

ation, water supply, filtering processes; (7) Demography, sanitary statistics; (8) Cremation.

AT THE CLOSE of the Paris Hygiene Congress, all the resolutions adopted by the various sections were read over, those relating especially to French legislation were referred to the French Committee, and those partaking of an international character were confirmed by the Congress as a whole. The latter included resolutions in favor of a permanent inquiry into the cause of excessive infant mortality; the publication of methods of food and water analysis; the teaching of hygiene in schools; and the vigorous enforcement of regulations for the prevention of phrophobia.

THE INTERNATIONAL Workers' Congress, convened by the Possibilist party or the workman's party of France to deal with sanitary legislation, was the largest and most representative Congress of the kind ever held. The resolutions they carried were that the day's work should be fixed at ten hours as a maximum: that one day's rest out of seven was a necessity; that night work for men should be abolished as much as possible, and absolutely for women and children; that overtime should always be paid double the usual wage, and that it should never be more than four hours in twenty-four.

THE LONDON Sanitary Record says, if only the resolutions at the Congresses could be carried into effect straight away, what healthy peoples all ought to be. But unfortunately, as well as in all reform, time is the great factor, and we must wait patiently and work step by step ere we see the realization of the demands. The Congresses have done splendid work, if only in arousing the public mind to the necessity of assisting their fellow-creatures to live purer and healthier lives.

ONE OF THE BEST PAPERS read before the recent meeting of the American Public Health Association was by an able and much experienced physician of Richmond, Dr. Hibbard: We clothe too warmly, rather than too scantily, for our best health. In our anxiety to avoid the least exposure to the cold air, we put on too many and too thick garments, thereby perverting the normal functions of the skin, lessening its power by resisting the influences of meteorological changes and forging the initial link in the chain of morbid processes that lead to serious constitutional disturbances. Less heavy clothing and more vigorous exercise is what the body needs to enable it to resist the chilly blasts.

STERILIZED MILK has been delivered since Aug. 1, to children in their dwellings under treatment at the Philadelphia Polyclinic. The milk is sterilized by the Visiting Nurse Society of Philadelphia, and taken to the child by the nurse in attendance, in the bottles in which it is prepared. Milk and bottles are furnished the parents at cost. The results have been excellent.

ANOTHER DANGER from cigar smoking has been discovered of late by a German physician of an investigating turn of mind. It is the cigar. It appears that cigar makers having scrofula and phthisis are in the habit of moistening the tips of the cigars with saliva. The physician made a microscopical examination of a number of these tips, and asserts that many of them contain the tubercular bacilli.

THE Infectious Diseases Notification Act came into force in London on Wednesday last, and in future every medical practitioner will be bound by law to notify to the medical officer of health for his district every case of small-pox, cholera, diphtheria, erysipelas, or scarlet, typhus, typhoid, relapsing, continued or puerperal fevers, which he may be called upon to attend.

THE LANCET, commenting on the passage of the English infectious disease notification bill, says: "One thing is remarkable in this legislation: the slight resistance which politicians of advanced views have been able to offer to its fundamental principle—viz., the right of the community to insist on knowing the affairs of individuals and families where these are likely to involve in any degree the health of others; in other words, the subordination of the individual to the community. This is of course the fundamental principle of society, but it is ever undergoing fresh development. National education, vaccination, isolation, and notification of disease are all illustrations of the same principle.

THE RECENT MEETING of the American Public Health Association, held at Brooklyn, N. Y., according to the Sanitary Volunteer, which is edited by the secretary of the Association, was the largest and perhaps the most important ever held. The character of the papers and discussions was of a very high order. Nearly every state in the Union, the Army, Navy, U. S. Marine Hospital Service, Dominion of Canada, and the Provinces, were represented.

IN RELATION to the curability of phthisis, Dr. Thomas Harris has recorded some observations on the frequency with which signs of involuted tubercle was found in the lungs of persons who had died from various diseases or injuries. He