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ed Furore.

Testerday afternoon at the Princess ants the tribute of their tears and Theatre was something beautiful to laughter as the acts went on. Always remember. It will live a lifetime in sweet, this much loved actress was at remember. It will live a lifetime in the minds of those fortunate enough to be present, for it witnessed the ini-tial benefit performance given in Can-ada for the Canadian women's hos-pital ship. Three days previously Miss-tion with her audience. She was re-called everal times after each act, and her address. in which she as an Am-crite house of the Tuesday matinee to the fund, and in that short space of time sufficient interest had been aroused to achieve what was termed by the box office "the finest emergency benefit ever given in Toronto." Patriotic airs by the orchestra open-ed the performance. Every well-known

time sufficient interest had been aroused to achieve what was termed by the box office "the finest emergency benefit ever given in Toronto."
Tatriotic airs by the orchestra opened the performance. Every well-known selection evoked enthusiastic applause and the national anthem, introduced in the middle of the number, brought the audience in one great wave to their feet. The Girl Guides in their middy unfforms went about amongst the audience with pretty baskets slung over arm or shoulder, filled with choice bloom and queenly roses from the conservatories of Lady Pellatt and the Duniop florist company. Candies given by Patterson sold like wildfire and choice photos of Miss Haswell, contributed by Aylott, were also among the offerings. The Boy Scouts, Gördon Cummings and Charlie Truscott, sold programs and Miss Haswell herseif after the second act came down amongst the audience carrying floral offerings to further tempt their generosity.
The play was "Jane Eyre," and many who had read the story in years goor by gave Miss Haswell and her assist.

who had read the story in years gone "benefit" in Toronto, for the hospital by gave Miss Haswell and her assist- ship.

autopsy should be performed, and the inquest was adjourned for a week. To all outward appearances there is no-thing to indicate foul play. She leaves MRS. KELLY FOUND DEAD INQUEST WILL BE HELD

Body of Brockville Woman Discovered Lying Under Some

the west end of the town, found the body of Mrs. William Kelly, a resi-dent of Brockville, lying under some hushes. Mrs. Kelly disappeared from posed to be visiting friends, so that no alarm was sent out for her. The appearance of the body indicated death for at least a couple of days. The coroner's jury decided that an



Marjorie Mellish Mellish. Marjorie when you pass Her cake or candy, is the lass dles every piece, to get her mind is set She GOOD to paw the dish! then take You look the one you wish. Don't Be A Goop! WOMEN OF ORILLIA

SET FINE EXAMPLE

Raised Fourteen Hundred Dol-

lars for Hospital Ship in

Eight Hours.

E have talked so much about efficiency that it might be well to stop a moment and consider what is the meaning of its opposite, ineffi-ciency. I believe that the best and simplest one-word definition of inefficiency is conservation. Likewise I sum up inefficiency in the word waste. simple Yes, inefficiency means waste, either in a process of work, the materials with which the work is done, or with the worker. The great problem of efficiency, therefore, is to reduce or eliminate the amount of waste in any of these three lines. It is unfortunate if there is a waste in materials; it is also to be regretted if there are wasteful methods; but it is still worse if there

is wasted effort in the individual worker. Waste in individual effort is what I am most concerned about, especially regard to the work of the home maker. If there is waste, for instance, in he food used in the home or if there is waste in the method which she uses at work I regret it, but I am most sorry when she herself wastes her own effort so that she herself is deprived of unnecessary energy. In fact all our efforts are finally aimed to benefit the human worker.

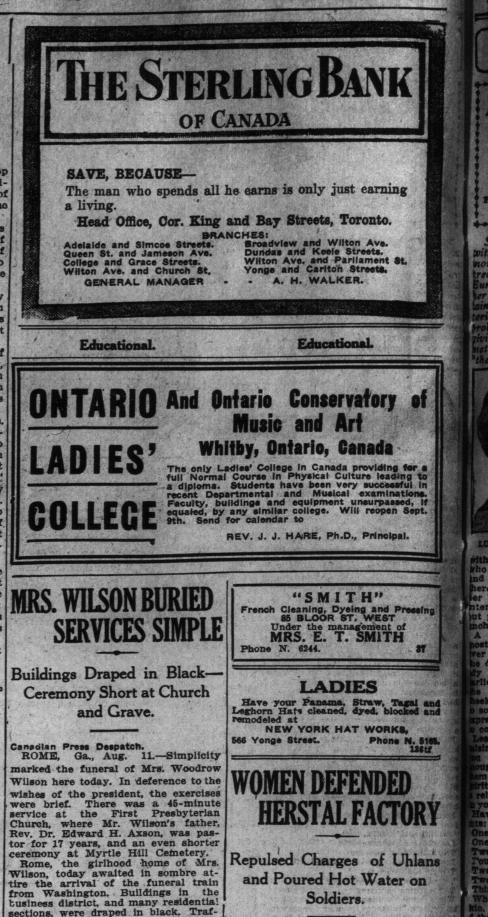
I tell a woman to raise her sink, or if I show her how to market economically I am doing so only that her personal effort shall be diminished. Some women write me that they feel that this efficiency idea would be an added burden on top of their present work, that it would be harder to impose new schedule and new plans than to go on with what they are now doing.

I tell these women that they do not understand what real efficiency means. It does not in any way mean added effort. It means simply elimination or cutting down of present faults. For instance, the other day a woman said to me: "If this efficiency idea of yours means a lot of expensive utensils I'm not going to have anything to do with it." Or, another writes: "You don't mean that I should add a complicated system of work to my present duties." On the contrary, it means that both these women and others should merely sit down and study how at present there may be waste in their management They do not need to add a cumbersome system or a dozen pots in order be efficient. They need only see how they work now; see what amount o materials they use now; notice what waste motion or effort there is at presen n various tasks or routines, and then merely eliminate some of this unn sary work, this waste motion and this superfluous effort.

If a woman once gets firmly fixed in her mind that efficiency means the elimination of waste she has the key to this whole new stimulating idea. It may be a waste in her food supplies; in the fuel she is using; a waste of time een various tasks; a waste of effort walking twenty feet unnecessarily; but somehow, somewhere, there will be waste. Then if she cuts down this waste in whatever department she finds it, in whatever task or routine she is in at the time, she will become efficient.

And the result will be not only saved materials and time but the grea final saving effected by all efficiency—saving human effort. —Copyrighted 1914, by Mrs. Christine Frederick.







Canadian Press Despat

Repulsed Charges of Uhlans and Poured Hot Water on

Soldiers.

PARIS, via London, Aug. 11, 8.50

p.m.-According to a special newspaper despatch the woman workers in the Belgian national arms factory at

Herstal, just outside of Liege, defend-

ed their village against the German

ed their vinage against the German attack. The men were away serving in the army and the women, accord-ing to the correspondent, swore the German troops should not take the factory. They armed themselves with revolvers and other weapons with which they repulsed several charges of the German Uhlans. When their ammunition was exhausted the women

of the German Uhlans. When their ammunition was exhausted the women barricaded themselves in the houses from which they poured boiling water on the German soldiers in the streets. The correspondent says 2000 Germans were disabled by wounds or scalds. Children and old men shared in the defence of Herstal, and today the Bel-gian colors still floated from the fac-tory building.

Tells Pittsburg Anti-War Meeting That War Lord Feared for His Crown.

PITTSBURG, Pa., August 10 .-- With Socialist representation from every nation now hurling its soldiers at each other's throat in Europe, and few

Americans present from most of the neutral nations, an odd turn was given

Pittsburg's big anti-war mass meet-ing today when William Schultz. of Cincinnati, a German, declared: "This war was started by Kaiser Wilhelm

thru fear of the effect on the fortunes of the Hohenzollerns of the German strength of the Socialists in Germany. He is now in desperate straits. The

German Empire will give way as a re-sult of the war to the United States

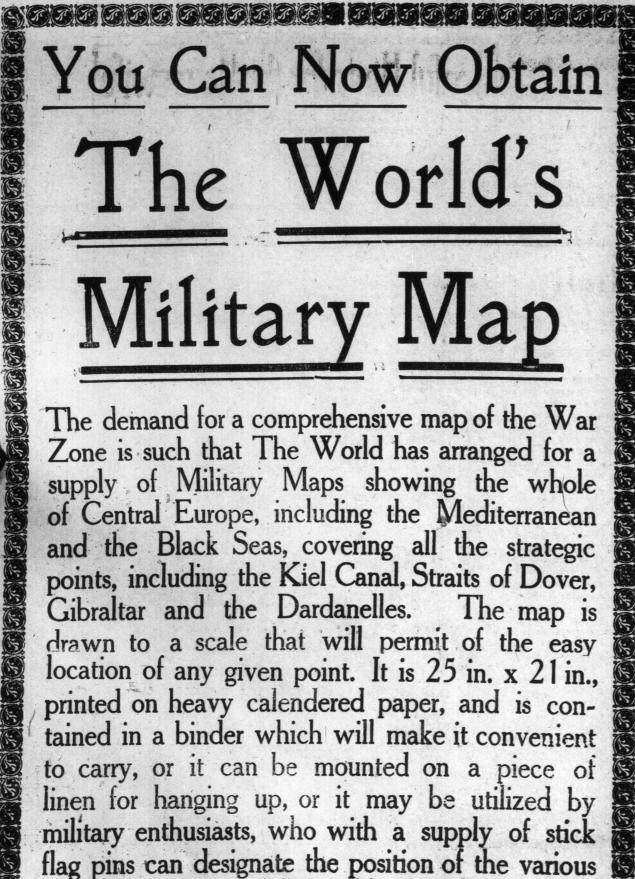
RISE AT NEW YORK

of Germany, a republic."

STAPLE FOOD PRICES

BLAMES THE KAISER

GERMAN SOCIALIST



a husband and two children.

PAPER BOX PEOPLE'S PICNIC.

armies. These maps will be issued by The World on the popular coupon p'an: one coupon and 25 cents will secure the map, by mail two cents exita. See Coupon on Page 4.

Every summer that you return from Diarrhoea must be considered a poisat your holiday, you should bring with ning of the system, and the frequent movements from the bowels as na-

sections, were graped in black. Trai-fic was closed early on the streets thru which the procession passed from the railway station to the church and from the church to the cemetry. Special policemen and National Guardsmen patroled the quiet streets. Because of the limited capacity of the church, only members of the fami-ty and close friends were invited to ly and close friends were invited to

noting of the system of the poison. Therefore the mother must assist nature as far as posible. To do this, she should immediately give a dose of castor oil to clear out the in-testines and do away with the firita-lion that is causing the trouble. It is very wrong to give medicines to check the diarrhoea until the oil has first been given and had time to act. Another way to help get rid of the poison is to wash out the bowels with a saline solution. One teaspoonful of

poison is to wash out the bowels with a saline solution. One teaspoonful of salt to one pint of boiled water may be used. This should be put into a rub-ber bag, hung three feet above the child; a soft rubber catheter should be attached to the tube, well oiled, and gently worked up into the bowels as far as possible, and the tepid salt water should be allowed to flow in and out of the bowels until at least one out of the bowels of her bowels of the bowels of the bowels of the bowels of the bowels one out of the bowels until at least one out of the bowels of the bowels of the bowels of the bowels one out of the bowels of the bowels of the bowels one the the the tepid salt young tree, she met the "man of her heart," and they are going to live happy ever afterward. And so is the cedar out of the bowels until at least one quart has been used. This not only washes out the intestines, but the salt tree! s stimulating. This may be done once

a day if there is much mucus or any lood in the bowel passages. The frequent, thin movements mean that a great deal of water is being lost from the system; therefore plenty of

George Willis, of 19 Mechanics ave-tree! An intimate gardener friend cher-ishes in her backyard a stately blue spruce, brought by a dear one, from somewhere in the Rockies. The one who brought the tree is gone on, but an ever present reminder of immortality in the noble blue spruce cheers my friend beyond all words. Within a stone's throw of me, a young amateur has been experimenting with a home-made water garden, built into a rockery. He has a clump of arrowheads from Grenadier Pond, put in last year. He reaped golden hearted blossoms this spring. The water lilies beside them were brought from the from the system; therefore plenty of pure, boiled, cool water must be given to make up this loss. An ounce should be offered the baby every hour at least and oftener if he seems thirsty. He needs nothing more to eat or drink, and never torment him with offers of other food. If the stomach is upset and does not easily retain plain water, water in which the white of an egg has been beaten wil be more likely to stay Pulmotors Used

beside them were brought from the wilds of Muskoka last spring, he tumbling headfirst out of a flat bot-tomed punt in the getting of the roots. Some trailing myrtles pulled from the down. Leave the little one lying comfort-ably on his bed or in his carriage in Dr. Ricker, who chanced to be pass ing at the moment in his automobile tomed punt in the getting of the roots. Some trailing myrtles pulled from the hills near Wolfe's Cove (now, where is that?), creep over the shady side of the rockery. And, from where do you the coolest place possible. Do not take him in your arms or fuss with him at all. You only make him hot and ir-

ADVERTISEMENT.

Thin Folks Who

Increase in Weight Ten Pounds or

A Physician's Advice.

that i, cheep over the sharp and the rockery. And, from where do you suppose did he bring the orange milk-weed plant, that flames near the water and rock garden? Just from near by Humber Flats. It all sounds simple, Company and the Telephone Com-pany, but without success. Reluct-antly Dr. Ricker had to pronounce life extinct. The body was taken to the New Toronto Hotel, but later was conveyed to the morgue in Toronto. The inquest, which was to have taken place last night, has been postponed for a weak

Would Be Fat ight Ten Pounds or More. Wilcian's Advice for a week.

Tor a week. Short Circuit. It is said that the loose wire which Willis was pulling into place came in contact with one of the Hydro lines, Vork faces a sharp rise in the prices of York faces a sharp rise in the first ten A Physician's Advice. T'd certainly give most anything to be able to fat up a few pounds and stay that way," declares every excessively thin possible, despite past failures. Thin peo-ple are victims of mai-nutrition, a condi-tion which prevents the fatty elements of food from being taken up by the blood as they are when the powers of nutrition are normal. Instead of getting into the blood, all the fat and flesh-producing elements stay in the intestines until they pass from the body as waste. To correct this condition and to pro-duce a healthy, normal amount of fat, the nutritive processes must be artific any plished by eating a Sargol tablet with every meal. Sargol is a scientific com-pliand of six of the best strength-giv-ing fat-producing elements known to the medical profession. Taken with meals, it mixes with the food and turns the su-gars and starches into the blood, and its is nold by good drugsists everywhere, and the abog severations subwrete of the considered and contributions in frequent. Yet its action is perfectly nat-wal and absolutely harmless. Sargol is sold by good drugsists everywhere, and the regent, ST Howland avenue. Plans for raising funds for the hospital ship will be accepted. A full meeting is character and contributions in the box good form severations of the provide a subscience. Dr. Hare Home From Chevitauqua. suitable specimen to take home, means that one is on the alert for new ideas. carrying a voltage of 2200, while he staples at the end of the first ten was grasping another wire, thus caus-days of continental warfare. Whole-

ing a short circuit. sale and retail dealers have been Willis came from England about a year and half ago. He was a mem-ber of Masonic Lodge No. 156. He leaves a widow and four children. ports, but also applies to many Amer-ican foodstuffs for which there is no "SHOOT TO KILL" ORDER pressing call from England, France and Germany.

GIVEN TO SENTINELS

PHONE LINEMAN

WAS ELECTROCUTED

Wires Touched Hydro Line-Short Circuit Caused Death.

George Willis, of 19 Mechanics ave-

Immigrants Admitted. BOSTON—The Canadian Govern-ment has decided to admit more than Canadian Press Despatch. OTTAWA, Ont., Aug. 10.—Colonel Sam Hughes, minister of militia, told Sam Hughes, minister of militia, told the newspaper men tonight at a con-ference he had with them in his office, when discussing the shooting of a tramp under a bridge at River Ouel-lette, at a point on the Intercolonial Railway by a guard on the bridge that all such sentinels on duty had been instructed to "shoot to kill" when their challenge was not answered. Warning Proclamation.

Warning Proclamation. BRUSSELS (via Paris). 5. he war minister has issued a

remarkable results in the treatment of nervous indigestion and general stomach disorders, it should not, owing to its re-markable flesh-producing effect, be used in the part of American citizens to-by those who are not willing to increase with the British construction of train their yreight ten pounds of more.

laid up.

Enlists as Nurse. FHILADELPHIA. Pa.---Miss -- Mary sell within