

Dr. J. Elliot, of Gravenhurst, spoke in favor of exercise in cases of wasting diseases, making mention of this treatment in the sanatoriums. He advised the more frequent exercise of horseback riding. Dr. Arnott, of London, asked of the older practitioners the results of too much mental strain, combined with exercise.

Dr. McPhedran closed the discussion by referring especially to the value of exercise in tuberculosis.

The Business Aspects of Medical Practice.

Dr. Powell read a paper on "The Business Aspect of Medical Practice." He said there were three requisites to success:

- (a) To be a thorough gentleman;
- (b) To be a thorough physician; and
- (c) To be a thorough business man.

The speaker first pointed out that a physician making \$4,000 a year, or more, should have a bookkeeper, in order that his accounts be properly kept, and in witty terms mentioned that a man's best bookkeeper is the maiden whom he chose to manage him. Secondly, he pointed out that bills over nine months' standing should be put in the hands of a competent collector. Thirdly, he recommended the typewriter and the card system. He believed that it is bad business to touch lodge practice at all. By accepting lodge practice a doctor loses his fee-earning power. He pointed out that the physician should be friendly with his fellow neighbor physician. Every medical man needs one or more fads. He defined fads as "mental antitoxins which overcome the poisons generated by cerebral over-activity." He referred to out-door sports, and in humorous terms to golf as "that game of senile decrepitude." In this connection, he referred to the good results of a holiday.

He urged his hearers not to fall behind in the keeping up to date of their libraries.

He pointed out the necessity for a thorough examination of all cases before reaching a diagnosis. Quickness and surety of decision are also essential requisites of a medical man. The physician's attitude should be "determine what is right and go ahead." Another thing that should be noted is a lack of well directed energy on the part of the physician. He referred to the colored preacher who said: "Brethren, what we want is sanctifigumption."

The true practitioner thinks first of his patients, and then of his home and himself. The practitioner's standpoint is that of a business man, not that of a missionary, but he must always have his profession