

Items Of Interest to Everybody

Secrets of Health and Happiness

Injection of Frozen Tissue Newest Cure For "Bleeders"

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DR. HIRSHBERG

tendency from his male ancestors. It

Under certain conditions, such as

scoury, jaundice, beri-beri, joint dis-

eases and glandular disturbances of

one sort or another, bleeding may take

place from scratches or bruises, which

are difficult to stop. The blood seems to

be unable to clot.

In their recent researches upon hem-

ophilia, Drs. H. Lowmoung and D. I.

Rubenstein of Philadelphia discovered

that almost all of the human tissue,

internal as well as external, has the

capacity to accelerate clotting of the

of the hemophilic, other than the liver

and the thyroid, have the same gen-

eral effect on clotting as that of any

healthy person.

Simultaneously, they report that the

liver and the thyroid gland or any

part of them holds off the clot such

a long time that the victim may have

an extensive hemorrhage before a clot

forms.

Causes Not Known.

A little lad from a hemophilic fam-

ily suffered a profuse hemorrhage at

the slightest cut. If he bit his lips or

fell down, he bled profusely or exhib-

ited extensive bruising. A bruise is a

time did the bleeding ever stop of itself

or by means of the usual measures.

In order to stop the bleeding, the in-

jections of fresh human blood or horse

serum transfusion were needed.

Prof. Howell brought to light the

fact that if a hemophilic's blood traf-

verses some of the fat and tissue under

the skin, it cures his condition, which

helps it to clot quickly. Therefore, ex-

tract and emulsions of various subcu-

taneous human tissues as well as the

heart, bone, marrow, muscle, spleen,

brain, thyroid and other struc-

tures were tried experimentally and

means to stop the hemorrhage of

bleeders.

The Vital Tests.

When a little blood from a healthy

individual is drawn and put in a tube

with a little salt and oxalic acid, it

prevents it from clotting. If a little

chloride of lime is added to it, the

blood clots in about twelve min-

utes. If a hemophilic's blood is added

to this mixture, bits of various

tissues were dropped and the blood

for a clot to form was checked off.

Prof. Howell found that a half min-

ute a clot appeared even in the hem-

ophilic's blood with bits of heart, kid-

ney, brain, thyroid and other struc-

tures except the thyroid gland and

the liver. These latter lengthened the

fluidity of the blood to ten and a half

minutes.

Evidently from these new researches

the use of bits of frozen tissue ap-

plied to the bleeding surface or in-

jected into the blood stream, should

have an excellent effect upon the

clotting power of the blood. In the

matter of hemorrhage, it should be

tried without loss of time.

Answers to Health Questions

ST. LOUIS, Q.—Kindly advise what

a large red spot on the leg is.

A.—An examination would be the

only way to find out.

L. A. Q.—Kindly advise what to do

for psoriasis.

A.—After the morning bath, and also

in the evening an ointment of

Phenol 10 grains

Chrysarobin 10 grains

Saleic acid 15 grains

Oxide of zinc 1 ounce

Lanolin 1 ounce

is rubbed into all the affected parts

from the neck downwards. Pyjamas

are to be worn next to the skin night

and day, while the treatment goes on

in this way they become thoroughly

saturated with the salve.

THANKS, D. Q.—Kindly advise

what to do for high blood pressure.

A.—Obtain more sleep and rest. Try

not to overexert yourself. Taboo hot

dishes. Drink plenty of milk,

cream and more water daily. Do not

try to treat yourself until a thorough

diagnosis has been made.

P. A. H. Q.—If you will send a

stamped, self-addressed envelope with

your query repeated I will be glad to

answer your questions.

Q. O. HUNTER, A.—Got plenty of

fresh air and sunshine.

L. C. W. A.—You must have a thor-

ough examination made before proper

treatment can be given.

H. B. Brantford, Ont. If you will

send me a stamped, self-addressed en-

velope with your query repeated, I will

be glad to answer your questions.

A READER, London, Ont. Q.—Kindly

advise me how to have my room fumig-

ated?

A.—Have the health department fumig-

ate your room.

A CONSTANT READER, Q.—Kindly

advise what causes heartburn?

A.—Heartburn is a term used by dif-

ferent persons in different ways. Usually

it means a sore or hot sensation in the

oesophagus or stomach, due either to in-

active gastric muscles, to excess of

starches, pepper, or other seasonings.

It is advisable to shun soups, fluids,

hot vegetables, acid, pepper, tobacco, cat-

sup, and other irritant foods.

MRS. E. H. London, Ont. Q.—My hair

splits at the ends. Please tell me what

to do for it?

A.—Shampooing, cutting the hair too

much, washing it in soaps that are too

much alkali and egg-shampoos cause

the hair to split at the ends. The ends

should be waxed, the scalp massaged

and treated with electricity.

A READER, London, Ont. Q.—What

will help straighten round shoulders?

A.—You may help straighten round

shoulders by wearing a brace, and by

taking physical culture exercises.

MRS. S. London, Ont. Q.—Please ad-

vise me how to fumigate my room?

A.—The health department will fumig-

ate your room for you.

ANXIOUS, Bothwell, Ont. Q.—Kindly

advise what to do for enlarged bowels?

A.—Massage the skin gently with a

little of the following strong astringent

that will serve to draw together the

flabby skin, which has permitted the

too wide opening of the mouths of the

pores:

Rosewater 5 ounces

Simple tincture of ben 2

oz.

Colin 1/2 ounce

Talcum acid 10 grains

MRS. J. R. A. London, Ont. Q.—Kind-

ly advise what to do for best-wetting?

A.—Purification, medicine, or opera-

tion, do not good. Patience, persistence,

the night, and education of will power

will help. Reward the child for success,

and praise the little one when success-

ful. This will effect a cure in a short

time.

Dr. Hirshberg will answer questions

for readers of this paper on medical

hygienic and sanitation subjects that

are of general interest. He cannot ad-

vice for individual cases, or offer

subject not of general interest. Let

stamped and addressed envelope be in-

closed. Address all inquiries to Dr. L.

K. Hirshberg, in care of this office.

Good Night Stories

By Charles S. S. S.

WHAT PEGGY WAS THANKFUL

FOR.

"Oh, dear!" exclaimed Peggy as she

looked out the window across the snow-

covered fields. "It's like to say what

I've got to be thankful for. Mamma

works all day and all I have to do is to

play by myself until she comes home,

and great, big tears rolled down Peggy's

cheek and dropped on the arm of her

chair.

"They widened and spread, and began

to grow taller and taller, and right out

of the centre popped up an old man with

long whiskers and a long, pointed nose.

"Hello, Peggy," he asked, taking off

his big goggles and wiping them with

the tail of his coat.

"Thanking you," he said, "I'm

Peggy. I've nothing to be thankful for.

She alone all day, no one to play

with, and no toys either. I'm sure

and the tears flowed so fast that Mendit

almost choked off the arm of the chair.

"Is that all?" he asked, twirling his

whiskers. "Dear me, that's easily

needed. But at all times, do

your eyes and think pleasant things. Of

course, you've just plenty of things to be

thankful for. The day, for instance, which

you live, the beautiful blue skies when

the sun is shining, and the soft, sleepy

ones when the day is over, and which

birds that sing in the trees in summer

all of these things you should be thank-

ful. "But I don't like the snow. When it

snows I can't run out and play!" cried

Peggy.

"Then find something indoors to do

instead," replied Mendit. "The only way

to get rid of loneliness and to find

out how many things you really have to

be thankful for is to do some little kind-

ness for someone who's less fortunate

than yourself. Why not do up all your

mamma's work, while she's away? I'll

be glad to help her."

Peggy hadn't thought of that before,

so trying her tears she and her queer

little visitor talked up the idea that

"I know," laughed Peggy. "Granny

Gray's been very ill, and there's no one

to help her."

"Come along!" cried Mendit. "Hop

over my back, and I'll take you right

here, and Peggy was soon sailing over

the housetops on Mendit's back.

They landed in a little room where

bed and very lonely.

Peggy flew around and straightened up

the house, while Mendit gathered wood

from the hearth and built a fire. Soon

Granny was sitting up in her

chair, drinking a cup of tea, and

laughing with Peggy.

"Well, I didn't think I had anything

to be thankful for. I was so dry

Thanksgiving eve," said granny, wiping

a happy tear from her wrinkled cheek.

"But I have, I'm thankful for friends

like you, dear," and she kissed Peggy's

cheek.

"And I'm thankful I can be of service

to you," laughed Peggy. "But if it

hadn't been for Mendit I'd never known

of the happiness one gets in helping

those who are less fortunate than one-

self. But when Peggy turned around she

and Granny Gray were alone. Mendit

from Thanksgiving had disappeared.

Peggy never saw him again, but