

## Publishers' Department

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**FISHING AND SHOOTING.**—A new region, known as the "Temagami" (pronounced Tem-mog-a-me) District, is being brought to the notice of the public as one of the finest fishing and hunting confines in Canada. Excellent sport is assured all who take advantage of a trip to this magnificent territory which is 300 miles north of the city of Toronto at an altitude of 1,000 feet above the sea. Black bass, speckled trout, lake trout, wall-eyed pike and other species of fish are found here in abundance, and large game such as moose, caribou and deer abound in the forests. A handsome booklet, profusely illustrated, giving all information, including comprehensive maps, can be had free on application to J. D. McDonald, D.P.A., Union Station, Toronto.

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**EARLY DECAY OF CHILDREN'S TEETH.**—A live question with physiologists is the very general tendency in children to early decay of the teeth and the resultant unfortunate consequences to general health. It is now generally conceded that one of the main causes of the decay of teeth is the general use of white bread and soft, mushy foods. The coming of the teeth marks a period in the child's life when an elaboration of the all-milk diet is required. The amylolytic function is gradually developing and it is, therefore, necessary to provide food which will not tax these new powers and yet will afford gentle exercise so as to promote normal development. The whole-wheat food, Egg-O-See, contains soluble starch (maltose) and even before the child can chew the food this starch (practically pre-digested) is made available by straining the milk through Egg-O-See flakes. When a little later the molars appear they must begin the work of mastication and trituration if the teeth are to develop physiologically and grow into objects of personal adornment. The partial digestion of Egg-O-See makes it acceptable to the stomach of the child at this age; the dry, crisp flakes encourage proper exercise of the teeth, while the phosphates, nitrates and other salts of wheat (absent in white bread and similar forms of food) furnish the mineral food required by the teeth and the bony framework of the body. Readers of this journal will receive a full size package of Egg-O-See on application to the Egg-O-See Cereal Co., Chicago.