# A COLD

Have you ever come out of a theatre, or church or over-heated room and felt. immediately the cold night air caught your throat and breathing passages, that you were going to catch cold? That is the time to take Peps. Two or three Peps taken at once will prove an unfailing preventive. A cold developed means needless suffering and expense. Safeguard yourself by always keeping a box of Peps on hand.

They are also best for coughs, sore throat and bronchitis. All dealers, 56c. box.



#### NORTH RANGE

Mr. Bruce Cook is in St. John work-

We are glad to report Mrs. J. Franklin very much improved in health after her severe illness Little Berrey J. Cook had the misfortune to cut his knee very severely with a drawing knife one day recently. Dr. Dickey, who has been confined to his house with Influenza for the past three weeks, is able to attend to

Miss Meda Marshall is at present stopping with her brother Mr. Henry Marshall, in Digby, Mrs. Marshall being very ill with pneumonia.

school in South Range last week. tract of timber land in the South concrete and faced up with brick, Range. Quite a crowd of men are im-

on account of the Flu. Altho no finished with burlap base boards, glass new home. We welcome her to our

Zelma Graham from Centerville, Digby the word man, stands for) know how Co., and Mr. Oscar Andrews and Miss to look after their own comfort. The Grace Bent, of Young's Cove., Mr. and wonder is how long did they expect to Mrs. Andrews intend spending the stay. Some time, one would think, place. We extend congratulations to letters next, where did they get the the happy couple.

### CLEMENTSVALE

Mrs. Alice Bell has returned from a trip to Bear River. Mr. Charles W. Ramsay left on the 7th inst for Halifax on military duty. We are glad to welcome Mr. Albert

Miss Bertha Simpson, Victory, is visiting her sister, Mrs. Stewart H.

Mr. and Mrs. Walter Chute, Clementsport, were recent guests with old home at Middleton. Mr. and Mrs. E. M. Potter. We are sorry to report Mr. Ivan C. Trimper very ill. We wish him a speedy recovery, Dr. L. J. Lovett is in of

The many friends of Pte. I. M. Dukeshire were sorry to learn that he has been gassed. We hope he will soon be well and wish him a safe return home.

Mr. Walter Robinson, of Annapolis Royal, was a recent guest at the home of Mr. and Mrs. George W. Trimper daughter, Mrs. Porter. Mr. Robinson is a returned sodier who has done his "bit" over there.

Mrs. A. L. Danielson has returned from Boston. She was accompained by her daughter, Miss Florence, who we are glad to report much improved in to complete harvesting which with the health after an attack of Spanish Flu. elements impropitious has been

### WEST ARLINGTON

Mrs. Naomi Banks is at present stopping with her sister, Mrs. J. E. Mr. Edward Marshall, of Clarence, Normal College this week. parchased a pair of oxen from L. J.

Strong one day last week. Mr. and Lirs. Melbourn Sanford scent John O'Neil, at East Arlington. influenza, but all are convaiescing River. at time of writing, Dr. V. Mcrse, of

Paradise, has been in attendance... Recent guests, at L. J. Strong's, were W. K. Crisp, of Hampton, D. Jarvis, of Inglisville, K. Gillis, of Paradise, and C. R. Banks of Lawrencetown

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# Suburban Notes

ROUND HILL

Mrs. Jack O'Brien had a letter from her brother, Private Gerard Coakley, 44th Battalion, saying he was doing well, altho suffering some pain. His leg was blown off to the knee, by a shell, known as a Whizbang. When it struck nim, so great was the concussion, he was thrown some ten feet, in he air; was receiving the has proved fatal. very best of care and hoped to be able to return to Canada by the New called here on Sunday on account of town.

Mr. and Mrs. Whitman were advised by minister of Records, Ottawa, that their son Private R. C. Whitman, 85th Alexandra Military Hospital, Grosvenor road, London, and was progressing satisfactorily. A great relief to the This will never be a handicap to Willie, and John McMullen. him, rather his mark of honour as one of the world's heroes.

ing for the Construction Co., building parcels and letters she had sent him and three sisters, besides a number of her, for all their kindness to him and ago she has made many friend's she McCharles was one of the prisoners be greatly missed in her home, and in adopted by the Round Hill W. Institute the church which she was a member Private McCharles is now at the and in the Missionary Aid Society Hague, having been exchanged last which she was a life member, and in

Mrs. J. spending a week at her home in several dugouts they had found in lapse from the same dread disease and Danvers, Digby Co., returned to her their advances on the enemy. One is not expected to live. they were living in was fitted up with Dr. Dickie has purchased a large electric devices, was built of solid ployed there now getting ready for six Sargents in his party he and five Dr. Morse's Drug Store. The churches of this place have Another one they had been in a few been closed for the past four weeks days before writing, Sept. 29th, was cases have been report d at present doors, and electric lights, cupboards town.

Mis mirrors. A Chandelier hung in the Mis Mr. Shurman Thurber and wife chimmey. One day while looking for Nayr. centre, three ventitlators and a from Westport, arrived here in their a lumber pile he says "I came across motor boat last Wednesday. Mr. and a dandy, built into a hill, also faced on Saturday to spend a few days with Mrs. Thurber intend stopping the with brick two rooms done in black his children. winter with her parents, Mr. and Mrs. walnut, closets with diamond shaped glass doors, bird houses, on the Since our last writing three of our railings outside a hammock, and young men have entered the state of travelling rings for exercise. "Now of matromony, our station agent Mr. this all goes to prove these human P. Theriault and Miss Sweeney of beasts (because, I cannot call them Ashmore, Mr. Curtis, Height and Miss men and pay due respect to the honor

winter at Mr. Andrews' home in this after reading these most interesting their sister, Mrs Leonard Rock. fillings for these dugouts, must have family have moved into the house been stolen from the one time comfortable homes of France. Then to show how exhausted these brave end farm of Mr. H. T Phinney, and lads must be "Bern" goes on to say with his family took possession last "One night several months ago while sleeping in a clover patch in front of several batteries, with a heavy Jefferson, of Windsor; have been barrage going on in spite of all the Brown, out again after his recent ill- noise, we slept soundly.

### UPPER GRANVILLE

Mrs. Frank Bath is visiting her Master Lawrence McLallan visiting his sister Mrs. Max D. New-

her daughter. Mrs. Ralph with the sorrowing parents. Messenger near Lawrencetown Rev. Harland Phinney and wife are occupying part of the residence of Mr. Zaccheus Phinney, for the winter. Mrs. Fisher, who has spent several months with her daughter, Mrs. Rupert Parker, has returned to Berwick

where she will be at the home of her Dry Autumn weather, accompanied by sunshine and wind, has enabled the Influenza to date. farmers to accomplish much during the past week and a few more weeks

### BELLEISLE

Miss Susie Bent returns to the Miss Agnes Gesner has returned to winter. her school at Lower Granville. Miss Nellie Chipman was a recent

Sunday the grest of her parents, Mr. guest of her sister, Mrs. A. C. Bent. Mrs. Charles Goldsmith and Miss Several in this place have had the Hilda, have returned to Five Mile

to his school in Beaconsfield owing to same day. the Flu condition Gesener school reopened Monday, having been closed over two weeks on account of the Fluscare. Little Miss Frances Bent, of

Granville Ferry, is visiting her for a few days. grandparents, Mr. and Mrs. Wm. Y. The enterprising farmers have reorganized Riverside Agricultural doing good work here with his thresh-Society with Mr. Geo. Foster Pres., ing machine. and Mr. Richard Ray, Secty and Treas.

### TOEBROOK

J. E. McAloney, spent Sunday at We are glad to report Mrs. Frank Martin somewhat better. Mrs. S. W. Barteaux, is spending the week end in Kentville. The recent news has made the

Miss Bessie Parker is not on the sick list, also Miss Minnie and Roy Ulhman. home of his father, Mr. Silas Banks. Bennie Marshall is spending the week at home, having the "flue." Ulhman.

people's hearts jump with joy.

Mr. and Mrs. S. E. Neily, Mr. and The disease is quite prevalent in Mrs. Wylie Patterson and young Arlington West. Allan Spurr, of Kingston, were recent

#### FALKLAND RIDGE

A Young, of Halifax is at the home of Mrs. E. Weaver. Helen Mason returned to her school at Kingsport on the 6th. Mr. and Mrs.D. D. Starratt returned

home from Kingston the 5th. Of something over 60 cases of children in the death of her husband. Spanish Influenza here only one so far

the serious illness of her son's wife, returned home on Thursday Mr. and Mrs. Warren Downie of Margretville, who were called here on Battalion, is now in the, Queen Monday on account of the serious illness of their daughter, returned home on Wednesday.

Mr. and Mrs. Edgar Oickle are still wife, parents and friends, altho "Reg" on the sick list, also Mrs. Edgar Mason, must go thru life with one leg, Cedric Scevir, Bramford and Majorie awinl disease influenza. She leaves to having lost the other at Cambria. Mashall, Mrs. Harry Whynot and son

Died suddenly at her home on Monday, Nov. 4, 1918, of pneumonia follow-Mrs. Wiltshire has received from ing an attack of Spanish Influenza. Private Malcome McCharles, who has Gertude, beloved wife of Harold Mason been a prisoner for over two years in her 25th year, leaving to mourn her in Germany, a most interesting letter, loss a husband, an infant daughter an thanking her for all her many kind aged father and mother, two brothers and also thanking the Round Hill relatives. Since coming to this place Woman's Institute, thru his letter to a bride a little more than three years other prisoners in Germany. Private was a quiet genial disposition and will the community at large. We extend Albert Foster and her to her sorrowing husband and other redaughter, Mrs. Reginald D. Bailey. latives our heartfelt sympathy. The water last Monday. have had some very interesting functal on Tuesday P. M. was private letters thru the late mail from France and was conducted by her pastor from Mrs. Foster's, only son Bernard (Baptist) Rev. J. Harry Puddington. C. Foster serving with 101st Engineers Word has since come that another Miss Ora Wagner, who has been C. coy. A. E. F. In it he mentions sister living in Ontario, has had a re-

#### LAWRENCETOWN

Ronald Bishop, is the new clerk in

Miss Julia Morrison is visiting her grandparents, Mr. and Mrs. W. Mc-

Heartfelt sympathy is expressed for Mr. J. B. Jefferson in his sad

bereavement spent a week the guest of Mr. and Mrs. Wm. Bishop.

Mr. and Mrs. Fred Bishop are

occupying the tenement over Dr. L. R. Morse's Drug Store. The Misses May and Ruth Jackson of Bridgetown have been guests of Mr. and Mrs. F. P. Bishop and owned by the late F. W. Young. Mr. J. Ritchie has bought the west

week. The Misses Grace and Dorothy visiting their parents, Mr. and Mrs S. T. Jefferson.

Mrs. Annie Buckler has gone to Middleton to care for her son and wife, Mr. and Mrs. T. Buckler, who have been ill with Spanish Influenza. We are glad to report the sick recovering Mrs. Howard has been seriously ill with Corbitt pneumonia, and her baby passed away last week. Interment in Fair Mrs. Rufus Newcomb is the guest View Cemetery.. We symapthize

### PARADISE

Mrs. W. I. Robblee has been visiting her aunt, H. W. Longley. Gunner Gordon Longley, of the 10th Seige Battery, is home on leave. Our school and church will reopen this week. We have escaped Spanish The Red Cross will meet this week at the home of Mrs. Nathan Banks.

Bring all unnaid dues. Walter Ricketson accompanied his aunt Mrs. Ricker, on her return to Summerville, Mass., last week,

### VICTORIA BEACH

Mr. John McGrath left here Thursfield Vt., where he plans to remain the Sorry to report Mrs. Samuel Mc-Grath quite ill at time of writing.

THE BOARD OF HEALTH PERMITS

Mr. and Mrs. H. Troop, of Belleisle, were visitors at Mr. and Mrs. Andrew Mr. Bordon Fraser, has not returned Ellis' on Friday, returning home the

### SPA SPRINGS

Miss Ida Lewis is at home here her school at Little River, Digby Co. as they c - come. Mr. Wallace Banks, of Brickton, is

Miss Cora Bowlby, of East Margertsville school, has been at home here with her parents Mr. and Mrs. Milledge Bowley, for the past two

### ARLINGTON

Mr. Alfred Marshall has returned from a few days' trip to Bridgewater. Miss Hattie Banks has resigned from her position as president of the Mr. J. Spinney of Kingston, is Arlington

spending a few days at his home town, spent a day last week at the

guests at the kome of Mrs. L. A. Allen. Minard's Liniment cures Distemper.

#### MIDDLETON

Lt. Hugh Phinney left for Toronto. Mr. Havestock has joined the Royal Bank staff at Middleton. Mrs. Jessie Howard and flamily,

victims of influenza, at time of writing, are doing well. George Elliott went to Toronto last week and has, entered the Royal flying

F. W. Purser, now in France, brother of Mrs. W. A. Baker, has been raised to Battey Sergt. Major. Much sympathy is felt for Mrs. Ingram Marshall and her three little

Troop Cummings leaves on Monday for Wolfville, where he has been Mrs. Richard Trithinary, who was transfered to the Royal Bank of that Much regret and surprise was felt when the word was received Friday of the death of Mrs. Ernest Jackson, of Lunenburg, the popular mail clerk's

wife, of the H. & S. W. train between

Middleton and Lunenburg. On Monday the friends of Mrs. Von Young were deeply grieved to here that she had passed away from that mourn a loving husband and two children. Burial took place at Annapolis

#### SMITH'S COVE

The public school reopened here on Monday, 4th, after being closed for three weeks

Miss Annie Cossaboom has gone to Fredericton, N. B., to visit her sister, Mrs. John MacDonald Mrs. Chester Beals and son Harold are visiting Mr. and Mrs. Beals' parents at Inglisville, Anna. Co.

#### CENTRELEA

Miss Lola Caldwell went to Bridge-Mr. Victor Caldwell had the telephone put in his home last Friday. Our school is now closed on the account of the "Flu," but no new cases

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Christmas **Pictures** 

taken, especially if you are sending them overseas.

GEURGIA H. CUNNINGHAM 'The Photographer in Your Town'

### Schools to Re-Open MONDAY, Nov. 18th.

St. John has escaped very lightly compared with most other places. We have had a good long rest and we have had a good long rest and will welcome old and new students BRIDGETOWN HAY AND Mrs. Hazel Trevoy has returned to on the 18th, or as soon after that date



### A Quick Relief for Headache

A headache is frequently caused by badly digested food; the gases and acids resulting therefrom are absorbed by the blood which in turn irritates the nerves and causes painful symptoms called headache, neuralgia, rheuma-tism, etc. 15 to 30 drops of Mother Seigel's Syrup will correct faulty digestion and afford relief.

In the biting cold, you must have good, heavy underwear, to keep you warm.

is made of strong, sturdy, Maritime Wool-without an equal for strength, warmth and wear. The stout weave and good weight keep the body comfortably warm under the worst conditions of climate and weather.

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