

## To Women Seeking Health and Strength

For those ill peculiar to women Dr. Pierce recommends his "Favorite Prescription" as

### "THE ONE REMEDY"

A medicine prepared by regular graduated physician of unusual experience in treating woman's diseases—carefully adapted to work in harmony with the most delicate feminine constitution.

All medicine dealers have sold it with satisfaction to customers for the past 40 years. It is now obtainable in liquid or sugar-coated tablet form at the drug store—or send 50 one-cent stamps for a trial box, to Buffalo.

Every woman may write fully and confidentially to Dr. Pierce, Invalids' Hotel and Surgical Institute, Buffalo, N. Y., and may be sure that her case will receive careful, conscientious, confidential consideration, and that experienced medical advice will be given to her absolutely free.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar coated, tiny granules easy to take as candy.

## CANADIAN PACIFIC

### EXCURSIONS To Manitoba, Saskatchewan, Alberta

**HOMESEEKERS**  
Low Round Trip Rates each Tuesday, March to October inclusive  
Winnipeg and Return - \$35.00  
Edmonton and Return - 43.00  
Other points in proportion  
Return Limit two months.

**SETTLERS**  
For settlers traveling with live stock and effects.  
SPECIAL TRAINS Will leave Toronto Each TUESDAY MARCH AND APRIL 10.20 p.m.

Settlers and families without live stock should use REGULAR TRAINS Leaving Toronto 10.20 p.m. Daily Through Colonist and Tourist Sleepers

**COLONIST CARS ON ALL TRAINS**  
No charge for Berths

Home Seekers' Trains Leave Toronto 10.20 p.m. during March, April, September and October, and at 2 p.m. and 10.20 p.m. during May, June, July and August.  
Through Trains Toronto to Winnipeg and West

Full particulars from any C.P.R. Agent or write M. G. Murphy, District Passenger Agent, Toronto

## Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat  
FIVE ROSE do do do  
ROYAL HOUSEHOLD do do do  
HORTON do do do  
HARVEST QUEEN, 2nd Pat. from Man. wheat  
GOLD DUST do do do  
RED ROSE, High Grade Blended Flour  
NEW ERA, Special Pastry Flour

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

## C. B. MATTHEWS & SON.

MILLERS AND FEED MERCHANTS

## TRENOUTH & CO.

DEALERS IN Flour, Oat Meal, Corn Meal, Wheat Kernels, Flaked Wheat and Barley. All Kinds of Feed, Grain, Seeds and Poultry Food

We carry the following makes of Flour, which are giving the BEST OF SATISFACTION:

Five Roses, Harvest Queen, Mitchell's Best, All made from MANITOBA WHEAT.

Mitchell's Pride of the West, a Blended Flour.  
Lambert & Son's Gold Dust, a Blended Flour.  
Mustard & Sons Eldorado, a Blended Flour.  
Pastry Flour, Low Grade Flour, Bran and Shorts made by the above named millers and at close prices.

## MONEY SAVED

By Bringing Your Contract to  
Watford's Planing Mills

Roofings- 1 CAR 3X HASTINGS SHINGLES  
1 CAR 4X " "  
1 CAR 5X " "

On the Way Leave your Order at once.

## PEDLAR METAL GOODS

Make Sure You Get Pedlar. The Pedlar Firm have been making Metal Goods for Over Half a Century. They make the Best Shingles that science and civilization can produce. A LARGE STOCK ON HAND.

Corrugated Iron Metal Ceilings Metal Walls

COAL: DOMESTIC LUMP, FOR SUGAR MAKING, \$5.50 PER TON. NUT, PEA, STOVE AND EGG COAL.

Established 1870 **GEO. CHAMBERS.**

Guide-Advocate Ads. are Business Bringers.

### Insomniac and Tobacco.

The dominant characteristic of tobacco is the fact that it heightens blood pressure. The irritant action by which it does this sometimes leads to still more harmful results. Its second action is narcotic. It lessens the connection between nerve centers and the outside world. These two actions account for all the good and all the bad effects of tobacco. As a narcotic it temporarily abolishes anxiety and discomfort by making the smoker care less about what is happening to him. But it is a well known law of medicine that all the drugs which in the beginning lessen nerve action increase it in the end. Thus smoking finally causes apprehension, hyperexcitability and muscular unrest. Here this inevitable law seems to give contradictory results. Every physician knows that an enormous amount of insomnia is relieved by smoking, even if it is at the expense of laziness the next day. At the same time every physician knows that most excessive smokers are troubled with insomnia.—Century.

### Meanness of Moss.

A typical southern "mammy" entered the office of a well known attorney and, after mopping her shining brow with a handanna handkerchief, said to the man at the desk.

"Ah wants 't git a divo'ce fom mah husband, Mose Lightfoot?"

"On what grounds?" asked the attorney.

"He's jes natchelly wufless," was the reply.

"What is your husband's occupation?"

"He jes sets roun' de house all day and 'tends to mind de baby."

"Does he take good care of the child?"

"Deed he do not! He's too lazy. Dis maw'nin' he tried to make de dawg rock de cradle by tyin' its tail to one ob de rockers."

"Did the scheme work?"

"Land sakes, no! Mose am so evaklastin' grouchy dat he couldn't speak enough kind words to make de dawg wag its tail!"—Judge.

### Yellow Writing Paper Easy on Eyes.

Oculists have often called attention to the fact that the eyes are easily fatigued by the reflection from white paper, especially when the surface is under a strong light. Since green is known to be the color most restful to the eyes, it is a common practice to use wall papers and draperies of that color in libraries and private studies. For writing paper, however, green is an unsatisfactory color. It imparts a reddish appearance to the writing and makes it hard to read. Yellow writing paper is not open to the same objection. In strong daylight it is softer than pure white paper, and in artificial light is not too dark. Black letters on a yellowish background show clear and distinct. Many mathematicians use yellow paper in figuring long and difficult calculations, and many writers have adopted it for manuscripts.—Youth's Companion.

### Articles Marked "Patented."

We are all accustomed to see a patented article marked "Patented," with the date of the patent. It is doubtful, however, whether one in a hundred who notices the mark realizes its importance to the patentee. The statute on the subject makes it the duty of all patentees or those holding under or making the patented article for them to apply the mark "Patented," together with the day and year the patent was granted, and the same statute provides as a penalty for not making that "in any suit for infringement by the party failing to so mark no damages shall be recovered by the plaintiff, except on proof that the defendant was duly notified of the infringement and continued after such notice, to make use or vend the article so patented."—Scientific American.

### Music and Appetite.

The majority of the great musical composers had appetites on an equality with their talents. It is told of Handel that when he dined alone at a restaurant he always took the precaution to order the meal for three. Once on asking, "Is de tinner retty?" at a restaurant, or a tavern, as it was then called, where he was little known, he got the reply, "As soon as the company comes," and astonished the waiter by seating himself, with the remark, "Den bring up de tinner; I'm de company." The appetite of Haydn was yet more voracious. He delighted in dining alone and always finished the meal ordered for five persons.

### Curious Beehives.

In the village of Hoefel, Sillesia, there are a number of beehives in the shape of life size figures cleverly carved in wood and painted in colors. The figures were carved more than a century ago by monks of the Naumburg monastery, who were at that time in possession of a large farm in the district. The beehives represent different characters, ranging from Moses to a military officer, a country girl and a night watchman with a spear.

### A Smile or Two

Teacher—"Name some of the man-hunting tribes."  
Pupil—"The English suffragettes."  
Little Girl (to milkman)—"My mother's in an awful state this morning about the cat. It died last night."  
Milkman—"Oh, dear, that's a pity. What did it die o'?"  
Little Girl—"It died o' water in the head after drinking a plate o' your milk."  
"As I understand it, doctor, if I believe I'm well I'll be well. Is that the idea?"  
"It is."  
"Then if you believe you are paid, I suppose you'll be paid."  
"Not necessarily."  
"But why shouldn't faith work as well in one case as in the other?"  
"Why, you see, there is considerable difference between having faith in Providence and having faith in you."

Dr. Newman Hall always counselled fellow-ministers to be careful in giving out pulpit notices. He instanced the case of one preacher, who, in pursuance of a design to deliver a discourse on the mountains of the Bible, made the following announcement:

"Next Sunday evening, brethren, I shall preach a sermon on Mount Ararat." After the services were over, an old lady went forward to say good-bye, and wish him a pleasant voyage and a safe return.

"Quite the most remarkable case I have ever known," said a famous surgeon, "occurred when I was a student. I had a patient, an Irishman, who had a broken leg. When the plaster bandage was removed, and a lighter one put in its place, I noticed that one of the pins went in with great difficulty, and I could not understand it."

"A week afterwards in removing the pin, I found that it had stuck hard and fast, and I was forced to remove it with forceps. What was my amazement, on making an examination, to find that the pin had been run through the skin twice instead of through the cloth."

"Why, my man," I exclaimed, "didn't you know that the pin was sticking in you?"  
"Shure, I did," was the answer, "but I thought you knowed your business best so I hilt me tongue."

INTERNALLY AND EXTERNALLY IT IS GOOD.—The crowning property of Dr. Thomas' Electric Oil is that it can be used internally for many complaints as well as externally. For sore throat, croup, whooping cough, pains in the chest, colic and many kindred ailments it has curative qualities that are unsurpassed. A bottle of it costs little and there is no loss in always having it on hand.

### The Good Old Times

"We often talk enthusiastically about the "good old times," but probably the present day is more comfortable to live in. How would the majority of women of the present century like to be put back to the year 1670 for instance? During that year the following remarkable Act of Parliament was passed in England: "That all women of whatsoever age, rank, profession, or degree, whether virgins, maids, or widows, that shall from after the passage of the Act, impose upon, seduce and betray into matrimony any of His Majesty's male subjects, by scents, paints, cosmetics, washes, artificial teeth, false hair, Spanish wool, iron stays, hoops, high heeled shoes, or bolstered hips, shall incur the penalty of the laws now in force against witchcraft, sorcery, and such like misdemeanors, and that the marriage upon conviction shall stand null and void."

Warts are unsightly blemishes, and corns are painful growths. Holloway's Corn Cure will remove them.

Kingston, April 10.—The remains of the late Samuel Milligan, of Millhaven, a retired farmer, aged 86 years, were interred yesterday. Deceased weighed 370 pounds, being the heaviest man in this part of the province.

St. Thomas, April 10.—Bernard MacAulay, charged with striking Wm. Brunning when the latter objected to the former's conduct at a dance in Yarmouth Centre town hall, to-day pleaded guilty and was fined \$50 with costs and damages, a total of \$108.94.

Brockville, April 10.—Anna Bell, aged two years, daughter of Adam Fox, an Augusta Township farmer, was burned to death in the sight of her parents yesterday morning. Mr. and Mrs. Fox had gone out to milk, leaving Anna and Ruth, a sister four years old, in bed. They had kindled a fire for the purpose of getting breakfast on their return. In the meantime the children arose and started to play with the slivers in the fire. Anna's dress caught, and Nellie Perrin, a six-year-old neighbor, heard the screams and ran to the barn. When Mr. and Mrs. Fox rushed out they saw their child standing in the door, a mass of flames. These they extinguished, but the child passed away four hours later.

## Dr. Morse's Indian Root Pills

exactly meet the need which so often arises in every family for a medicine to open up and regulate the bowels. Not only are they effective in all cases of Constipation, but they help greatly in breaking up a Cold or La Grippe by cleaning out the system and purifying the blood. In the same way they relieve or cure Biliousness, Indigestion, Sick Headaches, Rheumatism and other common ailments. In the fullest sense of the words Dr. Morse's Indian Root Pills are **A Household Remedy**

## Whooping Cough

SPASMODIC CROUP ASTHMA COUGHS BRONCHITIS CATARRH COLDS

**Vapo-Resolene**

ESTABLISHED 1870

A simple, safe and effective treatment for bronchial troubles, avoiding drugs. Vaporized Creosoles stops the paroxysms of Whooping Cough and relieves Spasmodic Croup at once. It is a BOON to sufferers from Asthmas. The air carrying the antiseptic vapors inspired with every breath, makes breathing easy; soothes the raw throat and stops the cough, ensuring restful nights. It is invaluable to mothers with young children. Send postal for descriptive booklet.

ALL DRUGGISTS.

Try CREOSOLENE ANTISEPTIC THIRDAY TABLETS for the irritated throat. They are simple, effective and antiseptic. Of your druggist, or from us, Inc. in stamps, or from Vapo-Resolene Co. 62 Cortlandt St., N.Y. Learning Miles Building Montreal, Can.

## MEDICAL.

**JAMES NEWELL, PH. B., M.D.**  
L. R. C. P., M. R. M. A., England  
Watford, Ont.  
OFFICE—Main St., next door to Merchants Bank. Residence—Front street, one block east from Main street

**R. G. KELLY, M. D.**  
Watford, Ont.  
OFFICE—MAIN STREET, formerly occupied Dr. McLeay. Residence Front Street, East.

**THOS. A. BRANDON, M. D.,**  
WATFORD, ONT.  
FORMERLY OF SARINA GENERAL HOSPITAL and Western Hospital of Toronto.  
OFFICE—Main Street, in office formerly occupied by Dr. Gibson.

## DENTAL.

**GEORGE HICKS,**  
D.D.S., TRINITY UNIVERSITY, L.D.S., ROYAL College of Dental Surgeons, Post graduate in Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth.  
OFFICE—Over Thompson's Confectionery, MAIN ST., Watford.  
At Queen's Hotel, Arkona, 1st and 3rd Thursdays of each month.

**G. N. HOWDEN,**  
D.D.S., I.D.S.  
GRADUATE of the Royal College of Dental Surgeons, Ontario, and of the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN STREET.—WATFORD.

## Veterinary Surgeon.

**J. MCGILLICUDDY**  
Veterinary Surgeon,  
HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Specialty. All diseases of domestic animals treated on scientific principles. Office—One door south of the Guide-Advocate office Residence—Main Street, one door north of Dr. Brandon's office.

## GRAND TRUNK RAILWAY SYSTEM

TIME TABLE.  
Trains leave Watford Station as follows

GOING WEST  
Accommodation, 27 ..... 8 44 a.m.  
Accommodation, 29 ..... 2 45 a.m.  
Chicago Express, 5 ..... 9 27 p.m.

GOING EAST  
Ontario Limited, 46 ..... 7 46 a.m.  
Accommodation, 28 ..... 12 03 p.m.  
New York Express, 2 ..... 3 00 p.m.  
Accommodation, 30 ..... 5 16 p.m.

C. VALL, Agent Watford

## STAGE LINES.

WATFORD AND WARWICK STAGE LEAVES  
Warwick Village every morning except Sunday, leaving Watford at 11.30 a.m. Returning leaves Watford at 3.45 p.m. Passengers and freight conveyed on reasonable terms. C. VALL, Prop.

WATFORD AND ARKONA STAGE LEAVES  
Arkona at 7.45 a.m. Watford at 3.45 a.m. Returning leaves Watford at 3.45 p.m. Passengers and freight conveyed on reasonable terms.—WILLIAM EVANS Prop.

## OUR CLUBBING LIST.

THE GUIDE-ADVOCATE AND

Family Herald and Weekly Star with premium ..... \$1 85  
Weekly Mail-Empire with premium ..... 1 85  
Weekly Farmers Sun ..... 1 85  
Weekly London Free Press ..... 1 85  
Weekly London Advertiser ..... 1 65  
Weekly Globe ..... 1 85  
Northern Messenger ..... 1 40  
Weekly Montreal Witness ..... 1 85  
Hamilton Spectator ..... 1 85  
Weekly Farmer's Advocate ..... 2 35  
Daily News ..... 2 50  
Daily Star ..... 2 50  
Daily World ..... 4 00  
Mail and Empire ..... 4 00  
Morning London Free Press ..... 4 00  
Evening London Free Press ..... 3 00  
Daily London Advertiser ..... 3 00