

against unyielding and undeveloped faculties and is recognized by its pain accompaniment, distress, unrest, anxiety, heat of passion, groping after something, brooding self-condemnation; but if there is no resistance there results a burst of new life, fresh consciousness, appreciation of truth, a personal hold on virtue, joy and sense of well-being." The latter we must consider under the enthusiasms of youth.

DIAGNOSIS OF THE TROUBLE

solves but half the difficulty. Treatment is even more important. Starbuck recommends that the youth be not subjected to physical strains making too great a draft on the nervous system, that he be given "good wholesome exercise, out-door games, fresh air and the like, which stimulate circulation and fill the brain with good, rich, red blood." He warns against laying too much emphasis upon the horrors of eternal punishment, the personal unworthiness, the sinfulness and the imperfections of youth, instead of stimulating the halting and self-distrustful soul towards wholesome activity. Professor Coe in his excellent chapter on this subject gives substantially the same counsel, and adds, "Greater than all else is sympathy."

In this article I have dwelt upon the morbid or darker side of the experiences of youth. The enthusiasms or the brighter must be reserved for another.

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Last September we began in the **TEACHERS MONTHLY** a treatment of the **Beginners' Course**, devoting three pages to it each month. It was, as announced at the time, an "experiment," the new Course being on its trial. We find that the new Course has been adopted in very few of our schools, and that, therefore, the material upon it is not of general value. We have, accordingly, decided to omit it after the present month. To any subscriber so desiring we shall send, for the unexpired part of his period, a magazine by another publisher containing excellent material on this Course, or return the subscription price. We shall consider it a favor to be notified at once as to which method is preferred.

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