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A Warning

Was It Given by Auto-suggestion or an Unexplained Spiritual Power?

By Alan Hinsdale

Captain Gifford, commanding the good ship Nautilus, stood on the porch of his land home overlooking the Atlantic ocean, his wife clinging to him, loath to let him go. The captain had sailed several times before since his marriage, but not dreading any peril except what has pertained to a sailor's life from time immemorial. But now he was to face a new danger, a danger compared with which storm or sunken rock was far less dreadful, for a storm may be weathered and a sunken rock may be avoided. Gifford was to face the dreaded submarine.

This is why his wife parted with him so much more reluctantly than ever before.

"Don't worry about me, sweetheart," he said. "We have a gun forward and a gun aft and an ensign in the navy commanding a crew of trained gunners. We shall keep vigilant watch by day for submarines, and at night not a light will be allowed aboard the ship. I venture to say that we will have as good a chance as any submarine that may attack us."

"That is but one chance in two," replied the despondent wife.

"No; I believe we shall have a great advantage over the submarine. We shall enter the restricted zone when there is no moonshine, and, not showing a light, I do not believe we shall be in danger of attack at night. As for an encounter in the day, by keeping incessant watch we will get the first shot, for the submarine to get our bearings must do so from the surface. If we put one shot into her she is lost, and our gunners are very quick and very skillful. Then, too, she must attack us when we present a broadside to her, and we may show either stern or bow. If the stern, we may run away from her; if the bow, we may ram her. There will be no need for us to put our prow against her but once, for she will roll over and go to the bottom. But remember this—we may not see a submarine."

"But suppose she sees you before you see her and has time to send a shot at you before your gunners are ready to fire."

"Don't worry about that, my dear. We shall always be on the alert. From the first light of dawn to the closing in of night our lookout and our gunners will keep their eyes peeled for them."

It was with such hopeful assurances that the captain sought to comfort his wife. Finally she released him, and he started for his ship.

The Nautilus passed through the danger zone safely. Not even the tip of a periscope was seen above the surface of the water. Captain Gifford on entering forbidden waters followed rigidly the course laid down for him by the British admiralty, and it was to this fact that he owed his safety. The crew and the gun squad were of opinion that all a ship need do to escape being sunk in the danger zone was to adhere to instructions. They heard of ships being torpedoed by disregarding them, but not of ships being wrecked that observed them.

It was to this opinion that was due some laxity on the return voyage. Captain Gifford did all he could to counteract this disposition, constantly watching the men for breach of the rigid system of attention to duty he had instituted. He found the work very wearing, and the night his ship was leaving the zone, having been long without sleep, he turned in for a brief rest.

It was about three bells in the morning that the captain awoke. He was astonished to see his cabin faintly illuminated and horrified as well, for he had given the strictest orders that no light was to be allowed on the ship, and here was light in his own cabin. But this was not all that amazed the captain. His wife was standing beside his berth.

"Great heavens, Lucy," he exclaimed, "how did you come here?"

"There is a submarine a few miles distant. When day comes and your ship will be visible you will be in danger."

Now, the captain had been so profoundly sunken in sleep that he saw this scene but half awake. By the time he had become fully aroused the illumination of his cabin had faded, as well as the figure of his wife. Naturally he ascribed his vision to nightmare induced by his mind being absorbed in the danger through which his ship was passing. It was yet several hours before whatever it was, that he arose—he was in his clothing—and went on deck to see if the watch were doing their



to refer the matter to any cause except his own presentiment. He finally settled down to this view, believing the presence of the submarine near his ship and his dream, or whatever it was, coincidences.

When the captain reached home he found his wife's nerves much broken down, so much so that he did not for a time refer to his narrow escape. He asked her why she had worried herself into so deplorable a condition, and she replied that one night she was seized with a foreboding that a submarine was lurking near the Nautilus and as soon as dawn appeared would undoubtedly attack the vessel. An overweening desire seized her to warn her husband. She then passed into a trance. She seemed to be flying over the ocean at night, reached the Nautilus, saw the drowsy gunners and passed down into her husband's cabin, where she warned him of his danger. When she awoke in the morning her nerves were unshaken and had remained so ever since.

This information staggered the captain's rational view of his warning. That he had produced it by anxiety, that his wife should have produced the complement of his part in the matter also by anxiety, did not seem to fulfill the conditions of a warning dream or autosuggestion. Furthermore, the warning proved to have been needed. Without it the Nautilus would doubtless have been sunk by the submarine.

When Mrs. Gifford recovered her health her husband told her his part of the story. Since then there are two opinions of the matter in the Gifford family. Captain Gifford attributes the warning to autosuggestion and coincidence. His wife believes that she was endowed with power to know of his danger and to go and warn him. Both have their adherents.

But, granting this, how did she go? Surely it will not be admitted that her body was transported over several thousand miles, and that without her being conscious of it. But the soul! If it is a soul it is not material. And why should not a soul move as well as wireless electricity?

Worms are encouraged by morbid conditions of the stomach and bowels, and so subsist. Miller's Worm Powders will alter these conditions almost immediately and will sweep the worms away. No destructive parasite can live in contact with this medicine, which is not only a worm destroyer, but a health-giving medicine most beneficial to the young constitution, and as such it has no superior.

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Your kidneys are the filters of the body. If they become inactive and fail to eliminate the waste-matter, they are apt to throw the whole mechanism of the body out of order, thus toxic poisons can accumulate in the system and be as deadly as snake venom.

Besides causing the minor ailments of rheumatism, sciatica, lumbago and back-ache, neglect of the kidneys is apt to develop into more serious diseases, such as diabetes or stone in the bladder.

Bid the body of toxic poisons—cleanse the bladder and kidneys and cure the twinges of rheumatism with Anuric and you win the battle of life.

Anuric was first discovered by Dr. Pierce, and has benefited thousands of sufferers as well as appeased and eliminated the ravages of the more serious kidney diseases. Now procurable at any good drug store, or send Dr. V. M. Pierce, Invalids' Hotel, Buffalo, N. Y., or branch office, Bridgeburg, Ont., 10 cents for trial package.

Therold, Ont.—"I was wonderfully helped by taking 'Anuric.' For about three years I had kidney trouble and rheumatism. I also had backache. My limbs would swell and I had rheumatism in my arms and hands. My hands would swell and joints would be so sore and stiff I could scarcely do my work. They would pain me something awful. I doctored but without relief. At last I saw 'Anuric' advertised. I began its use and two bottles completely cured me of all my rheumatism, and I think it was permanent for that was a year ago and I have never had any return of this ailment. I have never found a medicine so good as 'Anuric.'—Mrs. E. H. HURRY.

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Children Cry FOR FLETCHER'S GASTORIA.

USE MUCH WOOL EMBROIDERY
Paris Designers Place Unusual Designs on Almost Every Kind of Material, Even Chiffon.

Since the simple silhouette is an established fact, an opportunity has been given women to spend their time and energy upon the charming details of their costumes. In America we have been so busily engaged changing the cut of skirts and the width of sleeves that we had no spare moments to spend upon the little hand touches, the expert finishings, and the hemstitched edges. These seemingly insignificant niceties are really important, says a writer in the New York Times. In Paris they realized that ages ago and took advantage of the fact, sending us each season creations to excite envy because of their infinite attention to the little things that put their stamp of perfection upon the finished gown.

Wool embroidery, the Parisian edict is, shall be an important factor in the trimming of winter frocks. They are drawing woolsen threads through it on silk and satin, on serge and velvet, and—yes—even on chiffon. And the pattern? They are no longer effects of a group of roses or a chain of daisies stamped laboriously upon the material and then worked over in tiny, close lying stitches. The artist takes a large-eyed needle and a strand of bright-colored wool and works out a design directly upon the gown, directly upon the spot where it will live until the whole creation has become passe.

Pockets to Go.
As to materials for the fall gowns the manufacturers claim that, just as designers for men have promised to reduce the amount of material used by the elimination of the large pockets, so designers for women will make the wool suits narrower and plainer for the same reason.

The pocket will undoubtedly go along with the other unnecessary appendages. The manufacturers are making the cotton back with wool filling for the same reason.

Straight Lines.
In skirts for general or sport wear, the straight lines are usually employed, says the Dry Goods Economist. Plaits are noted in some models, sometimes the entire skirt is plaited, sometimes plaits are used in cluster effect. Many novel ways of introducing plaits have been brought out.

There is no poisonous ingredient in Holloway's Corn Cure, and it can be used without danger of injury.

ROLL OF

Men From and Vicinity The E

27TH REGT.—
Thos. L. Swift,
since June 15, 1917
ford, Bury C. Bish
killed in action,
C. N. Newell, T.
Alf Woodward,
Cunningham, M. I.
R. W. Bailey, A.
Johnston, G. Mat
W. G. Nichol, F. P.
E. W. Smith, C. F.
Ward, killed in a
D. C. M., killed in a
wounded—missing
Hardy.

PRINCESS PAW
Gerald H. Brown
18TH B.
C. W. Barnes, Geo
Watson, G. Sha
Burns, C. Blunt,
P. Shanks, Pte. V.
2ND DIVISION
Lorne Lucas, F.
Potter.

33RD B.
Percy Mitchell,
Oct. 14th, 1916;
Geo. Fountain, ki
16, 1916, Gordon
in Victoria H
34TH B.
E. C. Crohn, E.
Rogers, Macklin E.
Oct. 8, 1916; Hei
in action Sept. 27,
ning, Leonard Le

29TH B.
Wm. Mitchell,
70TH BA
Ernest Lawrence
C. H. Lovelady, A. J.
ton, killed in action
Meyers, Jos. B. M.
Brown, Sid M.
Sept. 15, 1916, Al
A., Corp. V. W. V.

28TH B.
Thomas Lamb,
MOUNTED
Fred A. Taylor
PION
Wm. Macnally,
ENGI

J. Tomlin
ARMY MED
T. A. Brandon,
McKenzie, M. D.,
Jerrold W. Snell,
Wm. McCausland

135TH B.
N. McCausland,
July 6th, 1917.
3RD RESERVE
Alfred Levi
116TH B.
Clayton O. Full
April 18th, 1917.
196TH
R. R. Annett,
70TH B.
R. H. Trenchout
on May 8th, 1917
ster.

142ND B.
Austin Potter,
GU
Russ. G. Clark
B. N. C.
John J. Brown
ARMY DEN
Elgin D. Hicks,
ARMY SERV
Frank Elliot, F.
Arthur McKerc
98TH B.
Roy E. Aoton,
64TH I
C. F. Luckham

Made the Sup
WATFORD
Lt.-Col. R. G. I.
Capt. Thos. L.
Sergt.-Major L.
Pte. Alfred Wa
Pte. Percy Mitc
Pte. R. Hamto
Pte. Thos. Lam
Pte. J. Ward
Pte. Sid Brown
Pte. Gordon Pa
Pte. F. Wakeh
Pte. T. Wakeh
Pte. G. M. Fen
Pte. H. Holmes
Pte. J. Stillwell
Pte. Macklin H
Sergt. Clayton
Gunner Russel
Pte. Nichol Mc
Corp. Clarence
Signaler Roy