

E TIME  
ittle Rest  
lia E. Pink  
Compound

"I took your  
y was born and  
as a great help  
e as I was very  
y until I started  
ke it. I just felt  
ough I was tired  
all the time and  
ld take weak-  
ting spells. My  
es would bother  
until I could get  
rest, day or  
t. I was told by a  
nd to take Lydia  
inkham's Vege-  
only took a few  
wonderfully. I  
any woman. I  
to publish this  
that little book  
I can help. You  
of pleasure use  
e the Vegetable  
e to help others."  
GAN, R. R. No. 2

if purchasers of  
Vegetable Com-  
es were received  
0 said they had  
This medicine  
ists.

Bilious,  
-10c a Box  
or Stomach is  
e Bowels

To clean your  
eils without  
mping or over-  
ing, take "Cas-  
ets." Sick head-  
e, dizziness, in-  
ness, gases,  
igestion, sour  
et stomach and  
such distress  
icest laxative  
h for grown-ups  
box—all drug

E' IT  
UL COLOR

fect home dye-  
and tinting is  
anted with Dia  
d Dyes. Just dip  
old water to tint  
e delicate shades  
oil to dye rich,  
nament colors.  
h 15-cent pack-  
contains direc-  
s so simple any  
an can dye or  
lingerie, silks,  
s, dresses, coats,  
draperies, cover-  
ing new.  
Dyes—no other  
rugger whether  
to color is wool  
is linen, cotton,  
508

**IMA**  
STHMA RELIEF  
dy of the English  
POTTER & CLARKE,  
S. 100  
are, 35c  
tles, 35c  
In your Druggist,  
istributors  
ES LIMITED  
TORONTO  
**ASTHMA  
RELIEF**

**Own Tablets**  
n, Walton, N.S.,  
commend Baby's  
ily. I have found  
the ailments of  
rown's testimony  
of thousands of  
have used the  
m once is a sure  
y will always be  
as long as there  
g children to be  
lets are a laxa-  
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egulate the stom-  
-ieve constipation  
ak up colds and  
ake the dreaded  
y. In fact they  
rills from which  
The Tablets are  
ealers or by mail  
rom The Dr. Wil-  
Brookville, Ont.

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Noted for high grade instruction and  
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**TIME TABLE**  
Trains leave Watford station as follows:  
**GOING WEST**  
Accommodation, 111.....8.42 a.m.  
Chicago Express, 17.....11.59 a.m.  
Detroit Express, 83.....6.51 p.m.  
Chicago Express.....9.11 p.m.  
**GOING EAST**  
Ontario Limited, 80.....7.48 a.m.  
Chicago Express, 6.....11.22 a.m.  
Express.....2.50 p.m.  
Accommodation, No. 112.....6.08 p.m.  
J. E. McTAGGART, Agent, Watford

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**JAMES NEWELL, PH. B., M.D.**  
L.R.C.P. & S., M.B.M.A., England  
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ford, Ont. Office—Corner Main and  
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Watford, Ontario. Office—Main st.  
Residence—Ontario st. east. Office  
hours—8.30 to 9.30 a.m., 2 to 4 and  
7 to 8 p.m. Sundays by appointment

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and Porcelain work. The best meth-  
ods employed to preserve the natural  
teeth. Office—Opposite Siddall's Drug  
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Graduate of the Royal College of  
Dental Surgeons of Ontario, and the  
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pliances and Methods used. Special  
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specialty. All diseases of domestic  
animals treated on scientific prin-  
ciples. Office—Two doors south of  
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—Main street, one door north of Dr.  
Siddall's office.

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**An Oil for All Men**—The sailor,  
the soldier, the fisherman, the lum-  
berman, the out-door laborer and all  
who are exposed to injury and the  
elements will find in Dr. Thomas'  
Electric Oil a true and faithful  
friend. To ease pain, relieve colds,  
dress wounds, subdue lumbago and  
overcome rheumatism, it is excellent.  
Therefore, it should have a place in  
all home medicines and be amongst  
those taken on a journey.

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Mothers can easily know when  
their children are troubled with  
worms, and they lose no time in ap-  
plying a reliable remedy—Mother  
Graves' Worm Exterminator.

**SELECTING DAIRY COW**

**TEMPERAMENT, FEED CAPACITY,  
CONSTITUTION AND VIGOR.**

These Are the Points Which Should  
Receive Attention and This Article  
Tells What to Look For Under  
Each of These Heads.

(Contributed by Ontario Department of  
Agriculture, Toronto.)

When a man is in need of dairy  
cows and goes out to search for ani-  
mals that are likely to be profitable  
to him there are a number of things  
to be kept in mind. A cow is a cow,  
but comparatively few are real high  
producing profitable cows. The pur-  
chaser should depend on his own  
judgment, and not on statements of  
owners unless such statements are  
backed up by carefully kept records  
of production.

Cows with "dairy temperament"  
have thin necks, sharp withers, prom-  
inent vertebrae, hips and pin bones;  
thin incurring thighs and a general  
body conformation that is wedge-  
shaped no matter from what angle it  
is viewed. Dairy temperament is also  
associated with alertness, marked ac-  
tivity, and lack of all coarseness in  
the individual.

Cows with "feed capacity" show  
plenty of room or middle for the  
storage of feed. They are long and  
deep between the shoulder and the  
hip, long faces, wide foreheads, broad  
muzzle, and large jaw with full well-  
developed salivary glands.

Cows with "constitution and vigor"  
are wide through the heart region,  
have a big strong heart, a strong cir-  
culation of blood to all parts of the  
body. This condition is usually re-  
flected in the healthy condition of  
the hair, oily secretions of the hide  
and well-developed, prominent veins  
on the under side of the abdomen  
and on the under, face and neck.  
Constitution and vigor is also shown  
in large bright eyes, large nostrils  
and a general alertness.

Cows with "well-developed milk or-  
gans" can boast of the following  
characteristics:

Udder well attached to the body  
and not pendulous.  
Udder tissue pliable and soft to  
the touch, free from coarseness, hard  
areas or lumps.

Udder of good size, extended well  
forward and high up behind.  
Large veins running from the an-  
terior attachment forward and well  
along the abdomen.

The skin covering the udder is soft  
and pliable, teats are of a good size  
to fill the hand and are evenly  
placed.  
Don't forget the producing dairy-  
man is not likely to sell his best  
cows. Those that have faults are  
most likely to be offered for sale.  
If you can see her milked so much  
the better.—L. Stevenson, Dept. of  
Extension, O. A. College.

**High and Low Testing Milk Com-  
pared With Mixed Milk.**

The question has been raised as to  
whether milk with varying fat con-  
tent when mixed, as is done at the  
cheese factory, would give results  
that average between high and low  
testing lots made up separately, as  
is done with experimental testing.

Four tests were made by dividing  
lots of milk as delivered to the O.A.C.  
Dairy Department from farms sur-  
rounding Guelph, between two vats,  
one of which tested high in fat and  
the other comparatively low. Each  
vat contained 450 pounds of milk.  
From each 150 pounds were taken  
and mixed in a third vat. Altogether  
1,200 pounds of milk were used in  
each lot. The average percentages of  
fat in the milk were 3.35, 3.27  
and 3.55. The yields of cheese per  
1,000 pounds of milk were, respec-  
tively 102.6, 94.63 and 97.60. The  
theoretical yield of the mixed lots  
is 98.61 pounds of cheese which is  
within one pound of the actual. This  
difference is accounted for by differ-  
ences in moisture content of the  
cheese, difference in shrinkage and  
in losses due to handling the milk,  
curd and cheese. The average scores  
of the cheese were 88.48, 86.61 and  
88.74 respectively for high, low and  
mixed lots, indicating that in the  
opinion of the expert judge there  
was not much difference in the qual-  
ity of the cheese.

Conclusion.—These tests show that  
mixed lots of milk containing vary-  
ing percentages of fat are likely to  
yield cheese averaging fairly closely  
to what would be obtained if the  
lots were made separately into  
cheese.

**Sweet Clover Butter.**

The tests made in butter-making  
during 1924 with milk from cows  
pasturing on sweet clover was con-  
ducted with milk from farms where  
sweet clover was the only pasture.  
The butter was made in small lots  
in the Farm Dairy at the O. A. Col-  
lege and was scored by the Official  
Butter Grader for the Province. As  
in other years no flavor could be de-  
tected in the milk, cream or butter  
which might be attributed to sweet  
clover feeding. Five lots of butter  
were made altogether, one from raw  
cream churned sweet, one from raw  
cream ripened with a culture, and  
one ripened without culture, one from

pasteurized cream to which culture  
was added and then ripened. These  
conditions cover practically all that  
are likely to be met with on the farm  
or at the creamery. The butter was  
held in cold storage for two months  
before it was judged. In order to  
allow any flavors to develop that  
might be present. Sweet clover is a  
valuable pasture crop on dairy farms  
and should not be condemned by  
cheese or butter manufacturers.—  
Dept. of Extension, O. A. College.

A garden is a beautiful book, writ-  
ten by the fingers of God; every flower  
and every leaf is a letter.—Douglas  
Terrell.

**Blunders Due to Bad Writing.**

Out of twenty telegrams handed  
in recently at an Old Country office,  
two were not addressed, three were  
so badly written that the clerk had  
to ask the senders to re-write them,  
the signatures on eight were illegi-  
ble, while altogether only three were  
acceptable for transmission without  
question.

"Carelessness and haste cause most  
of the mistakes," the official said.  
"Many people seem to think that be-  
cause a telegram denotes hurry it  
must be written in a hurry. It is a  
fact that even the most unimportant  
telegrams are written in haste.

"Not long ago a prospective tenant  
negotiating for a flat in Hans Court,  
London, telegraphed to the agents,  
"Secure Hans Court." This was de-  
livered as "Secure hams and port."

"In another instance, a business  
man went away unexpectedly on a  
yachting trip in the company of a  
friend named Mahoney. Before em-  
barking, he telegraphed to his wife,  
"Shall be away some days Mahoney  
is with me." To his chagrin, this was  
translated by the operator as, "Shall  
be away some days my honey with  
me."

"More to be deplored was the  
faulty writing of the word 'and' in a  
telegram sent by a man who repre-  
sented a London firm to whom the  
message was sent. The word was  
written so badly that it was inter-  
preted as 'died,' with the result that  
the firm broker the supposedly sad  
news to the wife of the man to whom  
the telegram referred. The shock  
was so great that it was some time  
before the woman recovered."

**Preferred the Parrot.**

A short time ago one of the most  
dangerous inmates of the State Hos-  
pital of Massachusetts escaped. After  
much search the insane man was dis-  
covered ten days later working in a  
barber shop in Worcester, where he  
had been shaving some of the most  
prominent men in the city.

This recalls an incident of which  
a prominent lay official of one of  
Toronto's churches tells. A man in  
a somewhat tipsy state had gone into  
a barber shop to be shaved. The day  
was sultry and the barber was called  
out to referee a dog fight that was  
taking place in front of his shop, his  
own dog being one of the combat-  
ants. The customer dropped into the  
chair and was soon dozing. A pet  
monkey belonging to the shop was  
soon on his chest lathering him. The  
man awakened in time to find the mon-  
key holding him by the nose and  
flourishing the razor. "Nay," said the  
customer, "you have lathered me very  
nicely, but I'd prefer your father to  
shave me."

**To Respectable.**

Sir Thomas Lipton told an amus-  
ing story the other day.  
He stated that he used to work in  
Glasgow for half a crown a week.  
His staff consisted of a little boy and  
a black cat. Seeing the little boy  
was shabbily dressed, Sir Thomas  
gave him a sovereign to go and buy  
a new suit. He never came back.

Meeting his mother later, Sir  
Thomas inquired the reason. "Well,"  
she said, "he looks so respectable  
now that he has been able to get a  
much better job."

**Sold Musical Instruments.**

"Well, Jack, what are you doing  
now?"  
"Travelling in musical instru-  
ments. Sold a thousand yesterday."  
"Good heavens, man! Pianos?"  
"No. Gramophone needles."

**Iron-Mould Stains on Lipen.**

Iron-mould stains on linen can be  
removed by using a warm solution  
of oxalic acid, or salts of lemon,  
rubbed on with a piece of flannel.

**Will Increase Human Weight.**

A powder made from fish, which  
will increase human height, is an-  
nounced by a Japanese scientist.

**A Heckler's Definition.**

When Sir William Hicks (one of  
the pillars of the British Conserva-  
tive party and a member of the new  
Cabinet) married, he added the sur-  
name of his wife and became Sir  
William Joynton-Hicks. Now Sir  
William, like all good Tories, is mor-  
tally opposed to Socialism. One  
night, when addressing a meeting of  
workmen, he asked:—  
"Does any man here know what  
unearned increment is?"  
"Yuss, I do!" replied a voice.  
"Come along, then; tell us what  
it is. What is unearned increment?"  
"It's the 'ypen between the Joynt-  
son and the 'icks," came the unex-  
pected reply.

**The "Slacker"**  
By RALPH HAMILTON

Irma Moore had been guided by a  
variety of circumstances in encourag-  
ing the attentions of Alger Morton.  
He was a stranger, he was flashy and  
not dependable, Irma had decided at  
a glance, but he came along at a time  
when she had been having a tiff with  
her regular escort, Bartley Dunn, and  
Irma felt perverse and fancied a good  
opportunity had arrived for "teaching  
Bartley a lesson!"

The latter was in a cantonment ten  
miles away, but Irma neither went to  
see him nor answered his letters. An-  
other element in her flighty ideas of  
the moment was the fact that the bril-  
liant young stranger had been quite  
taken with Lucia Teller. That young  
lady had once tried to steal Bartley  
away from Irma. At odds with all the  
world in her present mood, Irma was  
not averse to showing Lucia that she  
was still the regnant social queen of  
the village, and heartlessly began a  
wild flirtation with Alger Morton.

She had to confess to herself at the  
end of the week that she pined for her  
lover true, and the attentions of Mor-  
ton had become wearisome. She was  
half-minded to decline his invitation  
to an auto drive to the city and back  
one afternoon. Then she resolved dur-  
ing the drive to make him clearly un-  
derstand that she was not inclined to  
encourage his all too palpable ad-  
vances and then devise some woman's  
way of winning back her soldier lover.

Instinctively Irma fancied she read in  
Morton's face an ardor as he drove up  
in front of the house, indicating a  
move towards learning her true senti-  
ments as to himself as a suitor, and  
Irma steeled herself to be very circum-  
spect and distant when the climax ar-  
rived. Morton was chatty and entain-  
ing to his fullest ability until, hum-  
ming along the main road, he abruptly  
halted the machine, and she noticed an  
expression halfway between calcula-  
tion and anxiety cross his face. He  
mumbled something about "the car-  
buretor" and got out of the auto and  
fumbled about the engine. More than  
once, uneasily Irma fancied, he stole  
a swift glance toward the crossroad  
a few hundred yards ahead, where four  
men in uniform were stationed. She  
observed that they signaled two auto-  
mobiles that drove ahead of them,  
looked over the inmates and, the in-  
spection seeming to be entirely satis-  
factory, motioned them to proceed on  
their way.

"Why! they are soldiers ahead," ob-  
served Irma. "Oh, I know now!" she  
added quickly. "It was in the paper.  
They are after the men who have not  
registered in the draft."  
Morton looked bored. Irma won-  
dered why. It had been his brag and  
boast that a lieutenant's commission  
was being worked out for him by some  
influential friends in the city. He  
finally pretended to have adjusted the  
engine and got back into the machine.  
His lips were set tightly and he drove  
ahead, trying to appear natural and  
unconcerned. Irma caught a quick  
hiss of his breath as, nearing the cross-  
road, two of the men in uniform step-  
ped out in front of the approaching  
automobile.

"Have you your registration card?"  
Inquired one of the men, and Morton  
made a pretense to search an inside  
pocket. "I declare!" he laughed—"I  
have left it home."  
"H'm!" muttered his challenger.  
"Where did you register?"  
"In the city, of course—District D.  
Besides that, I am hoping to be eligi-  
ble for a lieutenantcy through influential  
friends."

"Name, please? and as Morton loft-  
ly tendered a card the soldier passed  
it to his companion with the terse  
words: "Telephone."  
Morton squirmed and Irma discerned  
that he was ill at ease. All his usual  
bluster had left him. His face grew  
quite colorless and he nervously grip-  
ped the wheel as the soldier sent to  
the telephone at a nearby farmhouse  
returned, viewing him suspiciously and  
shaking his head.  
"You seem to have made some mis-  
take," announced the main challenger.  
"I shall have to detain you until an  
investigation can be made."  
"You don't mean that you arrest  
me!" cried Morton.

"They gave Irma the option of being  
driven to the city, and for a moment  
she wondered if she could help her es-  
cort out of his difficulty. A glance at  
his hangdog face, however, convinced  
her that he had no registration card  
at home and no pending lieutenant's  
commission. She got out of the ma-  
chine, which whirled off with Morton  
guarded by two soldiers.  
Irma hastened to get out of sight,  
humiliated and abashed. She crossed  
a field to evade meeting anyone, lost  
her reckoning, a heavy dash of rain  
drove her to the shelter of a shed  
where a vicious dog menaced her. Her

**Robert's  
Syrup**  
of the Extract of Cod Liver & Tar  
for COUGHS, COLDS  
and BRONCHITIS

**CHILBLAINS**  
Zam-Buk soon al-ays the  
inf-ammation and swell-  
ing, kills the tingling pain, and  
soothes the maddening irita-  
tion. Where skin is broken,  
feet, or ulcerated Zam-Buk  
is doubly valuable because of  
its great healing and  
antiseptic power.  
**Zam-Buk**



**11 Bread Tickets \$1**  
**Bread**  
SO wholesome you crave  
more of it and Tea Bis-  
cuits that literally "melt in  
your mouth" are always in-  
cluded amongst our daily,  
fresh-baked offerings. Try  
them to-day.  
**Lovell's Bakery**

dress was torn with barbed wire, her  
cheeks tear-stained as, after two  
hours' weary wandering, she reached  
a road only a mile from home just as  
an automobile approached.  
"Why, Irma!" cried out its un-  
iformed driver, and she was confronted  
by Bartley Dunn, on an inspection tout  
to see that slacker orders of the dis-  
trict were faithfully carried out.  
Poor little sorrowful penitent! He  
was all strength and manliness, she  
diseveled and longing for sympathy  
and forgiveness. She found both, for  
her confession assured Bartley Dunn  
that she had received a lesson that  
made him only the dearer to her.

**The Poets Corner**

**OUR NEED TO DATE**  
Oh for men, good honest lads  
Who will not quibble, twist, or whine  
That stand the fire of selfish squads  
And prove that they are men of  
spine.

Oh for men whose word is good  
They pledge a bond, and can with-  
stand,  
The selfish aims of any brood  
Who'd make our laws a rope of sand.

Grand true men that will not flinch  
For any power, for any gold  
Who will not budge a single inch  
Who neither can be bought or sold.

Temperance men without a doubt  
Because they know their creed is  
right  
And whether in our halls or out  
That curse of liquor ever fight.

The reverse we must despise  
Whom subtle policy will lead  
You know not where their treasure  
lies  
If not in selfishness, and greed.

Noble men should be our choice  
And free from party, class or ring  
We will have reason to rejoice  
When we've expelled the "cursed  
thing."  
This our creed we will succeed  
And solve must "In God we trust."  
Feb. 17, 1925 W. B. Laws