

THE EVENING TIMES-STAR, SAINT JOHN, N. B., TUESDAY, DECEMBER 29, 1925

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A GREAT CITY CANADA IS BUILDING.

"Buffalo is a great city Canada is building in the United States," says The Canadian Milling and Grain Journal, which remarks that if Canada cannot claim parentage of Buffalo, it can at least take a family interest in that city which it is helping to raise and support.
Buffalo receives more Canadian grain than any Canadian city. It is now recognized as the flour milling center of the world. Last year Canada had about 250,000,000 bushels of wheat for export. A great deal of it went via Vancouver and the Panama Canal. Some of it went via Montreal. But 82,000,000 bushels of Canadian wheat went to Buffalo, either to be milled there, or on its way to the American seaboard. Milling stands fifth in the list of the wealth-producing industries of the United States, and Buffalo, just across the international boundary, has become the first among milling centres. Half of its expansion at least is due to Canadian products—Canada's ruinous policy of permitting its freight to be diverted, and, along with its freight, a great part of its milling industry. Buffalo now has storage capacity for 81,500,000 bushels of grain. "Its skyline," says The Milling and Grain Journal, "now looks like the giant's country in a fairy tale book. Gigantic grain elevators tower dazily into the heavens. Buffalo has no skyscrapers taller than her mighty elevators."
"Contrast the development and prosperity of Buffalo and Portland with those of Port Colborne, Quebec, Saint John or Halifax and you will understand why Canada has economic problems," says the Quebec Chronicle-Telegraph. "If there were merely geography to fight, the struggle would be hard enough, but at least a united front might be presented by Canadians to overcome it."
It is charged by the Manitoba Free Press that both the Canadian National Railways and Canadian shipping on the Lakes discriminate against Canadian ports. It says:
"As though Buffalo's location at the foot of the lake system of navigation and at the point of transshipment to the United States railways and canals was not sufficient advantage, Canada has permitted the Canadian National to use the lakes to discriminate in favor of Buffalo and against the Canadian lake ports. This shipping has the advantage of its monopoly of the coastal business to charge a differential rate against Canadian grain shipped to Canadian ports. For years past Canadian grain has always been able to get a rate to Buffalo from one-quarter to one-half cent a bushel cheaper than the rate to Port Colborne and other lake ports. Not very much, but just enough to turn an ever-increasing volume of Canadian wheat into United States channels."
"In keeping with this business of giving Buffalo a little additional encouragement has been the action of our own Canadian National Railway (with the approval of the Railway Commission) in carrying flour, bran and shorts to the Atlantic seaboard from Buffalo for 7½ cents a hundred less than the rates charged from Port Colborne. The Canadian National Railway takes this freight from Buffalo through Port Colborne and on to the Vermont frontier at this discriminatory rate."
Canada today continues to discuss the need for immigration expansion, for the purpose of giving the railways increased traffic, and reducing the general burden of taxation. Immigration on a greater scale is certainly necessary, but the first duty of Parliament is to come to the rescue of Canadian railways and Canadian ports by stopping the diversion of traffic to the south, a diversion that is carrying with it Canadian capital, Canadian industries, Canadian population.
It surely is a futile, a penny wise and pound foolish policy, to speak of assisted immigration upon a large scale and at the same time continue the expansion of Buffalo and other American centres by feeding them with Canadian business, while "Canadian ports and railways are starved of their legitimate traffic."

STARTLING FIGURES.

The cost of crime to the United States in dollars alone is described as " appalling " by the American Exchange-Puller National Bank, which places the figure at \$10,000,000,000 a year. "And this," it says, "is nearly half the amount we spent in the World War. It is equal to one-sixth of the national income. It is more than the net earnings, the yearly savings, of the nation. Any saving that could be effected would be a gain. If we spend one-tenth of the amount in suppressing crime, we could easily save half."
An additional expenditure of a billion a year to suppress crime—which might suppress some of it—is a fairly stiff proposal, but this bank authority goes on to say that while the American people make the welkin ring about taxes, and the tariff, and a hundred and one other things, all their taxes, all the goods they import and export, would not amount to much more than the sum they lose every year through crime. His conclusion is that the public spirit is lacking or that the nation fears to tackle the problem in

Just Fun

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"DAN, what's a huffer—is it a pig or is it a sheep?" asked two sailors.
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"THE MAN WITH A LOAD OF MISCHIEF"
—From the Daily Express, London.
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That which is gold or hair many scarce by told?
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BY CLARK KINNAIRD
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And though man doesn't seem to realize it, health is the easiest to attain of all the elements of happiness, which is contentment.
The rules for its preservation are simple and not difficult to observe. The way to harden the body is to impose labor and effort upon it in the days of good health—to exercise it, and habituate it to withstand all kinds of noxious influences. For the body itself, when properly prepared, is the best doctor.
THE MUSCLES may be strengthened by a vigorous use of them; but not to the nerves; they are the light than that of physiological functions and to manage them accordingly nursing or exercising them as the case may be; remembering that every kind of physical suffering, malady or disorder, has its effect upon the mind. The brain, as might be expected, is the key to good health.
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The notion of a soul—as something elementary and immaterial, merely lodging in the brain and needing nothing at all for the performance of its essential function, has led many people into foolish disregard of the first rule of good health—proper rest. It is most important to allow the brain the full measure of sleep which is necessary to restore it; for sleep is to a man's whole nature what winding is to a clock.
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Is it that men's frail eyes, which are too bold
She may entangle in that golden snare;
And being caught, may craftily enfold
Their weaker hearts, which are not well aware?
Take heed, therefore, mine eyes, how ye do stare
Henceforth too rashly on that guleful net,
In which, if ever ye entangled are,
Out of her hands ye by no means shall get.
Fondness it were for any, being free,
To cover fetters, though they golden be.
—Edmund Spenser.

Poems That Live

THE herculean spectacle of the century
is Charlie Davies' valiant
escape from the oblivion which surrounds
the vice presidency. The betting odds at the ringside are 10 to 1 against him.
DO YOU KNOW THAT—
1.—There are no bones in ice cream.
2.—Out of 100 men at a masquerade dressed as foredoomed 100 think they look like Valentine.
3.—Out of the same number 100 look like hell.
4.—One week at a school of Philadelphia gives a girl a southern accent.
5.—Mississippi has no husband.
6.—You can't bounce a snowball.
7.—If all the boxes of cigarettes sold in New York City in one day were placed on top of one another they would probably fall over.
8.—If the cross-word fans were laid end to end what difference would it make how far they would reach.

The Best of Advice

BY CLARK KINNAIRD
CONSERVING HUMAN CAPITAL.
IF WE CAN be sure about anything, it is that health is the chief and most important element in that most desired of human conditions, contentment.
And though man doesn't seem to realize it, health is the easiest to attain of all the elements of happiness, which is contentment.
The rules for its preservation are simple and not difficult to observe. The way to harden the body is to impose labor and effort upon it in the days of good health—to exercise it, and habituate it to withstand all kinds of noxious influences. For the body itself, when properly prepared, is the best doctor.
THE MUSCLES may be strengthened by a vigorous use of them; but not to the nerves; they are the light than that of physiological functions and to manage them accordingly nursing or exercising them as the case may be; remembering that every kind of physical suffering, malady or disorder, has its effect upon the mind. The brain, as might be expected, is the key to good health.
Thought is only the organic function of the brain and it has to obey the same laws in regard to exertion and repose as any other organic function.
The notion of a soul—as something elementary and immaterial, merely lodging in the brain and needing nothing at all for the performance of its essential function, has led many people into foolish disregard of the first rule of good health—proper rest. It is most important to allow the brain the full measure of sleep which is necessary to restore it; for sleep is to a man's whole nature what winding is to a clock.
The sleepless tests performed on university students recently by professors resulted as any sensible person could have foretold; no one can use his brain properly who, hasn't had sufficient sleep.

Other Views

IF THEY KNOW THEIR BIBLES.
(Lethbridge Herald.)
No doubt a considerable number of municipal election candidates will remember the old text, "Many are called but few are chosen."
HOPELESS UNDERTAKING.
(Fortnightly Review.)
The Sunday paper in a combination of an all-story magazine and a hundred-foot section of billboard advertising. If it were sold by weight, like potatoes and cabbage, none but a millionaire could buy one. Some years ago, when the price of the Sunday paper went to 10 cents, with that spirit of thriftiness that has enabled me to start with nothing and gradually work up to less, I decided that I ought to get my money's worth by reading the paper through. By giving up church on Sunday morning and my usual nap in the afternoon, I managed to put in eight hours each Sunday on the paper. In that way I finish about one-third of it on Sunday. I am dropping behind about eight months each year, and I have figured out, with the aid of an expert accountant, that if my health holds out and the paper are not increased beyond its present 120