

#### The Right Way to Boil Potatoes

Put the potatoes in an SMP Enameled Potato Pot. Cover with water. Add salt to taste. Boil until soft. When finished, drain off all the boiling water through the strainer spout. No danger of steam scalding the hands because the handle securely locks the cover on. If your family uses potatoes, you require one of these.

### Enameled OTATO POTS

Sold in Watford by J. R. McCORMICK J. McKERCHER

#### Women's Handicaps Headaches and Backaches Often Make Life Miserable

A woman's health handicaps her almost always. She has pains and disabilities which do not afflict men. Nature does not give her a fair chance. Her blood is more often thin and poor than a man's, and she often neglects the first beginnings of ill-health. Many women who seemed destined to a life of frequent suffering have been freed entirely from their suffering through the wonderful blood-making qualities of Dr. Williams' Pink Pills. Many a woman toils all day with a pain in her back and

liams' Pink Pills. Many a woman toils all day with a pain in her back and side, a burning headache, and a sense of having no spine left.

What a pity women will not listen to their friends whom Dr. Williams' Pik Pills have saved from their misers. Whenever a woman suffers they will help her—in youth, middle-age, and afterlife. Mrs. John Mitchell, of Middleville, Ont., gives her experience for the benefit of other women sufferers. She says:—"Some years ago I was so badly run down I could sufferers. She says:—"Some years ago I was so badly run down I could hardly walk around the house. I fried to do a few chores but was able to do very little, My boys and husband had to do the rest. If I started up stairs I had to go very slow or I would fall, and I was just played out when I got to the top of the stairs. My head ached terribly, and my heart would beat violently. In this deplorable condition I began taking Dr. Williams' Pink Fills. When I had finished six boxes I felt much better. Then I got a further supply, and by the time I had taken these I could walk anywhere without being exhaust ed, the headaches had disappeared and I am now perfectly well. Any woman who is run down should not hesitate to begin Dr. Williams' Pink Pills at once, as I am sure from my own experience they will build her up,"

up."
You can get these Pills from any
medicine dealer or by mail at 50 cts.
a box from The Dr. Williams' Medione Co., Brockville, Ont.



## By G.A. Mac Bain

The Election Campaign

A playwright and a famous Canadian general were nominated as candidates for forthcoming parliamentary contests at a recent meeting in Hamilton. Charles W. Bell, K.C., who will be the Conservative standard bearer for West Hamilton has several plays to his credit and at least one Broadway success. General S. C. Mewburn's successes were staged in the theater of war, and he will be the Conservative candidate in East Hamilton. There are still a big number of nominations to be made as, up to the first of October there were only 112 Liberal candidates in the field, 162 Conservative and 45 Progressives, out of the 245 constituencies. There remains almost two weeks in which nominations may yet be made. Hon. Vincent Massey who was recently appointed to the cabinet has resigned his position as president of the Massey Harris company and other directorships in big Canadian concerns. One of the biggest meetings of the campaign is to be held in Massey hall on October 266, with Premier Friguison Hon. Arthur Meighen, and Hon. R. J. Manion, as speakers. Hon. Manion is one of the brightest of the younger statesmen and one of the ex-Premier's right hand men. Premier King has been visiting several Pacific coast towns and has received a warm welcome from his B. C. supporters. In Vancouver he predicted great things for Canada as a result of the Australian trade treaty.

Locarno Parley

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For the fifth time since the end of the war, the representatives of Germany are sitting around the conference table with the allied nations at the little Swiss town of Locarno. This time for the purpose of discussing a security pact, within the terms of the Versailles Treaty, seeking to provide a state of peace for poor old Europe. The Nationalists of Germany, it is reported, are willing to go to the length of assassinating Foreign Minister Stressman rather than allow him to consumate such a pact and other influences are at work to prevent the European nations reaching a satisfactory agreement upon the prevention of war. The sinister Russian minister, Tchitcherin, has been in Berlin for some time and is endeavoring to ally Russia and Poland in an agreement which would prevent the allied nations reaching their goal and at the same time making some tempting offers to Germany to keep her out of the Locarno conference. His last conference with the German delegates lasted for an hour before the departure of their train for Switzerland.

To Change Calendar

each year will be made an "international year day."

Labor Deals Blow to "Reds"
The Communist group in Great Britain has been dealt a severe blow by the action of the conference of the Labor Party at Liverpool. The "Reds' made a strenuous effort to secure a revision of last year's decision to exclude "red" delegates from the privileges of the conference, but with a vote which overwhelmed them more than ten to one the exclusion was maintained. Former Premier Ramsay Macdonald stuck out vallantly against them in his speeches to the delegates and was supported by several of his former cabinet ministers. The exclusion of official Communist delegates however, have failed to prevent some violently disloyal speeches. One of the amusing incidents of the conference followed an attack upon the British Empire by a few particularly red-tinted youthful members who demanded the abolition of capital and the smashing of the British Empire among other things. James Sexton, M.P., sarcastically pointed out that these young men who demanded the overthrow of the Empire, the abolition of capitalism, self-determination, revolution, birth control, etc., had contributed to all these movements the magnificent sum of thirty shillings. English papers treat the much heralded British revolution in a careless humor which makes it exceedingly difficult to gauge the seriousness of the movement. Certainly the negotiations of the Labor Party have had a reassuring effect upon the British public and Ramsay Macdonald has regained a good part of the prestige which he had lost since the rout of the party at the last elections. Moreover, the Labor party, in the face of the fact that they must array themselves against the seige of "Red"

public that the

offers to Germany to keep her out of the Locarno conference. His last conference with the German delegates lasted for an hour before the departure of their train for Switzerland.

To Change Calendar

In 1928 and thereafter Easter will be a fixed date, the second Sunday in April, according to news from Moses B. Cotsworth of Vancouver, director of the International Fixed Calendar League. He has been notified to this effect by the League of Nations which proposes to reform the Calendar, making it into a year of thirteen months. If this proposal goes into effect there will be a new month called "Sol" composed of the last two weeks of June and the first two weeks of

War Debt Negotiations
The French war debt negotiations in Washington have ended without a definite settlement though the final offer of the United States was a much more lenient one than that accepted by Great Britain. The French offer was to pay \$4,210,000,000 in the course of sixty-two years, including principle and interest. Washington countered with a proposal similar to that accepted by London and which involved a payment of \$10,000,000,000 by France. M. Caillaux, head of the French delegation then offered \$6,220,000,000 over a period of sixty-eight years, and a clause in the agreement which would relieve them of their payments in the event of a national calamity. This proposal was also rejected and the Frenchmen are now on their way back to Paris with a proposal to pay the United States \$40,000,000 a year for five years in lieu of interest payments. This is merely interest at one per cent., but the offer was not endorsed as the delegation was authorized only to negotiate a permanent agreement. It is the first time that the Coolidge administration has admitted that their motto that "he who borrows shall repay" cannot be strictly enforced, and it may have interesting reactions on other debt settlements. M. Caillaux is a shreed politician and carmot be said to have entirely failed in his mission to the United States. It also means that the Britis's settlement with France which hung upon the terms granted by Washington will have to be gone into again.

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