

# A BIG JOB IN SPRING BLINDS.

## 35 Dozen American Spring Blinds.

36 inches wide. Good strong roller and spring. Cream shade only. Good value for \$1.00 each, clearing the lot at only **85c. each.**

## WALL PAPERS a Specialty.

GIVE US A TRIAL.

*Marshall Bros*

### Side Talks by Ruth Cameron

#### HELPS FOR SLEEPLESSNESS.

The G.P. has another word of that which everyone wishes to give and no one wishes to offer.

G. P. stands for Grateful Patient, and you may guess what it is she wants to offer.

The G. P. you may remember, offered to send the name of a certain book.

Her Mind Keeps Her Awake. A queer thing has happened to her. She gets better physically, she has a much harder time getting to sleep. She thinks that when she was in a low condition physically, she did not get so tired that she simply dropped asleep from exhaustion; and that she is not so exhausted, her mind keeps her awake. She had even so that she dreaded to go to bed for fear she wouldn't sleep (a fact of mind that naturally makes her worse), when a friend told her she had recommended the book.

The book advised tired or run people to get all the sleep they could and then suggested this plan: those who have trouble in getting to sleep, just as you are going to bed, think of a number of things, such as pink elephants, smiling peanuts, et cetera.

The G. P. found difficulty in applying this remedy until a friend who had been using the method for some time taught her how to work it.

The Sort of Things to Think Of. The friend sat on the edge of her bed and spoke as follows, "Think of a pink elephant with a rainbow tied around his neck in a bow under the tail. Think of a barber shop with a key all dressed in a white coat, giving a lion who is reading a newspaper. Think of a tiger in the corner, manhandling another monkey's tail. Think of a business man with a peanut for a face sitting at a desk, a peanut stenographer taking dictation, and a peanut wife with a hat on her peanut head coming to the door. Think of a great big ship with four masts sailing right

through the clouds and its anchor dragging and catching hold of a house. . . ."

The G. P. thought faithfully of all those things and presently found herself very sleepy. "Go away," she commanded, and the friend tiptoed out, and in three minutes the G. P. was drifting off to dreamland, thinking of an alligator eating an ice cream soda.

The next night she suggested the same sort of things to herself with similar results.

Drive Any Plans Out. You must be careful, she warns, not to let any plans or problems, or regrets, or any of the other mental activities that are deadly to sleep, intrude for a minute. If they poke themselves in, exercise them with a pink elephant or a smiling peanut.

When I related the G. P.'s experience to a friend, she said, "Yes, I read about it in that book and I think it's ridiculous. I know it wouldn't help me."

"Have you tried it?" I asked. "No," she said. The G. P. has.

### PILES

Do not suffer another day with itching, bleeding, or protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and as a certain cure you. See a box at dealers, or Edmondson, Bates & Co., Limited, Toronto. Sample box free if you mention this paper and enclose 1c. stamp to pay postage.

Sanitary Advice. Now that the warm weather is approaching, thorough attention should be given to the sanitation of the house. All waste pipes should be flushed with boiling lye in sufficient quantities to eat away the accumulation of grease that coats the interior of the pipes leading from the kitchen sink. A solution of carbolic acid is invaluable for flushing the pipes leading from stationary washstands. The solution in either case should be poured rapidly, so that the pipes are full and every bit of the interior surface is thus made sanitary. A pound of copperas dissolved in a pail of water is an excellent solution, as also a boiling solution of sal soda, one pint to three gallons of water.

California Sunkist Oranges, all sizes; California Apples, Lemons, Walnuts, Hazel Nuts, Brazilian Nuts, Almond Nuts, wholesale and retail at GLEESON'S, 108 Water St. -Feb 13, 1919, 11

### P. E. I. Potatoes!

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Wholesale Grocers. Please note our new address: QUEEN STREET, cor. of George. Phone 480. P. O. B. 425.

### Just Folks

Edgar & Guest

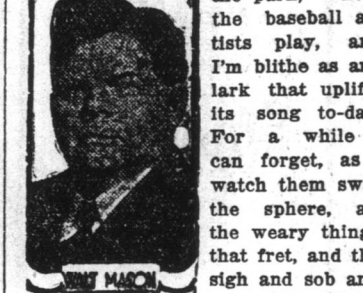
YOU. What if another doesn't see That shady little trick you do, And men award its prize to you, And think by skill you gained the crown.

There is one voice you cannot drown— One little voice inside your breast That never gives you any rest.

What if the whole world you deceive And take its glory and its pelf, This thought must ever make you grieve— You have no power to cheat yourself. Though, no one else knows how you won, Or just what little trick was done, And strangers praise you as you go, Deep down within your breast, you know.

What if dishonor leave no stain, And all your friends shall think you fair, If you have sold the truth for gain, Think you that you shall cease to care? The prize you hold will jeer at you: "I mark the hour you were untrue!" A constant witness from the self— You fooled the world, but not yourself.

### THE GAME.



I am going to the park, where the baseball artists play, and I'm blithe as any lack that uplifts its song to-day. For a while I can forget, as I watch them sweat the sphere, all the weary things that fret, and the sigh and sob and tear. There'll be time to walk the floor with a weep in my hand, when this bully game is o'er and the visitors are canned. Oh, our pitcher is in form, and a mighty arm is his; when that wing gets good and warm he'll show wizards how to wiz. When I see him winding up I forget that I must drink sorrow from a bitter cup, that will put me on the blink. I forget that rents are high, that the larder's bare of hash, that the children wait for pie, clothing, shoes and succotash. I forget that profiteers who have soaked us left and right, that the bankrupt court appears as the only thing in sight. For a while I cast aside all my brooding and despair, when I see our heroes slide round the bases on their hair. When I see the joyous mob at the ball games, as of yore, "Well," I murmur, through a sob, "we are growing sane once more."

Charles Dana Gibson has a big, fine, open face, aglow with health. His forehead is wide and his features strong and impressive. He perpetually wears an old-fashioned stand-up collar and looks, when clad for the street, more like a bank president or preacher than an artist.

### 60 Years Old Today

Feels as young as ever. PEOPLE who are able to talk like this cannot possibly have impure blood—they just feel fit—no headaches, dyspepsia or bilious disorders.

These diseases can be cured by Dr. Wilson's Herbine Bitters. A true blood purifier containing the active principles of Dandelion, Mandarin, Burdock and other medicinal herbs. Sold at your store 4c a bottle. Family size, five times as large \$1.00. THE BRATLEY DRUG CO., Limited, ST. JOHN'S, N. F. Dr. Wilson's Dandelion Bitters, is made from pure herbs. Reliable, harmless.

For sale by all Druggists and first-class Grocers.

### Mainly About People.

Sir Percy Scott, the naval authority, who has started a controversy over the English fleet's part in the great war, is the greatest gunnery expert in the English navy. He ascribed the escape of the German fleet after Jutland to the fact that the British fleet was not properly equipped for fighting an action at night.

Boston has in Arthur Martell one of the highest paid organists in the country. He has just signed a 10-year contract with the Olympia Theater people at \$10,000 a year. He is a native of Springfield, Mass. Martell has memorized hundreds of songs and organ selections.

The Indians are trying to get the Prince of Wales to extend his trip beyond Australia to India. His father and mother visited India 19 years ago as the Duke and Duchess of Cornwall. King George at that time opened the first parliament of Australia.

Many Canadians will be interested to learn that Rev. Mark Gay Pearce, who has visited Canada on several occasions, and who over thirty years ago assisted the Rev. Hugh Price Hughes in the founding of the West London Mission, is still in excellent health and able to preach and lecture very much as in the old days, though he is over eighty-two years of age.

The latest addition to the ranks of literary prodigies is Carl Morris, a boy of fifteen and a half, from whom a London firm of publishers has just accepted a 1,000-word novel, entitled "The Power of Love." It was accepted on its merits alone. Carl selected a publisher haphazard from a list he found in a periodical, and sent the manuscript by registered post without disclosing his age. The publisher was amazed when he learned the facts about the youthful author, and asked for more.

Edgar Wright, a working man living at Sutton Bridge, Lincolnshire, has a hare which he has tamed and taught to play a tambourine and turn a wheel. He caught it on a farm when only two days old and fed it with a spoon until it was able to feed itself. Its queer antics about the house led to its being trained, and it will now tap the tambourine with its forepaws as often as it is asked. It stands on its hind legs to turn the wheel. After it has done its "turn" it returns to Mr. Wright, and either nestles down to rest or climbs about him, after the manner of a kitten.

I want another bottle of "Brick's Tasteless", it is the best preparation I have ever taken to give me an appetite.—apr 25, 19

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the Columbia Grafonola is the sum of all that has been done so far by science to perfect sounds and harmonies. Come in and let us play for you any Columbia Grafonola you want to hear.

**U. S. Picture & Portrait Co. Grafonola Department.**

**NOTICE!**

**Nfld. Government Coastal Mail Service.**

Freight for S. S. PROSPERO will be received at the wharf of Messrs. Bowring Brothers, Limited, from 6 a.m. Monday, May 17th, for the following ports of call:—

Bay de Verde, Trinity, Catalina, King's Cove, Greenspond, Wesleyville, Seldom, Fogo, Change Islands, Herring Neck, Twillingate, Moreton's Hr., Exploits, Fortune Hr., Leading Tickle, Pilley's Island, Springdale,	Little Bay Is., Little Bay, Nipper's Hr., Tilt Cove, LaScie, Pacquet, Coachman's Cove, South Arm, Bear Cove, Westport, Jackson's Arm, Englee, Conche, St. Anthony, Griquet, Quirpon.
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(Weather and Ice Conditions Permitting.)

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Acting Minister of Shipping.

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By Gene Byrnes

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- 1 8-H.P. PALMER MARINE ENGINE, complete and in good shape.
- 1 16-H.P. MARINE ENGINE, complete and in good shape.
- 1 750 WATT DYNAMO and ENGINE, complete with all fittings.
- 1 1500 WATT DYNAMO and ENGINE. This is a direct connected set and is complete and in perfect shape. Can be used for direct lighting, charging storage batteries, running a wireless outfit or marine lighting plant.

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apr 23, 19

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YOU'RE LUCKY THAT YOU GET A NICKEL TO SPEND NEVER GET MORE THAN A PENNY

GIMME FIVE CENTS WORTH OF CHERRIES

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CANT! I'M GONNA TAKE THEM HOME TO MY MAMMA AN HAVE HER MAKE ME A NICE APPLE PIE WITH THEM