atways keep a good lookout for Distress Signal, three flags on one pole, in case of sickness or accident of any kind from his own ship's crew or others.

- 4. To see that himself, the Barrel Man and Second Hand when on duty shall always keep track of his men when on ice and take the hearing of the different watch crews or men away from his ship, in case of thick weather setting in or ice loosening up.
- 5. To see that at the end of every day's work or, in picking up all of his men any time during the day, an officer is sent through the crew's department to ascertain if all hands are on board and none are missing.
- 6. To see that his Health Officer has instructed his all Day Men to keep all living compartments of his ship