

infinitely by keeping us *respectfully* afar from the Adorable Eucharist, the living Furnace of holiness."

I have denominated this prejudice baneful and fatal. I have said still more. namely that it is inspired by Satan in order to render frequent and daily communion morally impossible. And, indeed, O Christian soul, were weekly confession necessary for daily and worthy Communion, we should be constrained to exclaim with tears : "Adieu frequent Communion ! Adieu daily Communion ! at leasts, in places where there are no confessors ! " And the Sovereign Pontiff Leo XIII, would have done a useless thing in his Encyclical on the Holy Eucharist, when he wrote to the Bishops and through them to the clergy : " Above all, is it proper to labor at restoring in the Catholic world the custom of frequent Communion after the example of the primitive Church," which daily nourished itself with the Divine Flesh of Jesus in the Blessed Sacrament.

Is it possible for all good Christians to confess every week ? It would be folly to hope for such a thing. How could weekly confession be reconciled with the numerous affairs that absorb the days of the greater number ? Think of the multitude of laborers who toil the whole week ' of the legion of bread-winners who, from morning to night, bathe the ground with their sweat ! of those devoted wives whose first cares must be given to a husband and often even to a numerous family ! of those pious young girls still under the control of their parents !

Now, tell me, Christian soul, how could all these Christians confess every week, above all, if the church was at a distance from their home ? It would be possible for them to do so only on Sunday. They would then be obliged to sacrifice their rest in order to rise early and go to church. *Could* all do that. *Would* all do it after the fatigue of the preceding days ? But admit that they *could* and *would*, would it be still possible for them to make their confession ? What would they do if, when arrived at the church, they found no confessor ready to hear them ? or suppose the confessional already besieged ? Could they wait there a long time ? And if among the first comers, there should be some who, from not knowing how to make their confession or from necessity, re-