

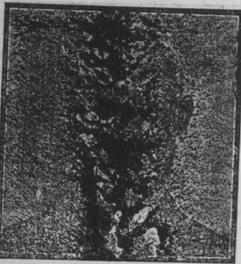
"I FEEL IT MY DUTY

To Give You a Statement In Regard To 'Fruit-a-tives'"

HEARDWICKER, MIRA-MICHI, N.B., Jan. 17th, 1910.

"I feel it my duty to give to you and the world an unadorned statement in respect to the wonderful cure I received by taking 'Fruit-a-tives.' Chronic Constipation was the complaint I suffered with for years. My general health was miserable as a result of this disease, and I became depressed and alarmed. I was treated by physicians without the slightest permanent benefit, and I tried all kinds of pills and tablets but nothing did me any good.

I saw the strong testimonial in favor of 'Fruit-a-tives' by New Brunswick's 'Grand Old Man,' the Hon. John Costigan, and I knew that anything he stated was honest and true and given only to help his fellow-men. I tried 'Fruit-a-tives' and the effects were most marvelous, and now I am entirely well from all my Chronic Constipation that I suffered from for so many years. My general health is once more excellent and I cannot say too much to express my thanks for the great benefits derived from taking 'Fruit-a-tives.'"



A. G. WILLISTON.

"'Fruit-a-tives' is not gotten up by druggists or chemists—who know nothing about disease and the needs of the human body—but is the scientific discovery of a well known physician, and is the only medicine in the world made of fruit juices. A box, 6 for \$2.00, or trial size, 25c. At all dealers, or sent, postpaid, on receipt of price by Fruit-a-tives Limited, Ottawa.

PAROLED MEN DO WELL

Only 65 Out of 3,100 Men Forfeit Their Liberty.

Dominion Parole Officer Archibald has just made an official visit to the penitentiary at Kingston. This is the first visit of Mr. Archibald since his severe illness last winter, and many friends in Kingston were delighted to see him on the road to recovery. When asked as to how the parole system was working, and as to the number of prisoners who had been paroled since the inception of the system in Canada eleven years ago, Mr. Archibald said that he was at the present time making out a report for the department, but could perhaps give approximate figures. Since the system was established in 1899, he said about 3,100 prisoners were released on parole, out of that number only about 65 had forfeited their liberty. That is a splendid record, Mr. Archibald said. Nearly 2,000 have won their full liberty and are in the enjoyment of good citizenship, having that they were not criminals, but had yielded to temptation in moments of weakness, and afterwards deeply regretted their acts and repented in sackcloth and ashes. One thousand prisoners are still reporting. Last year 420 prisoners completed their paroles. Of the 3,100 prisoners paroled in eleven years, 1,800 were from the penitentiaries and 1,300 from the jails and reformatories.

The number of paroles has been steadily increasing, but Mr. Archibald thinks that the limit has now been reached. The number of paroles totalled about 575, or about 100 more than in the previous year. In the prisons of Canada Mr. Archibald said that there were about one-third of the prisoners in whom the utmost confidence could be put if they were released on parole. There were probably from 15 to 20 per cent. who could be better incarcerated for life, as they were genuine criminals.

One year Mr. Archibald followed up the prisoners paroled, of whom there were 300, and found that they were turning a total of about \$120,000. They had "made good," and were valuable citizens.

Parkers Cove

(Sept. 23rd.)

Death has removed from our midst one of our oldest and esteemed citizens in the person of Mr. Stephen Johns, whose cheerful presence and amiable qualities will long be cherished by those who have had the pleasure of tried and true friendship with him. Rev. J. W. Smith conducted the service at the house and grave. Interment took place at Stony Beach cemetery.

Schr. Lloyd sailed yesterday for Eastport, with a load of smoke wood with Capt. Clayton in charge.

Schr. Minnie C., Capt. Robinson, arrived the 24th inst. and is taking a load of dry fish for D. & O. Sprout of Digby.

Mrs. William Brown, with her daughter and son, of Lynn, Mass., is visiting her sister, Mrs. W.H. Anderson. Also Louis Wilson, of the same place, is the guest of Mrs. W. H. Anderson.

Mr. Stuart Rice, of Lynn, is spending his vacation with his mother, Mrs. May Rice, of this place.

Mrs. James Oliver has gone to Boston to spend the winter with her daughter, Mrs. William Henderson.

Capt. and Mrs. Arthur Longmire and Mrs. W. H. Axleron, and son, Willard, have returned from St. John where they attended the Exhibition.

Your complexion as well as your temper is rendered miserable by a disordered liver. By taking Chamberlain's Stomach and Liver Tablets you can improve both. Sold by all dealers.

DARE TO BE TRUE.

In everyday life the chief cause of lies is cowardice. The child commits an offence. He fears punishment; lying is such an easy way of escape. The merchant fears to lose a customer; a little equivocation on his part serves his turn. The wife fears the anger of the husband; the husband dreads hurting his wife's feelings. All lie to save themselves or others from suffering. In every instance the exercise of a little courage would have brought greater happiness, or if not happiness, blessedness, to use Carlyle's distinction. The world would be infinitely better and happier if men would follow George Herbert's advice: "Dare to be true, nothing can need a lie; A fault which needs it most grows two thereby."

"Eat and Be Merry!"

Stop starving yourself—stop suffering the pangs of indigestion—stop worrying about what you dare and dare not eat. Eat hearty meals of wholesome food, take

NA-DRU-CO DYSPESIA TABLETS

and you'll feel like a new person. Sour stomach—heartburn—occasional indigestion—chronic dyspepsia—all yield quickly to NA-DRU-CO Dyspepsia Tablets. The properly digested food restores your strength, your stomach regains its tone, and soon requires no further aid.

50c. a box. If your druggist has not stocked them yet send 50c. and we will mail them.

GENERAL DRUG AND CHEMICAL CO. OF CANADA LIMITED, MONTREAL.

In Memory of the Late R. R. McLeod

A handsome bronze tablet was placed in the Town Hall at Liverpool on Thursday last to the memory of the late R. R. McLeod. Appropriate speeches were delivered by Hon. J. M. Mack, A. W. Henry, W. L. Hall, M.P.P., and Fred T. Gardner, County Treasurer. William Dennis, of the Halifax Herald, replied on behalf of Mrs. McLeod, who was also present. The inscription on the tablet was as follows:

ROBERT RANDALL McLEOD 1841-1909.

A distinguished Nova Scotian, who through the press appealed with power to his generation. A student of public affairs, a graduate of Harvard, equipped with a varied experience, he became an effective and fearless reformer. He sought the truth and was not afraid to follow whatever it led.

As an interpreter of nature, he disclosed the wealth and wonder of his environment, and the supreme utility of a popular knowledge of its universal and eternal laws. As a moral and social reformer, he was the champion of humanitarianism as illuminated by the light of science.

In the public forum he always appeared in the advocacy of progress. He had the prophet's passion for justice and righteousness, and was a persistent and uncompromising opponent of wrong and an aggressive fighter for the common good.

The sage's dust now eloquently mute Once held the feeling heart and fertile mind Which wreathed of air virtue's flower With wisdom's fruit and inspire mankind.

This memorial was erected by his admiring friends and countrymen.

The successful man is invariably the one who sets a proper value upon time.

THE WRITTEN WORD

The helpless written word! The word begun What magic shall foretell the answering eye? Merriment may intrude upon a sigh, Or sober thought arrive to cloud a sun.

The spoken word! A thousand signs upon The listener's face shall guard fortunity Within the shaping, and the blundering cry, Of impulse in an echo be undone.

Yet if the pen have tarried! How the mijes Go lengthening! The weary day but crawls To reach the day, the oriole unheard, The banks bereft of any fower that smiles. And in the shadow all remembrance calls And all the heart: "O, for the written word!"

QUARANTINED.

Country Vicar (visiting a family where a child has scarlet fever)—I suppose you keep her well isolated? "Lor' bless you, sir, yes He keeps behind that clothes-horse, and don't come among us but for meals."

INCONSISTENT.

"Mother," asked little Ethel, "now that you're in mourning for Cousin Adelaide, will you wear black night-dresses, too?" "What an absurd question, child!" "O, I only thought you might be as sorry at night as you were during the day," ventured Ethel.—Harper's Bazar.

SCOUTS ON THE JOB.

Once more Their Value in Time of Trouble Was Demonstrated.

Once again the scout movement has been brought into the limelight. Last night, about eight o'clock, when Rex Insole, a well-known young draughtsman, of the south end of the city, who is changing his residence, was drawing a hand-wagon filled with household impediments, he had the misfortune to upset the cart near the Central school grounds. A cry of "Scouts to the rescue!" immediately rang out, and in a minute khaki-clad youths were running from all directions. They seemed to have grown from the ground, so rapid was their appearance. There stood Mr. Insole, clad in his winter overcoat and straw hat, too dumb-founded to speak, surrounded by twenty or thirty scouts. In a trice the scattered articles were back in the cart, and without waiting for thanks, the patrol melted away, as it were, into the darkness.

RHEUMATISM CURFD

Zam-Buck will give you relief! When you have any deep-seated pain in the joints, the back, the wrists or elsewhere, place a liberal supply of Zam-Buck on the fingers or on the palm of the hand and rub it in. The penetrating power of this "ambrocation balm" is very great. It kills pain and removes stiffness. Mrs. Frances Wyatt, of 22 Guy Ave., Montreal, says: "I have found Zam-Buck most soothing and valuable in a very bad case of rheumatism, and also for stiffness of joints and muscles. I suffered long and acutely from rheumatism, and tried one liniment after another in vain. I also took medicines internally, but it remained for Zam-Buck to effect a cure. I began applying this balm whenever I felt the aches and pains of rheumatism coming on or felt any of the stiffness. The result was truly wonderful. Zam-Buck seemed to penetrate to the very seat of the pains, driving them completely out, and I am now quite cured."

So many of the ordinary embrocations and liniments are imperfectly prepared and not sufficiently refined to penetrate even the skin—much less the underlying muscles. Zam-Buck is found, and its essence and juices are so concentrated, that when rubbed into the muscles for rheumatism, sciatica, sprain, etc., its effect is very quickly felt.

If rubbed on the chest and between the shoulders in cases of bad cold on the chest, Zam-Buck will give relief. Apart from its use as an embrocation, Zam-Buck will form a cure for all ordinary forms of skin disease and injury. It cures eczema, rashes, ringworm, cold sores, scabs, abscesses, chapped hands, piles, varicose veins, cuts, burns, bruises, etc. All druggists and stores at 50c., or post free from Zam-Buck Co., Toronto for price. Refuse harmful imitations.

MUNICIPAL OWNERSHIP.

The Toronto World cites the case of Birmingham, as a city where municipal ownership yields benefit to the citizens. It quotes the Birmingham Post on the subject of the electric supply department of the city, and says:—"A favorite objection to public ownership is that it lacks the enterprize of private management, but this is certainly not borne out by the record of British cities. Birmingham took over its electric service in 1900, the capital expenditure then amounting to \$2,400,000. In ten years it has increased \$7,000,000, or nearly treble. But the surplus profits have also continuously advanced, although the average price received per unit of electricity supplied has fallen from a fraction of eight cents to two and a half cents. The rates have been reduced several times, and the working cost per unit, these having fallen from four and a half cents to slightly over one cent. Last year, the surplus profit was over \$100,000, half of which was contributed in rate relief. The reserve fund stands at \$600,000, and \$80,000 have been put to a renewal fund account. Municipal ownership and operation of public services has the great advantage of enabling the citizens to get their proper share of the benefits accruing from the success of the undertakings."

PLUMBING TALK

People have become interested in our System of Sanitary Plumbing, and we are having enquiries from all over the Valley. This speaks well for our work. Don't be behind the times. Consult Crowe Bros. and have one of their up-to-date Systems installed.

CROWE BROTHERS

Sanitary Plumbers
BRIDGETOWN, ANNAPOLIS ROYAL, MIDDLETON

The Nova Scotia Horticultural Exhibition

will be held at Windsor, N. S., Oct. 11th, 12th and 13th 1910.

\$2,000 in Prizes

The Largest Prize List for Apples offered by any Exhibition in Nova Scotia this season.

Excursion Rates on all Railways.

WM. O'BRIEN, President
J. D. CURRIE, Secretary

LET US HELP YOU DO YOUR HOME FURNISHING

WE have planned for one of the Greatest Season's Sellings in the history of this store. We have taken advantage of every turn that would have the price a little closer, and have in our showrooms one of the finest assortment of FURNITURE, CARPETS, RUGS, OILCLOTHS, LINOLEUMS, Etc., to be seen anywhere in the Province.

Free delivery, either from our team, or at your nearest railway station

A SPECIAL INVITATION TO VISIT OUR SHOWROOMS, AND GET ESTIMATES.

CHAS. DARGIE & SON

Annapolis Royal, Nova Scotia

Kindly Mention Monitor-Sentinel When Purchasing from our Advertisers.

THOMAS A. EDISON made all Talking Machines possible, but he made the Edison the best, I have them for sale. Also Edison Records, Pianos, Organs, the Singer Sewing Machine, the best of Sewing Machines. Oil and Needles for all Sewing Machines. Sewing Machines cleaned and repaired.

C. B. TUPPER,
Granville St. West,
Bridgetown, N. S.

Bulbs! Bulbs!

Now is the time to get your Bulbs for Fall Planting. Send to us for a Catalogue

Nova Scotia Nursery
Halifax.

YOU CANNOT REACH The Buying Public of the most populous section of Annapolis County unless you advertise in

The Weekly Monitor and Western Annapolis Sentinel the paper that goes into more homes than any other Annapolis County paper. The paper that reaches the homes is the

Guide to Household Buyers.

BANKS & WILLIAMS

Commission Merchants
Fruits and Produce

78-80 Bedford Row, fronting on Market Square
HALIFAX, N. S.

SOLICIT CONSIGNMENTS of all kinds of FARM PRODUCE

EXCELLENT STORAGE FACILITIES
LONG EXPERIENCE AT THE BUSINESS
PROMPT RETURNS
MARKET QUOTATIONS FURNISHED ON APPLICATION

H. H. Banks - H. F. Williams

Our New Catalogue is ready for distribution. Send name and address for a copy.

S. KERR,
Principal.

FINE STATIONERY

Would you like some fine stationery with your address printed on it?

We have a fine line of note paper for social use in packages of one hundred sheets or by the pound on which we will neatly print your home address or your initial.

Or you can buy it unprinted, if preferred, much cheaper than by the ream. Call and see it and get our tempting prices.

MONITOR OFFICE,
Bridgetown.

WANTED

A LARGE QUANTITY OF HIDES, PELTS, CALF SKINS & TALLOW

CASH PAID AT THE HIGHEST MARKET PRICES

McKENZIE CROWE & Co., Ltd.