the service of our good God than in the service of the world. O if we knew what God bestows on a heart that I san tified. loves him well.

Do not what you wish, but what God i wills.

ST. Dominic.

Regret that you have only so miserable a heart to love a God who is so amiable

Often reflect that at the hour of your death and during eternity, it will avail you nothing to have gained the whole world, yes if in this life, youshould possess all riches, attain all honors and enjoy all pleasures.

Study the science of salvation in the crucifix, which is the book of charity, and in the five wounds of your Saviour; love, poverty, humility and mortification, and you will fear nothing in the world.

Make yourself master of your passions, if you do not wish to be their slave.

Love God alone and find him everywhere.

Say to Jesus Christ, that you do not know how to love God as he ought to be loved; and that you beg of him, to love him for himself and for you.

ST. FRANCIS OF ASSIBIUM.

Rejoice because God is your Father, Jesus Christ your brother, and your Saviour, the Holy Ghost your guest and director; Mary your Mother and your advocate, the angels and saints, your directors. In your labours, infirmities and sufferings, console yourself! ings of a few moments the kingdom of inordinate from it. heaven is prepared for me.

Without prayer and mertification God will not bless you, and you will not be

Desire to love God, to love nothing but him, to love him for his own sake, to love him as much as you ought to love him, since you cannot love him as much as he deserves.

If you wish to be rich and happy, possess God by a great love. Whom can we love, if we do not love God: How can we exist without loving him.

ST. CLARF.

Behold a means of finding time short: meditate on the passion of our Lord.

In order not to render the work of Jesus Christ uscless, love for God's sake your neighbour, whom Jesus Christ has loved so much, and whom he has purchased at so great a price.

Frequently have the cross in your hand and before your eyes; carry it always in' your heart by love, and let it be imprinted on your senses and members by mortification.

ST. CYRIACUS.

Consider with love, Jesus crucified, and you will despise your crosses.-When we look at Jesus on the cross, can we complain of our own?

As you cannot serve Jesus Christ himself in person, serve him in the person of those who are his servants.

Be always ready to shed your blood, sooner than offend a God who has poured out the last drop of his, in order to redeem vou.

In order to pray well, do nothing which will be an obstacle to it.

Let it be your chief care, to purify by this reflection. For the light suffer- your heart, and to banish every thing-

ST. ALBERT.