be, the best of all our amusements.

We take up a special offering on the first Sunday of each month for our new church building, which we hope will be fitted up with a gymnasium. Our boys, who are from 15 to 17 years of age, are most of them members of the church, three more having joined at last communion.

Our class has about a dozen regular members and is organized with, President, Vice-President, Secretary-Treasurer, and Programme and Athletic Committees.

In the summer we put up a baseball nine which takes some beating.

King Street Church, London, Ont.

1986

Saved !

By Rev. F. A. Robinson, B.A.

Have you ever seen the "basket" swaying along the life line, as it travels from the wrecked vessel to the life-saving station? It is a thrilling sight. Onlookers often have tears of joy in their eyes as the basket keeps bringing its precious load to shore. But sometimes there are timorous people, who delay the work of rescue and who are halfafraid to trust themselves in the basket; and old Captain Pat, of an English lifesaving station, well known to the writer, has been heard to shout above the storm : "Do as I tell you, if you want to reach shore." And when they have obeyed his orders, they have been brought safely to land and have looked back over those dangerous rocks, and said : "Thank God, I'm saved !"

Not long ago I happened to meet a young man whom I knew well as a boy fifteen years ago. He was in great danger then. His home was a terrible place ; he was in the midst of all kinds of badness, and many expected that he would turn out like his surroundings—bad. But he wont away from home—far away, and he told me, as we sat in the little schoolhouse church, that he had been trying to follow instructions. What do you think these were? They are written in Proverbs, third chapter, sixth verse: "In all thy ways acknowledge Him and He shall direct thy paths."

Through the bush to a Sunday School in the old log building in the swamp, Roy had gone week after week in past days; he had become a real scholar in the school of Jesus Christ, who said long ago, "Learn of Me," and for these fifteen years he had been trying to put into practice his Teacher's lessons. Had he succeeded ? Let us see.

When Roy was through talking, a school trustee stepped forward, and nodding in the direction of the departing Roy, said : "So you knew him before this, eh? Well, you never knew a finer chap. He's the best all round young man we've got. It doesn't matter whether he's in the church or in the store, or playing half back with the football team, he's the same clean, square boy; yes sir l he's as straight as yon pine."

I looked down the concession line after the lad who was as "straight as yon pine," and knowing what sin and crookedness have done for some boys, I thanked God for the bright, happy, useful Roy, who, following our great Captain's instructions, was "saved."

Toronto

Work and Rest

That man should work was God's behest, Creating thus the need of rest ; One day in seven He set apart For the rest of body, mind and heart.

A needed change, observe the day In God's own time, in His own way, In worship and in sacred song, Showing that you to God belong.

Accept the day, it is His gift, Intended as a soul uplift; Rest in the Lord, heed His request, Then work shall sweeter be than rest.

-Annie A. Preston

Moses

By Rev. J. M. Duncan, D.D.

Moses is mentioned very often in the Bible. Because this is so, we can easily learn what kind of man Moses was.

First of all, he was a brave man. It is true he is said to have been afraid when he found out that Pharaoh knew that he had killed an Egyptian. But a brave man is not one who is never afraid; he is one who