

# Need help? Here it is

by John Roggeveen  
Problems. Everyone has them from time to time, but not everyone knows where to go to get help.



On campus, the place to go is Student Help.

"What we are offering is a place where people can come in to tell us their problems," says Byron MacNtyre, one of Student Help's directors.

"We are a crisis intervention and referral service," says Ross Reid, a Student Help director.

At Student Help you will find student volunteers who will do their best to provide you with the information you need, and talk

confidentially about your personal or academic problems. If they can't help you, they will help you find someone who can.

"We handle immediate crises, not long-term problems," says Tricia Enokson, another director, "but we do have names of people if someone needs a long-term counsellor."

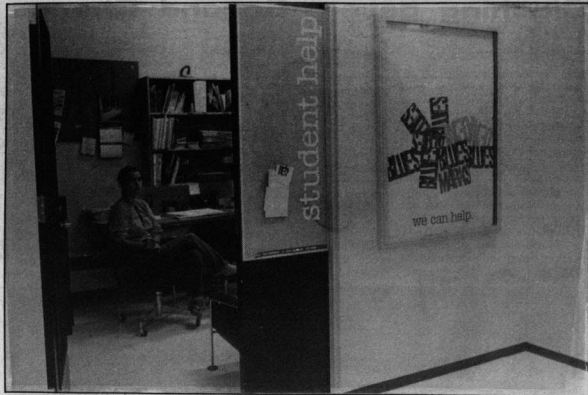
"We'll tell people what their options are and help to channel them through the university bureaucracy," says Reid.

MacNtyre says Student Help "deals with a wide variety of stuff" such as helping students who have problems with a professor, pregnant students and students who simply need information about services at the university such as the exam registry, student counselling services and student legal services.

Reid says Student Help also offers a "comprehensive tutorial service" for those students who need help with their studies.

MacNtyre comments that the organization "runs on volunteers" and needs students to work as counsellors or as tutors throughout the year. Applications are being accepted until September 24.

The Student Help office is in room 250 of the Students' Union Building. The office is open from 8:00 a.m. to 11:00 p.m. on weekdays and from 5:00 p.m. to 11:00 p.m. on weekends. The office can also be reached by phone at 432-4266.



The Student Help office door is open

photo: Ray Giguere

# Need a shoulder to cry on ?

by Allison Annesley

This summer, one woman applying for student aid was turned down because she had not met the minimum savings requirement. She had spent a chunk of her summer earnings to get married. The Students' Finance Board, however, does not allow for such expenses.

With 600 to 1,000 more students at the university this year, the Students' Finance Board is overflowing with applications for financial assistance. Students are expected to be able to save 45% of their summer earnings.

Says vp external Teresa Gonzales, "We have so many more students trying to come to post secondary

institutions. All the students who are applying for student aid haven't had good summer jobs and haven't been able to meet the minimum savings requirements. These things are not all going to be taken into consideration."

Over the summer, Hire A Student had many student complaints regarding their loans. The Federation of Alberta Students responded with a public appeals campaign urging students to apply early for their loans and to appeal them if they are refused on the basis of their savings or given insufficient funds.

In June of 1981, the SFB received 8,000 applicants. This June, they received 18,000. They

also exceeded their ceiling on funds early in the summer. They are now operating with no set limit, but with far more applications than they will even be able to process in time. How many they approve funds for, is another question.

Says Gonzales, "We asked the provincial government to waive some of their requirements in May. We're also urging students to appeal their loans if they didn't receive enough money based on summer earnings."

Any students who do run into difficulties with their loans are asked to contact the Students' Union offices in Room 259 SUB.

## Food Service Outlets on Campus Operated by Housing and Food Services

Facility	Type of Service	Days of Operation	Hours of Operation
Cafeteria	CAB	Fast Food, Salad Bar	Weekdays only 0715 to 1830
Snack Bar	SUB	Fast Food, Salad Bar	Weekdays only 0715 to 1430
	SUB	Self Service Fast Food	Weekdays only 1100 to 1645
Cafeteria	Lister Hall	Breakfast	Weekdays 0700 to 0900
		Lunch	Weekdays 1100 to 1330
		Dinner	Weekdays 1630 to 1830
		Coffee and Snacks	Weekdays 0900 to 1100 1330 to 1630
		Continental Breakfast Brunch Coffee and Snacks	Weekends & Holidays Weekends & Holidays Weekends & Holidays
The Ship	Lister Hall	Fast Foods, Beer, & Wine	Weekdays 1900 to 2300
Lunchrooms	Admin. Bldg. (Basement)	Weekdays only	0800 to 1530
	Bio. Sciences (4th. floor)	Weekdays only	0800 to 1600
	Cameron Library (Basement)	Weekdays only	0800 to 1530
	Chemistry II (4th. Floor)	Weekdays only	0800 to 1600
	Dentistry (4th. Floor)	Weekdays only	0800 to 1545
	Research Council (Sub basement)	Weekdays only	0800 to 1530
	Education I (10th. floor)	Weekdays only	0800 to 1530
	Education II (4th. floor)	Weekdays only	0800 to 1600
	Fine Arts (3rd. floor)	Weekdays only	0800 to 1600
	General Services (7th. floor)	Weekdays only	0800 to 1545
	Humanities (6th. floor)	Weekdays only	0800 to 1600
	Law Centre (4th. floor)	Weekdays only	0800 to 1530
	Tory (14th. floor)	Weekdays only	0800 to 1545
	University Hall (Basement)	Weekdays only	0800 to 1530

Note: Dining areas cannot be used as study halls between the hours of 1130 to 1330.

Your assistance and cooperation in adherence to this rule is appreciated.

## Food Service Outlets on Campus

Facility	Location	Type of Service
Vending	Administration Bldg.	Microwave Oven
	Agriculture Building	Microwave Oven
	Arts Building	Bill Changer
	Basic Medical Building	Microwave Oven
	Central Academic	Bill Changer
	Chemistry I Building	Microwave Oven
	Chemistry II	and Bill Changer
	Clinical Science	Microwave Oven
	Corbett Hall	Microwave Oven
	Dentistry Building	and Bill Changer
	Fine Arts Building	Microwave Oven
	Education I	Microwave Oven
	Education II	and Bill Changer
	General Services (2nd Flr)	Microwave Oven
	Household Economics	Microwave Oven
	Humanities	Microwave Oven
	Law Building	Microwave Oven
	Lister Hall	Microwave Oven
	Mackenzie Hall	Microwave Oven
	Math Physics	Microwave Oven
	Mechanical Engineering	Microwave Oven
	Micro-Biological Building	Microwave Oven
	Printing Services	Microwave Oven
	Physical Education	Microwave Oven
	Physical Education II	Microwave Oven
	Pembina Hall	Microwave Oven
	Tory	and Bill Changer
	University Hall	Microwave Oven
	Physical Plant	Microwave Oven
	Research Council	Microwave Oven
Cameron Library	Microwave Oven	
Clinical Sciences (11th Floor)	Microwave Oven	

NOTE: Days and hours of operation coincide with building schedules.