

Recommended As An Ideal Remedy



W. S. BOND, Esq.

Lloydtown, Ont., March 10th, 1909. "For some years I have been greatly troubled with headaches and indigestion, brought on by stomach disorders, constipation and biliousness. I had tried many remedies with only indifferent success, until "Fruit-a-tives" came to my notice. Being a general storekeeper, I was selling a good many "Fruit-a-tives" to my customers and, remarking how pleased they were with the results obtained from using "Fruit-a-tives," I decided to try them and, I might say, the effects were almost magical. Headaches and biliousness disappeared and to-day I recommend "Fruit-a-tives" to my customers as "An ideal remedy."

The Disposal of Household Waste

(Continued from page 6)

ly supplied by the atmosphere. This, of course, means more trouble than is taken now, but how many things we do now at a cost of time and labor that we would gladly abandon if we dared. The method of disposal recommended would improve the appearance of many an untidy and menacing back yard not only in the country but in the city as well. No foul or offensive smell or odor should be permitted to exist in connection with the disposal of household waste. Sanitary engineers consider that an unsavoury smell is generally the first evidence of something wrong and that traced to its source the evil is nall cured. We do not realize the danger nor do we readily accept the dictum of scientific men that flies are the direct evidence when not forced upon us.

THE PEOPLE MUST BE EDUCATED.

We owe it not only to ourselves but to our neighbors to give them the benefit of any special experience. Knowledge or education we have in such matters. Many a family is walking deliberately in serious danger depending on eyes which look but do not see. A short pamphlet in simple language distributed by a municipal council may be revelation to an ignorant housekeeper and may be the means of saving many lives. Municipal authorities who neglect that part of their duty relating to public health are taking a serious risk. It is their duty and privilege to educate, encourage, compel and make regulations for the general good.

The health officers of the province who are doing a great work need the council always at their back. Better provision is needed for teaching boys and girls at school the simple, sanitary measures advocated here. When one knows the why and the wherefore it is much easier to remember and to apply. At the school age the mind is more retentive. Even if they do not teach their parents they will soon be the householders themselves. Undoubtedly the time will soon arrive when every house and premises in the province will be inspected frequently by a competent official in the interest of public safety, for in matters concerning health it is no unusual experience to find that the people must be protected against themselves.

"Lifebuoy Soap is delightfully refreshing for Bath or Toilet. For washing underclothing it is unequalled. Cleanses and purifies."

Joker's Corner

EASILY COAXED.

The new school-teacher had a talk with Mrs. Hobart one day in regard to discipline. "I don't see how you manage Bobby as well as you do," said the teacher. "I like him, but he's such a mischievous little fellow, and he will not mind, yet every one says he minds you. I wish you'd explain it to me."

RAILWAY YARNS

This story told by a commercial traveller after a trip through Southern Canada: "Being impatient to get out of a sleepy little town, I hurried to the station. After a while an object slowly emerged from a distance and slunk up alongside. I boarded the solitary coach and, after a tedious wait the engine began to gasp feebly, the old coach creaked a little, but the train did not move. I was about to get out to see what was the matter when the forward door of the coach was suddenly flung open and a head popped in. 'Hey, you,' said the engineer, leaning at me, 'climb off till I get a start, will ye?'"

EMPTY GALLANTRY.

Mrs. O. H. P. Belmont, in a recent address advised young women never to marry men who did not believe in universal suffrage. Mrs. Belmont, in a later amplification of this advice, said: "Choose a husband as you would choose a friend. It isn't gallantry you want—it is sympathy and appreciation. These gallant men are very seldom appreciative; they are very seldom, indeed, of much account. Their gallantry, as a rule, takes the silly, empty form of Mr. Buggins'."

HONEST JOB

In the south a few years ago there was a shiftless colored boy named Ransom Blake, who, after being caught in a number of petty delinquencies, was at last sentenced to a short term in the penitentiary, where he was sent to learn a trade. On the day of his return home he met a friendly white acquaintance, who asked: "Well, what did they put you at in the prison, Ransie?"

INTRODUCING THEM

Kirsty McDougall, who lived in a remote Highland parish, had a visit from her Edinburg' nieces, who were to spend a week or two with the old lady. She determined to show them on Sunday at the ancient village kirk of Lochaber. The young ladies wore costumes of the purest snowy hue. At the point of his sermon the

The Work Horse

There is no study in horseflesh more profitable, and no experience more useful, than the knowledge of how to handle, manage, and care for the every-day working horse. The man who trains the fast trotter, or who looks wise as he tells you a lot of nonsensical lore about the capabilities of some galloper on the big race tracks, has not got as sure a thing as the man who knows how to get the most in labor out of the work horse, while taking the least of vitality and condition out of him at the same time.

Here are two cases. One farmer drives his horses hard while at work, whips them from morning till noon, and from noon until night, on mower, harrow, plow or cultivator, and at night throws them some food, after allowing them all the water they will drink, and then leaves them until he needs them again. This man needs a lot of horse power to till his farm well, if indeed he does so. His horses look worse after he has worked them for a while. When winter time comes, if he wishes to sell some of them, he has either to take a lower price, or else expend a lot of feed to get them into condition. Such a man cannot get them to look any better so long as he drives them. He must therefore stand them in the stable in idleness until they are fat enough to sell. Another farmer works his horses slowly and carefully. He never excites them more than is necessary in the accomplishment of their labor. He does not need to drive them fast: all machines made for agricultural purposes nowadays will get a full day's work out of a team without doing that. A six-foot mower and a seven-foot binder with other implements in proportion, do not need to be hurried across a field in order to get a full day's work done in a day. Often during the day, too, if he should wish for a rest himself, he is assured that his horses are resting, too, for he will try and let them have a mouthful of water, will go and pull the collar back from the shoulders, and is more apt to pat their necks than to kick their ribs.

They are worked carefully, and well fed and tended. Even in the hardest work such a team will lose little or nothing in condition, and in the times of lighter work will readily fatten up. They are ready for the buyer to come along any time, and they look well enough to get the money. There is about one hundred pounds of difference in the sizes to which the two systems of treatment will arrive under the two systems of treatment, and there is at least one hundred more between the conditions in which they will probably be found. The Clyde-dale or Shire-bred colt, which is never hurried or made to trot with its loads will grow faster and continue to grow longer than if chased around at the faster gait. He will also be a faster walker, and will go at his work in a more contented manner if never unduly excited. On the other hand, as he has never been asked to do more than he is well able to do, there is in his manner a greater measure of quietness, which does not waste energy, but only makes it more available for the work of the farm.

THE BEST PLASTER Chamberlain's Liniment. Approved with a view of the fact that it is based on the most effective parts is superior to any plaster. When troubled with lame back or pains in the side or chest give it a trial and you are certain to be more than pleased with the prompt relief which it affords. This liniment also relieves rheumatic pains and is certain to please anyone suffering from that disease. Sold by W. A. WARREN, BRIDGETOWN, A. E. ATLEE, ANNAPOLIS ROYAL, and BEAR RIVER DRUG STORE.

minister, in speaking of the angels of heaven, was heard to say: "And who are those in white array? To the construction of the congregation Kirsty was heard to exclaim: "It's ma two nieces, sir, frae Edinburg'—Tit-Bits."

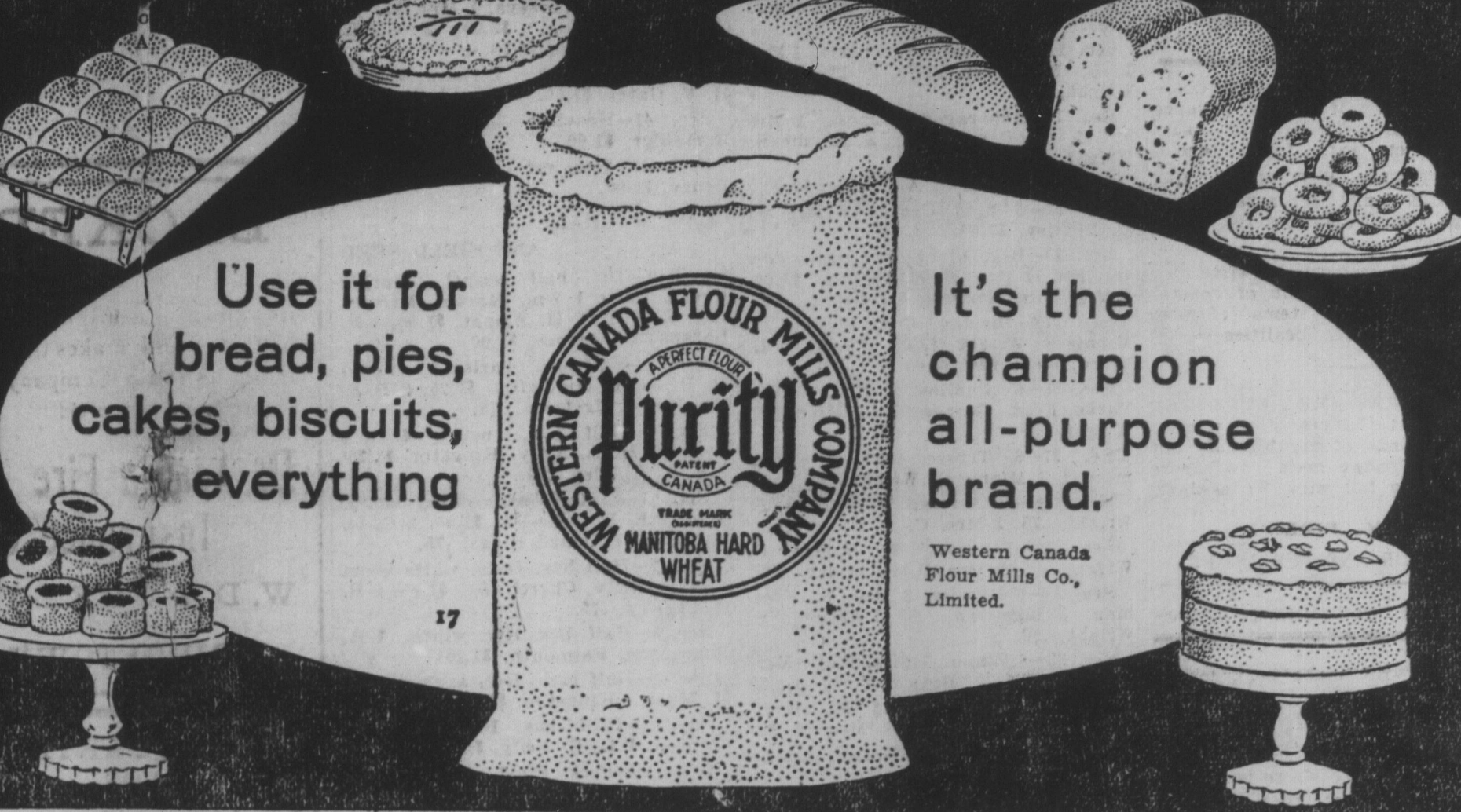
AN EASY SOLUTION

In one of Boston's primary schools the other day the head master of the district presented a problem for the scholars that would require the use of fractions. He expected the answer "I don't know." The problem: "If I had eight potatoes, how could I divide them among nine boys?" One bright looking youngster raised his hand. "Well," said the master. "Mash them," promptly replied the young mathematician.

"The mon ca'ed me a learn!" snorted an irate Scotchman to a friend. "And ye didn't knock him down!" retorted the other. "Nae, nae, mon! The worst of it was that he proved it!"

"Why do you always go out on the balcony when I begin to sing, John? Can't you hear to listen to me?" "It isn't that, but I don't want the neighbors to think I'm a wife-beater." —Kansas City Journal.

PURITY FLOUR



Use it for bread, pies, cakes, biscuits, everything

It's the champion all-purpose brand.

Fall and Winter Millinery OVERALLS

Our Fall Stock has now arrived, and trimming orders are coming in daily. It will be to your advantage to be among the early customers.

Miss Annie Chute Stores at BRIDGETOWN and LAWRENCETOWN

The Manufacturers' Life Record for 1908:

Table with financial data: Net Premium Income, Interest and Rents, Total Income, Payment to Beneficiaries & Policyholders, Reserve for Protection of, Insurance in Force End of 1908, No other Can. company has ever equalled this record at the same age.

Q. P. GOUCHER General Agent, Western Nova Scotia. OFFICE - WOODLETON, N. S. The H. R. Macham Co., Ltd., St. John, N. B. MANAGERS FOR MARITIME PROVINCES.

DARGIES' NEW CARPET DEPARTMENT

YOU NEED A NEW CARPET

The old one is worn and shabby and when the fall cleaning is done is the time to replace the old one with one of our New Carpets or Squares. We have just opened a new department and can show you a fresh new stock of

Carpets, Squares, Rugs, Oil Cloths, Linoleums, Also Portieres and Couch Covers in up-to-date designs.

These goods have been marked very low. Get our prices before making your purchases.

CHAS. DARGIE & SON ANNAPOLIS ROYAL

OVERALLS

Try our KANT TEAR OVERALLS and JUMPERS Only 65 cents

J. I. FOSTER GRANVILLE STREET.

PRESERVING JARS.

The Gem and the Crown, pint, quart and two quart sizes

The Best

Up-to-Date Courses of Study it is Possible to Provide. The best teachers we can procure, and entire devotion to our students' interests. Bring us all the business we can conveniently handle, without canvassing for a single student, or disparaging another school. Send for catalogue. S. KERR, PRINCIPAL, 505 FOLKERS HALL.

NEW Flannelettes

Something new in Flannelettes for BLOUSES and KIMONAS. Also heavy WHITE FLANNELETTE.

NEW Corsets

A new line of corsets, "Bias Filled." Highly recommended.

NEW Underwear and Hosiery

A full line of these goods, including Flannelette NIGHT-GOWNS for Ladies, Misses and Children

George S. Davies

In the Court of Probate, 1909

In the matter of the Estate of James Awalt, late of Carleton's Corner, in the County of Annapolis, farmer, deceased TO BE SOLD AT PUBLIC AUCTION AT THE COURT HOUSE IN BRIDGETOWN, in the County of Annapolis, on SATURDAY, the 23rd DAY OF OCTOBER, 1909, at the hour of ten o'clock in the forenoon, pursuant to a license to sell granted here-in by the Court of Probate, for the County of Annapolis, and dated the sixth day of September, A. D. 1909.

All the estate, right, title, interest, claim, property and demand of the said James Awalt, deceased, in and to all that portion of the real estate of the said deceased, situate on the east side of the Morse Road, so-called, bounded and described as follows: Commencing at a point two rods distant from the south-eastern corner of land belonging to Robert Barnes, thence running southerly along the eastern side line of said Barnes' property and properties of Frederick Foster and Oliver McGowan to a point on the eastern side of said Morse Road, distant from said first mentioned bound seventy-two rods, thence easterly at right angles to the said Road eighteen rods, thence northerly parallel to said first mentioned line seventy-two rods, thence westerly eighteen rods to the place of beginning, containing eight acres, more or less, saving and excepting that portion thereof, now in the possession of Oliver McGowan, being in length along the said Oliver McGowan's east line and said road twenty-one rods and in width eight rods, containing an acre and eight rods, more or less. TERMS:—Ten per cent deposit at time of sale; remainder on delivery of deed.

JAMES WALKER, Executor.

O. T. DANIELS, Proctor. Dated Sept. 18th, 1909. 5 ins.

In Stock and Landing this Week

100,000 CEDAR SHINGLES, 20,000 SPRUCE SHINGLES, 40 barrels CEMENT, 50 casks LIME.

J. H. LONGMIRE AND SONS

What Do You Know About a Corking Fine Overcoat?

For Fall or Winter

We've got the goods, all sizes, shades and shapes, natty, dressy coats. You cannot be anything but pleased with them. Also our new line of Fall and Winter Underwear, Socks, Mitts, Wool Gloves, Sweater Coats for Men and Boys.

Come and See Them HAYWARD CLOTHING STORE UNION BANK BUILDING

MINARD'S LINIMENT CURES DANDRUFF.

FIG PILLS Cure Constipation

Rheumatism and all Blood Diseases. The great Kidney and Liver Pill, 2 c. box at all leading drug stores, or by mail from THE SCORILL DRUG CO., St. Catharines, Ontario. For sale at WARREN'S DRUG STORE, Special Agent.