

"WILL PRAISE IT LONG AS I LIVE"

Farmer's Wife Gains 15 Pounds
and Looks So Well Friends
Hardly Know Her.

"Tanlac has been such a wonderful blessing to my wife that I shall praise it as long as I live," declares Atherton Titus, a well-known and prosperous farmer living at Perry's Point, N. B.

"She certainly was in a terrible condition before taking Tanlac. Why, for ten years her stomach was so bad she didn't dare eat anything like pork or pancakes, and even oatmeal would sour and caused gas to form that bloated her until she was in perfect agony. She fell off in weight till she was a mere shadow of her former self, and she became so weak she could hardly do a thing about the house. Rheumatism set in, and the pain in her arms and legs were so awful it kept her awake for hours at night. She tried nearly everything in the way of medicines and treatment, but never got anything more than temporary relief until she tried Tanlac.

"In all my life I've never seen anything to equal the way this medicine got rid of her troubles, and it has built her up to where she is like an entirely different woman. She can now eat anything and is never troubled in the least with sourness or gas. She has gained all of fifteen pounds in weight and has improved in appearance so that her friends hardly know her. The rheumatism has practically disappeared, and she sleeps like a child the whole night through. She works all day without getting tired and feels as well and strong as ever in her life."

CULTIVATION OF GROWING CROPS

The cultivation of crops requires reasonable care. There is seldom gain from deep cultivation after the crop has been planted. Such cultivation is necessary in preparing the soil for all hood crops, but if not done then later cultivation will not make up for the neglect. Summer cultivation should be shallow, sufficient to destroy weeds and produce a fine mulch one to two inches deep.

It may be possible and is then advisable, to narrow the cultivator and cultivate deeply the space between the rows not occupied by growing roots. It should be remembered, however, that these roots penetrate the soil towards the centre of the row very rapidly and frequent observations are necessary to determine whether the feeding roots are being disturbed or destroyed by cultivation, as so very often happens. The moist soil below the loose surface soil covering is where the soil bacteria are most active, and consequently where the most plant food is being liberated, as a result of which roots will be found in this soil area in greater abundance than anywhere else.

Although there seems to be no good reason for using care in selection of seed, preparation of the soil and fertilizing to grow a good plant-only to destroy the roots as soon as they have grown-yet this is what is very often done. Root pruning has so far never been shown to be desirable and as the root development is a big factor in crop yields, the better chance they have for development without being disturbed the better use they can make of the plant food the soil contains. The object at this time is to point out the desirability of surface tillage by shallow surface cultivation and warn against deep culture in the area occupied by the growing plant.

Another reason why roots should not be disturbed more than possible is because injured roots may not be able to take up the full moisture required and wilting may result bringing about premature maturity; particularly is this the case if the weather is hot and accompanied by drying winds.

A depth guide should be used on the cultivator to avoid too deep cultivation and as the plants grow toward the centre between the rows the cultivator should be narrowed. The advent of the horse hoe or hiller has marked the greatest advance in economic potato culture of any implement on the farm. This implement has made it possible to distribute around the potato hill a fine earth mulch sufficient to kill the weeds, if done when the weeds are young, and

not in any way disturbed the growing roots in the hill. The tooth cultivator should follow the horse hoe, setting it as close as possible, to loosen the hard centre between the rows in order to protect the land from drying out, form a loose soil to quickly absorb rains that may fall and give fine soil for subsequent hilling.

In potato culture the point above mentioned indicates the necessity for reasonable distance between the rows in order to grow this crop with the least amount of hand hoeing for, if the rows are narrow, there is not the space from which to draw the soil for hilling purposes and the row cannot be cultivated without doing damage to the feeding roots as there is not space enough for the cultivator to work without doing such damage. Thirty-three inches apart seems to be the distance most suitable. Tests made at Kentville covering a period of five years including 16 tests show that rows thirty inches apart yielded an average of 265.6 bushels and those thirty-six inches apart 293.1 bushels, the potatoes being spaced twelve inches apart in the row. The system of cultivation outlined above having been followed.

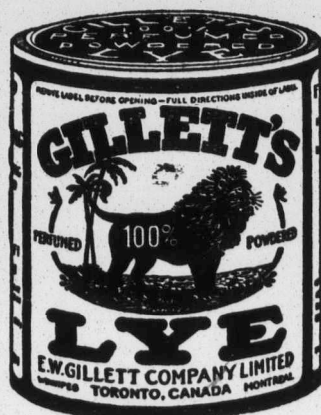
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NOVA SCOTIA MAN KILLED

Halifax, May 17.—Word has been received of the death of Irving Nickerson, formerly of Halifax and Barrington (N. S.). He was killed in an automobile accident at LeBanon (N. H.). His mother lives at Yarmouth.

YOUNG GIRL BANK MESSENGER ROBBED

Windsor, Ont., May 21.—Miss Laura Trudell, eighteen-year-old messenger for the La Banque Provinciale Du Canada in Ford, was robbed of \$1,600 by four men who escaped in an automobile.

She was walking along Drouillard Road carrying a satchel containing the money, when the hand's drove up alongside, two jumped out, snatched the bag and then leaped back into the car which sped away.

Miss Trudell says each of the men was armed. The robbery is one of the boldest ever perpetrated in Essex county.

ARCHDUKE ESCAPES FROM VIENNA MOB

Vienna, May 20.—Archduke Rainer of Hap-burg was the recipient of unpleasant attentions on the part of workmen when his presence in the palace at Hertenstein, near Vienna, became known. Stones were thrown through the windows and his expulsion was demanded of the authorities. Meanwhile the arch duke made his escape disguised as a workman.

MRS. BERGDOLL GETS ONE YEAR

Philadelphia, May 20.—Mrs Emma C. Bergdoll was today sentenced in the federal district court to one year and one day in the Atlanta penitentiary for conspiracy to aid her sons, Grover C. Bergdoll and Edwin R. Bergdoll, to desert the United States army, and was fined a total of \$7,000. Judge Dickinson, in imposing sentence, announced the prison sentence would be remitted if the fine is paid within the present term of court ending the second Monday in June.

Rheumatic Pains
Are relieved in a few days by taking 30 drops of Mother Seigel's Syrup after meals and on retiring. It dissolves the lime and acid accumulation in the muscles and joints so these deposits can be expelled, thus relieving pain and soreness. Seigel's Syrup, also known as "Extract of Roots," contains no opium nor other strong drugs to kill or mask the pain of rheumatism or lumbago, it removes the cause. 50c. a bottle at druggists.

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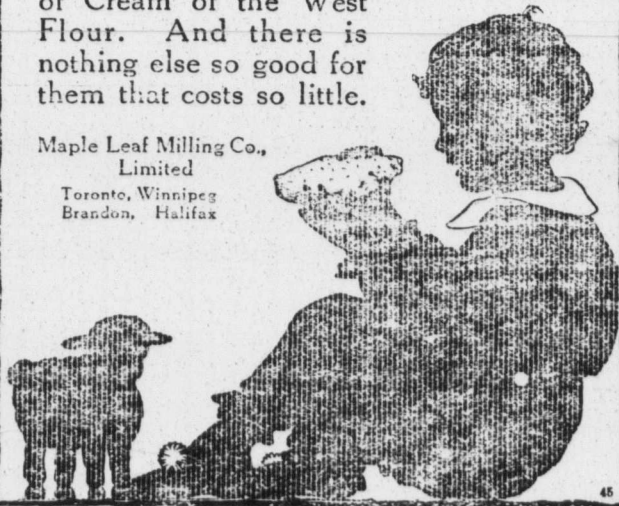


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Some Beauties of the Ottawa River

Fort William, Pontiac County, Province of Quebec, is a lovely spot along the Ottawa river, and yet it is not so well known as it should be. On one side of the Ottawa river is Petewawa training camp, and just across the water Fort William lies by the side of a forest of magnificent pine trees. Since the war Fort William has become better known, for thousands of Canadian soldiers who prepared for fighting at Petewawa were there, and they did not forget to tell their friends of its loveliness and the happy hours they spent around it.

You may reach Fort William, Quebec, by a variety of ways: You may get off the C.P.R. train on the main line at Petewawa railway station, then go for two miles across Petewawa Camp grounds to Petewawa village. At the village you may take a boat to the opposite side of the river and you are in Fort William. Or you may go to Fort William, Quebec, from Pembroke, Ontario, by a more direct route. The Pembroke Transportation Company runs the S.S. Oiseau from Pembroke to Des Joachim at regular intervals, a distance of about 20 miles, calling at Petewawa village, Fort William and other points. The fare for this trip is small, and the trip itself is most enjoyable, the scenery being beautiful, and on a hot summer day the breezes blowing along the wide lake-like Ottawa river are refreshing as sea winds.

It would indeed be difficult to find a prettier spot than Fort William, Quebec. The place looks like an inland seaside, for here there is a beach miles in length, and sandy as a sea strand. The crystal waters of the Ottawa river gently lave the golden fringes of their bed. In summertime children play in the sand and dig holes just as they do at St. Andrews-by-the-Sea. Age and youth walk together by many flowery paths. The bathing beach is safe, shallow at the shore, but you can go out into any depth you wish, for the Ottawa has a deep heart.

The river is dotted with islands. Motor boats, rowing boats and canoes ply its waters. Sometimes you may see a barge tugging a floating mass of logs to some distant mill. The Hotel Pontiac, owned by the genial Chris. McCool, is the soul of Fort William. The hotel stands beneath towering pines; in front is the golden strand, then the river, and beyond the river the gentle Petewawa hills, which often resound to the firing of the big guns used by the soldiers training in the open country. There is a most distinct echo in this district. If you laugh or talk in a loud voice the hills will surely laugh and talk back to you.

From the Hotel Pontiac shady walks radiate in many directions. It is a nice walk from the hotel to the Beaver Dam. In the fruit season you may gather thousands of blueberries and wild raspberries on the way.

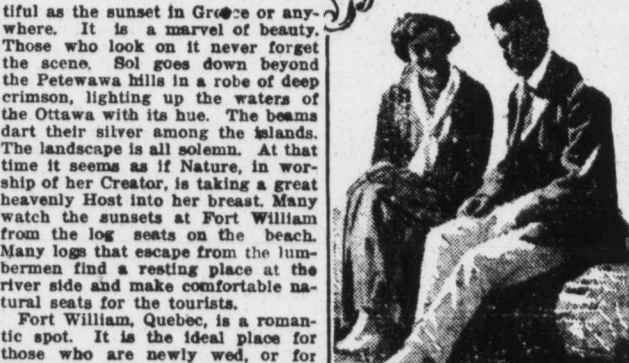
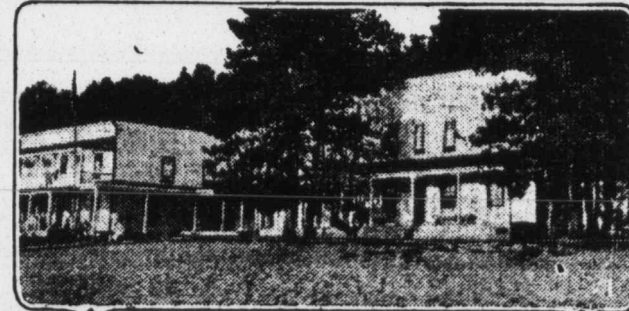
"Slow shiks, more lovely ere nis race is run. Along Fort William hills the setting sun."

Thus Lord Byron, who wrote an immortal poem on the sunset in Greece, might have written about a Fort William sunset had he seen one. The sunset at Fort William is beautiful as the sunset in Greece or any-where. It is a marvel of beauty. Those who look on it never forget the scene. Sol goes down beyond the Petewawa hills in a robe of deep crimson, lighting up the waters of the Ottawa with its hue. The beams dart their silver among the islands. The landscape is all solemn. At that time it seems as if Nature, in worship of her Creator, is taking a great heavenly Host into her breast. Many watch the sunsets at Fort William from the log seats on the beach. Many logs that escape from the lumbermen find a resting place at the river side and make comfortable natural seats for the tourists.

Fort William, Quebec, is a romantic spot. It is the ideal place for those who are newly wed, or for those who are wooing. Everything here is peaceful and beautiful—the logs on the beach may have been cast there by nature so as to afford seats on which lovers may rest while telling their tales. Squirrels and chipmunks in hundreds in the woods play on the trees above your head, and the voices of the birds are seldom silent.

Fort William, too, is a place endeared by sweet memories. Thousands of soldiers who trod its paths, bathed on its beach and danced in the dance hall at the Hotel Pontiac now sleep in foreign fields.

There are frequent steamer excursions from Pembroke to Des Joachim and return. The steamer always takes some of the Fort William folks aboard. Not far from Fort William is the Oiseau Rock, famous amongst the Indians and local people. The Rock is 400 feet high. Beneath it the Ottawa river is 400 feet deep. There is a little lake on top of the rock. The story is still told of how in the long ago the Indians were assembled on this rock when an eagle came and bore away a papoose to the consternation of all assembled. Fraser's Landing is a place where the Indians used to sell their goods to the fur dealers. It is a setting



(1) The Hotel Pontiac, Fort William, Province of Quebec. In front is a sandy beach and behind the pine trees.
(2) The Steamer Oiseau, plying the Ottawa River from Pembroke, Ontario, to Fort William, P.Q., and other points.
(3) On a natural seat on Fort William Beach.

out point for lumbermen, trapped and hunters.
Des Joachim is the last post of call for the steamer. Here there is a half hour allowed for any who wish to visit picturesque waterfalls in the vicinity before starting their return journey.

Fort William is historic, for it was a trading post before railways were built, and when the early French explorers were going towards Western Canada they left their footprints here.

The Ottawa river affords good trout fishing. Deer and moose roam in the woods. Beaver and other fur-bearing animals are plentiful. There is also good partridge shooting.

M. A. B.