

## SUFFERED EVERYTHING

For Years, Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Canadian women are continually writing me letters as the two following, which are heartfelt expressions of gratitude for restored health:

Glanford Station, Ont.—“I have taken Lydia E. Pinkham's Vegetable Compound and never found any medicine to compare with it. I had ulcers and falling of womb and doctors did me no good. I suffered dreadfully for years until I began taking your medicine. I also recommend it for nervousness and indigestion.”—Mrs. HENRY CLARK, Glanford Station, Ont.

Chesterville, Ont.—“I heard your medicines highly praised, and a year ago I began taking them for falling of womb and ovarian trouble.

“My left side pained me all the time and just before my periods which were irregular and painful it would be worse. To sit down caused me pain and suffering and I would be so nervous sometimes that I could not bear to see any one or hear any one speak. Little specks would float before my eyes and I was always constipated.

“I cannot say too much for Lydia E. Pinkham's Vegetable Compound and Liver Pills, for there are no medicines like them. I have taken them and I recommend them to all women. You may publish this testimonial.”—Mrs. STEPHEN J. MARTIN, Chesterville, Ontario, Canada.

### Guide-Advocate

Watford, Ont.

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HARRIS & CO. PROPRIETORS

### Guide-Advocate

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WATFORD, NOVEMBER 6, 1914.

#### NOTE AND COMMENT

A prominent New York banker says that a casual observer would gain the impression that the United States is at war and not England, for conditions in America are more unsettled than in England.

An estimate on the basis of the British losses, which are the only ones that have been definitely reported, makes the losses of all the armies since the war began 1,300,000. The true figures are very likely to be still larger.

Hamilton Herald: Knitting socks and winter things for our boys who have gone to war ought to become one of the most fashionable of female pastimes. It's a good old-fashioned occupation, anyway, it's knitting things to wear, and one worth reviving on its merits.

If Canada does not rouse herself and her young men do not prepare themselves there is trouble in the future. I cannot see how any Canadian can stand idle and not be roused to a spirit of pugnacity, if only in defence at the sight of the intense struggle that the motherland is maintaining for liberty in Europe.—Gen. Sir Wm. Otter.

Germany cannot afford to sit still, whereas sitting still helps the cause of the allies. Great Britain's armies will be ready in the Spring. By spring, too the full force of the Russian attack will have to be met in the East. It will be of relatively little value to Germany, therefore merely to have occupied Belgium and a

small portion of France if she has to remain in that territory all winter reduced to the defensive.—New York Times.

The Kaiser has made good in respect to one of his promises. He said that if the great war came he would stagger humanity. He has. The ravished women, the murdered children, the ruined cities left in the wake of his brutal and barbarous soldiery demonstrate that this is so. War was never less than an atrocity. But no war for centuries has been quite so inhuman as the Germans stand convicted of making this one.—Simcoe Reformer.

We know no better method of encouraging the boys and girls of to-day to stay upon the farm than to educate them along the lines of public school fairs. Real knowledge of the soil can only be obtained by accurate investigation and verifying theories by experiments. The school fair catches the child in his most plastic age, and creates an interest which has a tendency to stick to him through life. Farmers should encourage by every means possible these school fairs. They will do more good than any argument in determining the boys to follow farming, one of the most dignified and profitable occupations in the world. In 1913 only sixty-nine school fairs were held; this year there will be one hundred and forty-five.—Glenoe Transcript.

The British Board of Agriculture has advised the householders of Great Britain to utilize every foot of spare land in the planting of gardens for next year, to supply as far as possible their own garden produce. In this way they can assist in relieving any shortage which may develop on account of war conditions. This suggestion is of equal importance to Canadians. Attached to nearly every home are pieces of ground which at present are merely waste land. With little effort these may be converted into productive gardens. It requires very little space for a garden that, with ordinary care, will supply an average household with vegetables. By cultivating the available ground many Canadian families can reduce their living expenses, and, at the same time, secure vegetables which are absolutely fresh.

Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and the tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

P. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

#### A Red Cross Story

Here is a close glimpse of the battle-fields:

“My Dearest Heart.” The French Red Cross had found the body of a dead German soldier. The victim's tunic was already open, as is the habit with our own brave “Tommys.” I unfastened some more buttons. Must I spoil this story? Let me out with it all in truth—a greasy rasher of bacon fell from his breast, and as we raised his shoulders there fluttered out a letter—greasy with bacon and rapidly taking on another color from his willing wound. “May we look at the letter?” The doctor gives consent. Just an ordinary letter. It ran thus—

“My dearest Heart,—When the little ones have said their prayers and prayed for their dear father and have gone to bed I sit and think of thee, my love. I think of all the old days when we were betrothed, and I think of all our happy married life. Oh! Ludwig, beloved of my soul, why should people fight each other? I cannot think that God would wish it. . . .”

“I do not think you need read any more,” said the doctor. “Nor do I,” was my reply. You will not believe it, but, hardened to

war from my youth, I could only toy with my rough meal at night, and in my slumbers I kept hearing the simple words, “My dearest heart, when the little ones have said their prayers and prayed for their dear father and have gone to bed I sit and think of thee, my love.” I wonder whether the great Lord has been troubled in this way recently.

#### Dad's Dope

The Germans are being driven from trench to trench, but the last ditch has not been reached.

Labor returns from Ottawa report cabinet makers busy but quite a number of jobbers looking for jobs.

In order to preserve a strict neutrality Spain proposes to dispense with bullfighting until the war is over.

The statement that the British government permitted the export of wool during the war is denounced as an idle yarn.

Grafted apples are superior to the natural fruit, but there should be no grafting between the grower and consumer.

To comply with the letter of international law a Boston paper claims that German dyes admitted to that country should be confined to neutral colors.

The girls are naving their own troubles in this war. Nancy, Lou Vain and Antwerp have been captured, and the Japanese are now after the Carolines.

The bank clerks of Toronto gave a concert in aid of the patriotic fund the other night. The case with which they negotiated the highest notes discounted anything heard in local musical circles for years.

The woman passengers on the Atlantic liners relieve the monotony of the voyage by engaging in the highly commendable exercise of knitting socks and making garments for the patients in the war hospitals. Ladies of the biggest social prominence take part in the work. In fact, it is a real society.

#### Peru's Sugar Cane.

Heavy production of sugar cane to the acre is one of the surprises of Peru. Where it is grown the land is fertile and planting is an easy matter. When the cane reaches the height of two feet further attention in regard to cultivation is said to be unnecessary, and in from eighteen to twenty-four months maturity is reached. That the growth is luxurious may be known from the fact that an average crop of forty tons an acre is obtained, while sixty and even seventy tons is not uncommon. In other sugar-growing countries, including Cuba, twenty-five tons per acre are considered a good average, according to sugar experts.

#### “One Eye Open.”

Some years ago in London a Frenchman stepped into a hansom and was asked: “Where do you wish to go?” “One eye open,” he replied. “Right,” said the cabby, who understood nothing and drove off. After a time, same question, same answer. Finally the driver descended and demanded further information. “One eye open,” still was the answer. Cabby furious. A crowd assembled, a policeman appeared on the scene and demanded the whole story. Then the mystery was solved. The fare wanted to be driven to 1 High Holborn.

#### Honest Answer.

The stories told of Snetzler, a famous Swiss organ builder, prove that he was a man of rare and incorruptible honesty. At one time the parish officers of a country church applied to Snetzler to examine their organ and make improvements in it. “Gentlemen,” said Snetzler after a careful examination of the instrument in question, “your organ is worth 1600 just now. Well, I will spend you \$500 on it, and it shall den be worth \$250!”

#### Instinctively.

“Our civilization demands a greater or less degree of mendacity,” remarked the abstrus person. “We are constantly encountering some empty phrase, some conventional remark, which is absolutely devoid of sincerity.” “That's right,” answered the book agent. “That's perfectly true. I am reminded of it every time I walk up to the front step where there is a doormat with the word ‘welcome’ on it.”

#### The Voice of Experience.

“So you want to marry my daughter?” said Mr. Cummo. “Yes,” replied the young man. “I am sure she loves me.” “That isn't the consideration that most affects your prospect of future happiness. What you want to do is to find out whether her mother likes you.”

#### Would Enjoy the Job.

One day Tommy accompanied his mother on a shopping expedition and, seeing a large candy man in a confectioner's window, he paused in front of it with a wistful look; then, turning away regretfully, said: “Mamma, I could lick that fellow with both hands tied behind me.”

## Are You Suffering From Auto-Intoxication?

The dictionary says that Auto-Intoxication is poisoning, or the state of being poisoned, from toxic substances produced within the body. This is a condition due to the stomach, bowels, kidneys, liver, or pores of the body failing to throw off the poisons. More than 50% of adults are suffering from this trouble. This is probably why you are suffering from nervousness, headaches, loss of appetite, lack of ambition, and many other symptoms produced by Auto-Intoxication. Your whole system needs stirring up.

## DR. PIERCE'S GOLDEN MEDICAL DISCOVERY

(In Tablet or Liquid Form) will remedy the trouble. It first aids the system to expel accumulated poisons. It acts as a tonic and finally enables the body to eliminate its own poisons without any outside aid. Obey Nature's warnings. Your dealer in medicines will supply you, or you may send 50c for a sample package of tablets by mail. Address Dr. R. V. Pierce, Buffalo, N. Y.

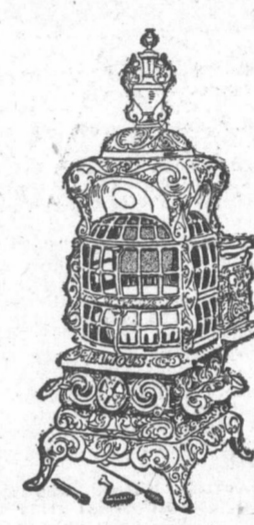
The latest edition of Dr. Pierce's Common Sense Medical Advisor should be in every family. No reason why you should be without it when it will be sent free to you if you will remit cost of wrapping and mailing—24 cent stamp—to Dr. R. V. Pierce, Buffalo, N. Y.

### Cold Weather Needs

Heaters of every description, from a small air-tight heater to an elegant parlor cook.

COAL SCUTTLES, ASH SIFTERS, LANTERNS, GLASS, CHARCOAL, STOVE PIPES, ETC.

Brighten Up for Winter with Love Bros.' Paints and Chisel Varnishes.



T. DODDS & SON

## TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

### INTERNATIONAL STOCK FOOD

FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

### CALDWELL'S MOLASSES MEAL

AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

## Nothing But the Best

IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice.

Agents For MASON & RISCH PIANOS, GRAMAPHONES, STRING INSTRUMENTS, SHEET MUSIC, EDISON RECORDS, &c., and all kinds of repairs.

NEW AND SECOND HAND SEWING MACHINES AND ALL SUPPLIES

Our Prices are right, as low as is consistent with reliable goods

## HARPER BROS.

PHONE 31.

PINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

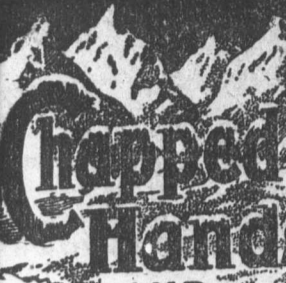
Guide-Advocate Ads. are Business Bringers

## Chopped Hands AND Cold Sores

Are your hands chapped, cracked or sore? Have you “cold cracks” which open and bleed when the skin is drawn tight? Have you a cold sore, frost bite, chilblains, or a “raw” place, which at times makes it agony for you to go about your household duties? If so, Zam-Buk will give you relief, and will heal the frost-damaged skin. Anoint the sore places at night. Zam-Buk's rich healing essences will sink into the wounds, end the smarting, and will heal quickly.

Mrs. Yellen, of Portland, says: “My hands were so sore and cracked that was agony to put them near water. When I did so they would smart as if I had scalded them. I seem quite unable to get relief from anything I put on them until I tried Zam-Buk and it succeeded when all else had failed. It closed the big cracks, gave me ease, soothed the inflammation, and in a very short time healed my hands.”

Zam-Buk also cures chafing, rashes, skin eczema, piles, ulcers, festering sores, sore feet and hands, shingles, pruritus, ringworm, a cure, burns, bruises, scalds, sprains, Of drugists and stores, or post free from the Zam-Buk Co., Toronto. Price 50c a box.



## Zam-Buk

## Farmers Attention

WE HANDLE

COCKSHUTT IMPLEMENTS  
MELOTTE CREAM SEPARATORS  
KEMP MANURE SPREADER  
TORONTO WINDMILLS

BUGGIES, WAGONS  
GASOLINE ENGINES  
LIGHTNING RODS

AND—  
EVERYTHING NEEDED ON THE

Call and let us talk matters over

## CAMERON & GRAI

OPPOSITE HOWDENS' GROC.

At the present time schools in the United States employ more than 400,000 trained woman teachers. Government experts, after it decided that jupiter wood is a available substitute for the rapid pearing red cedar for led pencils. Efforts are being made to increase the surface of Ireland, which is said to be suitable for a varieties of leaf. Porous lead, filled with metallic cavities, has been invented by scientist to diminish the weight across the surface of storage battery. Without an arched support, a single-span concrete bridge is long, strong enough for the vehicle traffic, has been built!

## Our Work So Is

WE mean our Lum building material a good word—a we very DEFINITE a lumber business for equipment, the lar about here. We (and satisfactorily a the best terms. Try us. This is a list of your req prompt and care!

ESTABLISHED 1870.