E. Lent, Supervisor Public Landings—Charl-D. Ray Constables—Daniel Sproule, Ernest

urdy, J. E. Bent. Fence Viewers—J. F. Williams, R. V. Hersey, James Ditmars. Overseers of the Poor—C F. Tupper, Assessors—Augustus Purdy, H. W Inspectors of Licenses-J. L. Pot

, Corey G. Harris. Road Surveyors, District No. 8. Judson Ruggles.

James E. Bent.

Major Dukeshire,

H. W. Lowe

Avon Sanford -Awbrose Walker
-E. M. Berry
-Ralph W. Long
-E. M. Banks
-Melbourn Purdy.
-R. W. Hersey

-R. W. Caffrey os Frail. Road Surveyors District No 27 5-R C Long

-Myron Chute Ceo. E. Long Geo. E. Ditmars. Chas. Henshaw Robt. Spurr.

and No. 21.

Presiding Officer— (Bear River)

Pence Viewers—Alex Harris, Herbert Crosby, William LeCain, Alfred Spurr, (Perotte) Howard Bent, Avard Orde (Greywood) Alfred Woodbury, Caller River.)

J. Arthur Rice.

District Clerk—Polling Division 21, J. H. Robinson.

Pound Keepers—F. A. Reed, Augustus Copeland, W. R. Cambpell, Priestly Long, Albert Brown, Ernest Trimper Peter E. Wright, Albert Dunn, Zenas A. Sanford, W. D. Prop. Level.

A. J. Willis, (Allen River.)

Annong the recruits in Stirling, Ont. Is Wilfred Grover, an English boy. His father and six brothers are in active service, also five brothers of his father, all veterans of the South African war.

Constables—Enos Swallow, William (Clerks—William)

Ward Clerks—Wiley Grimm Lem.

Swells and six brothers a Ceter E. Wright, Albert Dunn, Zenas A. Sanford, W. D. Pyne, John Buckler, Gordon Campbell, Frank Scragg, Geo. D. Berry Wm. Oickle, Ozics Dares,

red Woodworth. Fence Viewers-Melbourne Ruggl-Edward M. Potter, Geo. H. Wright, Surveyors of Lumber — Henry right, W. P. Brinton, Geo. A. Kendy, Chauncey Parker, Louis Benson Log Scalers-W. E. Miller, Henry right, E. B. Parker, Chauncey Park-

right, E. B. Baeler, Winnie Gehue: Surveyors of Wood—A. B. Clark, V. P. Brinton, Geo. Kennedy. Sanitary Inspector—L. J. Lovett, M. Barrel Inspector-Wm. L. Ramsey. hodes.

Apple Inspector—Arnold Eaton, Borden Praser.

Barrel Inspector—William Hardy, Langley, C. F. Dunn, Frank Scragg.

Samuary Onicers—J. B. Hall, Fred

Samuary Onicers—J. Balliday.
Cattle Reeves—Clarence Eaton, RuH. Croscup.

Tender Bear River Bridge—George
H. Croscup.

Board of Health—W. W. Clarke, A.
B. Marshall, J. Arthur-Rice, Geo. T.
Tupper, C. O. Long, Lindley Sproule.
Benigh Duleshire.
Fire Wardens—Capt.) W. H. Troep

(Streets—Gran-Austin Halliselian)

Samuary Onicers—J. Arthur Beaton, Porsers—J. Arthur

Tender Bear River Bridge—George
H. Croscup.

Tender Bear River Bridge—George
H. Croscup.

Tonger Bear River Bridge—George

of Licenses-J. Arthur

Road Supreyors, District No. 9 McCormack Read Douglas -Joel Long 11-Edward McCormack 3—Frank Scragg 1—Geo. E. Langley 14—Welcome Thomas 25-Kenneth Sanford

Road Surveyors, District No. 21 -Asa O. Potter -Edv. M. Potter

-Geo. D. Berry -Jos. E. Dares Samuel Wright Maynard Huey
Lindley Sproule
Samuel E. Pyne
Peter E. Wright -Ivan Trimper

28-Albert E. Dunn Officers for Polling District No 10

Presiding Officer-Round Hill, Geo. Deputy Presiding Officer-Le Quille, eo, Hoyt. Ward Clerk—Round Hill, Rufus Whitman. Ward Clerk—LeQuille, Geo. Hoyt. Overseers of Poor-John Easso ndrew LeCain.

Andrew LeCain.

Found Keepers—Charles Barteaux.

Smond Dunn, Albert Copeland, Augistus Rice, Jerry Feener, F. A. Chipnan, C. L. G. Hervey, Lewis Chipman,

Charles Saunders, Eustace Orde Charles Saunders , Eustace Orde (Greywood.)
Cattle Reeves—Charles Berteaux.
Charles Hardwick, William McLeod, Geo. Wright, Eben Rice, Lewis Chipman, Harry FitzRandolph, Reginald Ritchie; Geo. Spurr, (Perrotte) William Sibbins. (Greywood.)
Wood Surveyors—H. B. Whitman, Elisha Balcom, Howard Bent, Fred. Beeier, Arthur Spurr, A. J. Willis, (Alian River.)

Alian River.)

Barrel Inspectors—E. E. MacDornand, Arthur Harris, Charles Bent.
Ipspector of Fruit Trees—E. Clarke.
Board of Health, East End—C. C.
Rice, Rufus Whitman, Wm. Baxter, B.
G. Fairn, Howard Bent.
Board of Health, West End—Geo.

Charlton, Robert Moore, Harris Deniels,
Overseers of Poor—Archie Harris, Leander Beals and T. G. Bishop.
Lumber and Log Surveyors—C. S. Rogers, Spurgeon Vidito, John Nogler, L. D. Handley and Kenneth Hinds.
Wood Surveyors—David Ritcey.

Fitch Morse, D. M. Charlton and Miner License Inspectors — Harry Morse ng, J. S. Ritcey, Z. Semon and Fred house is free to soldiers wishing a haffner and Joseph Longley.

Morse, and John Daniels

-Wallace Crawford.

7—Judson larteaux.
8—Lawrency Fancy
10—Allister Mosher.
11—W. M. Whitman
21—Millede Burns
22—A L. Smith

22—A. L. Smith 23—H. B. Willett

24—Alton Vidito 25—Colin Smith 26—Joseph Annis 27—E. D. Baker

28-Wm. Ward

30-Stanley Dunn

32-Harry Barteaux

-Clarence Longley

2-Wakeman Daniels

3-Carman Bishop

4-Arthur Bishop

15-John Banks

16-A. E. Miles

Road Surveyors No. 24

hill, I. B. Saunders, Ira Stoddar O. D. Grimm, Charles Whitman.

1-William Hoffman 2—Edward Merry 3—Harold Oakes 4—William Wood 5—Charles Connell

6-Charles Stoddart

-Gilbert Burgoine

9—Murray Morrison 10—Elwood Mailman 11—David Allen Jr.

12—Robert Swallow 13—Maynard Grimm

14—Hartley Marshall 15—Archie McDonald

19—George Jodrey

20-William Acker

23—Harding Burgoine 24—Melburn Goucher 25—George Demone

26-Wallace Whynot

21-Fred Gates

Kaulbach

Road Surveyors

5-Arthur Ernst.

Road Surveyors, District No. 12

HEADACHES, BILIOUSNESS

CONSTIPATION, INDIGESTION

Nearly all our minor ailments, and many If you wish to avoid the miseries of indigestion, acidity, heartburn

ries of indigestion, acidity, hearburn, flatulence, headaches, constipation, and a host of other distressing ailments, you must see to it that your stomach, liver and bowels are equal to the work they have to do. It is a simple matter to take 30 drops of Mother Seigel's Syrup daily, after meals, yet thousands of former sufferers have banished indigestion biliousness, constipation, and all their distressing consequences in just this simple tressing consequences in just this simple way. Profit by their experience. As a digestive tonic and stomachic remedy Mother Seigel's Syrup is unsurpassed.

Harnish, Chalmers Woodbury, Avard
Milner, Arthur Spurr, James Ramsey,
Wailace Goldsmith, Charles Harnish, Alfred Fancy, Archibald Buckler,
Frank Buckler, A. J. Willis, (Allen

Road Surveyors Ward 10 1-F. A. Chipman 2-Alfred Woodbury -Henry Williams 4-Avard Milner -William C. LeCain

6—A. J. Echlin 7—Harry W. Dunn 8—Reginald Bishop 9—Fred Cress 11-Archibald Buckler 12-George Buckler -Fred Todd 16—Jerry Feener

18-Arthur Orde 19-Zachariah Hubley 24-George , Ramsay

28—Joseph Burrell 29—Lewis Chipman 31-William Morse

Officers for Polling District No 11 Presiding Officer-J. B. Whitman

District Clerk—Fred Foster. Pound Keepers—C. A. Tupper, Milledge Messinger, H. S. Dodge, Joseph Durling, Lewis Piggott, and Jessie

Cattle Reeves -Edward Swift Fence Viewers-J. F. Stephens Guilford Foster Gulfford Foster.

Log and Lumber Surveyors—G. W.
Lantz, L. L. Brooks, E. S. Piggott,
Arthur Foster, George Wilson.

Inspector of Fruit Trees—F. H.
Control Fred McCompiet, E. H. John.

1-A. B. Messinger

Messinger

2—Geo. Piggott 3—Marsden Mess 4—Owen Currell

-Arthur Foster

-Frank Poole

-Aubrev Boehner

Fowler, Fred McCormick, F. H. John- N. Rowter, (Lake Munro) No. 28, Nower, Edgar Gates, George Oickense The Ford Morey Shaw.

Nower, Edgar Gates, George Oickense The Ford Morey.

Nower, Edgar Gates, George Oickense The Purdy.

License Inspector—T. B. Chipman.

Constables—Ewart Morse, Allan

Nower, (Lake Munro) No. 28, Rufus Wentzell.

Nower, Edgar Gates, George Oickense Inspector Shaw.

Nower Sh Constables—Ewart Morse, Allan Cameron, Henry Messinger, Reginald Carrill, Mark Chipman, A. B. Messin
Carrill, Mark Chipman, A. B. Messin
Carrill, Mark Chipman, A. B. Messin
Carrillon, Wallace

Carrillon, Wallace

Remember that pneumonia is an interval of the control of the control of the control of the carrillon of the ca Board of Health-F. H. Fowler, B.

N. Messinger, A. FitzRandolph, G. W. Lantz, and Arthur Morse. long, Edwin Silver, Lumber and Log Surveyors—Charl-Road Surveyors Rowter, H. L. Mailman, James Mai Overseers of Poor-Read Orde, Enos

> Road Surveyors No. 14 -Porter Merry 2-Judson Lewis

4-Ralph Lewis 9-Leland-White 15-William Fader 14—Stuart Delong 19—William Rogers Road Surveyors No. 28 11-Austin Nass

3-Archie Lewis

12-Allison Wentzell 13-Milledge Floyd 20-Richard Wambolt 21-Robie Munro.

(Continued on page 4)

## WAR BRIEFS

Premier Hughes of Australia will and Charles Roach.
Pound Keepers — Avard Prentess,
Elias Barteaux, Emdon Banks, Fred
Keith, Byron Morse, Arthur Beals;
Wm. McGill, D. D. Jarvis, Isaac Durl-

Fence Viewers—H. H. Foster, C. F. hot bath, has had 700 visits during the rmstrong, Henry Beals, John L. past year. thaffner and Joseph Longley.

Barrel Stock Inspectors — Amos litz Benj. Whitman, Isaac Hiltz and I. R. Bezanson.

Nursery Stock Inspectors Avard welly, Fred A. Shaffner and R. J. Mes-The French in defence of the Ver

It is reported that the 85th Batta-Barrel Inspectors—Fred Morse, A. lion will so go to the front as a unit under Lieut. Col Borden, and other officers of the Battalion.

> Senate for the mobilization of all citizens between sixteen and sixty years of age, for war purposes. Batocki, President of the Food Regulation Board of Berlin, tells the Germans they must make greater ef-

forts to conserve supplies. Figures compiled at the City Hall, Toronto, tell that the war has banished poverty from that city, but has taken a heavy toll of casualties.

Britain has a wonderful new Airplane. This bird in tests, reaches 15,- are the months in which pneumonia is 000 feet in seven and a half minutes, especially prevalent in Nova and can travel 128 miles an hour.

portion of Belgium, potatoes are doled out at the rate of one a day, and an influence in determining an attack then only after presentation of a it is quite wrong to attribute pneu-potato ticket. Posters, appealing for peace, are

sion in the newspapers is reaching with ourselves. ts of Vienna delly. Peace discus-

made a net profit in 1915 of 400,000 es pneumonia. This germ is very dollars. Its 50 dollar shares are quot- commonly found in the mouths of Presiding Officer-Lymon Whited at 375 dollars.

Great Britain, besides helping her other infectious diseases.

Nayr, Avard Roop, Allister Crouse, Ed-win Merry, Samford Marshall. amford Marshall.
of Poor—S. T. Lohnes,
wintman.
on the C.N.R. was destroyed by fire Oversear of Poor—S. T. Loines, Neander Waitman.

Sanitary Officers—Dennis Wagner, Charles Connell, Jonathan Morrison, V. L. Roop.

Board of Health—Dr. H. B. Barn-bill J. B. Sanudary Ire Studiest of the state of the moisture it should hold at a temperature of 70 degrees. This small proportion is, of course, lower-thing and was burned to death. Eight of the state of the moisture it should hold at a temperature of the moisture it

idart, F. three, out of the eighty four prison-during the process of heating our ers were rescued. Banks and the Government, toward ature of our homes may be little it any paying for shells made in Canada and above sixty degrees, than in winter

in the same manner and for the same of the dryness of the air in our houspurpose. Gen. Turner says "Germany's dethe Kaiser the power to call himself we usually follow.

Presiding Officer—(Maitland) Rob rt Fader.
Deputy Presiding Officer—(S. Milord) H. C. Munro. and orderly, and have always favored respiratory system. ord) H. C. Munro.

District Clerk—Maitland No 14, E.

German interests as was your duty.

German interests as was your duty.

ing, and when chilled should make For your fidelity and successful ac-

George Oickle.

Constables—Delbert Minard, William Fader, Edgar Gates, David Dehunger. We cannot and will not.

Germany cannot go on seeing our to have an ordinary cold may be developing pneumonia. And even ordinary colds are infectious. Therefore Death is better than such a life. Ask intimate contact with those who have

> Bermuda still excludes the automo bile. Prince Edward Island resisted or coughing. for several years, but gradually yield-



Dr. B. J. KENDALL COMPANY Enosburg Falls, Vermont

Would you like to end that terrible itching, that burning pain; to heal those horrid sores?

You have tried all sorts of fairly ointments, lottons and powders. Put them aside now and give Nature a chance as represented by Zam-Buk. Zam-Buk is made from herbal es-Zam-Buk is made from herbal essences; is a natural healer. Is not something you have to send to the end of the world for, and pay a heavy price! Every druggist will sell you Zam-Buk and for 50c. only. Just give it a fair trial and inci



PNEUMONIA.

(Issued by the Department of the

Public Health, Nova Scotia.) These are the months in which clim It is reported that in the controlled atic changes are most pronounced,

weather. Natural phenomena are rare Iv accountable for ill-health, the re ksponsibility for which usually rests Undoubtelly our methols of warm Sydney Saunders, Fritz Balcom, F. A.

Chipman, Wm. DeVaney.
Police Constable—Augustus Spurr.
Lumber and Log Surveyors—Fred Harnish, Reginald Harnish, Harry

Harnish, Reginald Harnish, Harry

Lumber for Polling Districts No. 13

A Manchester dye firm formed in 1895, with a capital of 450,000 dollars for infection by the germ which causemade a net profit in 1915 of 400,000 es pneumonia. This germ is very

perfectly healthy people, but it is

Merry.
Fence Viewers—Levi Acker, George
Roop, Clayton Zwicker, Fred Grimm.
Wood and Bark Surveyors—Edward
Marshall, E. Freeman, Joseph MailThe Company of the Company of b Roop.
100,000,000 dollars more for preparing degrets Fahrenheit it can hold nearly wounded soldiers for employment in eight grains per cubic foot. Consequences

buildings. A further credit of 50,000,000 dollars The reason we feel more comfort has been arranged by the Canadian able in the summer, when the temperordered by Britain. This makes a with a house temperature of seventy total of 250,000,000 dollars obtained degrees or even higher, is because

If we were to keep the air in ou as included the utter destruction homes properly moistened we would of Japan after Europe had been comfortable with considerably less brought to the Kaiser's feet. America fuel expenditure, and our resistance was to be forced to submit to his to infection would not be lowered to sway, and nothing neglected to give as great an extent as by the practice

Emperor of the world and partner of There are few who do not admit the the Almighty. Gen. Turner doubts value of fresh air. Many, however, that the world will ever know the confuse fresh air with cold air. Cold real magnitude of the Kaiser's mega- air may be anything but fresh, and ventilation is just as necessary in Officers for Polling Districts No. 14

Bissing, when lying seriously with pneumonia, complimenting him on his conduct in Belgian "You have an in warm weather. Satisfactory currents of air mathematical through through much smaller apartment of the present of the cold weather as in warm weather

them to have pity upon us if our own ordinary colds should be avoided as s Merry, Delbert Minard, O. H. Ford, idwin Silver, H. C. Murro, Allison Ventzeil, Alien Delong.

Board of Health—R. S. Baxter, John Board of Health—R. S. Baxter, John R. S. Baxter, Joh with a handkerchief when sneezing

distributer of infection, and everyone should be careful not to use any dish or cutlery which has been handled by an infected person unless assured that such person has thoroughly cleansed his hands before handling such arti-

It is important to avoid overeating and especially to avoid the use of alcohol, which has a definite tendency to reduce resistance to pneumonia. The clothing should be warm. but not too warm. Woollen materials should be worn next to the skin. During the winter months pneumonia kills almost as many people in

Nova Scotia as does tuberculosis. is of 21,068 square miles and that of water 360 square miles.