

# CANADIAN OUT-DOOR LIFE.

A MAGAZINE DEVOTED TO THE GOSPEL OF OUT-DOOR LIFE  
IN THE TREATMENT OF TUBERCULOSIS, AND THE VALUE  
OF FRESH AIR AND HYGIENIC LIVING FOR EVERYONE

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## The Toronto Hospital For Advanced and Far-advanced cases of Consumption.

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A SMALL hospital to which I was taken by the Treasurer, Mr. Herbert Hammond, in the course of the meeting at Toronto, is worthy of special notice. It is the Hospital for Advanced and Far-advanced Cases of Consumption.

I do not know what the death-rate from phthisis is in Canada generally, or in the individual provinces, but it is sufficiently large to have called for an Association for the Prevention of Consumption, which is doing active work, chiefly of an educational character, but also in promoting the erection of sanatoriums.

Tuberculosis in its various forms is often spoken of as a disease of poverty. There is no doubt some relation between poverty and consumption in Canada—poverty relative to the great expense of house accommodation, to the high price of clothing and other necessaries, particularly, perhaps, of coal as a defence against the long, cold winter, even of food which is produced so abundantly. Absolute poverty is almost unknown, except as a result of alcoholism and vice, and there seems to be ample provision against the impoverishing effects of sickness and misfortune. Destitution cannot, therefore, be

the main cause of consumption in Canada, or hold the same prominence in its causation as in England and Europe generally.

A factor of very great importance is the method of heating dwelling-houses, which seems to be almost universally employed, at any rate in the towns. The abundance of wood would lead one to look for the large open fireplaces seen in old English houses; coal, too, is found in enormous quantity, but no doubt the distances, the want of means of communication, and the cost of labour make fuel expensive. The defence against cold, therefore, is to shut up houses and keep out the cold air, and to maintain a rather high temperature by means of radiators. Ventilation is reduced to a minimum; there is no compulsory influx of air by doors and windows to replace that which goes up the



ADMINISTRATION BUILDING, TORONTO FREE HOSPITAL FOR CONSUMPTIVES