

CHRONOLOGICAL CYCLES.

Dominical Letters.....	B	Julian Period.....	6594
Golden Number.....	1	Jewish Year, beginning on the 30th	
Jewish Lunar Year.....	17	September.....	5641
Epact or Moon's Age.....	30	Roman Indiction.....	9
Solar Cycle.....	14	Mohammedan Year.....	1398

MOVABLE FESTIVALS.

Septuagesima Sunday.....	February	13	Easter Sunday.....	April	17
Sexagesima ".....	"	20	Low Sunday.....	"	24
Quinquagesima.....	"	27	Rogation Sunday.....	May	22
Ash Wednesday.....	March	2	Ascension Day.....	"	26
Quadragesima Sunday.....	"	6	Whitsunday.....	June	5
Mid-Lent.....	"	27	Trinity Sunday.....	"	12
Palm Sunday.....	April	10	Corpus Christi.....	"	16
Good Friday.....	"	15	Advent Sunday.....	Nov.	27

HOLIDAYS OBSERVED IN PUBLIC OFFICES.

Circumcision.....	January	1	Queen's Birthday.....	May	24
Epiphany.....	"	6	Corpus Christi.....	June	16
Ash Wednesday.....	March	2	St. Peter and St. Paul.....	"	29
Good Friday.....	"	25	Dominion Day.....	July	1
Annunciation of Virgin Mary, April	15		All Saints Day.....	Nov.	1
Easter Monday.....	"	18	Conception of B. V. M.....	Dec.	8
Ascension Day.....	May	26	Christmas Day.....	"	25

BANK HOLIDAYS IN ONTARIO.

Sundays, Christmas Day, New Years Day, Ash Wednesday, Good Friday, Easter Monday, The Queen's Birth Day, Dominion Day, and each day appointed by Royal Proclamation as a General Fast or Thanksgiving Day.

POTATO FLOUR.—Rasp the potatoes into a tub of cold water, and change it repeatedly until the raspings fall to the bottom like paste; then dry it in the air, pound it in a mortar, and pass it through a hair sieve. It is nearly as nutritive and much lighter than wheaten flour. It is therefore preferable for making puddings and pastry for infants and invalids. A portion of it also improves the appearance of household bread, and dealers constantly pass it off as arrowroot. If kept dry it will remain good for years.

"Love-Letter," said an Irish servant girl to her mistress. "Will ye rade it to me, plase? And here," she added, "is some cotton-wull ye can stuff in yer ears whole ye rade it."

Wife (he had brought her a little present for the baby)—"No, William, I will not have him brought up on the 'bottle.' Look at your own nose, dear!"

A PHILOSOPHER.—Scene—Outside pub. in Glasgow; time, 8.30 a.m. Bill: "A' say, Jock, a wonner ye don't think shame o' yoursel' coming oot o' sic a place sae early in the mornin'." Jock: "Man, d'ye think a' was gaun tae stay in there a' day?"