

## GLASBAK

Best Fireproof oven Glassware; will not break or crack in most intensive oven heat.

Pudding Dishes,  
Round Casseroles,  
Oval Casseroles,  
Round Bakers,  
Oval Bakers,  
Pie Pans,  
Cake Pans, Baked Apple Dishes, Utility Dishes,  
Ramekins, Bouillon Cups and Saucers,  
etc., etc.



We are offering the above at very fine prices.

**S.O. Steele & Sons, Ltd.**

100 WATER STREET.  
Phone 192. Opp. Seamen's Institute.

## SIDE TALKS.

By Ruth Cameron

### ARE YOU ONE?

Do you know what a hypochondria is? I'll wager most of my readers would answer that it is an abnormal sort of person who always fusses over everything and is somewhat mentally unbalanced. There would be variations of course, but in the minds of most of us the "abnormal" or "unbalanced" part would predominate in the definition. And yet here are the symptoms:

### Hunting For Worries.

"Hypochondria shows itself in a perpetual hunting after things that are and annoy and then brooding over them."

Pretty common symptoms aren't they? We wouldn't have to look among the abnormal or unbalanced portion of the population to discover them, I'm thinking.

A friend called my attention to the above definition of hypochondria in a story about a man badly afflicted with the malady. "It brought me up short when I read it," she said, "and I'm glad I ran across it for I was on the road to hypochondria without realizing it."

"Into a peaceful moment would come the haunting thought of something wrong and I would begin hunting for it in my memory, anxiously

prodding and thinking: 'What is it that is bothering me? Oh, yes, Edith's sore throat. And then I'd brood and worry until I had in imagination taken her through a siege of diphtheria and all but buried her.'

### Doesn't Ward Off Trouble.

"Now, since reading that, when I catch myself at that sort of thing, I bring myself up short and tell myself it's on the way and if there is no trouble in store for me, how silly of me to get into such a state of mind over nothing."

Have you tendencies of that sort? If you have it's a pretty good idea to take yourself in hand like Edith's mother and ward them off.

I have a friend, a widow, who has brought up unaided a family of six children. The years of their childhood were full of sickness and loneliness and times of terrible discouragement. She sold books, kept house for her babies, cooked and sewed day-times, and after they were tucked away in bed for the night went out and taught night school. When I asked her once how she ever did it she said: "Well, for one thing, having put my hand to the ploughshare, I never looked back. To have allowed myself the luxury of regret, to have brooded over what might have been had my husband been spared to me, would have been fatal."

### "March Breast Forward."

There's one good maxim for the

near-hypochondriac: "Never look back."

And when you look ahead into the future, look hopefully.

It's just as easy to hope for better times as it is to fear worse times.

What a shame for anyone to spoil the peace of the present with what may be utterly groundless fear for the future.

There's another good thought for the brooders to keep in mind.

## British Warships Break up Traffic

### IN RED SEA SLAVES.

LONDON.—(AP).—Although the slave trade is commonly supposed to have been suppressed all over the world, two British warships, the *Celantis* and the *Corndor*, have been engaged in suppressing this traffic in the Red Sea for the last two years. Not only have they succeeded in stopping most of the Red Sea slave trade, but they also have stopped gun-running which was occasionally attempted.

High prices are paid for slaves in this part of the world, who are generally captured from the coastal tribes and sold to the Arabs, who take their victims inland.

A communication from a number of the crew of the *Celantis* tells an interesting story:

"We had spent a brief period of two years in the Red Sea," he says, "witnessing very varied scenes of tropical life, and experiencing the almost intolerable heat of two summers. The duties of the two Red Sea sloops are primarily to frustrate the diabolical bartering of humans which unfortunately still continues to a much larger extent than one is led to believe."

"On one occasion a show was detained which had been thus trading, but it is to be regretted that the occupants successfully evaded capture, and carried away with them gold they had received for their slaves."

"It was, however, an exciting incident, for when we first tried to board they opened fire on our whalers. This necessitated the latter returning to the ship, and we eventually fired about eight rounds at the escaping crew."

"On another occasion a show was captured full of slaves, girls and boys between the ages of seven and seventeen."

"It was heartrending to stand by and see the hungry mites ravenously attack the bread we gave them. The show's crew endeavored to escape by jumping overboard and swimming ashore, but were successfully captured, and hope are entertained that they got their full deserts."

## Telephone System Inaugurated

A new wire is being strung from Curling to Humbermouth in connection with the telephone system which is being installed for the outlying parts of Bay of Islands. It is believed the telephone system will give the localities a better service than existed under the telegraph system and at a fraction of the cost. The telephone will be operated in conjunction with the general telegraph system.—Western Star.

## Everyone Highly Pleased—Star Movie Last Evening

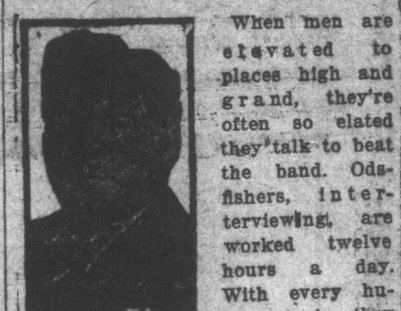
Lord Tennyson's Immortal Poem

## "Lady Godiva" in Six Parts

MR. TESORI SINGS: "PERFECT DAY" AND "LOVE SENDS A LITTLE GIFT OF ROSES."  
FAWNETTE DANCES "HUMORESQUE."

WEDNESDAY, a complete change of programme, with Fawnette and Tesori in a Tango, and Tesori will sing a Spanish Dance.

### THE QUIET MAN.



When men are elevated to places high and grand, they're often so elated they talk to beat the band. Odds-odds, interviewing, are worked twelve hours a day with every human topic they seem to be in touch, and all these people yawn are sure to say too much. They make some horrid blunder, they pull some boner, and all the voters wonder what loco weed they chewed. Then from the snowy summit they're laughed or hooted down; they find a dirge and hum it, and sink with their renown. My old friend Calvin's risen to heights supremely great; a silent course is his—he simply won't orate. He hears men's cry ascending, "Come bind us with a spell," but he, remote, unbending, responds not to their yell. In vain the people follow, "Oh, come to Pumpkin Hollow," "Oh, come to Bullfrog Beach!" Chautauque tents are waiting, town halls are all aglow, but Calvin's not orating, for marbles, chalk or dough. And so we have the feeling that he's a man of force, for we are tired of spilling, of wind-smiths loud and hoarse.

## At the Canada Club

Mr. Mackenzie King, with good judgment, selected the banquet given in his honor by the old Canada Club to make a great and important speech. He took this most suitable opportunity of fully and frankly explaining matters of international politics involving a new procedure which has caused some apprehension both in Canada and the Mother Country. It is the first time in our memory of speeches by Canadian statesmen at Canada Club dinners during the last 25 years that a speech of such quality, importance has been made, and the Canadian Premier is certainly to be congratulated both on the selection of his subjects and the fine quality of his address. It was unfortunate that the most important speech at the Canada Club was made at such a late hour that no adequate report of the Premier's speech appeared in the London Press.

In regard to the special Halibut Fisheries Treaty, concluded directly between Ottawa and Washington, Mr. Mackenzie King showed that the matter is one of purely domestic concern to the citizens of the Pacific seaboard of the two countries, and he took particular and explicit care to emphasize his cordial adherence to the policy that no individual action should be taken by any part of the British Empire on matters of vital concern to other parts of the Empire "without the full knowledge and consent of all."

His speech was noteworthy also for the broad and scholarly way in which he traced the growth of Canada up from the beginnings of its history as a Crown Colony to its present national status, and he took the example of the different Provinces of the Dominion working out their representative institutions as "emblematic of the League of Nations which makes up the British Empire." From the racial and other diversities he claimed that the leaders of Canada had "learned how to bring out of these differences a unity which emphasizes the things which we have in common rather than the things which divide," and from this, he claimed, "we have learnt how to live and live and how to forget and forgive."

Mr. Mackenzie King, in his policy and in his speeches, evidences a pride in and love of Canada equal to that evinced by any of his predecessors, and in this speech he showed the imagination of a statesman, rather than of a politician, in the value he attached to the historical archives which have been so splendidly augmented by the gifts of Lord Dufferin and Sir Leicester Harcourt. The British Empire is regarded as so important that "a not inconsiderable part of their history would probably have to be re-written from these original records," Mr. Mackenzie King profoundly realizes the powerful influence which knowledge of and pride in Canada's early constitutional history can exert in forming the Canadian people to their fullest national stature; he feels that their well-justified belief in the enormous possibilities existence when it thus provides an occasion for public utterances so authoritative and friendly before an audience that can appreciate their importance.

# RUBBERS

For Everybody

AT

## PARKER'S Shoe Shops

**This is Rubber Season**  
again, and every shoe and foot should be protected with a pair of our good Rubbers. All styles and prices.

### RUBBERS

for every new model and shape.

### School Rubbers

that save Shoes and cut down doctors' bills. Some rubbers are good. Ours are the best.

## Special



**LADIES' TAN RUBBERS**—Medium heel and pointed toe. All sizes. Only \$1.10  
Same style in low heels. \$1.10  
Special Price . . . . .

**MEN'S STORM RUBBERS**—Good wide shape. Sizes 6 to 10. \$1.45

**MEN'S LOW CUT RUBBERS**—Medium pointed toe. . . . . \$1.50

**MEN'S STORM RUBBERS**—Stylish pointed toe. All sizes. \$1.50  
Only . . . . .

**MEN'S STORM RUBBERS**—Extra good quality. All sizes. \$1.65

**MEN'S ROLLED EDGE RUBBERS**—The Rubber for real wear; will fit any boot. Only \$1.60

**MEN'S ROLLED EDGE RUBBERS**—The famous "Winner" Brand; extra good quality. All sizes. \$1.85

**MEN'S DARK TAN RUBBERS**—Pointed toes. Only \$1.90

**MEN'S DARK TAN RUBBERS**—Wide toes. All sizes. \$1.90

**MEN'S HEAVY DULL RUBBERS**—With red sole and heel. The Rubber for hard wear. The Pair \$2.30

**BOYS' HEAVY DULL RUBBERS**—With red sole. Sizes 11 to 2. \$1.70

**BOYS' HEAVY DULL RUBBERS**—Sizes 3 to 6. Only \$1.95

**LADIES' BLACK STORM RUBBERS**—Medium heels and toes; superior quality. All sizes. \$1.10  
Same style with high and low heels. Only . . . . .

**LADIES' BLACK LOW CUT RUBBERS**—Shaped to fit the boot. Medium heel and pointed toe. \$1.15

**LADIES' BLACK LOW CUT RUBBERS**—With low heel and pointed toe. Only \$1.15

**LADIES' BLACK LOW CUT RUBBERS**—Medium heels and pointed toes. Only \$1.05

**LADIES' BLACK LOW CUT RUBBERS**—Same style with low heels. All sizes. Only \$1.05

**LADIES' LONG RUBBERS**—Extra good quality. All sizes. \$3.60  
The Pair only . . . . .

**LADIES' HIP RUBBERS**—\$4.75  
All sizes . . . . .

**CHILD'S BLACK STORM RUBBERS**—Sizes 6 to 10. Price . . . . . 89c.

**CHILD'S LOW CUT RUBBERS**—All sizes. Only . . . . . 80c.

**CHILD'S BLACK STORM RUBBERS**—Rolled edge. The real thing for school wear. . . . . 85c.

**MISSES' STORM RUBBERS**—Good quality. Sizes 11 to 2. 96c.  
Only . . . . .

**MISSES' BLACK RUBBERS**—Rolled edge. Sizes 11 to 2. Only 98c.

**MISSES' LOW CUT RUBBERS**—Rolled edge. Sizes 11 to 2 only.

**CHILD'S TAN STORM RUBBERS**—Extra good quality . . . . . 89c.

**CHILD'S TAN LOW CUT RUBBERS**—The Pair . . . . . 85c.

**MISSES' TAN STORM RUBBERS**—Sizes 11 to 2. The Pair \$1.00

**BOYS' STORM RUBBERS**—Rolled edge. Sizes 11 to 2. Only \$1.05

**BOYS' STORM RUBBERS**—Rolled edge. Sizes 3 to 6. Only \$1.27

**BOYS' LONG RUBBERS**—\$2.95  
Sizes 11 to 2 . . . . .

**BOYS' LONG RUBBERS**—\$3.90  
Sizes 3 to 6 . . . . .

## GET YOUR RUBBERS NOW!

# Parker & Monroe, Ltd.

THE SHOE MEN

Use Sam Eddy, The Taxi Man—open and closed cars. Phone 1551J.—nov.6, 1923  
MINARD'S LINIMENT FOR SALE EVERYWHERE.



## Send for This Book NOW!

This book, "Canada's Health and Wealth," is needed in every home in Canada. Filled with astounding facts and figures, crowded from cover to cover with useful hints, it is a mine of information—it is of real value to people in every walk of life.

It gives the housewife valuable hints on cooking—cleaning—laundrying and housework in general.

It contains facts of extreme interest to everyone who owns an automobile. For farmers it gives much reliable and authentic information on live stock, agriculture and valuable formulas for treating crops.

In addition there are important statistics regarding the wealth and resources of the Dominion which will challenge the pride of all Canadians.

Above all, the pages of advice on matters of health and good living will prove invaluable in every home.

Don't wait until all these books are gone. Send for your copy now. Just fill in the coupon—send it to us—and by return mail the book will come to you, prepaid.

THE NATIONAL DRUG & CHEMICAL CO.

of Canada Limited

Toronto Ontario

THE NATIONAL DRUG & CHEMICAL COMPANY OF CANADA, LIMITED  
DEPT. P.A.—TORONTO, ONTARIO

Please send me a FREE copy of "Canada's Health and Wealth."

Name . . . . .  
Address . . . . .

### What it contains

A few random selections from the 400 pages:  
Hints to Ford Owners  
Live Stock  
Household Hints  
Cooking Measurements  
Cleaning Hints  
Facts for Farmers  
Where Canada Leads

### It's FREE

Send to-day