

Runners win: turkeys lose



photo Russ Sampson

Already students are starving. 250 showed up to race for Thanksgiving turkey.

by Garnet DuGray

It's all over and the turkeys have gone home to their rightful owners for another year. The turkeys have gone home, you ask? Yep, the winners of last weekend's Turkey Trot are sporting prize birds around their household.

This year's new and improved set-up of the Trot attracted some 250 participants and while the majority of them ran the short course, a good time was had by all. The top finishers of the long course brought out the strong qualities of today's youth, while the shorter, more familiar course seemed to be right at home to some wily old veterans of the Trot.

Long course turkey winners were: first Rory Lambert (Phi Delta Theta), second Bill Boyne (Kelsey), third Kelly Young (Medicine), and fourth Richard Roe (Science). The shorter, more familiar course had turkey trophies awarded to Mike Mawdsley (Medicine), a long time veteran winner of the Trot, Peter Parker (Independent), J. Gilphin (Faculty) and M. Siefried. J. Gilphin and J. Haddow also claimed top honors in the thirty-five and over class, finishing third in the short course and fourteenth in the long course, respectively.

This year's trot also shows a big participation by the women whose top finishers were: Liz Ready (P.E.), thirty-eighth in the long course and Anne Campbell, seventy-fourth in the short course. Top unit participation went to Faculty with 52.6 per cent followed by St. Joe's and

MBA. Wild card turkeys were won by: Rolella Capel (Geology) and Darell Lavalley (St. Joe's).

Now that everyone is into the fitness and jogging craze inspired by the Turkey Trot, the intramural offices are happy to announce the overwhelming success of the fitness programs. Monday's noon hour jogging clinic was given excellent support.

Prospective joggers listened intently to instructors; Dr. H. Wenger and Dr. H.A. Quinney, both professors of the Physical Education faculty, Dave Smith, a graduate student in exercise physiology, and Dave McGee of the Rehab. Med. faculty.

The intramural "Stamp around Alberta" jogging program was given a shot in the arm when their offices received over thirty applicants in the first two hours of sign-up.

In addition, the Fitness Program held Monday, Wednesday and Fridays, has been greatly enhanced by the work of its program leaders, Lynn Taylor and Janice Acten. The intramural offices reported that the fitness program is more than satisfied with the turnout of fitness minded people.

Turning to the Co-Rec department, we see that their softball program continues from Monday - Thursday from 4-6 p.m. at Windsor Park. Because Monday is a holiday, any of the Monday teams wishing to play on either the three remaining days should contact the Co-Rec office by 1:00 p.m., Friday Oct. 5.

In the Women's department, October seems to be an equally busy month as they are preparing for innertube water-polo to run from October 16 to November 1st., starting at 7:30 p.m., Tuesdays and Thursdays. Entry deadline is set for Tuesday, October 9th at 1:00 p.m. at the Women's office, and in addition the entry deadline for bowling and billiards scheduled for Saturday, October 27, is Tuesday, October 23 at 1:00 p.m.

A final note from the Women that their big event, Volleyball began Tuesday evening with eight competitive and forty-two recreational teams to play Tuesdays and Thursdays from 7 - 10 p.m., October 2 - October 11.



Make room on the mantle for my turkey.

Three is company ...

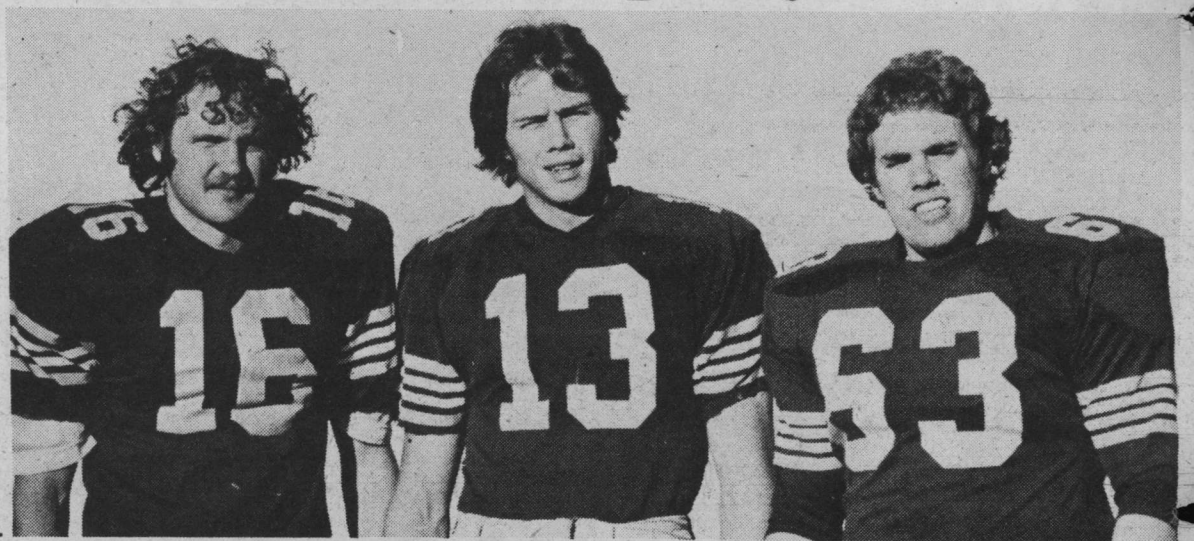


photo Russ Sampson

Frank Salverda, Jamie Crawford, and Rick Shaver go west to the new frontier.

by Bob Kilgannon

What do a defensive end, a safety, and a backup quarterback have in common? Not too much as far as their jobs on the football field go. This defensive end, safety and quarterback do have one thing in common though. Rick Shaver, Frank Salverda, and Jamie Crawford are all from Montreal.

All three played for John Abbott College, Shaver three years ago, Salverda the last two years, and Crawford just last year. Shaver also played the last three seasons with the McGill Redmen, his last two as a team captain. Rick came to the U of A because he "managed to get accepted here into Phys. Ed. grad school. "When asked how he compared intercollegiate football in the west with that played in Quebec, Rick replied, "In Quebec there were lots of good teams but there were also weak sister-teams that were easy to beat. Out here though, there are no easy wins. Every team we

play is tough." Rick also indicated that the travelling here was better. "Back home our longest trip was probably to Ottawa, which is about as far as the shortest trip in this league. (To Calgary) I think it will be really interesting to go to places like Vancouver."

Frank Salverda and Jamie Crawford came to Alberta together after playing last year for John Abbott. "Our coach at John Abbott knew coach Donlevy and asked him about us. He (coach Donlevy) said he would be glad to give us a tryout here. We felt that since we had the opportunity to go to Alberta together we would give it a try."

Of the two Salverda has much more experience than Crawford, having played eight years of city football (similar to bantam football but at a higher skill level) and two years with John Abbott. Crawford, on the other hand, played just one year of city football and one year at John Abbott. His experience as a quarterback is limited even

more. He was a tight end until midway through last season when he was converted to quarterback.

It's lucky for the Bears that the three decided to come here. Rick Shaver has added much needed depth to a defensive line which was supposed to be the team's weakest area. Frank Salverda has started in the defensive secondary and his play at times has been outstanding. Finally, Jamie Crawford has emerged as the number two pivot behind Forrest Kennerd and gives every indication that he will be able to stand out as an excellent starting quarterback in the years to come.

BEAR FACTS

The final regular season home game of the year is scheduled for this Saturday. The Bears opposition will be the improved U of C Dinosaurs, who have won their last three games. A victory by the Bears will give them sole possession of first place. Game time Saturday is 2:00 p.m.

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