## Cold in the Head

No one likes to believe that he has catarrh, and many try to deceive themselves by calling it "cold in the head." Even after the disease has run on for years and is fastening itself on the system, they say it is only a "cold in the head" and will wear away.

But catarrh does not wear away. It slowly but certainly makes its way along the mucous linings of the throat and air passages, until it reaches the lungs and becomes consumption.

You may deceive yourself by calling catarrh "cold in the head," but that does not make the disease less dangerous; nor does it deceive those with whom you come in contact. They detect the offensive breath, the watery eyes, the redness of the nose. Their attention is attracted by the hawking and spitting to clean the droppings from the throat, by running of the nose and by the emaciated appearance of one who has long been a victim of weakening and debilitating catarrh.

Whether you have "cold in the head" of a few days standing, or catarrh which has troubled you for years, Dr. Chase's Catarrh Cure will bring you relief almost instantly. It is wonderful how promptly this preparation clears the air passages, heals the catarrhal ulcers, and cures headache and other symptoms of catarrh.

## Droppings in the Throat

One of the distinguishing features of catarrh is droppings in the throat. Especially during the night is this symptom noticeable, and in the mornings there is a great deal of hawking and spitting to clear the throat of the matter which collects there.

Dr. Chase's Catarrh Cure entirely overcomes droppings in the throat, just as it does headache, bad breath and all the distressing features of catarrh. This treatment is popular because of the quickness, with which it brings relief, and as you will learn by reading the certificate of Analyst Heys, it is absolutely free from any injurious ingredients.

## Hay Fever

Though simple in name this ailme. which is very similar to catarrh, causes keen district to many thousands of people during the summer and fall months, when the pollen of grasses and grains floating in the air sets up an inflammation of the upper air passages.

The first symptom is usually itching of the nose, throat and eyes, followed by running of water from these parts and violent sneezing. The lining of the nose sometimes becomes so swollen that the sufferer can only breathe through the mouth. Meantime the discharge becomes thick and yellowish, and may be streaked with blood. A sense of heat and fullness is felt in the eyes and nose and sharp pains through the head. In some cases there is hoarseness, coughing and difficult breathing, similar to that of asthms.

Dr. Chase's Catarrh Cure has proven itself invaluable to sufferers from hay fever. A great many who formerly found it necessary to go to a different climate in the summer, now remain at home and find prompt relief in the use of Dr. Chase's Catarrh Cure. Like catarrh, hay fever when once become chronic, weakens the whole system, and consequently in severe cases of long standing, Dr. Chase's Nerve Food should be used along with Dr. Chase's Catarrh Cure, in order to restore the body to its usual health and vigor.

Miss Angeline Bauffard, teacher, St. Joseph do Boauce, Que., writes:—"Dr. Chase's Catarrh Curo mas proved a great benefit to me. I had bad breath and my head was choked and frequently ached. These distressing symptoms of Catarrh have entirely disappeared and I can fully recommend Dr. Chase's Catarrh Cure as an excellent remedy."

## The Blower



This cut represents the improved blower which is given free with every box of Dr. Chaso's Catarrh Cure. It sends the medicine with its cleansing healing and soothing influence to the very seat of disease, clears

the air passages, heals the ulcers and absolutely cures the catarrh.