

Constipation

Baked sweet apples, with some people, bring prompt relief for Constipation. With others, however, when the bowels are not moved, Nature undisturbed has a vegetable remedy to relieve every ailment known to man, if physician can but find Nature's way to health. And this is strikingly true with regard to Constipation.

The bark of a certain tree in California—Cascara—offers a more excellent aid to this end. But, combined with Egyptian Senna, Slippery Elm Bark, Solid Extract of Prunes, etc., this same Cascara bark is given its greatest possible power to correct constipation. A toothsome Candy Tablet, called Lax-ets, is now made at the Dr. Shoop Laboratories, from this ingenious and most effective prescription. Its effect on Constipation, Biliousness, Sour Stomach, Bad Breath, Salivary Complication, etc., is indeed prompt and satisfying.

No gripping, no unpleasant after effects are experienced, and Lax-ets are put up in beautiful lithographed metal boxes at 5 cents and 25 cents per box.

For something new, nice, economical and effective, try a box of

Lax-ets

C. H. GUNN & CO.

The Carpet Sweeper.
Exact that your carpet sweeper shall be cleaned thoroughly on every sweeping day and never put away dirty. Unhook it over a newspaper and take out every bit of dust, lint and dirt, then rinse the brush in soap and water and dry before setting aside.

"Don't settle down to a state of big feet even if you happen to be large," says a dealer. "Select shoes with low vamp, wear your heels high and broad and don't forget that pointed toes are always good."

Better Than Spanking

Spanking does not cure children of bedwetting. There is a constitutional cause for this trouble. Mrs. M. Sammers, Box W, 4, Windsor, Ont., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her to-day if your children trouble you in this way. Don't blame the child. The chances are it can't help it. The treatment also cures adults and aged people troubled with urine difficulties by day or night.

A Collector's Request.
"My wish is that my drawings, my prints, my curiosities, my books—in a word, those things of art which have been the joy of my life—shall not be consigned to the cold tomb of a museum and subjected to the stupid glances of the careless passerby. But I require that they shall all be dispersed under the hammer of the auctioneer, so that the pleasure which the acquiring of each one of them has given me shall be given again to each one to some inheritor of my own taste."—From the Will of Edmund de Goncourt.

South American Rheumatic Cure.
Cures Rheumatism. It is safe, harmless and acts quickly—gives almost instant relief and an absolute cure in from one to three days—works wonders in rheumatism, sciatica, rheumatoid, one man's testimony: "I spent 6 weeks in bed before commencing its use—4 bottles cured me." Sold by W. W. Turner.

Hit Back.
Walking along a road in the remote west of Ireland, two tourists were passing one of the cottages, or, as they are better known in the country, cabins, of the peasantry. This particular cabin was even more than usually dilapidated specimen of its class, and the chimney, consisting mainly of the remains of an old top hat, presented a comical, if pathetic, appearance.

Tipping his friend a wink, one of the tourists accosted a youth who was sitting contentedly on a fence. "I say, my boy," he said, "does that chimney draw well?" "Shure, thin, it does," was the prompt reply. "It draws the notice of every foot that passes by!"—London Journal.

Clean, dry, fine Salt—that slips from the spoon, grain by grain—**WINDSOR SALT.**

Arctic Advantages.
"It's bedtime, dear," they always say just when I'm at my nicest play. And then I wish for arctic climates. Where day is six months long at times.

But when the breakfast bell I hear—My bed does seem so snug and dear, I yawn and long with all my might For six good months of arctic night. —Mary Catherine Callan in St. Nicholas.

When Freedom from the Mountain high, Unfurled her Standard for all to see, These words appeared in black and white, "Drink Rocky Mountain Tea." A. I. McCall & Co.

The street is full of humiliations to the proud.

Purity is our watchword. Selecting only the choicest herbs and roots known to pharmacists. No spirits or harmful drugs. Hollister's Rocky Mountain Tea is purity itself. 35 cents, Tea or Tablets. A. I. McCall & Co.

Minard's Liniment cures Colds, etc.

SERIOUS, YET FUNNY

UNCONSCIOUS HUMOR THAT HELPS TO PUT SPICE IN LIFE.

Some Examples of Delightful Incongruities in Speaking, Writing and Acting That Appeal Strongly to the Sense of the Ridiculous.

Nothing has added more to the merriment of the world than the unintentional, unconscious humor of writers, public speakers and, in fact, all classes and conditions of men and women. And there is none so delightful. It far exceeds in mirth provoking quality the cold blooded humor of the professional wit.

We Americans are a fun loving people, and we must and will have our jollity. Some one has said with certain truth: "With all our vanity, energy and unrest, we are not a dull, cheerless people. Sour faced fellows, yellow and dyspeptic, are to be met with in our cars and on our streets, but they are not the type of the American, for he is as ready for a laugh as for a speculation, as fond of a joke as an office."

And the joke is all the more enjoyable when it is spontaneous. The greater the stress and strain of life the greater the need and demand for humor, and no one deprecates the value of humor excepting those who have none of this good gift to their portion.

"Blast" Cox, one of the wittiest men of his day, says in his book, "Why We Laugh": "Eliminate from the literature and conduct of any one people the amusing and the amused faculty, and you produce a sterility as dull and uninteresting as the clinders and ashes of the volcanic fields of Iceland. But include the amusing element within the experience and history of mankind, and no description of luxuriance, with grape, olive, nectarine and orange, such as makes the vales of Portugal a perennial smile, is adequate to emphasize the contrast."

One could not well instance a more amusing blunder than that in a painting of the "Blessed Virgin" in an old church in Spain. In this painting the Virgin is represented as sitting on a red velvet sofa fondling a cat with one hand, while with the other she is pouring coffee from a silver coffeepot.

This is as amusing as a painting in a German church representing the sacrifice of Isaac by Abraham. In this painting Abraham is about to discharge a huge pistol at Isaac when an angel descends and pours a pitcher of water on the pan of the pistol, thereby saving Isaac.

The writer once saw a crude painting of King Herod with a pair of spectacles painted on his nose. There is a very old painting of St. Peter denying the Saviour, and several of the Roman soldiers in the background have pipes in their mouths.

Those who are on the lookout for them will find many amusing blunders in the daily papers and in periodicals of all kinds. It was but the other day that the writer saw Miss Fanny Crosby referred to in a religious paper as the "author of so many blind poems." And it was a great metropolitan daily that one morning gave its readers the following information regarding the wrecking of a ship the night before: "The captain swam ashore and succeeded in saving the life of his wife. She was insured in the Northern Marine Insurance company and carried a cargo of cement."

Equally amusing as an instance of unconscious humor was the statement made by another paper regarding the capsizing of a boat at sea. It said that "one life was lost, and that was found afterward."

He must be sadly deficient in humor who does not find himself amused by a sign like the following seen in the window of a shoemaker: "Any respectable man, woman or child can have a fit in this shop." It was an enterprising furrier who placed a card in his window stating that for the benefit of the ladies he would make "muffs, boas, etc., out of their own skins."

A prolific source of amusement to manuscript readers is the surprising way in which aspirants for literary honor and glory often "put things." We find one young woman saying of her heroine: "The countess fell back in a deadly swoon. When she revived her spirit had fled."

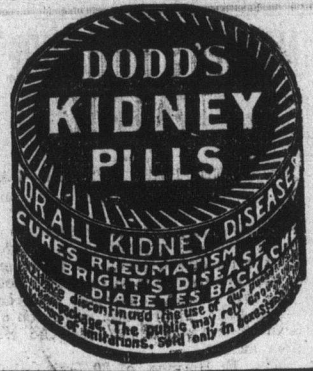
Another young writer places her heroine in a very perilous situation and then says of her: "Her lips quivered; her cheeks grew pale; her breath came in short pants."

A third writer gives this amusing description of the appearance of some one she referred to as "the bell of the ball": "She was clad in some sort, clinging, fleecy, vapory stuff of pure white that gave the appearance of a bit of detached cloud floating in the sky." She wore no ornament with the exception of several bits of rare bric-a-brac gathered in a foreign clime."

A charming bit of purely unconscious humor was that noticed by some visitors to a great English coal mine. At the mouth of the great central shaft hundreds of feet deep was a placard bearing these words: "Please do not tumble down the shaft."

Market Rate.
Some of these big magazine editors are humorous at times. In response to this inquiry from an amateur, "What does poetry bring in New York?" one of them replied: "We have no regular prices, but if you ship it in crates or carloads we believe that you can realize 1 1/2 cents a pound for it."

He is great who is what he is from nature and who never reminds us of others.—Emerson.



LORD PENRHYN DEAD.

Famous Dispute With His State Quarry Employes Recalled.
London, March 12.—Lord Penrhyn, whose dispute with his employes at the Bethesda slate quarries brought him into great prominence, is dead. The quarrymen struck and Lord Penrhyn refused to parley with them, shut down the quarries, and refused to re-open them except on his own terms. The men yielded after three years' struggle, which cost the Bethesda district nearly \$2,000,000 in wages, and which, it is claimed, did not do anybody any good, except the foreign quarrymen, who, as a result of the dispute, developed a thriving business in the way of sending slates to England. The deceased peer was born in 1836, and succeeded his father in 1886.

MEN RULE BY FORCE, WOMEN BY CHARM.

And yet, because they live less strenuously, women neglect the early evidences of failing vigor. The wise woman will not permit her charms to be robbed by ill-health. When she feels appetite failing, nerves getting on edge, color fading, she takes Ferrozone. How it sharpens the appetite! How quickly rich blood is available to restore color to the cheeks, buoyancy to the step. Better try Ferrozone. You'll feel like a new being, with new vigor and ability to confront life's difficulties. You are sure to bless the day you commenced Ferrozone. Sold everywhere in 50c. boxes.

THE GREAT SEAL HUNT.

Twenty-Three Steamers Sail Up the Labrador Coast.

St. John's, Nfld., March 12.—At day-break yesterday the sealing fleet of 23 steamers sailed for the north to begin the annual taking of seals off the Labrador coast. On account of inland winds, which have packed the ice heavily along the coast, the work of the fleet this season is expected to be unusually difficult. The fleet carries 3,891 men.

DOUBLED UP WITH GRAMPS.

Stomach feels like an infernal machine and you want relief mighty quick. Nothing does the work half so soon as Polson's Nerviline. Why, it kills the pain instantly. If your bottle is empty get another to-day. Nerviline keeps the doctor off small because it cures little ills before they grow big. Nothing for indigestion, heartburn and cramps like Polson's Nerviline. Large bottles for 25c.

Strike Against Ruin.

Teheran, March 12.—As a protest against the extortion and reactionary methods of the son and the staff of the Governor-General of Ispahan, Masud Mirza Zill-E-Sultan, who is the eldest uncle of the Shah, a general strike is in full progress at Ispahan, formerly the metropolis of Persia. Attempts to repress the strike have led to serious disorders, during which many casualties occurred among the strikers, some of whom have sought refuge on the premises of the British legation.

Urgent telegrams from the inhabitants of Ispahan, have reached the Persian Parliament, demanding the recall of the governor-general, and the expulsion of his family from the city. The telegrams have been handed to the Minister of the Interior for transmission to the Shah.

The News—No Pure Drug Cough Cure Laws would be needed, if all Cough Cures were like Dr. Shoop's Cough Cure is—and has been for 30 years. The National Law now requires that if any poisons enter into a cough mixture, it must be printed on the label or package.

For this reason mothers and others, should insist on having Dr. Shoop's Cough Cure. No poisons, marks on Dr. Shoop's labels—and none in the medicine, else it must by law be on the label. And it's not only safe, but it is said to be by those that know it best, a truly remarkable cough remedy. Take no chance, particularly with your children. Insist on having Dr. Shoop's Cough Cure. Compare carefully the Dr. Shoop package with others and see. No poison marks there! You can always be on the safe side by demanding Dr. Shoop's Cough Cure. Simply refuse to accept any other.

Sold by C. H. Gunn & Co.

To Tour the World.

London, March 12.—It is stated that Prince Edward and Prince Albert, the two eldest sons of the Prince of Wales, will in due course make a tour of the world in a battleship. Prince Edward is destined for the army and Prince Albert for the navy.

ENGLISH SPAIN LINIMENT removes all hard, soft or calloused humors and blemishes from horses, blood spavin cures, splints, ringbone, swellings, sties, sprains, sore and swollen throat, coughs, etc. Save \$50 by use of one bottle. Warranted the most wonderful Blemish Cure ever known. Sold by W. W. Turner.

SMART STYLES.

Theater Gowns in Pastel Tints—Blue a Favorite Spring Color.

A charming theater gown is of palest pastel broadcloth—a chiffon broadcloth of the finest quality. The uneven hem is of taffeta and joined to the skirt with Persian embroidery in pale shades run with gold threads. The same embroidery is used around the deep U shaped opening of the bodice, which is slightly supplied. The gump is of maitre lace; also the inner short sleeves.

Vests are seen on a great many of the new gowns. One in a black and white striped cloth has a vest of coral chiffon. Checks or plaid suits have vests and collars of black moire, braided in soutache braid.

Blue is worn a great deal. It is a satisfactory color and becoming to all.



CREAM VIOLET FROCK—5565, 5219.

most every one. Royal and sapphire blue and what are known as ecclesiastical shades are among the popular blues. There is also a Natter blue, which takes its name from a color used in some of Natter's pictures, that is very much liked.

Just one word more about furs before the season for pelts is over. The saddle muf is one of the late Richmonds in the field. The muf proper is not so large, but the fur on one side hangs flat, with rounded corners like a saddle blanket. Sometimes the flat hanging end is finished with a tall fringe, sometimes with a frill of lace.

The afternoon frock illustrated is of cream voile. About the bottom of the plaited skirt are rows of white braid. The lace yoke is surrounded with medallions of braid, held together with fancy stitches. JUDIC CHOLLET.

WHIMS OF THE MOMENT.

Modes in Evening Wraps—Blouses of Tinted Chiffon.

For long loose coats nothing is better in the way of material and color than tan satin finished broadcloth. Tan in the chamomile shade is adapted to wear with every kind of gown. It does not jar with a single color and is even more fashionable this season for evening wear than the all white coat. Unless it is fur lined every evening wrap should have an interlining of lamb's wool as far down as the waist. Broadcloth feels heavy, but silk linings.



BOY'S REMARKING GARMENT—5354.

even with a flannel interlining underneath, do not make up in warmth the absence of a high necked bodice.

Petresque blouses evolve from the pale tinted chiffon and panne velvets patterned with delicate flowers. A charming draped effect is carried out in ciel blue chiffon velvet, with cross over fronts that fall straight to the waist bordering a vest of lace. The sleeves are short and quite plain except for a cuff of lace insertion bound on either edge with bands of velvet, which in turn are edged with Spanish lace ruffles.

The child who persistently throws the bed covers off while sleeping needs just such a protective garment as the one illustrated. It can be made either with or without feet and from any material that is used for nightgowns. A pretty Scotch striped flannel is perhaps the best choice.

JUDIC CHOLLET.



"Royal Crown" Witch-Hazel Toilet Soap
(Individual Size)

At the Chateau Frontenac—Place Viger Hotel, Montreal—at Bank—Royal Alexandra, Winnipeg—on their Pullmans and ocean liners—guests and passengers are provided with "Royal Crown" Witch-Hazel.

It's a medicated soap, and a toilet soap. Two soaps in one for the price of one. No. 1. Large boxes for 50c.

Insist on having "Royal Crown" Witch-Hazel Toilet Soap.

CHEAPER THAN BATTLES.

People Regard Cost of Battleships as an Insurance Rate.

San Francisco, March 12.—Lord Charles, Beresford, Admiral of the British Channel fleet, has arrived here on his return from Texas, where he has been settling the estate of his brother, the late Lord Delaval Beresford. The admiral still believes in battleships in spite of the international project of disarmament. "The people have become the arbiters of peace," he said. "They realize the horrors of war and that battleships are cheaper than battles. War is no longer determined by Parliament and potentates, and the people look upon the cost of battleships as an insurance rate."

"Preventives" will promptly check a cold or the Grippe when taken early or at the "sneeze stage." Preventives cure seated colds as well as colds in the head. They are little candy color tablets, and Dr. Shoop, Racine, Wis., will gladly mail you samples and a book on Colds free, if you will write him. The samples prove their merit. Check early Colds with Preventives and stop Pneumonia. Sold by C. H. Gunn & Co.

Southampton Man Missing.

Windsor, March 12.—Chief of Police Willis has been asked to make a search for W. C. Williams of Southampton, who is believed by his friends to have met with foul play either in Detroit or near there. He left home four months ago with \$700 and has not returned.

It is asserted that some time after leaving he drew on his bank from Detroit for more funds.

New An Admiral.

London, March 12.—The Prince of Wales, who held the rank of vice-admiral, has been promoted to a full admiral.

Those Wicked Clubs.

Doctor (to wife whose husband is ill): "Is not your husband a hypocrite?" Wife—Oh, doctor, he doesn't belong to any society at all—Meggen-dorfer Blatter.

It is better to lose all in the search for good than to be content with the worst.—Van Dyke.

Mind is the partial side of man. The heart is everything.—Rivarol.

A LIVING GHOST!

That is What Her Friends Said About Her

Read how Mrs. James Steele, Waterbury, Conn., was cured by the use of

MILBURN'S HEART AND NERVE PILLS

she writes: "For the past fourteen months I was nervous all the time, and became so nervous I was unable to walk across the house without getting dizzy. My friends told me I looked like a living ghost and advised me to try Milburn's Heart and Nerve Pills. I got two boxes and within two weeks I had improved wonderfully and after finishing the fourth box I was completely cured. They are the greatest pills I ever used and I can recommend them to all sufferers."

Milburn's Heart and Nerve Pills act directly on the disordered heart and nerves, and restore them to healthy action. They have no equal for reviving and strengthening the heart beat, invigorating the nervous system, and acting as a food for the blood, improving its quality, making it rich and red.

Price 50 cents per box or 3 boxes for \$1.25 at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Stand out for what's right, whether you get it or not.

Subscribe for The Planet—and Do It Now!

Minard's Liniment cures Colds, etc.

A MILITARY DESPOT.

The Experience of One Private in the German Army.

The following is the experience of a German army private:

During the second maneuvers I was sent on ahead to select quarters for my company. The police supply the names of householders who are expected to shelter the soldiery, and I had to decide on the number of men who should be assigned to each place.

It seems that our major dispatched a courier with a message for our captain. For some reason or other the message was not delivered. The next day the captain called me out and in the presence of the whole company rebuked me for not delivering the message.

"I did not receive any message," I ventured.

"Shut up your mouth, you liar!" he thundered. And again he bellowed, "Why didn't you deliver that message, you?"

I told him a second time that I had not received any message. The captain's temper broke all bounds. With an oath he rode his horse at me full tilt, hurling filthy names at me the while.

When he had ridden right up to me—I fully expected he would run me over, but I dared not move—he suddenly reined in his horse and, drawing a long dagger from his belt, shouted, livid with passion, "I have had a mind to stick this through your vile body, you scoundrel!"

Once more he asked me about the message, and once more I answered him.

"Then five days' confinement" and bread and water be your punishment, you liar!" he retorted.

He repeated the question several times and increased my term of imprisonment each time I answered in the negative until my term of imprisonment equaled fourteen days. I was placed under arrest. Next day I was released.

I afterward found that the captain had discovered his mistake, but he never referred to it.

BIRTH OF A "GASSER."

Noise of a Blowing Wind Drowned All Other Sounds.

In the Broadway Magazine is a story by Rupert Hughes concerning the oil wells of Texas. He tells of the birth of a "gasser."

"It screamed like the death cry of a thousand panthers." He says: "The long steel cable has been sent flying like a twine string. A great length of pipe has been hurled against a tree and wrapped around it. The derrick was almost hidden in a white haze. A geyser of fine sand was streaming upward and eating away the lofty crown block."

"Seth knew what it was. He found Tom, and they gesticulated at each other. They made faces, but no audible sound. Their voices were vain as candles in the full sunlight. Each was trying to yell the same thing."

"She's a gasser, blowing her head off." "Men gathered from everywhere and acted like crazy folk, working their jaws and delivering no message."

"They were soaked, drowned, obliterated in a sea of intolerable noise. A mile away at the railroad station, the passengers were equally made dumb by the uproar. If a man wanted a ticket he had to write out the name of the station. An engine rolled in with a bell that rocked without sound and a whistle emitting puffs of white steam that no one heard."

"The animals of the region were greatly disturbed. There was much breaking of harness on the part of horses, and one or two galloped about under empty saddles. Their riders were doubtless stuck in the mud somewhere, head first."

"A few pigs, wandering here and there had sniffed at the noise and returned to their luxurious wallows in the oily muck."

Pretty Crooked.

People who have seen cottonwood lumber warp when it came from the saw can appreciate a story about the first sawmill erected at Fort Scott. After the first day's sawing the owner of the mill came down from town, where he had been celebrating the "opening" with the boys. He looked over the crooked boards scattered about the yard for a moment and then inquired with drunken gravity:

"Boys (hic), has that lumber been measured yet?"

"It has not," replied the foreman of the mill.

"Well, when it gets still, take a (hic) corkscrew and measure it."

Essential to Biography.

Some years ago Norman Hapgood was arranging the data for his "Life of Lincoln." When he sat down to write the opening chapter, he was confronted with a puzzle. Hurrying to an adjoining room of the paper, on the staff of which he was a shining light, he asked the editor, "By the way, what was Lincoln's first name, Abram or Abraham?"

Avoiding Trouble.

"Those candidates are telling some terrible lies about one another."

"Yes. But, you see, it would mean shooting on sight if they were to tell the truth about one another."

Always After Us.

"No matter what we do, there is one class of people who will always be after us."

"Who are they?"

"Posterity."

Although the world is full of suffering, it is full of the overcoming of it.—Keller.

INTERESTING LETTER

WRITTEN BY A NOTABLE WOMAN

Mrs. Sarah Kellogg of Denver, Colorado, Bearer of the Woman's Relief Corps, Sends thanks to Mrs. Pinkham.



Mrs. Sarah Kellogg

The following letter was written by Mrs. Kellogg, of 1828 Lincoln Ave., Denver, Colo., to Mrs. Pinkham, Lynn, Mass.: "Dear Mrs. Pinkham: For five years I was troubled with a tumor which kept growing, causing intense agony and great mental depression. I was unable to attend to my house work, and my life became a burden to me. I was confined for days to my bed, lost my appetite, my courage and all hope. I could not bear to think of an operation, and in my distress I tried every remedy which I thought would be of any use to me, and reading of the value of Lydia E. Pinkham's Vegetable Compound to sick women, decided to give it a trial. I felt so discouraged that I had little hope of recovery, and when I began to feel better, after the second week, thought it only meant temporary relief; but to my great surprise I found that I kept gaining, while the tumor lessened in size."

"The Compound continued to build up my general health and the tumor seemed to be absorbed, until, in seven months, the tumor was entirely gone and I a well woman. I am so thankful for my recovery that I ask you to publish my letter in newspapers, so other women may know the wonderful curative powers of Lydia E. Pinkham's Vegetable Compound."

When women are troubled with irregular or painful periods, weakness, displacements or ulceration of the female organs, that bearing-down feeling, inflammation, backache, flatulence, general debility, indigestion and nervous prostration, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such trouble.

No other medicine in the world has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female trouble. Mrs. Pinkham invites all sick women to write her for advice. She is daughter-in-law of Lydia E. Pinkham and for twenty-five years under her direction and since her decease has been advising sick women free of charge. She has guided thousands to health. Address: Lynn, Mass.

Remember that it is Lydia E. Pinkham's Vegetable Compound that is curing women, and don't allow any druggist to sell you anything else in its place.

A Dog and an Indian.
Recent experiments made in Germany have proved that a dog taken across the country on foot a distance of a hundred miles can find his way back over the highways. At a greater distance he appears to get all turned around. Many that wander away from home do not return at all, but generally that is because they find better masters.

Ten years ago experiments were made in the west on Indians. It was shown over and over again that an Indian could not be lost. He might be taken into a strange country