

THE HOME

SEASONABLE APPLE DESSERTS.

German Compote.—Peel and core apples as for baking, and fill the centres with orange marmalade, sweeten and nearly cover with water. Cover with a lid and cook until tender.

Crystallized Apples.—Boil for five minutes in a syrup made of sugar and water. Cook gently in this pared and cored apples. Arrange in shallow baking dish, sprinkle thickly with granulated sugar, and bake in moderately hot oven until sugar is slightly burned.

Apples and Rice.—Pare and core the apples, arranging them in a baking dish, and filling the centres with chopped raisins and citron. Fill the dish with rice that has been boiled for fifteen minutes. Bake, covered for fifteen minutes, and then for fifteen minutes uncovered. Serve hot with cream and sugar.

Rolls Apple Pudding.—One pint of flour, three pints of peeled and chopped apples, three tablespoons butter, two teaspoons baking powder, one cup sugar, one cup milk, one-quarter nutmeg, one-half teaspoon salt. Rub the flour, salt, baking powder and two tablespoons of sugar through a sieve.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

DAMP SHOES.—In the country, damp shoes are generally filled with dry oats and allowed to remain so overnight. The grain absorbs the moisture and the shoes retain their shape and usual softness.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

TO MAKE ORANGE MARMALADE.

As the time for making orange marmalade approaches, housekeepers will welcome this excellent recipe for marmalade. Oranges are at their best as this season of the year, but become dry and pithy in a few months' time.

Orange Marmalade.—One dozen oranges, four lemons, seven pounds granulated sugar, five quarts of water. Slice the fruit very thin, removing the seeds. Add the water and let stand for forty-eight hours.

ALCOHOL AND TUBERCULOSIS.

The important International Congress on the Treatment of Tuberculosis that has been sitting in Paris, has again elicited a vast amount of most valuable information, and once more the close relationship of alcohol to this dreadful disease has been established.

DAMP SHOES.—In the country, damp shoes are generally filled with dry oats and allowed to remain so overnight. The grain absorbs the moisture and the shoes retain their shape and usual softness.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

A NEW TONIC.

For the woman, who is tired out there has been prescribed a new kind of stimulant.

This is a mixture of grape juice and olive oil. One tablespoonful of the latter to four of grape juice is taken after each meal.

Apple Pudding.—Cut bread into slices one inch thick and soak for a few minutes in rich milk. Line the bottom of a bake dish with the bread, add a layer of sliced apples, and sprinkle with sugar and nutmeg.

A BIRTHDAY.

She's six to-day! She climbed my knee and twined her arms about me, so.

And whispered to me, joyously: "I bet you, dad, that you don't know what day this is!"

And shamed surprise when she exclaimed: "I'm growing up—I'm six to-day!"

What is it, when the years come on, that holds a man and makes his heart To soften toward a little child and makes the tears so quick to start?

I had not noticed it before! I did not think until to-day!

Her playroom's strangely silent now, her paper dolls laid away!

The little finger marks we loved are gone from off the window sill—

Beneath the blossomed apple tree the swing I made is strangely still, and silence hovers 'round the noise, unbroken by her childish bleat—

She's six to-day, and growing up! No more a little babe to me!

You're six to-day! Come kiss your dad and hug him, too, you little elf, and romp with him and play with him nor ask him why he's not himself!

Just follow him where'er he goes and let him take your little hand—

Don't ask him what he's thinking of—you wouldn't know or understand!

Let's go together down the lane, a-romping in your child-heart way—

We cannot play like this for long! You're growing up—you're six to-day!

TO KEEP NEAT.

Everyone knows that it is difficult for a housekeeper to keep looking neat. Try something like this: Have waists and skirts made plainly of some dark material—dark blue print, for instance—and with this dress wear an immaculate white linen belt and collar. If the collar feels uncomfortable, it need not be worn all the time.

EASY TO MIX THIS

What will appear very interesting to many people here is the article taken from a New York daily paper, giving a simple prescription, which is said to be a positive remedy for backache or kidney or bladder derangement, if taken before the stage of Bright's disease.

Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Shake well in a bottle and take in teaspoonful doses after each meal and again at bedtime.

A well-known druggist here at home, when asked regarding this prescription, stated that the ingredients are all harmless, and can be obtained at a small cost from any good prescription pharmacy, or the mixture would be put up if asked to do so. He further stated that while this prescription is often prescribed in rheumatic affections with splendid results, he could see no reason why it would not be a splendid remedy for kidney and urinary troubles and backache, as it has a peculiar action upon the kidney structure, cleansing these most important organs and helping them to sift and filter from the blood the l foul acids and waste matter which cause sickness and suffering.

THE OFFICE OF A TEACHER.

Someone has said that the appointment of a school superintendent may be of more consequence to our nation's power than the promotion of a Major-General.

To civilization than the raising of human values, the taking of crude, ignorant lumps of human clay, and, by years of patient fashioning and intelligent training, developing them into educated, cultured, and strong men?

We think it is a wonderful thing for a sculptor to raise the value of a rough piece of marble or granite from a few dollars to a hundred thousand dollars by calling out in the cold stone forever had not his genius awakened it.

It is the office of a teacher to raise human value; to take the low, and elevate them; to train the ignorant, and leave them intelligent; to restrain the impetuous and self-willed, and shape them into self-controlled, published, beautiful characters.

FOR DISEASES OF THE SKIN.

Nearly all diseases of the skin such as eczema, tetter, salt rheum and barbers' itch, are characterized by an intense itching and smarting, which often makes life a burden and disturbs sleep and rest.

W. A. WARREN, BRIDGETOWN, A. E. ATLEE, ANNAPOLIS ROYAL, AND BEAR RIVER DRUG STORE.

MAKING IT CLEAR.

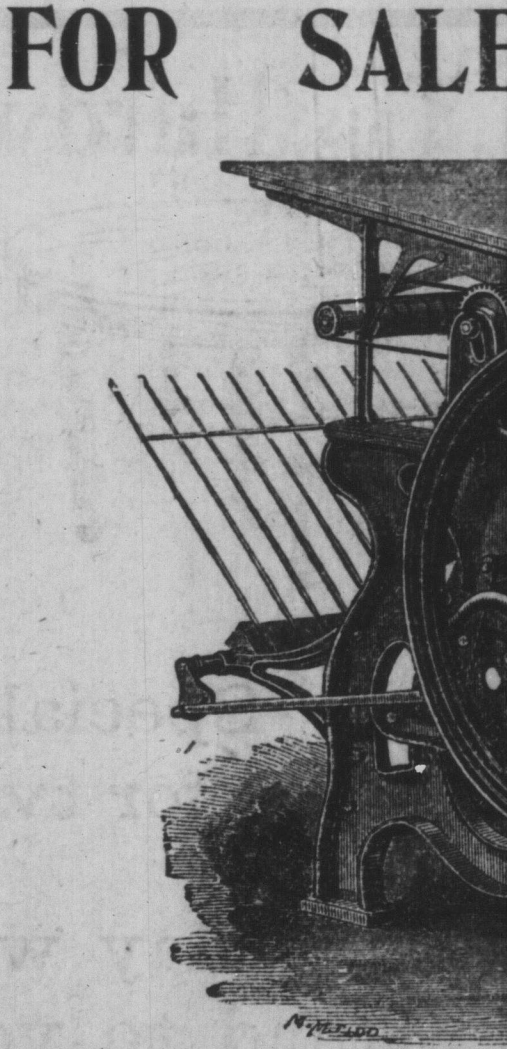
The vicar was invited to share in the festivities held in honor of the coming-of-age of the son and heir of a certain Berkshire squire.

Never should the truth be lost sight of that it is the spirit within which makes the real power of a man and only in recognizing this fact, and in constantly asserting it, can the highest development of personal power be attained, and the true life accomplished.

W. A. WARREN, BRIDGETOWN, A. E. ATLEE, ANNAPOLIS ROYAL, AND BEAR RIVER DRUG STORE.

FOR SALE AT THIS OFFICE

Acme Press, bed 33 x 42, 8, column folio, with chases, roller cores, etc. This is a snap for a small newspaper office, or for poster work. Will be sold very low to make room. Apply at once.



Acme Press, bed 33 x 42, 8, column folio, with chases, roller cores, etc. This is a snap for a small newspaper office, or for poster work. Will be sold very low to make room. Apply at once.

M. K. PIPER

Boys Made Over.

(Henry Dillon Jones, in Christian Herald.)

The proverbial "old woman who lived in a shoe" and was so greatly worried about her children, ought to have rented out her leather habitation, and gone with her big family to live on a farm.

This woman is Miss Burd, who has mapped out a life-work as the restorer of the waifs and strays of the boy world. Miss Burd has prevailed upon one of the large land-owners near Doylestown, Pa., to give her the management of a large farm. Here she has established a farm school, where boys brought to court for minor offences may be sent and educated, and taught that there is a place in the better world of achievement for the wayward youngster of the slums.

"Incorrigible!" said Miss Burd, when discussing her work; "there is no such word, or there ought not to be. I have ruled it out of my dictionary. The boys who come here are for the most part, brought straight from court. They are, in reality, sentenced to live on this farm. If they are dissatisfied and run away, they are caught and brought back. But ask any of them if they are dissatisfied."

No one could be found in the little school who seemed to have the remotest desire to return to the city home, with the single exception of one Hebrew boy, who has been called "Shoestrings" by the bright little fellows under Miss Burd's care.

Plenty of good, wholesome food is provided for the boys; milk in abundance, and all the fruit they care to pick and eat. They are up with the sun in the morning, and they do all the work of a good-sized farm.

Professor Elmer Gates, speaking of his experiments at the Smithsonian Institution, says: "I have discovered that sad and unpleasant feelings create harmful chemical products in the body, which are physically injurious. Good, pleasant, cheerful, and benevolent thoughts create products which are physically beneficial. The products may be detected by chemical analysis in the perspiration, and observations of the individual. For each bad emotion, there is a corresponding chemical change in the tissues of the body, which is depressing and poisonous, while every good emotion makes a like promoting change. Every thought which goes into the mind is registered in the brain by a change in its cells. The change is a physical one, and more or less permanent."

After which we must begin our course anew, as if we had never fallen, with this anthem in our mouths. "All my fresh springs shall be in thee." For be it remembered that it is by a constant series of new starts that the spiritual life is carried on within us.—Edward M. Goulburn.

SAFE EVEN FOR CHILDREN

There is not a trace of Opium or Morphine in "Father Morrissey's No. 10" (Lung Tonic.)

A cough is merely a symptom of an irritated, inflamed or diseased condition of the air passages or the lungs themselves.

Many cough mixtures are simply preparations containing enough Opium, Morphine or similar drugs to deaden the irritation. They relieve the cough but they do not remove the unhealthy condition that caused it.

Made of Roots, Barks and Balsams, Nature's own remedies, it clears the mucus from the passages, soothes and heals the inflamed membranes, and strengthens the lungs and whole system so that they can throw off the disease entirely. Thousands have proved it. Trial bottle 25c. Regular size 50c. At your dealer's, or from Father Morrissey Medicine Co., Ltd., Chatham, N.B.

A VERY SAD AFFAIR.

St. John, Feb. 13.—The three children of T. S. Greatorex, C. P. R. station agent at Hoyt Station, N. B., were burned to death last evening by a fire which also consumed Mr. Greatorex's new house. The three little boys, aged two, four and eight years respectively, were left alone in the house to play while Mrs. Greatorex went to the store about a quarter of a mile away.

EVERY THOUGHT MAKES PHYSICAL IMPRESS.

Professor Elmer Gates, speaking of his experiments at the Smithsonian Institution, says: "I have discovered that sad and unpleasant feelings create harmful chemical products in the body, which are physically injurious. Good, pleasant, cheerful, and benevolent thoughts create products which are physically beneficial. The products may be detected by chemical analysis in the perspiration, and observations of the individual. For each bad emotion, there is a corresponding chemical change in the tissues of the body, which is depressing and poisonous, while every good emotion makes a like promoting change. Every thought which goes into the mind is registered in the brain by a change in its cells. The change is a physical one, and more or less permanent."

Worm Powders.

A sure and positive cure for worms in children and adults. ATLEE'S WORM POWDERS

Are a sure remedy for worms; our yearly increasing sales and demand for these prove this. They are perfectly harmless being guaranteed under the new Canadian Patent Medicine Act registered as Number 322. Money refunded if these fail to do the work.

Property for Sale.

Cottage house, containing ten rooms, with orchard and garden lot comprising about two acres. Stable, hen-house, etc. Wood-house connected with house.

House is very convenient, has veranda, and is shaded by fine trees; heated by furnace. Location very pleasant and desirable. Garden lot has street frontage and may be sold off for building lots if desired. Price moderate. Apply by letter to REAL ESTATE, Care of MONITOR.

MINARD'S LINIMENT CURES GARGET IN COWS.

SAFE EVEN FOR CHILDREN

There is not a trace of Opium or Morphine in "Father Morrissey's No. 10" (Lung Tonic.)

A cough is merely a symptom of an irritated, inflamed or diseased condition of the air passages or the lungs themselves.

Many cough mixtures are simply preparations containing enough Opium, Morphine or similar drugs to deaden the irritation. They relieve the cough but they do not remove the unhealthy condition that caused it.

Made of Roots, Barks and Balsams, Nature's own remedies, it clears the mucus from the passages, soothes and heals the inflamed membranes, and strengthens the lungs and whole system so that they can throw off the disease entirely.

Mrs. Greatorex is prostrated by the shock, and her mother has been sent to Lennoxville, Quebec. It is not definitely known how the fire started, but it is believed that the children at play upset a lamp.

Wanted

Wanted to rent a fruit and hay farm with privilege of purchasing. Desirous of exchanging Bridgetown property with same.

For Sale

A quantity of Heavy Wrapping Paper and small Rope, for sale at MONITOR OFFICE.

FOR SALE.

67 Feet Leather Belting 4 and 4 inch, Counter Shaft, Hangers and Wooden Pulleys.

Dental Parlours.

Dr. F. S. Anderson Graduate of the University of Maryland PAINLESS EXTRACTION By Gas and Local Anesthesia Crown and Bridge Work a specialty. Office: Queen street, Bridgetown. Hours: 9 to 5.

Take Notice

We invite the public to call and see our SPECIAL SAMPLE BOOK of the very latest American Wall Paper. Others may offer low prices, as a bait to catch your orders. We show you exclusive styles, and our prices are right.

Some of the Reasons for Our Success

We give our attention to the students we have rather than to those we wish to get. We give them the very best courses of up-to-date training it is possible to provide.

Worm Powders.

A sure and positive cure for worms in children and adults. ATLEE'S WORM POWDERS

Are a sure remedy for worms; our yearly increasing sales and demand for these prove this. They are perfectly harmless being guaranteed under the new Canadian Patent Medicine Act registered as Number 322. Money refunded if these fail to do the work.

Property for Sale.

Cottage house, containing ten rooms, with orchard and garden lot comprising about two acres. Stable, hen-house, etc. Wood-house connected with house.

House is very convenient, has veranda, and is shaded by fine trees; heated by furnace. Location very pleasant and desirable. Garden lot has street frontage and may be sold off for building lots if desired. Price moderate. Apply by letter to REAL ESTATE, Care of MONITOR.

MINARD'S LINIMENT CURES GARGET IN COWS.

CLASSIFIED ADVERTISEMENTS TRANSIENT RATES: 10 cents a line; Three consecutive issues will be charged as two. Minimum charge, 25 cents.

Swimming Against the Stream. It is like trying to do a successful business without advertising. And it is not so easy to do. See the advertisement for "Father Morrissey's No. 10" (Lung Tonic).

Wanted

WANTED. Wanted to rent a fruit and hay farm with privilege of purchasing. Desirous of exchanging Bridgetown property with same.

For Sale

A quantity of Heavy Wrapping Paper and small Rope, for sale at MONITOR OFFICE.

FOR SALE.

Dental Parlours.

Dr. F. S. Anderson Graduate of the University of Maryland PAINLESS EXTRACTION By Gas and Local Anesthesia Crown and Bridge Work a specialty. Office: Queen street, Bridgetown. Hours: 9 to 5.

Take Notice

We invite the public to call and see our SPECIAL SAMPLE BOOK of the very latest American Wall Paper.

Some of the Reasons for Our Success

Worm Powders.

Property for Sale.

MINARD'S LINIMENT CURES GARGET IN COWS.

CLASSIFIED ADVERTISEMENTS TRANSIENT RATES: 10 cents a line; Three consecutive issues will be charged as two. Minimum charge, 25 cents.

Professional Cards J. M. OWEN BARRISTER & NOTARY PUBLIC Annapolis Royal

J. J. RITCHIE, K.C. Keith building, Halifax. Mr. Ritchie will continue to attend the sittings of the Courts in the County.

J. B. Whitman Land Surveyor, BRIDGETOWN, N. S.

Leslie R. Fair ARCHITECT Aylesford, N. S.

PERCY R. SAUNDERS, D. O. Jeweller, Optician and Photographer BRIDGETOWN, N. S.

O. S. MILLER BARRISTER, Real Estate Agent, etc. SHAFNER BUILDING, BRIDGETOWN, N. S.

O. T. DANIELS BARRISTER, NOTARY PUBLIC, Etc. UNION BANK BUILDING.

Undertaking We do undertaking in all its branches. Hearse sent to any part of the County.

H. & S. W. RAILWAY

Table with 4 columns: Accom. Mon. & Fri., Time Table in effect Feb. 7th, 1909, Stations, Accom. Mon. & Fri.

CONNECTIONS AT MIDDLETON WITH ALL POINTS ON H. & S. W. RY. AND D. A. RY.

P. MOONEY General Freight and Passenger Agent HALIFAX, N. S.

Property for Sale. Cottage house, containing ten rooms, with orchard and garden lot comprising about two acres.

MINARD'S LINIMENT CURES GARGET IN COWS.

REAL ESTATE, Care of MONITOR.

MINARD'S LINIMENT CURES GARGET IN COWS.