

HOME CIRCLE

GREETINGS FROM HEAVEN.

(By Father Cheerheart.) There never was maiden but one in this world...

MASSAGE.

(Western Watchman.) Although massage has become very popular of late years...

The word massage, which is derived both from the Greek and Arabic means "to knead or handle; to press softly."

As early as 1,000 B.C. Homer speaks of weary war heroes being rubbed and anointed...

With those who are not suffering from physical ills may feel but little interest in the curative powers of massage...

The following is the proper method of massaging the face: Gently bathe the face in warm suds...

The finest tea grown in the world is the standard of quality used in preparing "Saleda" Tea.

More Terrible Than War!

More terrible than war, famine or pestilence is that awful destroyer, that hydra-headed monster, Consumption.

"It is only a cold, a trifling cough," say the careless, as the irritation upon the delicate mucous membrane causes them to hack away with an irritable tickling of the throat.

Dr. Wood's Norway Pine Syrup

You would save yourself a great deal of unnecessary suffering, if you used Dr. Wood's Norway Pine Syrup...

KINDNESS.

The occasions for kind actions are manifold. No one passes a day without meeting with those fortunate opportunities.

Let no woman who values her good appearance neglect sleep. Sleep the advent queen. A fair quota of restful sleep is one of the greatest aids to beauty.

HOW TO KEEP YOUNG.

Let no woman who values her good appearance neglect sleep. Sleep the advent queen. A fair quota of restful sleep is one of the greatest aids to beauty.

HINTS TO THE HOME DRESS-MAKER.

A six-inch steel gauge graded to eighths of an inch will be found more convenient to manipulate than paper or cardboard and absolutely accurate.

Shoe laces make convenient draw strings for any kind of bags and require no bodkins to put them in.

Nothing affords more help to those who sew than the small wire fasteners used in fasteners to hold papers together.

RECIPES.

Ham Fritters.—Hard boil two eggs for half an hour, then shell and mash to a fine paste.

Curried Sweetbreads.—Slice two large onions and cut apples, put them in a saucepan with three ounces of melted butter.

Sure Regulators.—Mandrake and Dandelion are known to exert a powerful influence on the liver and kidneys.

Chorus: The twilight bells are ringing, And I hear the old folk singing, Singing sweetly through the twilight's fast fading gloom.

THE CROWN BANK OF CANADA. That which is the hardest to win is the most worth winning.

thoughtlessness is the presence of the priest at every marriage and the opportunity allowed him to ascertain beforehand whether there are pre-existing impediments to the marriage.

"The circular also says: The contract can never be a mere natural engagement between man and woman, ruled by laws adopted by their own freedom, nor is it a mere social or civil contract, made binding only through civil enactments.

"In the teaching of Christ the marriage contract is indissoluble. Human laws cannot dissolve it. The church in its spiritual supremacy, cannot dissolve it.

"The cessation of the contract, the remarriage to another, of husband or wife, renders fatherless or motherless the children of the first marriage, dissipates in their souls the sanctity of the home.

"To-day, as never before, war is made upon Christian marriage. The contract of marriage is stripped of all its religious ceremonial.

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functions. These valuable ingredients enter into the composition of Parmelee's Vegetable Pills, and serve to render them the agreeable and salutary medicine they are.

A Fair Alternative

The Rt. Rev. Msgr. O'Hare, of Brooklyn, is trying to get Professor Goldwin Smith either to specify his objections to the Catholic Church or else to cease making general attacks upon her.

"Let Goldwin Smith state his viewpoint or ideal of Catholicity and let him compare it with the historical development with that idea and show where in it has failed to substantiate its claims and forfeit its right to be heard by the human race to whom it makes its appeal.

"On the other hand, if, as he claims, he is in sympathy with Catholicity and his only war is with the Papacy as an institution or with the improper (?) development of that institution in the past, then let him unfold a plan of a Catholic ecclesiastical institution with a Papacy according to his own ideas or with the Papacy left out.

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