

"I FEEL LIKE A NEW BEING"

"FRUIT-A-TIVES" Brought The Joy Of Health After Two Years' Suffering



MADAM LAPLANTE
 25 St. Rose St., Montreal, April 14th.
 "For over two years I was sick and miserable. I suffered from constant headaches, and had palpitation of the heart so badly that I feared I would die. There seemed to be a lump in my stomach and the constipation was dreadful. I suffered from Pain in the Back and Kidney Disease.
 I was treated by a physician for a year and a half and he did me no good at all. I tried "Fruit-a-tives" as a last resort. After using three boxes, I was greatly improved and twelve boxes made me well. Now I can work all day and there are no headaches, no palpitation, no Pain or Kidney Trouble and I feel like a new being—and it was "Fruit-a-tives" that gave me back my health."
MADAM ARTHUR LAPLANTE.
 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
 Aim—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.
 Motto—For God and Home and Native Land.
 BANNER—A knot of White Ribbon.
 WATCHWORD—Agitate, educate, organize.
OFFICERS OF WOLFVILLE UNION.
 President—Mrs. L. W. Sheep.
 1st Vice President—Mrs. J. Cutton.
 2nd Vice President—Mrs. R. Heild.
 3rd Vice President—Mrs. Geo. Fitch.
 Recording Secy.—Mrs. W. O. Taylor.
 Cor. Secretary—Mrs. L. E. Duncan.
Treasurer—Mrs. H. Pines.
SUPERINTENDENTS.
 Labrador Work—Mrs. Fielding.
 Lumbermen—Mrs. J. Kempton.
 Willard Home—Mrs. M. Freeman.
 Temperance in Sabbath-schools—Mrs. Dr. Brown.
 Evangelistic—Mrs. Purves Smith.
 Peace and Arbitration—Mrs. J. Read.
 Press—Miss Margaret Barse.
 White Ribbon Bulletin—Mrs. Walter Mitchell.
 Loyal Temperance Legion—Mrs. L. Hand.

Point of View

"Oh, life has nothing to give,"
 Cried the cynic, with a wail,
 "We live to work, or work to live,
 And Fate stands hard by with his bail."
 Heigho, heigho; a world of woe!
 That's the burden of my tale."
 "Oh, life is bright and glad,"
 Sang the lover-joyously;
 "Glorious rapture, passion mad,
 Make a world of ecstasy."
 Heigho, heigho, and on I go,
 Carolling continually.
 "Oh, life is empty quite,"
 Said the woman, with a sneer;
 "I am bored by doing right,
 Wrong I daren't do, for I fear,
 Heigho, heigh, the world I know,
 And count the knowledge dear."
 "Oh, life's a fragrant flower,"
 Thus the maiden, with a smile;
 "Opening more and more each hour,
 Blooming, scenting all the while,
 Heigho, heigh. Unhappily? No!
 I'm a stranger yet to guile."
 "Oh, life is good, though hard,"
 Said the worker. "Hear this code;
 Earth still has its spikenard,
 Courage lightens any load!
 All the way I tread with God!
 Christ Himself this path has trod!"

A Total Abstainer.

The Hon. Ben B. Lindsey, the famous "boys' judge" of the Juvenile Court of Denver, makes the following declaration of his own present practice and belief:
 "I am a Total Abstainer.
 On occasions I have taken wine after hard work; but I think that was one of the most dangerous and most foolish things I ever did.
 It is only within recent years that I have determined to be a total abstainer, because I think it best for my physical and moral health, and because I wish to set a good example to others.
 I believe that every boy and girl should be taught to avoid liquor in any form, as he would be taught to avoid poison in any form. The consumption of liquor, no matter in how small a quantity, when taken in the form of beer, wine or whiskey, etc., is simply another form of slowly poisoning the body.
 I wish every boy in America would keep the pledge to refrain from intoxicating liquor of any kind of character."

RHEUMATISM ARRESTED

Many people suffer the tortures of lame muscles and stiffened joints because of impurities in the blood, and each succeeding attack seems more acute until rheumatism has invaded the whole system.
 To arrest rheumatism it is quite as important to improve your general health as to purify your blood, and the cod liver oil in Scott's Emulsion is nature's great blood-maker, while its medicinal strengthening the organs to expel the impurities and uphold your strength.
 Scott's Emulsion is helping thousands every day who could not find other relief. Refuse the alcoholic substitutes.

as a beverage, to dwell in his power to end the fatal habit and the liquor traffic, and to abstain from the use of tobacco in any form.
 I have been in the Juvenile Court ten years, and in that time I have had to deal with thousands and thousands of boys who have disgraced themselves and their parents, and who have brought sorrow and misery into the lives, and I do not know of any habit that is more responsible for the troubles of these boys than the vile cigarette habit. No pure minded, honest, manly, brave, genteel boy will smoke cigarettes.—Ben B. Lindsey.

A Movement Against the Liquor Canteen.

At the annual meeting of the officers of the 20th Regiment, Lt. Col. K. H. recently held in the town of Milton, Ont., the question of liquor canteens at camps of military instruction was discussed and a strong resolution was recorded against the establishment of such. A number of the officers had expressed their desire to see the removal of all unnecessary temptation from camps, which change they believed would lead to the enlistment of a better class of men, the following resolution was adopted with practically no dissenting votes—
 "That we, the officers of the 20th Regt. here assembled, do strongly disapprove of the liquor canteen system now in vogue at camps of military training, and it is hereby resolved that we take such steps as are possible towards the abolishing of the canteen in the 20th Regt. and also strongly approve of the abolishing of all strong drink canteens at all military training camps in Canada."

A Patriotic Duty.

We are now approaching the close of the second year of the great world struggle into which Canada has entered with the same zeal and loyalty as shown by all other parts of the British Empire. Our brave fellows are daily returning from the front worn out, wounded and scared, many of them disabled for life, but with deep satisfaction that they had done their duty for King and Country. Others again have paid the supreme price and have laid down their lives leaving behind them helpless widows and children. In either case the cruel war is causing intense suffering as the reward of noble sacrifice. How great we can show our appreciation of the bravery and unselfishness of those who are returning from the front has already become one of the serious problems of the war.
 The Federal Pension Fund provides pensions as far as possible for these disabled heroes and their families but as the number of returned soldiers increase the fund will be quite inadequate to supply actual needs much less comforts, to those who have given up everything to fight for us. A great deal more than a pension must be given to our men. The feeling of charity in the ordinary sense of the word must not be allowed to warp the spirit of our giving in this matter. We must make up our minds in some way to supplement largely the Government pensions, and if we were to give until we reached the verge of poverty, we should still be deeply in debt to these men and their dependents. A letter recently to the press from Mr. Angus Sinclair draws special attention to the immediate need for help for our wounded soldiers.
 In England a movement has been set on foot by the Prince of Wales as Chairman of what is known as the Central Statutory Committee, which is working under the War Pensions Act, to provide adequately for wounded soldiers, and which combines the efforts of the State, of local authorities and of voluntary associations. In Canada steps are being taken to profit by the good example thus set to us in the old land, and just as we have been ready to follow the Mother Country into the lines of battle, so should we hasten to emulate her in our efforts to give every possible comfort to our wounded and disabled soldiers.—Journal of Commerce.

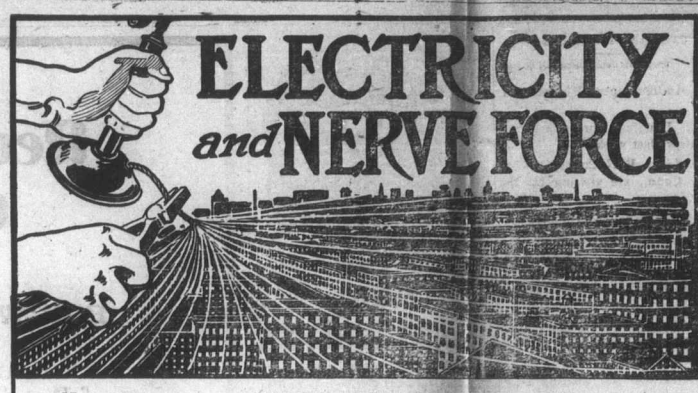
Advertising Axioms.

The following sayings re advertising have been acknowledged as maxims or facts: You cannot deny them. Experience, observation and experiment have removed them from the doubtful class to certain:
 1. A business not worth advertising is not worth having.
 2. A dollar judiciously spent in advertising will always double itself.
 3. No man ever went broke by advertising, but there are thousands who go into bankruptcy annually because they don't advertise.
 4. The suburban merchant who blames his neighbors for going into the city, is himself responsible for the exodus.
 5. It is a pity that non-advertising merchants cannot see the fact that he is paying the bills of his advertising competitor.

DR. A. W. CHASE'S 25c. CATARRH POWDER
 Is sent direct to the diseased parts by the Improved Blower. It soothes, cleans, clears the air passages, stops dripping, cures Catarrh and Hay Fever, and is a safe, powerful cure. Accept no substitutes. All dealers or Edmondson, Bates & Co., Limited, Toronto.

Children Cry FOR FLETCHER'S CASTORIA

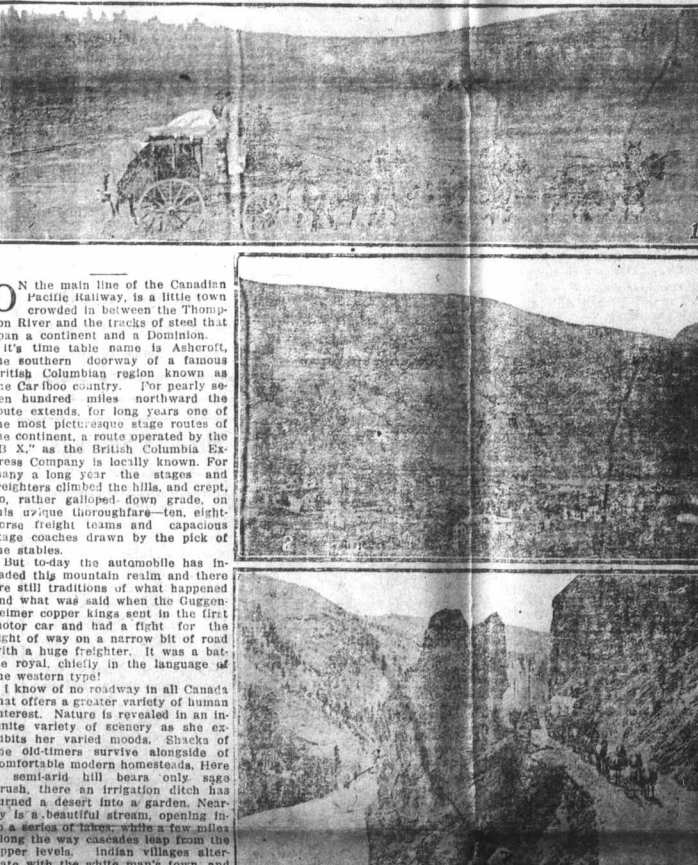
Mrs. Justwed—And would you really do anything for me, Jack?
 Justwed—D. Fling I swear it!
 Mrs. J.—Then would you please let my brother Bob, the surgeon, operate on you for something? He's just starting in, you know!



Nerve Force is so much like Electricity, and the latter is so much better understood, that we have used this vivid telephone picture to illustrate what takes place in the human system when the connecting nerve fibres are deranged or something goes wrong at Central.
 In the nervous system the Central where the Nerve Force is created, and whence are issued the orders which control the whole human body. Here is consumed one-fifth of the blood in the human body, and when the blood supply is deficient in quality or quantity, the brain and the nervous system are first to feel the effects.
 Neuralgic pains and headaches, inability to rest or sleep or concentrate the mind, dizziness and noises in the ears, are some of the symptoms of a starved nervous system.
 Just as machinery lags when the current of electricity fails, so the bodily organs weaken when the supply of nerve force runs low. Digestion is impaired and you lose appetite, the liver, kidneys and bowels are deranged, the heart, lungs, and the heart's action weakens, circulation is slow, hands and feet are cold, you are easily tired, lose ambition and grow downhearted and discouraged.
 This describes the condition under which Dr. Chase's Nerve Food can prove of greatest assistance to you. Forming rich blood it feeds the starved, exhausted nerve and brain cells back to health and vigor. The new vital nerve force flows out through the intricate system of nerve fibres to every member and every organ of the body, carrying new vigor, energy and strength and driving out pain, weakness and disease.
 50 cents a box, 6 for \$2.50, all dealers, or Edmondson, Bates & Co., Limited, Toronto. Do not be talked into accepting a substitute. Imitations disappoint.

Dr. Chase's Nerve Food
 Dr. Chase's Recipe Book, 1,000 selected recipes, sent free if you mention this paper.

A Trip Through the Cariboo Country



ON the main line of the Canadian Pacific Railway, in a little town crowded in between the Thompson River and the tracks of steel that span a continent and a Dominion. It's time table name is Ashcroft, the southern doorway of a famous British Columbian region known as the Cariboo country. For nearly seven hundred miles northward the route extends, for long years one of the most picturesque stage routes of the continent, a route operated by the "B. C." as the British Columbia Express Company is locally known. For many a long year the stages and freighters climbed the hills, and crept, no, rather galloped down grade, on this unique thoroughfare—ten, eight-horse freight teams and capacious stage coaches drawn by the pick of the stables.
 But to-day the automobile has invaded this mountain realm and there are still traditions of what happened and what was said when the Guggenheimer copper kings sent in the first motor car and had a fight for the right of way on a narrow bit of road with a huge freighter. It was a battle royal, chiefly in the language of the western type!
 I know of no roadway in all Canada that offers a greater variety of human interest. Nature is revealed in an infinite variety of scenery as she exhibits her varied moods. Shacks of the old-timers survive alongside of comfortable modern homesteads. Here a semi-arid hill bears only sage brush, there an irrigation ditch has turned a desert into a garden. Nearby is a beautiful stream, opening into a series of lakes, while a few miles along the way cascades leap from the upper levels. Indian villages alternate with the white man's town, and the Oriental looks out at you from his shop or laundry or cook place. It is a meeting place of the nations in the Cariboo road.
 Every mile is reminiscent of the gold rush of the 'Fifties, when thousands of adventurers, afflicted with "the narrowing lust for gold," penetrated the wilderness from which few ever emerged. Legend and tragedy of good size, weighting 67 pounds at the head of her pullet year's laying. Regarding the breeding of this bird, it may be said that she came from a very high laying ancestor. She represents the bringing together of a number of different blood lines, each of which has been highly bred for egg-producing ability.
 "What is your idea of the way a man ought to propose to a girl, asked a bashful man. "Ought he to get down on his knees?"
 "I think so," replied Mrs. Caspene. "He might as well make himself ridiculous as possible at the outset, so that she won't be so much surprised after they are married."
 "Did the deacon die from infirmities of old age?"
 "So the clerk said who ran over him. He could not seem to hear, see or smell anything."
 "I was cured of Bronchitis and Asthma by MINARD'S LINIMENT."
 MRS. A. LIVINGSTONE.
 G. S. P. E. I.
 I was cured of a severe attack of Rheumatism by MINARD'S LINIMENT.
 MASHOE BAY.
 JOHN MADDER.
 I was cured of a severely sprained leg by MINARD'S LINIMENT.
 BRIDGEWATER.
 JOSEPH A. WYNACHT.
 We have the finest and tallest police men in London that the world can produce," said an Englishman.
 "The policemen in Edinburgh are so tall that they can light their pipes from the street lamps," said the Scotchman.
 "Sure now the peelers in Dublin are that tall they have to stand in a coal pit to have their cut," said the Irishman.—R. Exchange.

The Champion Hen.
 The Barred Plymouth Rock No. 414 M. which made such a wonderful performance record at the Maine Agricultural Experiment Station in her pullet year, began laying again in her second year, and bids fair to make a record which will equal and possibly surpass that of her pullet year. As the record stands, the bird is the highest laying hen of the Barred Plymouth Rock breed that has yet been produced. When it is remembered that it was only a dozen years ago that a record of 200 eggs in a year was considered wonderful, the people of Maine may well be proud of the fact that there has been produced within their state a hen capable of laying 298 eggs in 12 months.
 In no respect is this bird a freak. It is simply the result of well planned and carefully executed breeding. She is trim and smart in appearance, or jump.

This You Can Do

A gifted Christian writer has undertaken to tell the rest of the story of the Prodigal Son. He pictures the younger son going out into the city and finding a boy who was just starting for the far country and winning him back by sympathy and love. After he had won him, the younger son of the parable felt that he had nothing to give but the lad replied, "Thou hast given me everything, for all I had need of was a friend." And are there not thousands upon thousands just like him, and is not the finest and fullest opportunity that comes to any of us that opportunity of being a friend to men and women just when the one thing they need is a friend? We should not sigh for a mission when there is this: we can do, this thing more splendid, and more difficult too, than any we will ever undertake; this thing of helping men and women and boys and girls into the ways of noble and high living through the magic door of friendship. That task is worth spending a life time at, surely.
 A man once was talking about hard luck, and his friend was listening with a sour expression. Why, you don't

Children Cry FOR FLETCHER'S CASTORIA

Mother was measuring a dose of tonic for her little son, who looked up and said:
 "What am I taking this for?"
 "An appetite," she replied.
 "An appetite," he scornfully retorted, "I know I have broken them, but I shall make others quite as good next year."
 "O James," Mrs. Jones said reproachfully to her husband about the middle of January, "you have broken those good resolutions you made the first of the year!"
 "Yes, I know," Jones answered coolly, "I know I have broken them, but I shall make others quite as good next year."

CASTORIA For Infants and Children.

The Kind You Have Always Bought
 Bears the Signature of *Dr. J. C. Fletcher*
 Guest—Delightful party you are having tonight, old chap.
 Host—Yes, I'm giving it to my wife. It's the twelfth anniversary of her thirtieth birthday.
CASTORIA
 For Infants and Children.
 The Kind You Have Always Bought
 Bears the Signature of *Dr. J. C. Fletcher*
 Guest—Delightful party you are having tonight, old chap.
 Host—Yes, I'm giving it to my wife. It's the twelfth anniversary of her thirtieth birthday.

PAINS IN SIDE AND BACK

How Mrs. Kelly Suffered and How She was Cured.
 Burlington, Wis.—"I was very irregular, and had pains in my side and back, but after taking Lydia E. Pinkham's Vegetable Compound Tablets and using two bottles of the Sanative Wash I am fully convinced that I am entirely cured of these troubles, and feel better all over. I know your remedies have done me worlds of good and I hope every suffering woman will give them a trial."—Mrs. ANNA KELLY, 710 Chestnut Street, Burlington, Wis.
 "The most convincing testimonials constantly published in the newspapers ought to be proof enough to women who suffer from those distressing ills peculiar to their sex that Lydia E. Pinkham's Vegetable Compound is the medicine they need."
 "This good old root and herb remedy has proved unequalled for these dreadful ills; it contains what is needed to restore women's health and strength."
 If there is any peculiarity in your case requiring special advice, write the Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for free advice.

COALI COALI COALI

Carefully Screened and Promptly Delivered.
Springhill, Albion Nut and Old Sydney.
GIVE US A TRIAL.
Burgess & Co.

R. J. Whitten & Co., HALIFAX

Receivers and Sellers of all kinds of Farm Produce.
Consignments Solicited.
Prompt Returns.

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Dr. A. J. McKenna
 Graduate of Philadelphia Dental College
 Office in McKenna Block, Wolfville.
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 Gas Administered.

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 "M. D., O. M. (McGILL)."
 One year post graduate study in Europe.
 Office hours: 8-1 a.m., 1-7 p.m.
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A. B., M. D. (Harvard)
 Office at residence of late Dr. Bowles.
 Telephone 23.
 Office Hours: 8-1 a.m., 1-3, 7-9 p.m.
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 BARRISTERS, SOLICITOR
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 Expert Piano Tuning

Voicing, Regulating, Repairing Organs Tuned and Replied.
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 P. O. Box 321, Wolfville, N. S.

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 Licensed Auctioneer for towns of Kentville and Wolfville, N. S.

Electrical Supplies
 Dealer in Electrical Supplies of every description. Electrical Wiring a specialty. All work guaranteed. Store next to Callin's Drug Store. Open every evening. P. O. Box 1, Wolfville.
L. W. PORTER
G. PURVES SMITH
M. B.—C.M., Edinburgh
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 Consultation Hours: 10 a.m.—12 noon
 2 p.m.—4 p.m.
 Monday Excepted. Telephone 163.
 Westward Avenue, Wolfville, N. S.

FOR SALE

Those interested in building lots at the west end, would do well to confer with R. C. Johnson, as he is now offering for sale the only available lots at this center.
 "What am I taking this for?"
 "An appetite," she replied.
 "An appetite," he scornfully retorted, "I know I have broken them, but I shall make others quite as good next year."

E. B. SHAW

Repairing of Boots and Shoes of all Kinds
 Has resumed business at the old stand in his new building.
Orders Solicited and Carefully Executed

Wolfville Time Table

DOMINION ATLANTIC RY
 STEAMSHIP LINES
 ST. JOHN & DIGBY, N.S.
DOMINION ATLANTIC RY
 YARMOUTH & KINGSTON, N.S.
 BOSTON & WASHINGTON STEAMSHIP CO.
 YARMOUTH LINE —
 LAND OF EVANGELINE ROUTE
 Effective 1st April 17th, 1916.
 Service daily, except Sunday.
 LEAVING.
 Express for Halifax and Truro 6.15 a.m.
 Express for St. John and Yarmouth 9.54 a.m.
 Express for Halifax and Truro 4.15 p.m.
 Express for Halifax 5.54 p.m.
 Accom. for Halifax 11.25 a.m.
 Accom. for Middleton 12.55 p.m.
 Express trains leaving at 9.54 a.m. daily, except Sunday, and 5.54 p.m. on Saturday only connect at Kentville with G. V. Branch train for Kingport.
 ARRIVING.
 Express from Kentville 6.15 a.m.
 Express from Halifax & Truro 9.54 a.m.
 Express from Yarmouth 4.15 p.m.
 Express from Halifax 5.54 p.m.
 Accom. from Halifax 11.25 a.m.
 Accom. from Halifax 12.55 p.m.
ST. JOHN AND DIGBY
 Daily Service (Sunday Excepted)
 Canadian Pacific Railway S. S. "Empress" leaves St. John 7.00 a.m. arriving in Digby about 1.15 p.m. Leaves Digby 1.00 p.m. arriving St. John 5.00 p.m. making connection with G. V. Branch train for Kingport.

Boston Service
 Express train leaving at 9.54 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., Ltd., sailing Wednesdays and Saturdays for Boston.
 Buffet parlor cars run each way, daily, except Sunday, on Mail Express trains between Halifax and Yarmouth.
 R. U. PARKER
 General Passenger Agent,
 George E. Graham, General Manager
 Kentville, N. S.

McKenna Block

WOLFVILLE
 Is the place to get your SHAMPOO, MANICURING, CHIROPY, MASSAGE
 Soap and Face Treatment a specialty. All promptly attended to.
MRS. B. MELANSON
PUBLIC NOTICE.
 The public are hereby forbidden the use of my property as a thoroughfare for teams between Main and Front Streets. Persons persisting in thus trespassing will be prosecuted without further notice.
 EVANGELINE D. BOWLES.
 Wolfville, Sept. 10th, 1915.

Yarmouth Line

Steamship Prince Arthur
 Leaves Yarmouth Wednesday and Saturday at 2 P. M. Returns, leaves Central Wharf, Boston Tuesday and Friday, at 1 P. M.
 Connection made with trains of the Dominion Atlantic Ry. and Halifax and South Western Ry. to and from Yarmouth.
 Tickets and Staterooms at Wharf Office.
 A. E. Williams, Agent,
 Yarmouth, N. S.
BOSTON & YARMOUTH CO.
STEAMSHIP CO., LTD.

JOB PRINTING!

Neatly and Promptly Executed at

THE ACADIAN

We print Wedding Invitations, Calling Cards, Letter Heads, Note Heads, Statements, Bill Heads, Envelopes, Shipping Tags, Business Cards, Receipt Forms in all the latest styles of type.

Building Repairs.

We manufacture and keep in stock building finish necessary for repair work or new buildings.
 Ask for our prices on soft and hardwood flooring, sashes, doors, verandah stock, sheathing, gutters, mouldings, frame stock, shingles and laths.
 Ask for our Furniture Catalogue.

J. H. HICKS & SONS

Furniture and Builders' Materials
 Factory and Warerooms, BRIDGETOWN, N. S.